Welcome to the 30th annual Spring Continuing Education Conference for Social Workers! You’ll notice continued improvements in the content and schedule, including additional networking time. Featured Plenary speakers are back, and over 100 skill-building workshops offering you an exceptional learning experience!

Expanding opportunities and challenges in Social Work and related professions demand constantly advancing treatment skills and knowledge in aging, healthcare, mental health, addictions, veterans, services to children and families, and other practice arenas. Challenging workloads remind us to better care for ourselves.

Services provided by Social Workers, behavioral health clinicians, and health and human services professionals are essential to the optimal functioning of everyone in society. The training you receive at this conference will enhance your ability to perform the important work you do, and nourish your commitment.

The Spring Conference is the largest NASW Chapter annual conference in the nation. Sponsored by the National Association of Social Workers, West Virginia Chapter, it is a beloved resource for professional continuing education at an unparalleled value. Need proof? Registration fees for national conferences are typically about $500, plus travel and lodging at over $200 per night. We work hard to earn your trust and offer value, and are humbled by the confidence you place in us by attending the annual Spring Conference!

Keynote Address
9:00-10:15am, Wednesday, April 30th
Melissa Stockwell
Iraq War Veteran
Paralympic Athlete

NASW West Virginia Chapter is pleased to present Melissa Stockwell and gratefully acknowledges support from The Hartford & NASW Assurance Services, Inc. in making this presentation possible! Please see photo & additional details on Page 5.

Service Project
Please bring a non-perishable or canned food item to donate to local community food banks. Thank you!

Social Work in West Virginia
Open WV Chapter Annual Meeting
4:45-5:45 pm, Wednesday, April 30th
Everyone’s welcome at the annual meeting of the profession! Learn of our accomplishments & opportunities!

Silent Auction
Bid on great stuff AND support your profession! What could be better?

Special Events

Featured Plenaries
Wednesday, Thursday & Friday
Our version of TED Talks! Some of your favorites plus new speakers on hot topics & critical issues!

Awards Plenary
1:00-1:30pm, Thursday, May 1st
Presentation of awards for Social Worker of the Year and more! Come celebrate these remarkable people!

NASWAC Reception
5:00-7:00 pm, Thursday, May 1st
Charleston Marriott Hotel
The most fun you can have helping NASW influence the political process!

Evening Workshops
7:00-8:30 pm, Thursday, May 1st

Morning Gentle Exercise
7:45am, Thurs. & Fri. in South Hall Gather for breathing & yoga techniques with Beverly Belle Kent!

Exhibit Hall Networking
We’ve built ample time into the schedule for leisurely networking with sponsors, exhibitors and colleagues in our spacious Exhibit Hall! Many exhibitors will award door prizes through gift drawings.

Early Bird Discount!
Register by March 30th and save! See Registration Request Form for details.

New Member Discount
Join NASW and its vibrant West Virginia Chapter as a new ‘regular’ or ‘associate’ member and save! See Registration Request Form for details.

NASW Foundation
Your tax-deductible donation to the NASW Foundation-WV Fund supports our important educational mission! Please see details on Registration Request Form.

Acknowledgements Planning Committee: Linda Stein, MSW, LGSW, Chair, Debra Beatty, ACSW, LICSW, DCSCW, Joyce Broglio, ACSW, LICSW, Wanda Cox, MSW, LSW, Barbara Heasley, ACSW, LICSW, Chair Emeritus, Lindy Hoeff, MSW, Denise Hughes, MSW, LSW, Betsy Kent, MSW, LICSW, DCSCW, Amy McCuade, MSW, LICSW, Chatman Neely, ACSW, LICSW, Michael Williams, MSW, LCSW, Debra Hunt Young, MSW, Edd, Paula J. Taylor, MSW, LCSW, President, Kim White, MSW, LCSW, President-Elect. Volunteers: Lots of NASW members & Social Work students volunteer their time and talent to make this conference run smoothly. Most speakers donate their time and expertise. Thank you all! We couldn’t do it without you! Staff: Sam Hickman, ACSW, LCSW, CEO, Elena Bailey, MSW, Program Associate, Linda Ratliff, Officer Manager, Susan Sobkoviak, BSW, Consultant, Barbara White, MSW, Office Volunteer. Layout: Sam Hickman. Printing: Morgantown Printing and Binding.
Registration Information & Policies

TO REGISTER: Use the Registration Request form (inside back cover) or available at NASWWV.org. Please use one form per person and follow the instructions on the form. Full payment must accompany registration. Registration fees include admission, information packet, refreshments, and exhibit hall admission. Optional services at additional fees are also available on the form.

WORKSHOP SELECTIONS: Read the Workshop Descriptions in this brochure and enter three (3) choices in the spaces provided for each day and time period you will attend. If your initial choice is filled we will assign you to your 2nd (or 3rd) choice, as available. If all your choices are filled you can select alternates when you arrive at the conference. Registration is accepted on a first-come, first-served basis. Please register early for the best chance of getting the workshops of your choice.

NOTE ON ADA ACCOMMODATION: If you require ADA accommodation to facilitate conference participation, please provide a written request at the time you submit your completed conference registration and payment. Please register by April 1st to specify accommodation requests. Requests received after this date may not allow adequate processing time to arrange accommodation.

Payment, Cancellation & Refund Policies: Make checks payable to: NASW-WV, VISA/Master Card & authorized agency purchase orders accepted. Full payment must accompany registration. Registrations must be returned without processing if incomplete or without full payment (underpayment, insufficient funds, credit card denial, etc.). To re-register, pay with cash or money order and add any bank charges incurred by NASW. Online registration payment is subject to processing fees and verification of NASW membership when applicable.

Cancellation/refund requests must be in writing (fax accepted). Processing fees: $10 is deducted from refund for requests received by April 5th; $25 if received April 6-25. No refunds available after April 25th. Allow 4-6 weeks for processing. Credit card processing fees and/or online registration service charges are non-refundable. Refunds for online registration payments may be by check or credit card account refund at our discretion.

Fine Print: Schedule subject to change without notice. Registration/participation implies agreement with all terms & conditions printed here & elsewhere in this brochure, that you agree to hold NASW harmless from loss or liability experienced, and release NASW, its officers, directors, employees, volunteers, agents and insurers from liability for injuries or claims. Registration/participation constitutes a significant business relationship with NASW under FCC regulations regarding electronic communications.

2014 Spring Conference Schedule At-a-Glance

<table>
<thead>
<tr>
<th>Time</th>
<th>Wednesday, April 30</th>
<th>Thursday, May 1</th>
<th>Friday, May 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30am</td>
<td>Registration</td>
<td>Registration/Exhibits/Refreshments</td>
<td>Registration/Exhibits/Refreshments</td>
</tr>
<tr>
<td></td>
<td>Exhibits</td>
<td>7:30 - 8:30am</td>
<td>7:30 - 8:30am</td>
</tr>
<tr>
<td></td>
<td>Refreshments</td>
<td>7:30 - 9:00am</td>
<td></td>
</tr>
<tr>
<td>9:00am</td>
<td>Keynote Address</td>
<td>Yoga/Movement Gentle Exercise 7:45am</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Melissa Stockwell</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>South Hall, Civic Center • 9:00-10:15am</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10:00am</td>
<td>Exhibit Hall Networking 10:15 - 11:00am</td>
<td>One-Hour Plenary Sessions ‘C’ Concurrent Plenary Sessions 8:30 - 9:30am</td>
<td>Exposures Salons 10:00 - 11:30am</td>
</tr>
<tr>
<td>11:00am</td>
<td>One-Hour Plenary Sessions ‘A’ Concurrent Plenary Sessions 11:00am - 12:00pm</td>
<td>Lunch: by individual arrangement 11:30am - 1:00pm</td>
<td>Lunch: by individual arrangement 11:30am - 1:00pm</td>
</tr>
<tr>
<td>12:00pm</td>
<td>Lunch: by individual arrangement 12:00 - 1:30pm</td>
<td>One-Hour Plenary Session 1:00 - 1:30pm</td>
<td>One-Hour Sessions 1:00 - 1:30pm</td>
</tr>
<tr>
<td>2:00pm</td>
<td>Three-Hour Workshops ‘B’ Workshop Sessions</td>
<td>One-Hour Plenary Sessions ‘E’ Concurrent Plenary Sessions 1:45 - 2:45pm</td>
<td>One-Hour Sessions 1:00 - 1:30pm</td>
</tr>
<tr>
<td>3:00pm</td>
<td>1:30 - 4:30pm</td>
<td>Exhibit Hall Networking 2:45 - 3:15pm</td>
<td></td>
</tr>
<tr>
<td>5:00pm</td>
<td>Refreshment break at mid-point</td>
<td>One &amp; One-Half Hour Workshops ‘F’ Workshop Sessions 3:15 - 4:45pm</td>
<td>One &amp; One-Half Hour Workshops ‘B’ Workshop Sessions 1:00 - 1:30pm</td>
</tr>
<tr>
<td>6:00pm</td>
<td>Social Work in West Virginia Annual Meeting • All Are Welcome!</td>
<td>NASWAC Reception 5:00 - 7:00pm</td>
<td>One &amp; One-Half Hour Workshops ‘K’ Workshop Sessions 2:15 - 3:45pm</td>
</tr>
<tr>
<td>7:00pm</td>
<td>Yoga Dance Exercise 5:45-6:45pm Guaranteed Fun! Civic Center Lobby</td>
<td>Evening One &amp; One-Half Hour ‘G’ Workshop Sessions 7:00 - 8:30pm</td>
<td>Conference Concludes at 3:45pm Thank you for attending!</td>
</tr>
</tbody>
</table>

Mark your calendar NOW to attend the

2015 Spring Conference!
April 15, 16 & 17, 2015
Charleston Civic Center
Who Should Attend
Social Workers and related health and human services professionals practicing in clinical, health, mental health, social agency and public welfare settings, administrators, managers and supervisors, WVU Nonprofit Management Certificate candidates, direct service providers, mental health therapists, case managers, advocates for at-risk and vulnerable populations, and staff and leadership in non-profit community, religious and social service agencies and organizations.

Location and Accessibility
The Charleston Civic Center, conveniently located within walking distance of local shops, restaurants and hotels, is fully accessible to persons of differing abilities.

Exhibit Hall
Get connected, network with referral resources, resource providers and colleagues, shop, and generally enjoy life in our spacious Exhibit Hall! Access is restricted to conference registrants, presenters and exhibitors.

Optional Attendance Certificate
To order an attractive certificate add the $10 fee at registration, then return a copy of the completed CE Record Accounting Form in your packet. Allow 6-8 weeks for delivery.

What about the water?
The Federal Centers for Disease Control has declared the public water supply to be safe. Water dispensers will be available.

Hotel Rates, Reservations, Parking, Area Map

A. Charleston Marriott Town Center
200 Lee Street East • Full service • pool • shuttle
Deadline: April 9 • Rate: $134 single/double
304-345-6500 or 800-HAMPTON • Newly remodeled
Group Code: NAS
For online reservations enter corporate code nasnasa

B. Embassy Suites
300 Court Street • Breakfast buffet • pool • shuttle
Deadline: March 30 • Rate: $154 single ($10/pp extra)
304-347-8700 x5440 or 800-EMBASSY • Mgr reception
Online: www.EmbassySuitesCharlestonWV.com
Group Code: SWR (National Assoc. of Social Workers)

C. Hampton Inn
#1 Virginia Street West
Deadline: April 8 • Rate: $106 single or double
Complimentary breakfast • free local shuttle
304-343-9300 or 800-HAMPTON • Group Code: NSW

D. Holiday Inn Express - Civic Center
100 Civic Center Dr • Remodeled • Closest Civic Ctr
Deadline: April 15 • Rate: $105 single/double
Comp. breakfast • free local shuttle • free parking
Call 304-345-0600 or 800-HOLIDAY
Group Code: NAS (National Assoc. of Social Workers)
www.HolidayInnExpressCharlestonWV.com

Continuing Education Information
West Virginia licensed Social Workers may earn up to 18.75 contact hours by attending the Keynote, plenaries and workshops sessions in each time period, the Awards Plenary and Annual Meeting. Hours for related professions and out-of-state Social Workers will vary based on CE regulations/restrictions. Attendance is required to earn hours.

NASW, WV Chapter is a recognized continuing education provider for Social Workers in WV and OH, and by the WV Certification Board for Addiction Professionals, the WVU Nonprofit Management and Gerontology Practitioner Certificate Programs, and the WV Board of Registered Nurses. Applications pending for WV Licensed Professional Counselors and Nursing Home Administrators.

NASW WV CE hours are generally accepted for Social Workers in DC, MD, KY, PA & VA.

CE Updates available at: www.NASWWV.org

Ethics Hours for WV Provisional Social Workers
The following sessions apply to Social Work Ethics: D5, E9, F16, H3 & K9. To assure access for others take a few hours this year and more next year.

Psychopathology Hours for WV LICSW Candidates
These sessions apply to aspects of psychopathology: A4, B2, B4, C2, D1, D3, E1, F3, H5, H11, J5, K3. (Code: “PATH”).

LPC Ethics and LPC/LMFT Supervision CE Hours
LPC Ethics: H8. LPC/LMFT Supervision: D7 (Part 1) & F7 (Part 2). You must attend both sections.

Lodging: Rooms have been reserved at special conference rates at nearby hotels. Make your own reservation and payment arrangements at the hotel of your choice. Mention the ‘Group Code’ to receive special rates. Rates listed do not include local or state taxes. For a list of all area hotels contact the Convention & Visitor’s Bureau at 304.344.5075. Rates subject to change after deadlines or if room block is exceeded. First night credit card deposit required; penalty for late cancellation may apply. Additional charges for parking or other amenities may apply. Parking: Civic Center Garage/Lot: $3 per day. Contact the Civic Center office for a reentry pass if desired. Town Center Mall Garage: $1.75 each entry. Hotel parking is for registered guests.
Weather: Spring in Charleston is beautiful but can also bring rain, mild daytime temperatures and cool evenings. Pack accordingly.

Attire: Most participants dress in casual business attire. We recommend that you wear comfortable shoes.

Courtesy: Please:
Turn off or silence phones/electronic devices when in sessions. Avoid wearing perfumes/colognes. They can cause respiratory distress. Refrain from conversation in sessions as a sign of respect for others. Check at the Registration Desk before switching sessions. Seating capacity often reflects the speaker’s preference in order to promote an optimal learning environment.

Follow Up: Please complete a written evaluation form for each workshop and for the overall conference. We really DO read and incorporate your suggestions for speakers and conference improvements!

Thank you for making this a conference everyone can enjoy!

Make Tracks: Workshop description topic codes help match your interests and skill level. See example at right. Our goal is to offer a variety of topics reflecting the length and breadth of Social Work. Recurrent themes develop based on the proposals received. More numerous in 2014 are sessions related to direct or clinical practice in aging, addictions, health, and mental health, in policy, and with adolescents, children/youth/families, and veterans. We hope you enjoy the conference!

Conference Enjoyment Tips

Reading the Workshop Descriptions

Pages 5 through 13 feature brief descriptions of each workshop session. Abbreviations following descriptions offer important information about what to expect if you attend. See also Topic Codes below.

Attendance Limits: Many speakers limit the audience size to enhance the learning environment. In addition, fire safety codes may limit room capacity. Room assignments are based on attendance patterns noted prior to the conference opening date. Please observe set limits. Thank you!


Level of Practice Codes - ENT; INT; ADV; ALL: These codes indicate the level of practice experience to which each session is geared. ENT: Entry; INT: Intermediate; ADV: Advanced; ALL: All practice levels.

Notes in Italics offer special information or requirements about the session, such as applicability to ethics, pre-requisites, clothing suggestions for activities, and/or sponsorship credits.

Example: INT. CYF, CLN. Limited enrollment: Two or more years of practice experience suggested. Relates to children, youth & families in therapeutic settings; enrollment limited.
A 1 A Rough Upbringing: Childhood Experiences and Their Long-Term Impact on Individual/Community Health and Well Being

The Adverse Childhood Experiences (ACE) Study has reshaped our understanding of the link between childhood experiences and long-term individual and community harm. It is helpful in explaining the impact of childhood trauma, and in promoting the use of trauma-informed therapies, services and systems. This session discusses the results of the study and explores how they are influencing the methods we use to prevent and treat the long-term consequences of trauma, such as, social problems, crime, disease and early death. Meghan Shaver, MSW, Alternatives for Families: Cognitive Behavior Therapy Senior Trainer, Western Psychiatric Institute, University of Pittsburgh, Weston. ALL. ADO, CLN, CYF, MH.

A 2 Growing Young Leaders in Social Work

Who are the young leaders in the Social Work community and what is being done to prepare them to take the reins of the profession? The future of our profession hinges on our ability to answer this question with intention and clarity. Jim welcomes both newcomers and veterans of the field to consider some of the critical questions as we look toward the future of Social Work. Jim Harris, MSW, EdS, Opportunities Consulting Services LLC, Proctorville, OH. ALL. CC, POL, SWE. We gratefully acknowledge the Integrated Mental & Behavioral Health Training Program, WVU School of Social Work, for making this presentation possible.

A 3 Substance Abuse in Rural and Small Town America

Research indicates there are distinct differences between certain drugs of abuse in rural and metropolitan areas. Specifically, all rural areas have higher overall rates of abuse for methamphetamine and Oxycodone. This difference is even more pronounced among rural youth, who far outpace their urban counterparts in abuse of meth and Oxycodone. This presentation will discuss the variables that reliably predict an individual’s risk to develop a substance abuse problem, and the barriers to treatment that rural residents commonly face. In addition, there will be an overview of the current evidence-based practices shown to have proven efficacy with rural populations. Penny Koontz, PsyD, Assistant Professor, Marshall University, Huntington. ALL. ADT, CC.

A 4 Behavioral and Psychological Symptoms in Persons with Dementia

Learn the behavioral and psychological symptoms of dementia. Gain understanding of how to initiate a proper evaluation of adverse behaviors, as well as how to design a treatment approach to address those behaviors. Advising patient’s families and health care staff about the behaviors will also be discussed. Shirley M. Neitch, MD, FACP, Maier Professor of Clinical Research, and Chief of Geriatrics and General Internal Medicine, Department of Internal Medicine, Marshall University/ Joan C. Edwards School of Medicine, Huntington. Also Medical Director, West Virginia Alzheimer’s Outreach and Registry Program, Blanche Rockefeller Neurosciences Institute, Morgantown. ALL. AGE, CLN, MH, PATH.

A 5 West Virginia Veterans: Further Findings from the 2012 Survey

An update on the 2012 statewide survey of West Virginia veterans commissioned by the state legislature will be presented. The physical and mental health care needs of this multi-generational sample (World War II to OEF/OIF) of 1,200 Veterans will be discussed, as will the efforts that mental health providers can make to fully Welcome Home Our Veterans. Particular emphasis will be placed on post-traumatic stress disorder, depression, suicide risk, traumatic brain injury, stigma, and partner and family relationships. Joseph R. Scotti, PhD, Private Practice Psychologist, WHOLE Veterans, PLLC, Morgantown. ALL. CLN, MH, VET. We gratefully acknowledge the Integrated Mental & Behavioral Health Training Program, WVU School of Social Work, for making this presentation possible.

A 6 Can You Trust What You Read? Becoming an Informed Consumer of Social Science Research

Are research studies quoted online or in articles truly scientific? Does the research we read in professional journals apply to our own work, and are the findings valid? This session will review how research is conducted with the goal of helping the frontline practitioner make sense of research articles. The foundational principles for conducting sound research will be reviewed. Jeff Bryson, MAR, LPC, PsiMed Inc., Barbourville. ALL. CC.

Registration Info @ www.NASWWV.org

Plenary Presentations and Workshop Session Descriptions

A Rough Upbringing: Childhood Experiences and Their Long-Term Impact on Individual/Community Health and Well Being

A 1 A Rough Upbringing: Childhood Experiences and Their Long-Term Impact on Individual/Community Health and Well Being

A 2 Growing Young Leaders in Social Work

A 3 Substance Abuse in Rural and Small Town America

A 4 Behavioral and Psychological Symptoms in Persons with Dementia

A 5 West Virginia Veterans: Further Findings from the 2012 Survey

A 6 Can You Trust What You Read? Becoming an Informed Consumer of Social Science Research

A 1 A Rough Upbringing: Childhood Experiences and Their Long-Term Impact on Individual/Community Health and Well Being

A 2 Growing Young Leaders in Social Work

A 3 Substance Abuse in Rural and Small Town America

A 4 Behavioral and Psychological Symptoms in Persons with Dementia

A 5 West Virginia Veterans: Further Findings from the 2012 Survey

A 6 Can You Trust What You Read? Becoming an Informed Consumer of Social Science Research

Keynote Address Session

9:00 AM, Wednesday, April 30, 2014

From Baghdad, to Beijing, and Beyond!

We are pleased to present Iraq War Veteran and Paralympic athlete Melissa Stockwell as the Keynote Speaker for the 2014 Spring Continuing Education Conference for Social Workers! She will provide the Keynote address at the session beginning at 9:00am on Wednesday, April 30, 2014 at the Charleston Civic Center.

Melissa Stockwell, 33, was the first female American soldier in history to lose a limb in active combat, and the first Iraq War veteran to compete in the Paralympic Games. She is one of four athletes featured in the documentary “Warrior Champions” and recently completed her residency in prosthetics, where she fits other amputees with prosthetic devices.

Melissa started her Paralympic career after losing her leg to an IED blast in Baghdad in April 2004. After three years of training, she qualified in swimming for the 2008 Paralympic Games in Beijing. She became involved with triathlon following the Beijing Paralympics because she enjoyed the variety it offered. Melissa has learned to love all three sports and is looking forward to seeing where the sport will take her.

The National Association of Social Workers, West Virginia Chapter is pleased to present Melissa Stockwell and gratefully acknowledges support from The Hartford and NASW Assurance Services, Inc. in making this presentation possible.
Wednesday Afternoon
April 30, 2014
Three-Hour Workshops
1:30 PM – 4:30 PM

B 1 Substance Abuse Treatment Tips for Non-Addiction Professionals
Are you a mental health clinician who feels unprepared to treat addiction issues? This session is intended to address the reality that all mental health therapists face: if we provide treatment for anyone, we are going to encounter addictions. Covers the basics of addiction, addiction treatment, and how to access help for deep-end addiction issues. Mary Aldred-Crouch, MSW, LICSW, AADC, Director of Clinical Development & Substance Abuse Services, Starlight Behavioral Health Services, Huntington. INT. ADT, CLN, MH.

B 2 Personality Disorders: Recognition, Diagnosis, Treatment & Survival
How we perceive the world, our attitudes, thoughts and feelings, are all part of our personality. Individual personality traits are unique for each of us. So, when and who decides if behaviors are “right” or “wrong” or “normal” and “dysfunctional”? Defines personality and personality disorders, assists with recognizing and discusses causes and types of personality disorders. Focuses on the support and self-care essential for professionals working with personality disorders. Chatman Neely, MSW, LICSW, Wheeling MSW Program Coordinator, West Virginia University School of Social Work. INT. CLN, MH, PATH.

B 3 Management in Non-Profit Agencies and Organizations
To successfully manage, supervisors must complete an array of operational tasks, including governance and fiscal management. We will explore the many different “hats” worn by managers and the ways you and your agency can be more successful. Learn of different leadership styles, as well as interviewing and evaluation skills. We’ll discuss how to handle aggressive or non-productive employees, avoiding terminations whenever possible. Bob Musick, MSW, LICSW, Chief Executive Officer of WV Council for the Prevention of Suicide, Morgantown. ALL. MGT.

B 4 Evidence-Based Treatment of Military-Related Trauma: Research, Case Studies & Collaborative Learning
The West Virginia Legislature commissioned surveys of WV veterans highlight the need for effective intervention with persons who have experienced traumatic events in the military (combat, sexual assault). We will review the research, then discuss evidence-based treatments for PTSD, with a focus on exposure-based therapies and combat trauma. Extended case examples representing military and civilian trauma will be utilized. Participants are encouraged to come with questions about working with individuals exposed to severe trauma. Also offers an opportunity to develop collaborative learning networks and consultation. Joseph R. Scotti PhD, Private Practice Psychologist, and Nuththa Udhayanag, MA, WHOLE Veterans, PLLC, Morgantown. INT. CLN, MH, VET, PATH. We gratefully acknowledge the Integrated Mental & Behavioral Health Training Program, WVU School of Social Work, for making this presentation possible.

B 5 Cultivate Solution Focused Communication in Meetings
Most groups understand decisions need to be made and problems need to be solved. Learn to improve group communications with messages that support a cohesive, respectful environment, while addressing key issues and finding solutions. Experience fair problem-solving methods. Actively plant “solution seeds” to help foster a culture that focuses on mutual interests that resolve to solve. Learn how to set healthy boundaries, deliver bad news, say no, foster accountability, and manage another’s anger. Jody Janah, EdD, Author and Instructor, Communications Studies, University of Minnesota, Saint Cloud, MN. ALL. MGT, CC.

B 6 Dialectical Behavior Therapy for Dysregulated Adolescents
Dialectical Behavior Therapy for Adolescents (DBT-A) is an evidence-based, empowering treatment for teens and emerging adults who are unable to regulate their emotions and behavior. DBT-A is effective for reducing life-threatening behaviors, and reducing emotional instability by focusing on building new emotional, cognitive, interpersonal and problem-solving skills. Reviews the scientific and theoretical foundations and the components of this treatment. Provides opportunities for participants to practice core clinical skills used in this approach. Patrick Kohl, PhD, Assistant Professor, Clinical Psychologist, WVU Department of Behavioral Medicine & Psychiatry, Charleston Division, and Jennifer Storer, MA, Psychology Intern, Charleston Area Medical Center and WVU Department of Behavioral Medicine & Psychiatry, Charleston Division. ALL. ADO, CYF, CLN, MH.

B 7 Families in Crisis
Crisis intervention is often presented in a concrete manner when students participate in graduate level education. However professional social workers conducting crisis intervention services realize that these skills can be deceptively complex. Strengthening these skills requires provider knowledge, experience, and flexibility, while remaining cognizant of safety for all involved. Participants will learn to differentiate between a crisis, disaster, psychological emergency, and trauma, in addition to being given the opportunity to practice these strategies. Sheli Bernstein-Gaff, MSW, Professor of Social Work, West Liberty Univ.. ALL. CYF.

B 8 Mindfulness & Other Practices that Support Us in ‘Walking the Walk’ as Social Workers
What supports us to fully integrate our profession’s values into our work? How do we keep our hearts and minds open to others and ourselves, while engaging meaningfully with each person, family, and community with ‘radical’ respect and authentic collaboration? How do we maintain this commitment in the midst of personal and professional stress? In the midst of common cultural beliefs that label, judge and dehumanize? Explores the possibilities arising from these questions through engaging in mindfulness practices, experiential exercises and dialogue. Those who register in advance will be contacted prior to the conference so we can begin our conversation ahead of time. Rachel Dash, MSW, Assistant Professor, WVU Department of Behavioral Medicine & Psychiatry, Charleston Division. INT. CLN.

B 9 A Teenager’s Brain: A Scary Place to go Alone
If you have ever worked with or raised a teenager I am sure there have been instances where you have wondered what they were thinking. In this session Jim uses his clinical experience and current neurological research to explore the unique realm of a teenager’s neurology, paying specific attention to the drive for peer approval, risk-taking behaviors, and the craving for independence. Jim Harris, EdS, MSW, Opportunities Consulting Services, LLC, Chesapeake, OH. ALL. ADO, CYF, CLN, MH. We gratefully acknowledge the Integrated Mental & Behavioral Health Training Program, WVU School of Social Work, for making this presentation possible.

B10 Clinical Social Work Supervision
Giving back to junior social workers through social work supervision is an important component of social worker development. Learn about essential supervision objectives and core elements to help foster healthy professional growth in this newcomer population. Common issues in supervision will be addressed, including transference/counter-transference, race, gender, culture, spirituality, authority, and power. Janie Howsare, MSW, MPA, LICSW, Assistant Professor, WVU Department of Behavioral Medicine and Psychiatry/Chestnut Ridge Center, Morgantown, and Jamie Jacobs, LPC, Director, WVU Faculty and Staff Assistant Program, and; Laura Lander, MSW, LICSW, Assistant Professor, both of WVU Department of Behavioral Medicine and Psychiatry, Morgantown. INT. CLN. Limited enrollment. INT. CLN.

B11 Fundamentals of Disaster Mental Health
This course will prepare licensed mental health professionals to provide for and respond to the psychological needs of people across the continuum of disaster preparedness, response and recovery. Participants will be able to describe the role of disaster mental health and how it fits into the array of services provided in disaster relief operations; explain the psychological impact of disaster and how to apply elements of disaster mental health response; identify work force health protection strategies; and describe legal and ethical implications of disaster mental health work. Denny Hodges, MA, LPC, LSW, American Red Cross Disaster Mental Health Manager, Charleston, and Lori Ellison, PhD, LPC, ALPS, American Red Cross Disaster Mental Health Volunteer, Assistant Professor, Counseling Department, Marshall University, South Charleston. ALL. CLN, MH.

B12 Disability Etiquette: An Awareness Course
Participants will explore common attitudinal barriers that exist in working with people with disabilities, and how those barriers can be overcome in a professional environment. Practical information will be discussed relating to what constitutes appropriate language and interactions when working with individuals with disabilities. The primary goals are to increase work productivity and effectiveness by improving awareness of human disabilities, and to increase your comfort level in working with diverse groups of people. Teresa McCourt, MS, Program Manager, WVU Center for Excellence in Disabilities, Charleston. ALL. CC, DIV.
B13 Working with Youth & Parents: Positive Behavior Support Education
Includes the basic concepts of Positive Behavior Support and how this evidenced-based strategy can be applied in parent education programs, group homes, and other settings that provide services to youth. Brenda Rinkes, MSW, Field Coordinator/Instructor, West Liberty University Department of Social Work. ALL. ADO, CYF, MH. SCH.

B14 Cognitive Issues in Treating Anorexia and Bulimia
Traditional cognitive therapy focuses on altering distortions of thought, yet some cognitive distortions stay with us and demand that we accept them. This session focuses on the roles played by the eating disorder (ED) mind-set in the maintenance of Anorexia and Bulimia, and highlights clinical techniques used to address those cognitive distortions beyond the idea of altering them. Focus will be placed on experiential techniques. Teena Bryson, MA, LPC, Private Practice, Jeff Bryson, MA, LPC, PalMed, Inc., Barbourville. ALL. CLN, HTH.

B15 Serving Children with Developmental Disabilities: Overview
Social workers are often responsible, but inadequately prepared, to train family members and direct care providers to serve children with developmental disabilities. This session, which is part one of a three-part training developed by the Co-existing Disorders in Children Oversight Team, acquaints participants with the format and content and offers information on requesting the full training or train-the-trainer program. The goal of these options, available at no cost, is to increase the level of knowledge about children with developmental disabilities and improve the quality of services delivered to these children. Cassandra Toiver, MS, Program Manager 1, Division of Intellectual/Developmental Disabilities, Bureau for Behavioral Health & Health Facilities, WV DHHR, Charleston, Will Perkins, BA, LSW, Children’s Home Society of WV, Southern WV Exceptional Youth Emergency Shelter, Beckley, and Rhonda McCormick, Family Advocate, Legal Aid of WV FAST Program, Charleston. ALL. CYF, DD, DIV, MH.

Thursday Morning Concurrent Plenary Presentations
May 1, 2014
8:30 AM – 9:30 AM

C 1 Do We Have to Incarcerate to Rehabilitate?
WV has made monumental changes to its juvenile justice system - embarking the system on a journey toward justice reform. We have the opportunity to provide an avenue for teens to turn their lives around, and leave the system armed with the best possible tools. Effective programs, treatment and rehabilitation are the best plan. The Div. of Juvenile Services has a variety of programs that can provide those tools. After a brief overview of recent occurrences, you will take part in an active discussion of how we can build a juvenile services system that promotes youth to be independent, and encourages them to lead successful, productive, crime-free lives. Cindy Largent-Hill, MSW, LCSW, Juvenile Monitor Adjudicated Juvenile Rehabilitation Review Commission, WV Supreme Court of Appeals, and Stephanie Bond, MA, Acting Director; WV Division of Juvenile Services, Charleston. ALL. ADO, CYF, MH.

C 2 Identifying Disordered Sleep & Improving Sleep Quality
This presentation is geared to cognitive behavioral approaches for treating disordered sleep. Focuses on disturbed and disordered sleep, and offers techniques for sleep improvement. Ways to identify and classify common sleep disorders will be offered, and sleep hygiene recommendations will be listed. Resources and information for addressing serious sleep issues will be provided. Elise Drake, PhD, Senior Educator, CAMC Health Education and Research Institute, CAMC Sleep Center, Charleston. ALL. HTH, MH, PATH.

C 3 Social Networking – The Good, the Bad, and the Ugly
Over the past several years we have all enjoyed the benefits of social media. It has impacted our everyday lives for the good, but the “bad” and “ugly” have managed to creep into our lives, and especially affects the lives of children and adolescents. This presentation is designed to bring you up to speed on the Internet-related issues facing adolescents today. Offers a basic overview of the online technologies utilized by children and teens, providing numerous real world examples of cyber bullying that help to drive home the seriousness of this problem. Jim Holler, Jr., Consultant, Retired Chief of Police, Fairfield, PA. ALL. CYF.

C 4 Detach from YOUR Drama
Examine how your “self-talk” often creates more drama in your life than necessary. Foster self-awareness by examining your own experiences, and practice critical self-reflection. Use this information to establish and enforce boundaries with yourself and others where they are needed. Jody Jonath, EdD, Author, Lecturer, Communication Studies, University of Minnesota, St. Cloud, MN. ALL. CC.

C 5 Shell-Shocked Vets: Understanding Modern Combat Injuries
Pulitzer Prize-winning journalist Eric Newhouse, author of Faces of Combat, PTSD & Traumatic Brain Injury (TBI), and/or major depression. Newhouse helps us understand the unique human impacts involved, and discusses the programs that seem to help the most for PTSD and depression. Eric Newhouse, MA, MS, Author, Journalist, and Psychology Today Blogger. Charleston. ALL. CC, HTH, MH, VET.

C 6 Overview of Mental Health First Aid
Mental Health First Aid (MHFA) is a evidence-based training program, designed to train community members to support individuals who may be experiencing a mental health crisis. In this session participants will learn more about the MHFA training program, and the five-step action plan used to support someone until other assistance can be provided. Also offers information on how to access the full MHFA training and/or trainer certification. Dave Sanders, Behavioral Health Specialist Senior, Bureau for Behavioral Health and Health Facilities, WV DHHR, Charleston. ALL. MH, CC.

C 7 Community Organizing
A highly interactive workshop for social workers who are looking for skills to organize their communities and win policy change. In addition to organizing skills training and Q & A, we will discuss concrete ways that you can participate now in the Our Children, Our Future Campaign – a statewide organizing effort to fight child poverty. Stephen Smith, MSc, MA, Director, West Virginia Healthy Kids and Families Coalition, Charleston. ALL. CYF, CO, POL.

C 8 A Compassionate Conversation on Shame, Weight and Size Bias
Explores questions about shame arising out of weight issues, and the effect of shame on body-image, self-awareness, and self-esteem. Our compassion and awareness of anti-obesity prejudice, and the resulting discrimination based on weight in our country, will be heightened with the goal of bringing about lasting change. Laura Kunysz, MA, Cortical Field Re-education Instructor, Upledger Institute, Chico, CA. ALL. CLN, MH. Limited enrollment.

C 9 The Affordable Care Act: Its Meaning for Behavioral Health Providers
The news is constantly clanging about the ACA and mis-information is abundant. Behavioral Health providers need some concise guidance as to what the ACA means in our world. This session highlights the elements of ACA that impact Behavioral Health Services. Mary Aldred-Crouch, MSW, LICSW, AADC, Director of Clinical Development & Substance Abuse Services, Starlight Behavioral Health Services, Huntington. INT. ADT, CLN, HTH, POL, CC.

Plan now to attend the
2015 Spring Continuing Education Conference for Social Workers
Wednesday, Thursday & Friday
April 15, 16 & 17, 2015
Charleston (WV) Civic Center
Thursday Morning
May 1, 2014
One & One-Half Hour Workshops
10:00 AM – 11:30 AM

D 1 Capacity: Assessing Competence in Decision Making
The right of the patient to refuse recommended treatment requires careful as-
essment when their capacities are called into question. Patients must be appro-
riately informed about treatment, and be given the opportunity to demonstrate
their highest level of functioning. The legal standards include four related skills:
communicating a choice, understanding relevant information, appreciating the
consequences of the current situation, and manipulating information rationally.
Veena Bhanot, MD, Outpatient Medical Director, WVU Department of Behavioral
Medicine & Psychiatry, Charleston Division. INT. CLN, MH, PATH.

D 2 Making a Case for Safety
Social Workers face potentially hostile behavior when making home visits to
investigate allegations of abuse and neglect, update safety plans, monitor care,
etc. Often these visits are made by a lone social worker without an adequate
means of communication. Learn ways to safely handle a home visit, identify
potentially harmful conditions, and defuse volatile situations. Jim Holler Jr., Con-
sultant, Holler Training, Retired Chief of Police, Fairfield, PA. ALL. CYF, MH, CC.

D 3 Substance Exposed Infants and Toddlers
Substance abuse continues to have a growing negative impact on our area. In this
session Jim explores some of the physical and psychological issues that manifest
in children as a result of substance exposure, both directly and indirectly, paying
particular attention to how substance abuse exposure changes a child’s physio-
lolgical and psychological interpretation of the world. After attending this session
you will better understand how to work with children who have been exposed to
substance abuse. Jim Harris, MSW, EDS, Opportunities Consulting Services LLC,
Proctorville, OH. ALL. ADT, CYF, CLN, CC, PATH. We gratefully acknowledge the
support of the Integrated Behavioral Health Training Program, WVU School of
Social Work, in making this presentation possible.

D 4 Storytelling Toolbox: Questions that Draw Out Story
In her 26 years as a writing coach, Kate Long has developed a “storytelling
toolbox” that helps writers explore the many different ways a story can be told.
You’ll use Kate’s tools to explore stories from your own life, and explore their
use in helping clients explore their stories. Come away with tools you can use to
improve any kind of writing and connect more effectively in client interviews.
Kate Long, MA, Writing Coach, Charleston. ALL. CC.

D 5 Professional Ethics:
Boundaries, Competence, Documentation & Other Essentials
This presentation will focus on a number of major issues relevant to the ethical
practice of social work. Using several different sets of standards of professional
conduct as a foundation, there will be particular emphasis on professional
boundaries, dual relationships, documentation, confidentiality, and professional
competence. Glenn Abraham, PhD, MSW, LICSW-S (OH), Assistant Professor, and
Ida M. Mills, EdD, MSW, LICSW, Assistant Professor, both of Dept. of Social Sci-
cence, Glenville State College. ALL. ETH. Applies to the social work ethics require-
ment for WV provisional license holders.

D 6 Finding the Open Door in Processing Trauma
An essential and challenging task in processing trauma is the mutual choice,
by client and therapist, regarding which memories to use in order to achieve
relief and resolution. A clear, direct approach by the therapist facilitates the
client’s open exploration of memories, resulting in more efficient mediation of
symptoms. Familiarizes participants with the concepts of emotional congruence,
blocked emotions and altered emotions, and provides a clear, intuitive model for
making decisions in the processing of trauma and grief. Robert “Tim” Bowman,
MSW, LICSW, IOP Therapist, Ohio Valley Medical Ctr., Parkersburg. INT.ADV. CLN.

D 7 LPC/LMFT Clinical Supervision Training
Part 1 of 2:
A Focus on Strengths and Relationships (Continues as F7)
Note: Application pending to apply to required WV LPC/LMFT supervision train-
ing. Attend Part 1 & Part 2 (F7) to complete the requirement. Discusses the role
of the clinical supervisor in orienting supervisees to the counselor profession via
the application of Transformational Leadership Theory, focusing on the strengths
of those being led, and Leader-Member Exchange Theory, focusing on the rela-
tionship between the leader and those being led. Opportunities for building the
strengths of supervisees, and for understanding this role as gatekeeper, will be
explored. Jeff Bryson, MAR, LPC, PsysMed, Inc., Barbourville. INT. CLN.

D 8 Quantifying Success through Empowerment:
Self-Motivated Success in the Child’s Treatment Process
Many standard assessments measure the ecology, behavior, functioning, and
academic performance of children, but few demonstrate success in completing
a particular treatment program. Assessments defined by complicated data fall
short in identifying when a child is truly “done” with treatment. Focuses on a six-
phase program combining motivational strategies for moving a child through the Stages
of Change Model and assisting them in overcoming the challenges of develop-
ment in an out-of-home placement. Terry Collins, MSW, LGSW, CWC Academy
Programs, LLC, Fairmont. ALL. ADO, CYF, MH.

D 9 Referrals & Options Training:
Discussing the Full Range of Pregnancy Options
Healthcare and social service providers are a critical link to getting women quali-
ity, compassionate care for a range of health care needs, including reproductive
health care. Although willing, they sometimes do not have the tools to fully assist
women facing unintended pregnancy. Provides non-judgmental, all-options coun-
seling tips and a referral tool for providers. Offers ongoing support and technical
assistance. Provides health and social service providers and advocates with the
most up-to-date information to best serve clients. Amy Weintraub, Health Policy
Associate, WV FREE, Charleston. ALL. ADO, CYF, HTH, MH.

D10 Integrated Behavioral Health in Primary Care:
Collaborating with Medical Providers
Integrated primary care provides opportunities for behavioral health consultants
to collaborate with physicians and other medical providers on the mental and
physical healthcare of patients in the community. Seamless integration for the
patient, and the proximity of the behavioral health professionals involved in care
improves communication, feedback, and conditions conducive to better patient
outcomes. Highlights communication styles for working effectively in primary
care, and ongoing research on communication in these settings. Scott A. Fields,
PhD, Director of Behavioral Science, Associate Professor, and Joshua Cusick-Lewis,
MD, Assistant Professor, both of Dept. of Family Medicine, WVU School of Medi-
cine - Charleston Div., and Kathryn Cadle, MA, Psychology Intern, Charleston Area
Medical Center & WVU Dept. of Behavioral Medicine & Psychiatry. INT. CLN, HTH.

D11 Public Speaking Strategies:
Say What You Mean & Mean What You Say
Effective public speaking is an essential life skill for most of us. Learn techniques
to ensure that your message is delivered as intended. Discover the personal
speaking style that best suits you. Includes discussion of the skills of: structuring
your message so that listeners can readily follow; understanding how to use an
enhanced personal presence; establishing your credibility while speaking to ensure you build
rapport with your listeners; and identifying formats for special occasion speaking.
Jody Janotti, EdD, Author and Lecturer, Communications Studies, University of
Minnesota, St. Cloud, MN. ALL. CC.

D12 The WV Campaign to End Poverty
The wisdom of low-income clients and consumers can vastly improve social,
health and human services support programs, but how often do we truly give
them a voice? This campaign has done so by hos-
ing them in overcoming the challenges of develop-
ment. Terry Collins, MSW, LGSW, CWC Academy
Programs, LLC, Fairmont. ALL. ADO, CYF, MH.

D13 Freeing the Body, Easing the Mind
The slow, gentle movement processes of Cortical Field Re-education (a body
awareness practice) help deepen physical awareness and reconnect with the
body’s wisdom. Reduce/relieve stress, and enhance the ability to connect to
oneself and others in a more authentic and meaningful way. Develop the tools to
deal with issues of stress, anxiety or tension more effectively. Leave with more
comfort and energy, feeling grounded and present. Laura Kunysz, MA, Certifed
Cortical Field Re-Education Instructor, Private Practice, San Jose, CA. ALL. CC.

D14 Radical Acceptance: Getting to the Root of the Problem
An interactive presentation on Radical Acceptance in 12-step, and REBT/DBT
Therapy. Addresses teaching our clients to have insight, hindsight and foresight,
and recognizing the 10 most common irrational beliefs that lead to their current
problems. The latest scientific research on SPECT imaging and medications for
drug and alcohol damaged prefrontal cortices will be included. Debora Meehl, DD,
MSW, President, The Meehl Foundation, Brazoria, TX. INT. ADT, CLN.
D15 Hospice and End of Life Care
Provides real-life examples demonstrating the fundamentals of end of life health care services as provided by local hospice organizations. Includes discussion of when and how to refer, who pays for hospice services, how medications and supplies are provided, legal issues, the hospice care team, where services are provided, and inpatient hospice facilities. Larry E. Robertson, MBA, Executive Director, Kanawha Hospice Care, Inc., Charleston. ALL. AGE, HTH, MH, CC.

D16 Building Our Capacity to Love
From the Bible to the Beatles, love is a powerful, universal value that is central to understanding human motivation and life satisfaction. Consider what aspects of love resonate for you, and identify specific ways to translate these into loving behaviors in daily life and the lives of clients. Experiential exercises and take-home practices are included. This session is an effective introduction to F16 Acceptance and Commitment Therapy scheduled on Thursday afternoon. David Schaffer, MSW, LICSW, Clinical Social Worker, Private Practice, Parkersburg. ALL. CLN, MH.

Thursday Afternoon Concurrent Plenary Presentations
May 1, 2014
1:45 PM – 2:45 PM

E 1 Prescription Drug Abuse
Social workers are well aware of the escalating prescription drug abuse crisis in West Virginia. Most abusers have an underlying genetic predisposition which results in brain disease. Dr. Sullivan will discuss drug addiction, treatment options, and the need for long-term follow-up. Treatment options include many components: withdrawal, maintaining a drug-free lifestyle, and achieving a productive life. Carl Sullivan, MD, FACP, Professor and Vice-Chair, West Virginia University Department of Behavioral Medicine and Psychiatry, and Director, Substance Abuse Programs, WVU Hospitals, Inc. ALL. ADT, CLN, CYF, MH, PATH, CC.

E 2 Can You Hear Me?
Crystal Good’s performance is a dynamic conversation that is part inspirational lecture, part poetry reading, social commentary, and quantum physics demonstration. In Appalachian vernacular she asks, “Can You Hear Me” while she connects WV environmental themes to abuse and neglect. She challenges participants to listen and take action to improve their “state” - of mind and of WV. She shares themes from her life as a Black American in White America, abuse survivor, Appalachian, and mother with a curiosity about quantum physics and poetry. Crystal Good, BA, Author, Poet, Mixed Media, Charleston. ALL. DIV, CC.

E 3 You Say Macro Change Like it’s a Bad Thing
We often view systemic change as difficult, yet as direct care professionals we are trained to develop plans of care that result in significant change in individuals, families, and groups. Is your client’s condition often complicated by a system that needs to be changed? Can you use the same direct practice skills to make systemic change in a dysfunctional macro system? In addressing systems change you are directly assisting those you serve. We will examine practitioner attitudes toward macro system change and underscore how you can use your skills to change even more lives for the better. Darla Bailey, MSW, CSW (KY) Chief Possibilities Officer, Dazil, LLC, Louisville, KY. ALL. CYF, CLN, CO, POL.

E 4 Detecting Child Torture
Untold numbers of children endure repeated or prolonged exposure to violence or deprivation, tortured at the hands of caregivers. Most are not discovered or reported due to being locked away, caged, chained, starved and/or physically and sexually abused. In some cases, both law enforcement and CPS have been at the home on unrelated incidents, completely unaware of the torture occurring there. This training better prepares you to recognize the signs of children being tortured inside a residence. Emphasis is on the importance of multidisciplinary team collaboration in detecting child torture and recovering tortured children. Jim Holler Jr., Consultant, Holler Training, Retired Chief of Police, Fairfield, PA. ALL. CYF.

E 5 The Affordable Care Act in WV: It’s Impact & It’s Potential
Four years after the passage of the Affordable Care Act (ACA or Obamacare), the ACA is changing the delivery of health care in West Virginia by emphasizing preventive measures, strong regulation of the insurance industry, Medicaid Expansion, and other insurance options. The real potential of the ACA is to make our health care system more effective, efficient and less costly. However this potential can only be realized through strong leadership by government, medical providers, consumers, advocates, and insurance companies. The presentation will outline a road map for reaching the ACA’s full potential in West Virginia.

E 6 Health Communication that Makes Sense to Older Adults
Older adults have lower health literacy and are more likely to have difficulty with instructions about medications and follow-up care, often resulting in ER visits or hospital readmissions. This introduction to health literacy and effective communication skills discusses the impact of low health literacy on overall health. Offers tips on how to choose and use printed materials, with special emphasis on communicating with older adults. Sara Jane Gainor, MBA, Assistant Director, Consumer Prevention & Control, Mary Babb Randolph Cancer Center, Morgantown. ALL. AGE, HTH, CC. We gratefully acknowledge the support of the Mary Babb Randolph Cancer Center and the WV Geriatric Education Center in making this presentation possible.

E 7 Developing Behavior Plans with Aggressive Adolescents
If you have worked with children in educational or treatment settings you have encountered the challenge of addressing aggressive behavior. In this session Jim borrows from his experience as a behavioral consultant to help you become more effective in dealing with this challenging collection of behaviors. Focuses specifically on the ineffective nature of “cookie cutter” strategies, the importance of function-based analysis, and the need for effective collaboration. The information is brought to life via real case examples and application of the information as you learn. Jim Harris, MSW, EdS, Opportunities Consulting Services LLC, Proctorville, OH. ALL. ADT, CLN, CYF, MH, CC. We gratefully acknowledge the Integrated Mental & Behavioral Health Training Program, WVU School of Social Work, for making this presentation possible.

E 8 Alzheimer’s & Related Dementias: An Update
The Blanche Rockefeller Neurosciences Institute in Morgantown is doing cutting edge research to effectively treat these debilitating diseases, and developing strategies to reduce the burden of Alzheimer’s disease and related dementias on patients and caregivers. Discuss current treatment and research, and receive a Connect to Care binder to help caregivers keep track of care and treatment information. Helen M. Matheny, MS, Director, Alzheimer’s Disease Outreach and Registry Program, Blanche Rockefeller Neurosciences Institute, Morgantown. ALL. AGE, CLN, HTH, CC.

E 9 Ethics Made Fun: Let’s Play Jeopardy!
Ethical practice is essential to the integrity of our profession, which is why continuing education is required in this area. Exploring social work ethics need not be boring. Working in teams, you will participate in an Ethics Jeopardy game aimed at refreshing participants on ethical practices. In addition, participants will complete a self-assessment of their own ethical behaviors. Group discussion will follow the activities. This lively workshop is best suited for social work students, new social workers, and those who like interactive activities. Amy Barsanti, MSW, Admissions Director & Lecturer, University of North Carolina-Charlotte Department of Social Work, Charlotte, NC. ALL. ETH. Applies to the social work ethics requirement for WV provisional license holders.
F 1 Recruiting, Training, Placing & Retaining Volunteers: Do’s & Don’t’s
Many non-profit agencies depend on volunteers to help execute events and provide direct services to consumers, yet social work practitioners and administrators may not have been educated on strategies for the effective recruitment, training, placement, and retention of volunteers. This session provides participants with the tools needed to run an effective volunteer program. Amy Barsanti, BSW, MSW, Lecturer/Admissions Director, University of North Carolina at Charlotte Department of Social Work, Charlotte, NC. ALL. MGT, CC.

F 2 Supporting Friends and Families with Bipolar Disorder
Bipolar Disorder is a family illness - a thief of the family serenity and peace of mind; a destroyer of emotional balance for everyone who comes into contact with it; and the catalyst for a lifestyle that frequently produces dire consequences at home, in the workplace and in society as a whole. This session is specifically for the families and friends of those with Bipolar Disorder. It will explore directly the addict, their family, and the other individuals surrounding them, including steps to foster connection.

F 3 What’s New in Drug and Alcohol Abuse Treatment
Addiction is a complex illness, often resulting in devastating consequences for the addict, their family, and the other individuals surrounding them, including employers, coworkers and the community. Addiction becomes a disease of the brain affecting motivation and rewards, learning and memory, and inhibiting control over behavior. Treatment has many components and must be monitored and customized for each individual as the patient progresses in recovery. Dr. Sullivan will discuss methods of treatment for those addicted to alcohol and drugs, and explain the need for long-term treatment and repeated care to achieve the goals of abstinence and recovery.

F 4 Emergency Preparedness for the Elderly & People with Disabilities
Recent natural disasters and other crises have taught us valuable lessons about the need for long-term planning and preparedness for the elderly and people with disabilities. This session is specifically customized for each individual as the patient progresses in recovery.

F 5 Violence Against Women and the HIV/AIDS Epidemic
Focuses on the needs of people who have experienced relationship violence. Current research identifies domestic abuse as a risk factor for contracting HIV, especially for females. Describes critical health and safety issues, explores stigma and complex trauma, explains how to hold conversations with clients about these difficult issues, and includes strategies for effective responses, as well as resources for referral.

F 6 Program Development for Traumatized Male Inmates
Incarcerated males face many stresses when trying to acclimate in a correctional environment. They can be subjected to trauma and human trafficking while serving their sentences, and remain an underserved population in the practice of social work and mental health services. Participants will understand the challenges associated with effective program development and implementation for traumatized males inmates, as well as the safety concerns for treatment providers.

F 7 LPC/LMTF Clinical Supervision Training (Part 2 of 2)
Note: Application pending to apply to required WV LPC/LMTF supervision training. Attend Part 1 & Part 2 (FT) to complete the requirement. Please refer to the description listed under session D 7. Jeff Bryson, MAR, LPC, PsiMed, Inc., Barboursville. INT. CLN.

F 8 It’s Not My Fault! Understanding & Resolving Workplace Conflicts
Conflict resolution is a necessary skill for social workers and other helping professionals. Provides helpful tools to facilitate problem-solving amongst peers and clients, including steps to foster conflict resolution. Includes an introduction to the DISC assessment (Dominance, Influence, Steadiness, and Conscientiousness) based on the work of John Geier, William M. Marston, and Walter V. Clarke. Lynn S. Eldridge, MSW, LICSW, Director of Clinical Services/Therapist, Process Strategies, Charleston, and Ray Parsons, LSW, EAP Director/Marketing and Community Education, Highland Hospital, Charleston. ALL. CC. Limited enrollment.

F 9 Letters From Over the Rainbow: Two LGBTQ Experiences in WV
Two lesbians from different generations will discuss how the Appalachian culture shaped their personal and professional experiences. After the dialogue between the two presenters there will be time for Questions and Answers.

F 10 Can You Hear Me?
In this hands-on session, Crystal Good challenges participants to listen and take action to improve their “state” - of mind and of West Virginia. She shares the themes of her life as a Black American in White America, abuse survivor. In Appalachian vernacular Crystal Good asks, “Can You Hear Me” as she connects, using inspirational lecture, poetry reading, social commentary, and quantum physics demonstration to tie environmental themes to abuse and neglect. Short writing exercises will help develop an understanding of how poetry can be used to promote communication and healing.

F 11 Bullying in Adulthood
The topic of bullying has received a great deal of attention recently. However much of this attention has been geared toward the experiences of children while omitting the bullying experiences of the adult population. Via group discussion and participation, this interactive session will emphasize bullying in higher education and in adulthood. Candace D. Layne, EdD, Therapist, Ramey Estep Homes, Rush, KY, and Adjunct Instructor, Mountview Community and Technical College, Huntington. ALL. AGE, CYF, MH, CC. Limited enrollment.

F 12 Appalachian Attitudes Toward Gun Control
The plague of gun violence in recent years has spurred emotional debate regarding gun control policies. Appalachians harbor unique perspectives on gun control due to their cultural heritage. Social scientists have posited that cultural views play the biggest role in the formation of gun control opinions. Social work practitioners need to be conscious of these influences as a matter of course in their work, both to facilitate the best social work practice outcomes and to be cognizant of safety and ethics concerns.

F 13 Solution Focused Therapy and the Influence of Asian Thought
Several modern therapeutic approaches (DBT, ACT, third wave CBT) draw heavily upon Eastern concepts. This session describes aspects of Asian-thought evident in Solution Focused Therapy. Although SFT does not explicitly claim a connection, it is often apparent in the concepts to be presented, including empty listening/empty cup, non-attachment, non-self, the illusion of time, cause is effect, the hidden meditations in SFT, and the state of mindfulness.

F 14 The Integrated Mental & Behavioral Health Training Program: Lessons Learned
Social workers practicing in rural environments face unique challenges in delivering effective client services. Accessibility of care, geography, and cultural elements necessitate integrated models of care. The West Virginia University Master of Social Work Program offers the Integrated Mental and Behavioral Health Training Program (IMBTP) to aid students in researching and identifying problems associated with rural service delivery. Members of the first graduating cohort will provide insight and reflect on their successes and challenges in implementing this forward-thinking model. Specific populations emphasized include children, as well as military personnel, veterans and their families. Carrie W. Rishel, MSW, Associate Professor, Helen Hartnet, PhD, MSW, Associate Professor/MSW Program Director, and a panel of IMBTP MSW Candidates, West Virginia University School of Social Work, Morgantown. ALL. CLN, SWEDU, CC. We gratefully acknowledge the Integrated Mental & Behavioral Health Training Program, WVU School of Social Work, for making this presentation possible.
F15 Incorporating Acceptance & Commitment Therapy in Your Practice
Describes the elements of Acceptance and Commitment Therapy presented in “Building Our Capacity to Love” and explores how these elements can be used to incorporate values and mindfulness skills into clinical practice. Helps newcomers to ACT, and those who prefer a more eclectic approach, to incorporate useful elements of ACT into their practice. Also useful for those familiar with ACT or other mindfulness based behavioral therapies (DBT or Mindfulness-Based CBT) in considering how they might use these concepts in different ways. David Schaffer, MSW, LICSW, Clinical Social Worker, Private Practice, Parkersburg. ALL. CLN.

F16 Ethics & You: Ethical Practice for Today’s Professional Social Worker
Personal values contribute significantly to the decision to become a professional social worker. There are times when these values may complicate the resolution of common ethical dilemmas in professional practice. This session offers an opportunity to discuss and problem-solve some of these dilemmas within the context of the NASW Code of Ethics. Research data will be provided regarding the most common sanctions for unethical practice and related issues in social work licensing. Katherine Shelek-Furbee, MSW, LCSW, ACSW, Professor, Program Director and Chair, Social Work Department, Bethany College, Bethany, and Jo Dee Gottlieb, MSW, LCSW, Professor and Program Director, Marshall University Social Work Department, Huntington. ALL. ETH. Limited enrollment. Applies to the social work ethics requirement for provisional license holders.

Thursday EVENING Sessions
May 1, 2014
One & One-Half Hour Sessions
7:00 PM – 8:30 PM

G 1 Can You Hear Me?
Note: This is a repeat of session F10. Please refer to that expanded description. In this hands-on session participants listen and take action to improve their “state” - of mind and of West Virginia. Short writing exercises will help develop an understanding of how poetry can be used to promote communication and healing. Crystal Good, BA, Poet, Mixed Media, Charleston. ALL. DIV. CC.

G 2 Authority Rape
Authority rape is the sexual abuse or exploitation of a child under the age of eighteen by any person in a position of authority. This session will highlight the characteristics and behaviors that the person in authority may exhibit. Characteristics and behaviors that increase a child’s vulnerability will also be discussed. Important strategies for investigating the suspect and the crime scene will be covered, giving the investigator the tools needed for a successful prosecution. Jim Holler Jr., Consultant, Holler Training, Fairfield, PA. ALL. CYF, MH, PUB, CC.

G 3 Yoga-Inspired Wellness
Yoga-Inspired Wellness will integrate movement, journaling, reflection, relaxation and breathing techniques to soothe your body, mind, heart, and the daily choices you make. Founded on ancient practices with a modern twist, you will leave feeling nourished and enjoy living a more comfortable, purposeful and well-rounded life. Beverly Belle Kent, Movement Educator, Collinsville, CT. ALL. HTH, SELF, CC.

G 4 Strategies for Personal Transformation
An interactive presentation based on the speaker’s book, The Call of the Soul: A Path to Knowing Your True Self and Your Life’s Purpose. Offers techniques for personal transformation, including releasing ego defenses, actualizing your purpose, to achieve the deep human desire for personal fulfillment. Participants will experience four aspects of the self and practice an acupressure technique for releasing inhibiting thoughts and emotions. Aila Accad, MSN, Trainer, Author, Life Coach, Owner, Life Quest International, LLC, Charleston. ALL. CC.

G 5 Inequality for All (Documentary; Radius Studios; 2014)
In this dynamic, witty and entertaining documentary, former Secretary of Labor Robert Reich makes an eloquent and impassioned argument about the devastating effects of America’s widening income inequality. In the first 3 years of the economic recovery 95 percent of economic gains have gone to the top 1 percent. The number of working people in the US who define themselves as lower class is at its highest level in 4 decades. According to Reich, The core principle is that we want an economy that works for everyone, not just for a small elite. We want equal opportunity, not equality of outcome. We want to make sure that there’s upward mobility again, in our society and in our economy. Time Magazine called Reich one of the best cabinet secretaries of the 20th century. Facilitated discussion follows. ALL. POL, CC.

Friday Morning
May 2, 2014
Three Hour Workshops
8:30 AM – 11:30 AM

H 1 Using Personality Adaptations as a Guide to Therapy
Covers the diagnosis and treatment of six basic personality adaptations: schizoid, paranoid, antisocial, passive-aggressive, obsessive-compulsive and histrionic. Looks at the major treatment issues for each and how to work most effectively with each type. By knowing these adaptational styles, therapists, regardless of their theoretical orientation, can quickly establish rapport, target interventions with maximum effectiveness and avoid getting stuck in the client’s defenses. Vann Joines, PhD, Clinical Psychologist, Author, and Director, Southeast Institute for Group and Family Therapy, Chapel Hill, NC. ALL. CLN.

H 2 Alternatives for Families-Cognitive Behavior Therapy: An Overview
AF-CBT is an evidenced-based model for therapeutic treatment of abusive/aggressive families. Endorsed as a “Best Practice” it is disseminated by the National Child Traumatic Stress Network. This session offers an overview of AF-CBT, including illustrations that highlight the processes that underlie the use of coercion and hostility. Meghan Shaver, MSW, Alternatives for Families: Cognitive Behavior Therapy Senior Trainer, Western Psychiatric Institute, University of Pittsburgh, and Weston. INT. ADO, CYF, CLN, MH.

H 3 Ethics and Risk Management in the New Era of Social Work
Developed for social workers and sponsored by NASW Assurance Services, Inc., this session describes the significant malpractice risks in social work today. It offers methods of mitigating and reducing one’s risk of being sued and is intended for social workers in all practice settings and positions. Covers key concepts in risk management such as confidentiality and its exceptions, duty to warn, and informed consent. Discusses the major reasons social workers are sued and what you can do to minimize risk. Defines what constitutes a malpractice case and emphasizes important record keeping issues. Includes a toolkit, guidelines for supervision, special tips for clinical/private practitioners, and a briefing on your malpractice insurance, its special features and implications for your practice. Ann Abbott, PhD, ACSW, LCSW (NJ), LCSW (PA), Retired Professor and MSW Program Director, Westchester University, PA. ALL. ETH. Limited enrollment.

H 4 Using Role Play to Teach Interviewing Skills
Interviewing skills are best learned through practice and feedback. The main focus of this workshop is to model a safe and effective method of using role play to teach interviewing skills. Individual and family interviewing techniques are addressed using group participation. Both presenters are physicians in primary care and will use case examples from this setting. James Binder, MD, Cabin Creek Health Systems, Dawes, and Dan Doyle, MD, Cabin Creek Health Systems, Dawes and New River Health, Scarbro. ALL. AOE, CYF, HTH, CC.

H 5 Identifying ProblemGamblers:
DSM 5 Update Regarding Addictions & Problem Gambling
Clinicians must be able to recognize and offer skilled services for problem gambling and gambling addiction, which are increasingly common. Focuses on the new DSM 5 criteria for pathological gambling, as presented by an expert in the field. Addresses implications for practice, including impact on evaluation and treatment of gambling disorders. Dr. Kruegelbach brings both a treatment perspective, and that of a principal research investigator in the field. Norman G. Kruegelbach PhD, Licensed Clinical Psychologist, Nationally Certified Gambling Counselor Consultant, Supervisor II, St. James City, FL. INT. ADO, ADT, CLN, PATH. We gratefully acknowledge the support of First Choice Health Systems, Inc. in making this presentation possible.

H 6 Living in a Post 9/11 World: Long-Term Effects of Childhood Trauma
This session explores the long-term impact of childhood trauma. From abuse and neglect, to loss and natural disasters, participants will learn about the risks and protective factors that influence long-term outcomes. Also addresses the impact of childhood trauma on adult mental health, relationships, risk-taking behaviors, school dropout rates, physical well-being, and other factors. A wide variety of effective interventions will also be reviewed. Jocelyn Burum, PsyD, Child Psychologist, CAMC Family Resource Center, Charleston. ALL. ADO, CYF, CLN, HTH, MH, CC.
H 7 Sexual Health Promotion: A Primer on Contraceptives - Addressing Sensitive Questions & Supporting Teen Pregnancy Prevention
Offers knowledge and skills to promote adolescent reproductive and relationship health. Focuses initially on common contraceptive methods, their effectiveness, availability, benefits and risks, and how to talk to teens about them. Later you’ll participate in a fun, skill-building activity offering guidelines for answering sensitive questions. Presented in two sessions to support teen pregnancy prevention! Kathryn L. Flack, MPH, WISE Program Manager, and Lydia Karch, MPH, Field Organizer, both of WV FREE, Charleston. ALL. ADQ, CFY, HTH, CC.

H 8 Ethical Issues for Licensed Professional Counselors
Addresses two ethical issues important to LPCs in West Virginia. First, issues related to how unintended behaviors or innocent actions may lead to a disaster. Second, we will explore cultural biases, and expand the capacity to work with clients who are culturally different from the therapist. Guidelines utilized are taken directly from the WV Board of Examiners in Counseling. Ravi Isaiah, DMin, LPC, Director of Pastoral Counseling, Charleston Area Medical Center, Charleston. INT. LPC-ETH. Limited enrollment. NOTE: Session length will be extended to assure 3 full hours of instruction. Does NOT apply to provisional social work ethics hours.

H 9 Participatory Management in Non-Profits
Managing non-profits can be both rewarding and challenging for social work managers. A management approach that promotes employee morale and ownership can increase the rewards. Identify participatory management strategies that promote morale, retention, and ownership in the nonprofit setting with stakeholders and employees. Explores how to be an effective and ethical leader, identify strategies to incorporate in the workplace, and develop a better understanding of organizational structure influences and participatory management approaches. Debra Hunt Young, MSW, EdS, Edd, Teaching Assistant Professor, Program Coordinator, WVU School of Social Work, Charleston/Beckley Campus. ALL. MGT.

H10 Central & Rural Appalachian Culture: What Every Social Service Provider Needs to Know to Promote Effectiveness
Appalachian residents enjoy a unique heritage within this designation. Our inclusion, values, stereotypes, and language contribute to a culture where social work professionals - unfamiliar with this special context - will need practice skills to facilitate rapport when providing services to these individuals and communities. Teresa McCourt, MS, Program Manager, West Virginia University Center for Excellence in Disabilities, Charleston. ALL. DIV, CC.

H11 Complex Trauma: DSM 5 and Beyond
Some of the most difficult and challenging individuals who present for mental health therapy have histories of complex trauma. Complex trauma emerges from a core betrayal of abuse, neglect, rejection, antipathy and abandonment committed by other human beings. Learn current guidelines for treating complex trauma survivors, including the phase model approach from the International Society of Trauma Stress Studies. Amy McQuade, MSW, LICSW, Clinical Social Worker, Charleston & Barbara Schmidlapp, MSW, LSW (OH), Military Sexual Trauma Coordinator, Huntington, both US Dept. of Veterans Affairs. INT. CLN, VET, PATH.

H12 Self Care for Helpers 101: Feed and Be Fed
Being a helper can be stressful from time to time. Being a human service provider WILL be stressful! We will ‘play’ with numerous activities designed to reduce stress and successfully combat burnout by cultivating slowness, nurturing, vision, solitude/silence, exercise, and simplicity. The mantra of this session is Stress is inevitable, but suffering can be optional! Chatman Neely, MSW, LICSW, Wheeling MSW Program Coordinator, WVU School of Social Work. ALL. HTH, MM, CC.

H13 If Only You Had Taught Me: How Individuals with Intellectual Disabilities Can Learn to Protect Themselves from Abuse
Learn to teach individuals with intellectual or developmental disabilities about sex and the law in non-threatening, easy to understand ways. Also develop effective policies and practices, organizationally and in training programs, to reduce the risk of abuse. People with disabilities are three times more likely to experience abuse and this figure hasn’t changed in twenty years. This can improve with better training for clients, and for staff providing support services. Carol Newlon, MA, LPC, LSW, CCBT, CBIS, Positive Behavior Support Specialist (Retired), and Anastasia Riley, Positive Behavior Support Specialist, both of West Virginia University Center for Excellence in Disabilities, Charleston. ALL. DD, DIV, CC.

H14 Using Neuroscience to Inform & Develop Trauma Recovery Services
In order to be trauma-sensitive in working with troubled youth, our interventions have to be strength-based and responsive to the needs of the child, and not reactive to the behavior. Being able to know the dynamics of how the brain functions and influences behaviors enhances our ability to recognize what interventions will create the most positive impact in our youth. Learn how trauma impacts the development of the brain and how to use brain-friendly interventions to effectively support and transform trauma-reactive youth. Learn how states of arousal impact learning and behavior, and how to enhance self-regulation skills in our traumatized youth. Douglas Pfeifer, MA, LPC, ALPS, Clinical Coordinator, Pressley Ridge, Vienna. ALL. CFY, CLN, MH.

H15 Assessment of Child Sexual Abuse: Avoiding Pitfalls, Doing it Right
Assessment of alleged child sexual abuse is a frequent, yet difficult, duty of the front-line professional. We will review several high-profile cases in which examiners employed improper interviewing techniques with problematic outcomes. Also research on the consequences of repeated questions and interviews, examiner tunnel vision, anatomically detailed dolls, leading questions, and assumptions about the hypothesized Child Sexual Abuse Accommodation Syndrome. Topics also include ways experts have analyzed children’s linguistic styles, and recommendations for best practice. W. Joseph Wyatt, PhD, Professor, Department of Psychology, Marshall University, Huntington. ALL. CFY, PUB.

Friday Afternoon May 2, 2013
1-Hour Plenary Sessions
1:00 PM – 2:00 PM

J 1 Health Outreach, Funding & Online Resources from the National Network of Libraries of Medicine
Learn about creative health outreach projects that reduce health disparities and find resources for free health education materials to use in community outreach. Provides health outreach support in the form of ready-made classes, funding sources, and a variety of reliable online resources. Nancy Patterson, MLS, Community Outreach Coordinator, National Network of Libraries of Medicine, Southeastern Atlantic Region, Baltimore, MD. ALL. HTH, CC.

J 2 What EVERY New Social Worker & Student Needs to Know: A Quick Guide to YOUR Profession
Three distinguished practitioners offer their perspectives on the status of our profession in the arenas of clinical practice, public welfare, and policy advocacy. You will also learn what the profession expects of new practitioners, and about the networking, leadership and collaborative opportunities that abound when you become involved in your professional association. Amy McQuade, MSW, LICSW, Clinical Social Workers, Paula J. Taylor, MSW, LGSW, President, and Kim White, MSW, LICSW, President-Elect, both of the Board of Directors, National Association of Social Workers, West Virginia Chapter. ALL. CC, SWE.

J 3 Transactional Analysis Therapy: An Introduction
Transactional Analysis, developed by Eric Berne, MD, is both a clear theory of personality development and a powerful method of psychotherapy. It focuses on relationships and how people function from the different parts of their personalities (ego states). Dr. Joines has written the standard training text on TA that is used worldwide. Vann Joines, PhD, is a Certified Teaching Instructor and Supervisor in the International TA Association, and Director, Southeast Institute for Group and Family Therapy, Chapel Hill, NC. ALL. CLN.

J 4 Around the World and Back: The Journey of Bluegrass Music
Chronicles the fascinating journey of bluegrass music from its humble beginnings, reflecting a largely rural culture, to its spread around the world and across cultures and generations. Addresses diversity as a major theme in the journey, as well as the music as a vehicle to educate about the Appalachian region and as a vehicle to promote accurate images of an often-maligned people. A largely untold story, the workshop includes a performance by The Songcatchers, a multi-generational music group. Everett Lilly, PhD, MSW, Chair, Social Work Program, Univ. of Charleston - Beckley and a professional bluegrass musician. ALL. DIV, CC.
J 5 Juvenile Fire Setters Typology and Interventions
Many children, especially boys, play with fire. Some develop serious fire-setting problems. Juvenile-set fires are sometimes lethal. More often they result in substantial property damage and create disruption in community. Focuses on different types of fire setters, their characteristics and important etiological factors that impact treatment. Reviews some of the positive outcomes of appropriate treatment for this interesting clinical group. Jennifer Barnhart, LPC, Clinical Director, Abraax Secure Firesetter Program, & Jerome James, MS, Assistant Facility Dir., both of Abraax Youth Center, South Mountain, PA. ALL. ADO, CLN, CYF, PATH.

J 6 Principles of Applied Behavior Analysis and Related Concepts
Covers the basics of Applied Behavior Analysis (ABA) and its uses in teaching functional independence skills to those with developmental disabilities. Addresses teaching strategies related to autism, and introduces the Functional Independence Skills Handbook (FISH) handbook, and other tools. Offers specific strategies that may be employed to develop greater behavioral control in most any setting. William K. Kilion, PhD, Developmental Psychologist, Springfield Behavioral Health, Travellers Rest, SC. ALL. CYF, CLN, MH.

J 7 Medicaid & Mental Health Reimbursement
Efforts are underway to build the case for direct Medicaid reimbursement for mental health therapy provided by masters prepared, independently licensed therapists in West Virginia. This session will describe the research effort, preliminary findings, and ways to support the effort. Brandon Merritt, MPH, Health Policy Analyst, WV Center on Budget and Policy, Charleston. ALL. CLN, MH, POL.

K 1 You Want Me To Do What Now? Manage Stress
Competent direct care professionals are often quickly promoted to management positions. Having prepared for family, individual and group therapy, they find themselves directing staff, developing programs, and managing organizations. Focuses on adapting skills developed for direct care to administrative roles. Provides insights on how to use the Myers-Briggs Inventory to enhance team building and develop a cohesive approach to managing others. Darla Bailey, MSW, CSW (KY), Chief Possibilities Officer, Dazzl, LLC, Louisville, KY. ALL. MGT.

K 2 The Essence of Couples Therapy
Focuses on the basics dynamics in couple’s relationships and how to help couples understand and use those dynamics to grow as individuals and as partners. What is frequently missing in therapy is the couple’s understanding of attachment issues and the developmental process in their relationship, and the need for mutual protection in order to develop intimacy and experience the partner as a secure base. Vann Joines, PhD, Clinical Psychologist, Director, Southeast Institute for Group & Family Therapy, Chapel Hill, NC. ADV. CLN.

K 3 Autism Spectrum Disorder: Diagnostic Features/Treatment Strategies
Children with autism require consistent routines and schedules as well as simple, concrete, direct communication to avoid fear and anxiety. Enhances your knowledge of the current DSM 5 definition of autism, and of effective strategies in working with these amazing children. We will also discuss the importance of understanding the autistic child’s touch and love languages, and how this can assist anyone who has contact with the child. Jennifer Ammacher, MEd, Lead Autism Special Ed. Teacher, Springfield, Hendersonville, NC. ALL. CYF, DIV, MH, PATH.

K 4 WV Board of Social Work: Licensing & Supervision Update
An update about how WV Board of Social Work is moving forward on important initiatives. Supervisors of provisional licensees are especially encouraged to attend as supervision guidelines for agencies will be shared. LSWs with the BSW degree & 2 years of experience may now supervise provisional licensees within limits. Q&A time included. WV Board of Social Work, Rita Brown, MSW, LSW, Board Chair. ALL. SWE, CC.

K 5 The Positive Impact of Gardening
Gardening is one of the most popular leisure activities in the US. Assistive technology and adaptive gardening methods can enhance the lives of individuals with a variety of limitations who want to begin, continue or return to gardening. Discusses benefits of gardening, especially for special populations, and programs such as the Green Thumbs, Healthy Joints program making gardening more accessible to West Virginians with arthritis and joint limitations. Carmen L. Fullmer, MS, Assistive Technology Specialist, West Virginia University Center for Excellence in Disabilities, Morgantown. ALL. CC, DIV.

K 6 Health Literacy: Challenges and Solutions
The AMA has identified literacy as the number one social determinant of an individual’s health, above education, income and race. Learn about health literacy as a tool against health disparities. Offers methods of effective health communication to reduce the “disconnect” between information providers and seekers. Solutions like self-advocacy, plain language, and the teach-back technique will be discussed. You will be equipped with tools to use in your health outreach efforts. Nancy Patterson, MLS, Community Outreach Coordinator, National Network of Libraries of Medicine, Southeastern Atlantic Region, Baltimore, MD. ALL. HTH, CC.

K 7 Know More = No More:
Understanding Domestic Violence in Same Sex Relationships
This interactive session is designed enhance your cultural competence in working effectively with members of the Lesbian, Gay, Bisexual and Transgender community. Raises awareness of domestic and sexual violence in the LGBTQ community. Explores the dynamics, vulnerabilities and barriers encountered by LGBT survivors of violence, and identifies strategies to enhance outreach and services. Kennyatta Grant, MS, Community Organizing Coordinator, WV Coalition Against Domestic Violence, Elkhart, and Sara Fincham, BA, Legal Advocate, YWCA Family Violence Prevention Program, Wheeling. ALL. DIV, DOM, CO, CC.

K 8 Mindfulness and Movement: Healing Through Body Awareness
When a traumatic event occurs our bodies rally to get us away from the danger: heart rate increases, muscles tense, breathing becomes rapid. When we are overpowered by circumstances the flight or flight or freeze response becomes ineffective and we are left with a sense that our bodies have betrayed us. Traditional therapy addresses cognitive/emotional elements of trauma, so there is a real need for the body to Participate in the healing. Trauma-sensitive yoga is one way to help traumatized people relearn to inhabit, reclaim and trust their bodies. Sue Julien, Certified Kripalu Yoga Teacher, and Barbara Steinke, Certified Yoga Alliance Teacher, Co-Directors of Laotong Yoga, Charleston. ALL. CC. Limited enrollment.

K 9 Advance Care Planning and Patient Ethics
WV is a leader in innovative strategies to respect patient’s wishes. The completion of advance directives continues to be an important component of advance care planning and ethical decision making at the end of life. We will identify the strengths and weaknesses of advance directives, describe best practices for end-of-life conversations, and discuss the e-Directive Registry as a useful tool for social workers in health care settings. James Keresztesy, MSW, MBA, LCSW, ACSW, Director, Mountains of Hope Cancer Coalition, Mary Babb Randolph Cancer Center, WVU, Director/Consultant, Transition Program, Hospice Care Corp., Morgantown. ALL. ETH, HTH, CC. Applies to the SW ethics req. for WV provisional license.

K 10 Our Ancestors Speak: Voices and Music Across Time and Place
Bluegrass music sprang from humble beginnings among rural people. While the music has evolved and expanded, the voices of those who helped create it live on. They have much to tell us. Discusses the meaning of early country and bluegrass music in the lives of people and why these voices have continued relevance in the modern age. The uplifting story of bluegrass music represents a people culture that will be highlighted. Includes a performance by The Songcatchers. Everett Lilly, PhD, MSW, Chair, Social Work Program, University of Charleston - Beckley and a professional bluegrass musician. ALL. DIV, CC.

K 11 A One-Step Roadmap to Healthy Lifestyles Planning
Try This WV, a Benedum funded web site, is a quick, effective roadmap to organizing community healthy lifestyle efforts to bring down your diabetes/heart disease rates. Use the tool to plan everything from biking and running groups, to school-based health centers, to diabetes prevention groups. Learn about a wide range of successful WV programs, and successful ways to get local people involved. Take an early look! Visit: www.trythiswv.com Kate Long, MA, Try This Site Producer, Author/Photographer of The Shape We’re In, the national award winning Charleston Gazette series on WV’s obesity/chronic disease rate & efforts to bring down the numbers: www.theshapewerein.wordpress.com. Ms. Long is a recipient of the NASW WV Public Citizen of the Year Award. ALL. HTH, CC.

K 12 Veterans Administration Mental Health Care:
Recovery, Hope, Meaning, Purpose & Peer Support
Describes the use of the Recovery Model and peer supports in the Huntington VA Hospital programs, and how these affect therapeutic relationships and clinical outcomes. A chief goal of the Recovery Model is to foster hope, meaning & purpose. Recovery Model vs. Medical Model differences are delineated. Core issues explored include: valued life goals, emphasizing strengths, shared decision making & decreasing the stigma of mental health problems. Charles Weinberg, MSW, LICSW, BCD, Local Recovery Coordinator, VAMC Huntington. ALL. ADT, CLN, MH.
Wednesday, April 30, 2014

9:00 - 10:15am Keynote: From Baghdad, to Beijing & Beyond!
Melissa Stockwell, Iraq War Veteran & Paralympic Athlete

11:00am-12:00pm One-Hour ‘A’ Plenary Sessions
A 1 A Rough Upbringing: Childhood Experiences & Their Long-Term Impact...
A 2 Growing Young Leaders in Social Work
A 3 Substance Abuse in Rural and Small Town America
A 4 Behavioral and Psychological Symptoms in Persons with Dementia
A 5 West Virginia Veterans: Further Findings from the 2012 Survey
A 6 Can You Trust What You Read? Being an Informed Consumer of Research

1:30-4:30pm Three-Hour ‘B’ Workshops
B 1 Substance Abuse Treatment Tips for Non-Addict Professionals
B 2 Personality Disorders: Recognition, Diagnosis, Treatment & Survival
B 3 Management in Non-Profit Agencies and Organizations
B 4 Evidence-Based Treatment of Military-Related Trauma...
B 5 Cultivate Solution Focused Communication in Meetings
B 6 Dialectical Behavior Therapy for Dysregulated Adolescents
B 7 Families in Crisis
B 8 Mindfulness & Other Practices that Support Us in ‘Walking the Walk’...
B 9 A Teenager’s Brain: A Scary Place to go Alone
B10 Clinical Social Work Supervision
B11 Fundamentals of Disaster Mental Health
B12 Disability Equity: An Awareness Course
B13 Working with Youth & Parents: Positive Behavior Support Education
B14 Cognitive Issues in Treating Anorexia and Bulimia
B15 Serving Children with Developmental Disabilities: Overview

4:45-5:45pm Social Work in WV Annual Meeting
5:45-6:45pm Yoga Dance Exercise! Guaranteed Fun! Civic Ctr Lobby

Thursday, May 1, 2014

8:30-9:30am One-Hour ‘C’ Plenary Sessions
C 1 Do We Have to Incarcerate to Rehabilitate?
C 2 Identifying Disordered Sleep & Improving Sleep Quality
C 3 Social Networking – The Good, the Bad, and the Ugly
C 4 Detach from YOUR Drama
C 5 Shell-Shocked Vets: Understanding Modern Combat Injuries
C 6 Overview of Mental Health First Aid
C 7 Community Organizing
C 8 A Compassionate Conversation on Shame, Weight and Size Bias
C 9 The Affordable Care Act: Its Meaning for Behavioral Health Providers

10:00-11:30am One and One-Half Hour ‘D’ Workshops
D 1 Capacity: Assessing Competence in Decision Making
D 2 Making a Case for Safety
D 3 Substance Exposed Infants and Toddlers
D 4 Storytelling Toolbox: Questions that Draw Out Story
D 5 Professional Ethics: Boundaries, Competence, Documentation...
D 6 Finding the Open Door in Processing Trauma
D 7 LPC/LMFT Clinical Supervision Training (Part 1 of 2)(Continues as F7)
D 8 Quantifying Success: Self-Motivated Success in the Child’s Treatment Process
D 9 Referrals & Options Training: Discussing the Full Range of Pregnancy Options
D10 Integrated Behavioral Health in Primary Care: Collaborating with Providers
D11 Public Speaking Strategies: Say What You Mean & Mean What You Say
D12 The WV Campaign to End Poverty
D13 Freeing the Body, Easing the Mind
D14 Radical Acceptance: Getting to the Root of the Problem
D15 Hospice and End of Life Care
D16 Building Our Capacity to Love
D17 Creeping: Using Social Networking to Scope Out Potential Employees

1:00-1:30pm Awards Plenary

1:45-2:45pm One-Hour ‘E’ Plenary Sessions
E 1 Prescription Drug Abuse
E 2 Can You Hear Me?
E 3 You Say Macro Change like it’s a Bad Thing
E 4 Detecting Child Torture
E 5 The Affordable Care Act in WV: It’s Impact & It’s Potential
E 6 Health Communication that Makes Sense to Older Adults
E 7 Developing Behavior Plans with Aggressive Adolescents
E 8 Alzheimer’s & Related Dementias: An Update
E 9 Ethics Made Fun: Let’s Play Jeopardy!

3:15-4:45pm One and One-Half Hour ‘F’ Workshops
F 1 Recruiting, Training, Placing & Retaining Volunteers: Do’s & Don’ts
F 2 Supporting Friends and Families with Bipolar Disorder
F 3 What’s New in Drug and Alcohol Abuse Treatment
F 4 Emergency Preparedness for the Elderly & People with Disabilities
F 5 Violence Against Women and the HIV/AIDS Epidemic
F 6 Program Development for Traumatized Male Inmates
F 7 LPC/LMFT Clinical Supervision Training (Part 2 of 2)
F 8 It’s Not My Fault! Understanding & Resolving Workplace Conflicts
F 9 Letters From Over the Rainbow: Two LGBTQ Experiences in WV
F10 Can You Hear Me?
F11 Bullying in Adulthood
F12 Appalachian Attitudes Toward Gun Control
F13 Solution Focused Therapy and the Influence of Asian Thought
F14 Integrated Mental & Behavioral Health Training Program: Lessons Learned
F15 Incorporating Acceptance & Commitment Therapy in Your Practice
F16 Ethics & You: Ethical Practice for Today’s Professional Social Worker

5:00-7:00pm NASWAC Reception (Marriott)
7:00-8:30pm Evening One & One-Half Hour ‘G’ Workshops
G 1 Can You Hear Me?
G 2 Authority Rape
G 3 Yoga-Inspired Wellness
G 4 Strategies for Personal Transformation
G 5 Inequality for All (Documentary; Radius Studios; 2014)

Friday, May 2, 2014

8:30-11:30am Three-Hour ‘H’ Workshops
H 1 Using Personality Adaptations as a Guide to Therapy
H 2 Alternatives for Families-Cognitive Behavior Therapy: An Overview
H 3 Ethics and Risk Management in the New Era of Social Work
H 4 Using Role Play to Teach Interviewing Skills
H 5 Identifying Problem Gamblers: DSM 5 Update...
H 6 Living in a Post 9/11 World: Long-Term Effects of Childhood Trauma
H 7 Sexual Health Promotion: Assisting Teen Pregnancy Prevention
H 8 Ethical Issues for Licensed Professional Counselors
H 9 Participatory Management in Non-Profits
H10 Central & Rural Appalachian Culture: What Every Provider Needs to Know
H11 Complex Trauma: DSM 5 and Beyond
H12 Self Care for Helpers 101: Feed and Be Fed
H13 If Only You Had Taught Me: Individuals with ID/protection from Abuse
H14 Using Neuroscience to Inform & Develop Trauma Recovery Services
H15 Assessment of Child Sexual Abuse: Avoiding Pitfalls, Doing It Right
H16 Beyond Bullying

1:00-2:00pm One-Hour ‘J’ Plenary Sessions
J 1 Health Outreach & Resources: National Network of Libraries of Medicine
J 2 What Every New Social Worker/Student Needs: Guide to Your Profession
J 3 Transactional Analysis Therapy: An Introduction
J 4 Around the World and Back: The Journey of Bluegrass Music
J 5 Juvenile Fire Setters Typology and Interventions
J 6 Principles of Applied Behavior Analysis and Related Concepts
J 7 Medicaid & Mental Health Therapy Reimbursement

2:15-3:45pm One and One-Half Hour ‘K’ Workshops
K 1 You Want Me To Do What Now? Manage Stag...
K 2 The Essence of Couples Therapy
K 3 Autism Spectrum Disorder: Diagnostic Features/Treatment Strategies
K 4 WV Board of Social Work: Licensing & Supervision Update
K 5 The Positive Impact of Gardening
K 6 Health Literacy: Challenges and Solutions
K 7 Know More=No More: Domestic Violence in Same Sex Relationships
K 8 Mindfulness and Movement: Healing Through Body Awareness
K 9 Advance Care Planning and Patient Ethics
K10 Our Ancestors Speak: Voices and Music Across Time and Place
K11 A One-Step Roadmap to Healthy Lifestyles Planning
K12 VA Mental Health Care: Recovery, Hope, Meaning, Peer Support

3:45pm Conference Closes

Thank you for attending! Please return your evaluation.

Plan NOW to attend the
2015 Spring CE Conference for Social Workers
Wednesday - Friday, April 15, 16, & 17, 2015
Charleston (WV) Civic Center
To Register:

- Complete the Registration Request Form, attach correct payment and mail or fax so as to be received by April 15th. After April 15th please plan to register at-the-door. Great workshop selections will still be available! See pages 2-4 for registration at-the-door information and other important details.
- Please use only one form per person. You may copy the form as needed.
- Payment must accompany registration. Duplicate registration forms received without payment or indicating payment to follow by mail will not be processed.
- Mail-in registration payment can be made by check, money order, VISA/MasterCard or authorized agency purchase order (Please attach the approved PO).
- Fax registration payment may be made by VISA/MasterCard or authorized agency purchase order (Attach the PO).
- To pay by other major credit cards use the secure online Pay Pal payment link provided at www.NASWWV.org.
- Registration fee discounts are available for registrations received by March 30th, for becoming a new Regular or Associate member of NASW, or for submitting a group registration of five or more persons with a single payment source.
- See important registration information and policies elsewhere in this brochure including workshop descriptions, continuing education information and cancellation/refund policies. Please read all information and policies carefully.

2014 Spring Conference information is available online at www.NASWWV.org