

## **BRIDGET C. BAILEY, PhD, LICSW**

Tel. 412-613-8580; Email: [bridget.bailey@mail.wvu.edu](mailto:bridget.bailey@mail.wvu.edu)

105 Knapp Hall PO Box 6830 Morgantown, WV 26506

### **EDUCATION**

---

**Ph.D.**, Ohio State University, College of Social Work, Columbus, OH, August 2020  
*Doctorate of Philosophy*  
Specialization: Mental health intervention and translational research; Mood disorders

Dissertation Title: *Comparing Psychotherapy With and Without Medication in Treating Adults with Bipolar II Depression: A Post-hoc Analysis*

Chair: Theresa Early, MSW, Ph.D.

Committee: Tamara Davis, Ph.D., Alicia Bunger, Ph.D., Natasha Slesnick, Ph.D.

**MSW**, Ohio State University, College of Social Work, Columbus, OH, 2010  
*Masters of Social Work*  
Concentration: Clinical practice/mental health

**B. Phil**, University of Pittsburgh, Honors College and School of Social Work, 2009  
Pittsburgh, PA,  
*Bachelor Philosophy in Social Work*  
Concentrations: Psychology and African American Studies

Thesis Title: *Acute Interpersonal Psychotherapy for Major Depressive Disorder: Treatment Predictors in Relation to Treatment Specificity*

Thesis Adviser: Helen Petracchi, Ph.D., Thesis Committee: Ellen Frank, Ph.D., Holly Swartz, MD, Catherine Greene, Ph.D., Nancy Grote, Ph.D.

### **LISCENSURE**

---

State of West Virginia Licensed Independent Clinical Social Worker August 2020-  
State of Ohio Licensed Independent Social Worker March 2017-

### **AWARDS & SCHOLARSHIPS**

---

**Best Poster Award** 2021  
International Society of Bipolar Disorders Annual Conference

**Best Poster Award** 2020  
International Society of Bipolar Disorders Annual Conference

**Merriss Cornell Scholarship for Outstanding Dissertation Proposal** 2020  
College of Social Work, Ohio State University

**Anna Marie Robinson Scholarship for Mental Health Research** 2009-2013; 2018-2020  
College of Social Work, Ohio State University

## PEER REVIEWED PUBLICATIONS

---

**Bailey, B. C., & Davis, T.** (2012). Mental health parity legislation: Implications for children and youth with serious emotional disturbance. *Social Work in Mental Health, 10*(1), 12-33.

Goldstein, T. R., Goldstein, B. I., Mantz, M. B., **Bailey, B. C., & Douaihy, A. A.** (2011). Brief motivational intervention for preventing medication-associated weight gain among youth with bipolar disorder: treatment development and case report. *Journal of Child and Adolescent Psychopharmacology, 21*(3), 275-28

## MANUSCRIPTS UNDER REVIEW

---

**Bailey, B. C., Sweeney, H. A., Winstanley, E. L., & Potts, L.** (under review). How training and stigma interplay in buprenorphine prescribing in the treatment of opioid use disorder. *Journal of Medical Education and Curricular Development.*

Winstanley, E. L., **Bailey, B.C., Terris, L., Van Oppen, D., Howsare, J., Berry, J., & Cox, S.** (under review). Assessment of compassion fatigue and wellness needs of rural health care providers during COVID-19. *General Hospital Psychiatry.*

## MANUSCRIPTS IN FINAL PREPARATION

---

**Bailey, B. C., Novick, D., Loganathan, M., Boyce, K. & Swartz, H.** Integration of dialectical behavior therapy and interpersonal social rhythms therapy in the treatment of comorbid bipolar disorder and borderline personality disorder. *Target Journal: American Journal of Psychotherapy* (manuscript in preparation).

**Bailey, B. C. B., Early, T., & Swartz, H. A.** Difference between symptomatic, syndromal, and functional recovery in bipolar II disorder: Treatment considerations. *Target Journal: Bipolar Disorders* (manuscript in preparation).

**Bailey, B. C., & Doyle, A., Skidmore, B., and Goldstein, T.** Theoretical rationale for dialectical behavior therapy for individuals with bipolar disorders. *Target Journal: Behavior Therapy* (manuscript in preparation).

## CONFERENCES/PRESENTATIONS

---

**Bailey, B.C., & Doyle, A.** (2022, November). *Theoretical rationale for dialectical behavior therapy for individuals with bipolar disorders.* Poster accepted for the Council on Social Work Education 2022 Annual Program Meeting. Anaheim, CA.

**Bailey, B.C., & Doyle, A.** (2022, June). *Theoretical rationale for dialectical behavior therapy for individuals with bipolar disorders.* Poster presented at the International Society for Bipolar Disorders 2022 Annual Conference. (Virtual)

**Bailey, B. C. B., Early, T., & Swartz, H. A.** (2022, June). *Individuals with Bipolar II Disorder: Does Stage of Illness Progression Predict Functional Outcomes?* Poster presented at the International Society for Bipolar Disorders 2022 Annual Conference. (Virtual)

**Bailey, B.C., Early, T., & Swartz, H.** (2022, January). *Treatment Considerations for Recovery in Bipolar II Disorder.* Poster presented at the Society for Social Work and Research 2022

Annual Conference (Virtual)

- Bailey, B.C.,** Early, T., & Swartz, H. (2021, November). *Treatment of Suicidal Ideation for Adults with Bipolar II Disorder Using Interpersonal and Social Rhythm Therapy*. Oral paper presented at the International Society for Interpersonal Psychotherapy 2021 Biennial Conference, (Virtual).
- Bailey, B.C.,** Early, T., & Swartz, H. (2021, May). *Functional Recovery in Bipolar II Disorder*. Poster presented at the International Society for Bipolar Disorders 2021 Annual Conference, Chicago, IL. (Virtual)
- Bailey, B.C.,** Early, T., & Swartz, H. (2020, June). *Treatment Considerations for Symptomatic, Syndromal, and Functional Recovery in Bipolar II Disorder*. Poster presented at the International Society for Bipolar Disorders 2020 Annual Conference, Chicago, IL. (Virtual)
- Bailey, B.C.,** Early, T., & Swartz, H. (2020, June). *Treatment of Suicidal Ideation for Adults with Bipolar II Disorder*. Poster presented at the International Society for Bipolar Disorders 2020 Annual Conference, Chicago, IL. (Virtual)
- Bailey, B. C.,** Sweeney, H.A., & Potts, L. (2020, January). *How Training and Stigma Interplay in Buprenorphine Prescribing in the Treatment of Opioid Use Disorder*. Poster accepted for the Society for Social Work and Research 2020 Annual Conference. Washington, DC.
- Bailey, B. C.,** Sweeney, H.A., & Potts, L. (2019, August). *How Training and Stigma Interplay in Buprenorphine Prescribing in the Treatment of Opioid Use Disorder*. Paper presented at the Global Conference on Addiction Medicine and Behavioral Health. London, England.
- Bailey, B. C.** (2019, March). *How Training and Stigma Interplay in Buprenorphine Prescribing in the Treatment of Opioid Use Disorder*. Paper presented at Edward F. Hayes Graduate Research Forum, Columbus, OH.
- Potts, L. & **Bailey, B. C.** (2018, June), *Ohio opioid treatment needs assessment and gap analysis*. Paper presentation at Ohio's 2018 Opioid Conference. Columbus, OH.
- Bailey, B.C.,** Bunger, A. C., & Cao, Y. (2013, January). *Preparing for Implementation: Finding good fit Between Practice Innovation and Organizational Context*. Poster accepted for the Society for Social Work and Research 2013 Annual Conference. San Diego, CA.
- Bailey, B. C.** (2009, March), *Acute Interpersonal Psychotherapy for Major Depressive Disorder: Treatment Predictors in Relation to Treatment Specificity*. Paper presentation at the Third International Conference on Interpersonal Psychotherapy: Global Update. Columbia University Teachers College, New York, NY.

---

## ACADEMIC APPOINTMENTS

<b>Assistant Professor</b> School of Social Work West Virginia University, Morgantown, WV	2022-
<b>Adjunct Clinical Assistant Professor</b> Department of Behavioral Medicine & Psychiatry, School of Medicine	2022-
	Bailey 3

West Virginia University, Morgantown, WV

**Assistant Professor**

2020- 2022

Department of Behavioral Medicine and Psychiatry, School of Medicine  
West Virginia University, Morgantown, WV

**RESEARCH INTERESTS**

---

Adolescent and adult behavioral health; Suicide; Bipolar/mood disorders; Co-occurring trauma, and substance use disorders; Underserved and diverse populations; Evidenced based treatments (i.e. dialectical behavior therapy, interpersonal social rhythms therapy); Trauma informed care; Intervention, process, dissemination, and implementation research; Community engaged research

**RESEARCH EXPERIENCE**

---

**PI** 2022-

West Virginia University, School of Social Work, Morgantown, WV  
*Pilot Study of Dialectical Behavior Therapy Skills Training for Emotional Problem Solving for Adolescents (DBT-STEPS-A) in a Rural West Virginia Middle School*  
Co-Investigator: Traci Jarrett, Co-Director WV Prevention Research Center  
Funded (\$50,000)

**Co-Investigator** 2021-

West Virginia University, Department of Behavioral Health and Psychiatry, Morgantown, WV  
*Pilot Study of Implementation of the Ask Suicide-Screening Questions (ASQ) Toolkit in Rural Outpatient Youth Behavioral Health*  
PI: Mary Christensen, Ph.D.  
R34 Planning Grant for next phase of this research submitted June 2022

**Co-Investigator/Research Intern** 2017- 2019

Ohio Department of Mental Health and Addiction Services, Columbus, OH  
Concentration/Topic: *Opioid Use Disorder Treatment Needs Assessment and Gap Analysis*  
Co-PI: Helen Anne Sweeney, MS

**Graduate Research Associate** 2013

The Ohio State University College of Social Work, Columbus, OH  
Concentration/Topic: *Hospital to Community Trauma Informed Continuity of Care*  
PI: Theresa Early MSW, Ph.D.

**Graduate Research Associate** 2012-2013

The Ohio State University College of Social Work, Columbus, OH  
Concentration/Topic: *LGBTQQ Wellness Study in College Students*  
Co-PI: Tamara Davis MSW, Ph.D.

**Research Assistant** 2012-2013

The Ohio State University College of Social Work, Columbus, OH  
Concentration/Topic: *Readiness for Community Mental Health Centers to Implement TF-CBT*  
PI: Alicia Bunger, MSW, Ph.D.

<b>Study Coordinator</b> The Ohio State University Department of Psychiatry, Columbus, OH Concentration/Topic: <i>Adolescent Multi-Family Group Psycho-educational Psychotherapy (MF-PEP) for Mood Disorders</i> PI: Mary Fristad, Ph.D., ABPP	2011-2012
<b>Graduate Research Associate</b> The Ohio State University Department of Psychiatry, Columbus, OH Concentration/Topic: <i>Longitudinal Assessment of Manic Symptoms</i> PI: Mary Fristad, Ph.D., ABPP	2010-2012
<b>Graduate Research Associate</b> The Ohio State University College of Social Work, Columbus, OH Concentration/Topic: <i>Parent Sense of Involvement in Their Child's Mental Health Care &amp; Inequities in Mental Health Treatment for Racial and Ethnic Minority Youth</i> Co-PI: Tamara Davis MSW, Ph.D.	2010-2011
<b>Graduate Research Assistant</b> The Ohio State University College of Social Work, Columbus, OH Concentration/Topic: <i>Continuity of Care in Children and Adolescent Mental Health Services</i> PI: Cynthia Fontanella, Ph.D.	2009-2010
<b>Study Coordinator</b> Western Psychiatric Institute and Clinic, Pittsburgh, OH Concentration/Topic: <i>Motivational Interviewing as an Intervention for Psychotropic Medication Related Weight Gain in Patients with Pediatric Bipolar Disorder</i> Co-PI: Tina Goldstein, Ph.D.	2007-2008
<b>Research Assistant</b> Western Psychiatric Institute and Clinic, Pittsburgh, PA Concentration/Topic: <i>Treatment process and outcome of mood disorders</i> PIs: Ellen Frank, Ph.D. and Holly Swartz, MD	2006-2008
<b>Research Assistant</b> University of Pittsburgh School of Social Work, Pittsburgh, PA Concentration/Topic: <i>Social work student's attitudes towards poverty</i> PIs: Rafael Engel, Ph.D. and Helen Petracchi, Ph.D.	2007

## **TEACHING EXPERIENCE**

---

<b>Field Instructor</b> West Virginia University, School of Social Work West Virginia Prevention Research Center <i>Emily Royer, Undergraduate Public Health student</i>	2022-
<b>MSW Field Instructor</b> West Virginia University, School of Social Work West Virginia Prevention Research Center <i>Kathryn Williams, MSW student</i>	2022-

<p><b>MSW Field Instructor</b>  West Virginia University, Department of Behavioral Medicine &amp; Psychiatry  Chestnut Ridge Center  <i>Courtney Kisamore, MSW student</i></p>	2021-2022
<p><b>Psychotherapy Series (PGY 3 Residents), Lecturer</b>  West Virginia University, Department of Behavioral Medicine &amp; Psychiatry  <i>Topics: Common Factors of Psychotherapy, Rational Emotive Behavior Therapy, Trauma Informed Interventions with Youth &amp; Families</i></p>	2021-2022
<p><b>Masters Social Work and Counseling Didactic Series, Lecturer</b>  West Virginia University, Department of Behavioral Medicine &amp; Psychiatry  <i>Topics: Mental health Status Exam and Dialectical Behavior Therapy</i></p>	2020-2022
<p><b>Interpersonal Psychotherapy Seminar (PGY3 Residents), Co-Instructor</b>  West Virginia University, Department of Behavioral Medicine &amp; Psychiatry</p>	Fall 2020-21
<p><b>Lunch and Learn Series, Guest Speaker</b>  West Virginia University, School of Social Work  <i>Topic: Dialectical Behavior Therapy: Not Just for Borderline Personality Disorder</i></p>	October 2021
<p><b>Research Rotation, Supervisor</b>  West Virginia University, School of Public Health  <i>Brittany Smith, PhD student</i></p>	Spring 2021
<p><b>Basic Principles of Psychotherapy Series (PGY1 Residents), Co-Instructor</b>  West Virginia University, Department of Behavioral Medicine &amp; Psychiatry</p>	Spring 2021
<p><b>Addiction Medicine Psychotherapy Series, Lecturer</b>  West Virginia University, Department of Behavioral Medicine &amp; Psychiatry  <i>Topics: Psychotherapy for Substance Uses for Youth and Families</i></p>	Spring 2021
<p><b>Lunch and Learn Series, Guest Speaker</b>  West Virginia University, School of Social Work  <i>Topic: Bipolar Disorders: Differential Diagnosis and Treatment</i></p>	February 2021
<p><b>Dialectical Behavior Therapy, Guest Lecturer</b>  <i>Chain Analysis and Missing Links Analysis</i>  MSW Course, University of Washington, School of Social Work</p>	January 2021
<p><b>Research Apprenticeship Program Student</b>  West Virginia University, Office of Undergraduate Research  <i>Jared Arguto, Undergraduate Public Health student</i></p>	2020-2021
<p><b>SWK 664: Advanced Generalist Social Work Practice with Families and Small Groups, Guest Lecturer</b>  <i>Dialectical Behavior Therapy Skills Groups</i>  MSW Course, University of Maine, School of Social Work</p>	April 2020
<p><b>SWK 3201: Social and Economic Justice, Instructor</b>  BSW Online Course, The Ohio State University, College of Social Work</p>	Spring 2020

**SWK 3597: Adolescent Parenthood and Sexuality: An International Perspective, Instructor** Spring 2017 & 2018  
BSW Online Course, The Ohio State University, College of Social Work

**SWK3101: Professional Values and Ethics, Instructor** Fall 2017  
BSW Online Course, The Ohio State University, College of Social Work

**Interpersonal Psychotherapy** May 2016  
Presenter CEU Training, Ohio Mental Health Center, Delaware, OH

**SWK 1120: Introduction to Social Welfare, Instructor** Fall 2012 & Spring 2013  
BSW Face-to face Course, The Ohio State University, College of Social Work

**SWK 3401: Discovering Evidence, Instructor** Fall 2013  
BSW Face-to face Course, The Ohio State University, College of Social Work

**Directed Research, Supervisor** Fall 2007-Spring 2008  
Instructor: Dr. Ellen Frank  
Undergraduate Course, University of Pittsburgh, Psychology Department  
Depression and Manic Depression Prevention Program, Western Psychiatric Institute and Clinic

## **CLINICAL EXPERIENCE**

---

**West Virginia University School of Medicine** 2020-2022  
**Department of Behavioral Health & Psychiatry**  
Morgantown, WV  
*Clinical Assistant Professor/Therapist*

**Central Ohio Mental Health Center** 2014-2017  
Delaware, OH  
*Clinical Therapist*

**Directions for Youth and Families** 2014  
Columbus, OH  
*Outreach Social Worker*

**Nationwide Children's Hospital Child and Adolescent Psychiatry** 2009-2010  
Columbus, OH  
*Intern*

**OSU Harding Hospital Adolescent Inpatient Unit** 2009-2010  
Columbus, OH  
*Intern*

**Allegheny County Office of Children Youth and Families** 2006-2007  
Pittsburgh, PA  
*Caseworker Intern*

**Strawberry Fields Incorporated** 2005  
State College, PA  
*Psychiatric Rehabilitation Counselor*

**CLINICAL SUPERVISION EXPERIENCE**

---

**MSW Interns**

2021-2022

West Virginia University, Department of Behavioral Medicine & Psychiatry

*Courtney Kisamore*

*Olivia Bach*

**PGY3 Psychiatry Residents**

2021-2022

West Virginia University, Department of Behavioral Medicine & Psychiatry

*Sarah Almasari, MD*

*Christian Skinner, MD*

**Child and Adolescent Psychiatry Fellows**

2020-2021

West Virginia University, Department of Behavioral Medicine & Psychiatry

*Stephen Deci, MD*

**CLINICAL TRAINING**

---

Dialectical Behavior Therapy Intensive Training

2021-2022

*Virtual Live Training, Behavioral Tech (10 day, two parts)*

Interpersonal Level A Certificate

2021

*Virtual Training, Interpersonal Psychotherapy Training Institute (4 weeks)*

Dialectical Behavior Therapy Skills Training for Adolescents and Families

2021

*Virtual Training, Psychwire (6 weeks)*

Dialectical Behavior Therapy

2018

*Columbus, OH (4 day training)*

Motivational Interviewing

2017

*Columbus, OH (2 day training)*

Certified Clinical Trauma Professional

2016

*International Association of Trauma Professionals*

Interpersonal Psychotherapy

2016

*Online interactive course (8 weeks)*

Attachment, Self-Regulation, and Competency Framework  
for youth with complex trauma

2014

*Columbus, OH (2 day training)*

**PROFESSIONAL SERVICE**

---

**Ad hoc Reviewer**

2021-

Plos One



<b>Resident Psychotherapy Education Committee</b> <b>Department of Behavioral Medicine &amp; Psychiatry, West Virginia University</b> <i>Co-Chair</i>	2020-2022
<b>Diversity, Equity, and Inclusion Sub-Committee</b> <b>Department of Behavioral Medicine &amp; Psychiatry, West Virginia University</b> <i>Member</i>	2021-2022
<b>Service Committee</b> <b>Department of Behavioral Medicine &amp; Psychiatry, West Virginia University</b> <i>Member</i>	2020-2022
<b>Ambulatory Committee</b> <b>Department of Behavioral Medicine &amp; Psychiatry, West Virginia University</b> <i>Member</i>	2020-2022
<b>Healthy Healers Committee</b> <b>Department of Behavioral Medicine &amp; Psychiatry, West Virginia University</b> <i>Member</i>	2020-2022
<b>Ph.D. Program Committee</b> <b>College of Social Work, Ohio State University, Columbus, OH</b> <i>Graduate Student Representative</i>	2012-2013
<b>Doctoral Student Organization in Social Work</b> <b>College of Social Work, Ohio State University, Columbus, OH</b> <i>Treasurer</i>	2012-2013
<i>President</i>	2011-2012
<i>Member</i>	2009-2019
<b>Social Welfare Action Alliance</b> <b>College of Social Work, Ohio State University, Columbus, OH</b> <i>Member</i>	2010-2020
<b>National Alliance on Mental Illness Ohio State, Franklin County and Ohio Chapters</b> <i>Volunteer and Treasurer</i>	2009-2019
<b>LiFE Sports Youth Leadership Academy, Columbus, OH</b> <i>Mentor</i>	2017-2018
<b>Central Ohio Vocational Services, Columbus, OH</b> <i>Volunteer</i>	2014-2016
<b>Mental Health America, Columbus, OH</b> <i>Volunteer</i>	2010-2011

**STATISTICAL SOFTWARE**

---

Stata

SPSS  
Blimp

## **ADVANCED QUANTITATIVE METHODS**

---

Multilevel Modeling  
Multilevel Logistic Regression  
Survival Analysis

## **PROFESSIONAL AFFILIATIONS**

---

Society for Social Work Research Council on Social Work Education  
National Association of Social Workers  
International Society for Bipolar Disorders  
International Society of Interpersonal Psychotherapy  
National Alliance on Mental Illness  
Mental Health America

## **REFERENCES**

---

*Available upon request*