



Presents:

Mountains of Treasures: A Glimpse into the World of Hoarding

Presenter: Loriann Sonntag, MSW, MS, LCSW, GC-C, Adjunct Instructor, School of Social Work

January 24, 2014, 9am-4pm

St. Joseph's Catholic Church, Lackey Hall, Martinsburg, WV

Approved for 6 Social Work hours, 5.5 LPC hours, 6.6 Nursing hours and 6 GPC hours (*Psychosocial Processes and Mental Health in Older Adults*)

Cost: \$65

Workshop Description:

Grandma Jo is a sweet lady who carries a lifelong secret. Although she loves to help other people, she never allows anyone into her home—including family. Behind the closed doors of her home she keeps an embarrassing secret. Forming attachments to objects is normal. However, for some individuals, these attachments take on a life of their own—and a secret mountain rises within their home.

Compulsive hoarding is a complex disorder that leads to significant amounts of clutter that severely impairs day-to-day living. This interactive workshop will address the most current knowledge of hoarding, signs and symptoms, types of hoarding, and the role of the helping professional in assisting hoarders. Discussion will include revealing the hoarder's secret, the DSM diagnosis of hoarding, assessments to be used with clients or family members, current treatment options, and beginning the process of removing the mountain from the client's home.

Learning Objectives:

At the conclusion of this workshop, participants will identify and discuss the key concepts, definitions, and causes of compulsive hoarding; demonstrate an understanding of the signs and symptoms of hoarding, as well as a knowledge of why getting rid of clutter is so difficult for hoarders; demonstrate knowledge of the physical, emotional, and health effects of hoarding on the individual and his or her family; identify the different types of hoarding, focusing specifically on animal hoarding; understand the difficulties of communication with individuals who hoard and demonstrate ways to open a dialogue with a client or loved one; discuss the DSM diagnosis for hoarding and the differences between compulsive hoarding and obsessive compulsive disorder; identify and administer the different types of assessments used to determine the specific level of hoarding; and discuss the role of the helping professional in assisting the individual in working through the difficulties of de-cluttering their home.



Payment Form

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\$65 registration fee

Call 304-293-3780 to register or fax payment form to 304-293-5936 or mail form and payment to WVU, Attn: PCE, PO Box 6830, Morgantown, WV 26506

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