#### Did you know .....

 an estimated 54 million adults have provided care to family members or friends during the past year?



Being a caregiver is

one of the most important roles you will ever have in your life. It doesn't matter if you're the parent, spouse, child, friend or neighbor of a loved one who needs care. Your responsibility is to help create a safe environment that promotes healing and encourages independence - and it will sometimes feel overwhelming.

*Caregiver Basics* has been designed with you - the caregiver - in mind. It will provide valuable information and let you know you are not alone.

Fortunately, there are assistive devices and community resources that offer support and assistance. Over the course of a few hours, knowledgeable speakers at *Caregiver Basics* will discuss programs and services to help you and the individual for whom you are providing care. They will answer questions like:

- Is the home accommodating to the needs of the individual?
- What's out there to help the individual be as independent as possible?
- Where can I find help and how do I pay for it?

In addition to the valuable information you will receive from the speakers, all participants will receive a free gift bag of low cost-low tech assistive devices to take home with them.

# WHO SHOULD ATTEND?

You do not need to be a health care provider to attend *Caregiver Basics*. In fact, <u>family caregivers</u> <u>are particularly invited</u> whether the loved one is already home or is scheduled to return home soon.

However, continuing education units have been obtained to encourage professionals to refresh their knowledge of what is available to help individuals and their families.

*Caregiver Basics* is recommended for family caregivers, nursing home aides, personal care home aides, home health employees, visiting homemakers, LPNs and students.

# LOCATION

*Caregiver Basics* will be held at the OLLI Classrooms at Mountaineer Mall. This facility and parking are accessible.

### HOW CAN I REGISTER?

The fee for this workshop is \$10. Scholarships are available if you are unable to pay this fee. Members of OLLI and the Senior Monongalians are free of charge but you must register in advance. Space is limited.

> 1.Mail registration form to CLIC 2.Contact CLIC at (304) 292-0186 or info@clicwv.org

The deadline for receiving registrations is June 9. Confirmation materials will be mailed or e-mailed when registration is received. Certificates of attendance will be issued at the end of the day.

## **MEALS**

Registration includes light breakfast, and lunch. Please indicate on registration form if you have special dietary needs.

	<b>REGISTRATION FORM</b>
NAN	ME:
	DRESS:
	Y:
STA	TE: ZIP:
	TIME PHONE:
	AIL:
(Cost and lu	<u>rse Fees</u> includes conference materials, participant gift bags, nch) Free! I am a member of OLLI and/or Ser- nior Monongalians. Individual Registration \$10/person (You can pay the \$10 fee at the door on the day of the event but you must register in advance.
	Institutional Registration \$35/4 people (please send list of names with this form) Please invoice us at the above address. Student Registration—no charge
Oth	er Fees
	Social Work CEU's \$30 (there is a \$30 administrative fee for SW cred- its - this fee can be paid in advance or at the door)
ТОТ	TAL ENCLOSED \$
And	se make checks payable to: CLIC mail to: ommunity Living Initiatives Corp. P.O. Box 674
	Morgantown, WV 26507-0674
Plea	_ I have special dietary needs. se indicate:
	DEADLINE is June 9.

#### TENTATIVE PROGRAM

*":Emergency Preparedness" and "WV AT Loan Library" Patricia Boyce, MSW, AT Specialist West Virginia Assistive Technology System* 

*""Medicare and the Affordable Care Act"* Jack Stewart, MSW, Associate Director Center for Excellence in Disabilities

*"Senior Monongalians: Beyond Bingo"* Deborah Layman Senior Monongalians, Inc.

*"Home Modifications for Less Than \$20" Regina Mayolo, Executive Director Community Living Initiatives Corporation* 

"How Do We Pay for This." Regina Mayolo, Executive Director Community Living Initiatives Corporation

#### ALTERNATE FORMATS

If you need alternate formats, i.e. large print, electronic documents, Braille, or if you need an assistive listening device or other assistive device, please contact CLIC at 304-292-0186 or info@clicwv.org

#### **COURSE ACCREDITATIONS**

This event has been approved for a maximum of 4.5 continuing education hours for licensed Social Workers, (WV, MD, PA, & VA), under the West Virginia University School of Social Work WVBSWE Provider #490051. Social Workers from other states should contact their respective licensure boards regarding approval PRIOR to registering for this workshop.

This event has been approved for a maximum of 4.5 hours towards the WVU School of Social Work Gerontology Practitioner Certificate. CLJC P.O. Box 674 Morgantown, WV 26507-0674

# CAREGIVER BASICS: What you need to know when a

loved one comes home

June 17, 2014 9:00 a.m.–2:00 p.m.

OLLI, Mountaineer Mall -Morgantown, WV



Sponsored by West Virginia Assistive Technology System (WVATS) Community Living Initiatives Corporation (CLIC)

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