



**OLLI@WVU**

*Curiosity Never Retires*

*Osher Lifelong Learning Institute at WVU  
Spring 2017 Course Catalog*

[www.olliatwvu.org](http://www.olliatwvu.org)

## OLLI at WVU

The Osher Lifelong Learning Institute at West Virginia University, known as OLLI at WVU, provides programs and educational opportunities designed for adults 50 and over.

OLLI at WVU, a membership organization affiliated with the School of Public Health, recognizes the unique experiences, capabilities, and wisdom of mature members of the community. OLLI at WVU emphasizes the sharing of ideas through peer learning, member participation, and collaborative leadership.

During four terms each year, OLLI at WVU offers courses, lectures, seminars and field trips in such areas as music, literature, art, science, politics, nature, history, health, medicine, and economics. Live drama, movies, and special interest groups add to the choices.

Courses are developed and taught by volunteers from the community who are passionate about their topics, avocations, and interests, and love to share their ideas.

Free from the pressures of tests and grades, OLLI is learning simply for the joy of it.

## Supporters

OLLI at WVU continues to grow as an organization with the unwavering commitment and generosity of our patrons and supporters. We acknowledge and thank the following:

- ◆ The Bernard Osher Foundation
- ◆ West Virginia University, President's Office
- ◆ WVU Foundation
- ◆ WVU School of Public Health (SPH)
- ◆ West Virginia Center for Geriatric Education
- ◆ OLLI Board Members, Committee Members, and Volunteers
- ◆ OLLI \$100K Club
- ◆ Our Distinguished Instructors
- ◆ OLLI Members

### Cover Photo:

Crocus, A Harbinger of Spring  
Photograph by Anthony Winston, Fellow  
Photographic Society of America

## OLLI Board of Directors

(2016-2017)

James Dylan Held, President  
Judy Morris, Vice President  
Royce H. Keller, Secretary  
Tom Rogers, Treasurer  
Linda Alexander, SPH Rep.  
Stan Cohen  
Linda Jackowitz  
Karen Long  
Connie McCluskey  
Earl Melby  
Judy Kelley Minor  
Carolyn Nelson  
Sumitra Reddy  
Bill Weiss

## OLLI Board of Advisors

Mary Ellen Brady  
Bob Craig  
Roger Dalton  
Ann Davidson  
Phil Faini  
Suzanne Gross  
E. Jane Martin  
Betty Maxwell  
Art Pavlovic

## OLLI Committees

Curriculum  
Facilities and Technology  
Finance  
History  
Membership and Publicity  
Nominating  
Office Assistants  
Special Events  
Irving Goodman Annual  
Aging Lecture Series (IGALS)  
Chair: Bob Craig  
Chair: Ed Johnson  
Chair: Tom Rogers  
Vice Chair: Connie McCluskey  
Chair: Carole Boyd  
Chair: Nancy Wasson  
Chair: Ann Davidson  
Chair: Vacant  
Chair: Vacant  
Chair: E. Jane Martin

### *Want to be more involved?*

OLLI is seeking volunteers to serve as course hosts, help out in the office, be an OLLI greeter, teach a class, or join a committee listed above.

For more information, visit our website at  
<http://www.olliatwvu.org/> or stop by the OLLI office!

## Staff

Jascenna Haislet, Executive Director  
Diane Cale, Program Assistant  
Sonja Jewell Kelley, Professional Technologist

## A Message from Our Board President

---

As I write this in February, we are reminded that spring is a mere six weeks away, so it will be safe for the snowbirds to return to the nest and find out if the squirrels have made a home in the walls or the birds are nesting in the garage. Soon, the crocuses will be popping up to be followed by the daffodils and tulips and blooming trees. You can understand why ancient peoples saw the coming of spring as the renewing of the earth, a time for new beginnings, a time to start marriages, plant things, get down to the Farmer's Market for fresh everything, and make bread or paint the house! Sounds exhausting, no?

So, make a list, and, having received this catalog via mail or Internet, list the exciting new classes you might enjoy, call an OLLI friend to see what they are taking, and plan your spring calendar around classes, interest groups and the films, plays and concerts you love.

And, having renewed your energy, now might be a good time to assess what OLLI really means to you and figure out how you could help us with your volunteer hours. We all have unique talents and there IS something you could do and enjoy on a committee, or helping the office, or cleaning up the files, or...well, you get the idea. We would genuinely love to have you helping out in a way that is best for you.

- Jim Held, President



## A Message from Our Director

---



The middle of our spring term marks one year since I moved to Morgantown to join OLLI at WVU. I couldn't be happier about my decision. Over the past year, I have met so many amazing people. I'm constantly inspired by our members' dedication to lifelong learning and to our program.

In the past year, we have offered over 230 classes and events, led by more than 110 instructors who are passionate about sharing their knowledge with the community. We relaunched our program in Charleston, organizing an energetic committee of volunteers to recruit instructors and new members, and now have more than 100 members in southwestern West Virginia. We received three grants to help fund marketing and fundraising efforts, purchase new equipment for our classrooms, and provide scholarships for low-income seniors. And we opened our member lounge, a relaxing space to enjoy a cup of coffee between classes.

As we look to the future, continuing to grow, it's important to recognize our strengths. Each term, members can choose from an exciting array of courses across a wide spectrum of categories. New offerings are routinely mixed with repeat courses, offered for members not able to participate when previously offered. Special interest groups continue to thrive, offering members the opportunity to remain involved between terms.

With over 50 different courses and events to choose from, I hope you will be inspired to join us for an adventure this spring.

- Jascenna Haislet

### The Bernard Osher Foundation

The Bernard Osher Foundation seeks to improve quality of life through the support of lifelong learning institutes such as OLLI at WVU. The Foundation was founded in 1977 by Bernard Osher, a respected businessman and community leader. The Foundation has now funded 119 Osher Lifelong Learning Institutes on campuses of colleges and universities from Maine to Hawaii. Funding for OLLI is contingent upon membership growth goals, so **membership matters**. To learn more about The Bernard Osher Foundation, please visit their website at [www.osherfoundation.org](http://www.osherfoundation.org).

# Table of Contents

---

OLLI at WVU .....	2
OLLI Board of Directors .....	2
A Message from Our Board President .....	3
A Message from Our Director.....	3
Classroom Key.....	5
OLLI at WVU Membership.....	6
Scholarships .....	6
How to Register for Courses.....	6
Special Interest Groups.....	7
Spring Special Events .....	8
St. Patrick’s Day Party (Werner)	
Standing Rock Sioux Chairman Dave Archambault, II	
Everyday is Whole Grains Day (Gay)	
America’s Music Cities (Savage)	
Wildflower Identification using <i>Newcomb’s Wildflower</i> Guide (Fowler)	
Classroom AV Training (Kelley)	
Other Important Dates.....	9
Spring 2017 Schedule at a Glance .....	10
Spring 2017 Courses	
The Arts and Humanities .....	12
Arguing with God (Hample)	
Basic Watercolors* (Witt)	
Coal Mining in WV, Then and Now (Colvin)	
Edward Albee, Part II (Held)	
Spring Film Forum* (Held)	
Glass from Morgantown (Venable)	
The Great Hits of 1963 (Wendell)	
Here Come the Folkies, Again (Paull)	
History of the Czech Republic, Part III (Hnizdo)	
An Introduction to Self-Publishing (Sielen)	
OLLI Goes to the Theatre	
Mon River New Horizons Band* (Williams, Weimer)	
Morgantown Historic Landmark Commission: Collaborative Local Preservation Initiatives (Grimm, et al.)	
<i>The New Yorker</i> Discussion Group* (Racin, Cooper)	
Personal and Family History Writing Projects (Sielen)	
Playing the Appalachian Lap Dulcimer (Werner)	
Religious Prophets (Swanson)	
<i>Song of the Little Road (Pather Panchali)</i> (Reddy)	
Theater History, Part VI: French Classicism (Held)	
Writers’ Retreat* (Ornick)	
Economics, Business, and Retirement Planning.....	15
Protecting Your Assets From the High Cost of Nursing Home Care (Van Deysen)	
West Virginia Economic Outlook (Deskins)	
Health and Wellness.....	16
Alzheimer’s Disease: What Recent Research Shows (Reilly)	
CORE - Center for Organ Recovery and Education (Twigg)	
Experiences in Public Health (Pearson)	
Healthy Living For Your Brain and Body - Tips from the Latest Research (Green)	
A New Paradigm for Exercise as You Age (Pascoe, Cunningham)	

Scam Proof Your Life 2.0 - Avoiding Cyber Hackers and Protecting Your Medical Identity (Bunn, Streetstone)	
Yoga for Wellness* (Hnizdo)	
Hobbies and Interests.....	18
Grafting Apple Trees (Burnworth, Longenecker)	
Knit and Purlers, Crocheters Too* (Minor, King, Moore)	
Science and Math.....	18
Dangerous Earth (Smosna)	
Forensic Science - Case Applications (Bily)	
Great Inventions # 2 - The History of the Computer Age (Melby)	
Help Solve a Cold Case! (Ayers, Noble)	
Magic Math and Math Magic (Reddy)	
Spring Wildflowers of the WVU Core Arboretum Presentation (Fowler)	
Spring Wildflowers of the WVU Core Arboretum Field Trip (Fowler)	
Understanding Forest Fires (Tomkowski)	
Technology and Trainings.....	20
Exploring Your Electronics (Kelley)	
Exploring Social Media (Kelley)	
Travel and Adventure.....	20
Adventure WV - Kayaking	
Wines of the Southern Hemisphere (Craig)	
Spring Film Forum - The Pursuit of Happiness.....	21
Upcoming Travel Opportunities .....	22
Teach for OLLI at WVU.....	22
Policies and Procedures .....	23
OLLI: A Case for Support.....	23
Registration Form .....	Insert

Physical Address: (for mailing address, see page 6)  
 Osher Lifelong Learning Institute at West Virginia University  
 Mountaineer Mall, Suite C-17 • 5000 Greenbag Rd. •  
 Morgantown, WV 26501

(304) 293-1793 • www.olliatwvu.org  
 Email: olli@hsc.wvu.edu  
 Like us on Facebook at  
 Osher Lifelong Learning at WVU

OLLI Office Hours:  
 9:00 a.m. - 5:00 p.m., Monday - Friday  
 Closed Saturdays, Sundays, and University holidays



***Look for this icon next to the course titles beginning on page 12!***

This indicates that the instructor is a member of the OLLI Honor Roll and has taught at least 10 courses and 60 class session hours. If more than one instructor is listed, the Honor Roll member is in **bold**.

\* Denotes Special Interest Groups.

## Classroom Key

All classes are held in the Mountaineer Mall in Morgantown, unless otherwise stated.

A - Classroom next to the OLLI office.

B - Classroom under the OLLI sign.

CL - Computer Lab, first door on the left down the hall next to B, near the restrooms.

MAAG - Morgantown Art Association & Gallery, Mountaineer Mall.

MDS - Morgantown Dance Studio, Mountaineer Mall.

Other - See course description for location.



# OLLI at WVU Membership

---

Membership is open to curious adults interested in programming designed specifically for those over 50, who want to engage socially and intellectually with their peers. **An individual must be a member - full, term or trial - of OLLI to take classes.**

In addition to the opportunities to discover a new passion or rekindle an old interest, share a love of learning with peers, and meet new people, members also enjoy such benefits as:

- a weekly e-news bulletin
- access to ongoing special interest groups
- discounts on travel and various events around the community
- financial assistance for membership fees
- free parking at the Mountaineer Mall

Annual membership runs July 1st through June 30th each year. Members may participate in unlimited courses, activities, and interest groups throughout the year or within a specific term, based on membership level.

## Membership Levels

### **Full Member: \$100**

In addition to unlimited access to OLLI activities throughout the year (July 1 to June 30), full members have voting rights.

### **Term Member: \$50**

Term members may participate in unlimited courses and activities within a specific term as determined by the OLLI calendar.

### **Trial Member: \$25**

Individuals who have not previously been a member of OLLI can join at this discounted rate for one term.

Discounts are also available for our volunteer instructors. Contact the OLLI office at 304-293-1793 for more information or to see if you are eligible for a Faculty or Honor Roll discount.

## Scholarships

OLLI at WVU tries to keep fees to a minimum while providing the highest quality experiences to our members. However, we recognize that membership fees may be out of the reach of some individuals. Therefore, scholarships are available. To apply, ask for a confidential application at the OLLI office or fill out the form on our website at [www.olliatwvu.org](http://www.olliatwvu.org).

## How to Register for Courses

---

*To register for OLLI classes, you must have a current membership. Full memberships run July 1 through June 30.*

Individuals may purchase or renew a membership and register for classes in any of the following ways:

- Online at [www.olliatwvu.org](http://www.olliatwvu.org) using Augùsoft Lumens
- In person at the OLLI office at the Mountaineer Mall in Morgantown
- By mail, using the enclosed membership/registration form.

Mail the form to: OLLI at WVU  
PO Box 9123  
Morgantown, WV 26506-9123

**Please make checks payable to the WVU Foundation.**

**Spring Registration begins March 17, 2017**  
**Spring Courses begin April 17, 2017**

## **The Carl Taylor Chat ‘n Chew**

Meets on the **first Monday** of each month, for individuals who enjoy good conversation with friends at the Shoney’s in Sabraton at 9:00 a.m.

## **The New Yorker Discussion Group**

On **Mondays** from 10:00 a.m. - 11:50 a.m. in classroom A. Discuss a range of topics from recent issues of *The New Yorker*. Meetings between terms will be announced in Friday Bulletins.

## **Knit and Purlers, Crocheters Too**

On **Mondays** from 1:00 p.m. - 2:50 p.m. in classroom B, join others to share ideas, patterns, workshop information and to support each other in *knitting and crocheting*.

## **Yoga for Wellness**

This course typically continues as an interest group meeting between the Spring through Fall Terms on **Tuesdays**, from 10:00 a.m. - 11:50 a.m. in the MDS.

## **MonRiver New Horizons Band**

Make music with your fellow OLLI members, every **Tuesday** from 1:00 p.m. - 2:50 p.m. in classroom B.

## **Basic Watercolor**

On **Tuesdays** from 1:30 p.m. - 4:30 p.m. at the MAAG, be creative and paint with watercolors.

## **Film Forum**

Join us for a film and discussion! The theme for spring is “The Pursuit of Happiness”. Join Jim and Bonnie for a Spring full of beauty, wonder and just a little enchantment. Screenings and discussions are the first and third Wednesday at 3:00 p.m., beginning March 1. **See page 21 for more details.**

## **Writing Interest Group**

This open, flexible group offers a quiet, nurturing atmosphere for writing your stories and memoirs. This group, coordinated by Dave Ornick (lead) and Cathy Samargo (back-up), will meet in classroom B on **Thursdays**, from 10:00 a.m. – 11:50 a.m.

## **Tai Chi**

Tai Chi meets on **Saturday** mornings, 10:00 a.m. - 11:50 am. in classroom B.

*Special Interest Groups typically meet between terms unless otherwise determined by the class.*

---

## **Sharing OLLI Online!**

Social media is impacting our daily lives in ways we never imagined. With a simple click to like, share or comment, your friends and their friends can view an article you enjoyed, or comment on a picture you’ve posted.

We want to get the word out about OLLI and you can help through social media. OLLI is on Facebook, Twitter and Instagram. When you “like” our page, “follow” us, or “share” our posts, your friends and their friends have the opportunity to learn what OLLI is all about.

As of the publishing of this catalog we have 244 “likes” to our Facebook page, but over 500 members. And one doesn’t have to be a member to like our page! Help us get our “likes” up to 500.

You can find links to our social media pages on our website [olliatwvu.org](http://olliatwvu.org). But if you have any questions, please give us a call or stop by the office.

# Spring Special Events!

---

*In addition to our Special Interest Groups, the following courses and events fall outside of our regularly scheduled Spring Term dates. Be sure to mark your calendars and join us a little earlier this spring for one of these exciting opportunities!*

**Friday,  
March 17**



## **St. Patrick's Day Party**

hosted by Judy and Eb Werner  
10:00 a.m. - 1:00 p.m. Classroom: B

Come and celebrate the little bit of Irish in all of us. We will learn some history as we listen to some Irish ballads and also enjoy watching some Irish step dancing. We will get into the Irish mood as we sing along with some favorite songs. We can also enjoy eating some Irish favorites such as soda bread and colcannon.

*Everyone is invited to bring some green snacks to make it a real party!*

**Tuesday,  
March 28**

*RSVP by  
Tuesday,  
March 14,  
for reserved  
OLLI  
seating.*

## **Standing Rock Sioux Chairman Dave Archambault, II**

2017 Leader-in-Residence

WVU's Native American Studies & Leadership Studies Programs

Reception: 6:30 p.m. Presentation: 7:00 p.m.

Life Sciences Building, Room G15, Downtown Campus

Free parking available in the upper level of the Mountainlair Parking Garage after 5:00 p.m. and in Lot 7, adjacent to Stansbury Hall.

Chairman Archambault's leadership was highlighted this past year as citizens of Standing Rock, fellow American Indians, and thousands of other supporters of indigenous rights rose in unprecedented collective opposition to the oil pipeline construction that has already desecrated sacred sites and risks contaminating the nearby Missouri River. People from around the globe watched as the international spotlight illuminated the resistance of the Standing Rock Water Protectors, strengthening the call for respect of indigenous rights, tribal sovereignty, and the U.S. Government's obligation for official consultation on matters affecting Native peoples. Chairman Archambault heightened worldwide attention in September as he testified before the United Nations Human Rights Council in Geneva, Switzerland.

Chairman Archambault's visit is co-sponsored by the WVU Leadership Studies Program's Puskar Leadership Fund and the Native American Studies Program's Carolyn Reyer Endowment for Native American Studies. Mr. Archambault's presentation keynotes this spring's series of activities celebrating the 10th Anniversary of Leadership Studies.

**Wednesday,  
March 29**

## **Everyday is Whole Grains Day**

Cindy Gay, RD, LD [cndgay@comcast.net](mailto:cndgay@comcast.net)  
10:00 - 11:50 a.m. Classroom: A



Whole Grains Sampling Day is celebrated world-wide the last day in March. During this class, you will learn ways to enjoy whole grains in our food supply, from whole grain breads to quinoa, farro, millet, cornmeal, teff and more. We'll cover how to cook whole grains, how to identify whole grains and where to find them. Quicker cooking and gluten free whole grains are included.

**About the Instructor:** Cindy Gay, a registered and licensed dietitian, retired from her job in health care and now enjoys planning and serving healthy meals. In 2007, the "Healthy Cafe" she managed was recognized by the Whole Grains Council as a leader in healthcare. Gay is the historian for the West Virginia Academy of Nutrition and Dietetics and is currently compiling a book for the academy's 75th celebration. She looks forward to the warmer season and returning to the Morgantown Farmers Market.



**Tuesday,  
April 4**

## **America's Music Cities**

Jake Savage  
3:00 - 4:50 p.m. Classroom: A



Join us for an information session about the October 2017 tour of Nashville, Memphis, and New Orleans offered by Collette Travel. Collette representative Jake Savage will be on hand to share photos and answer questions for anyone considering the trip. See page 22 for more information about the trip.

**Friday,  
April 7**

## **Wildflower Identification using *Newcomb's Wildflower Guide***

Zach Fowler zfowler@mail.wvu.edu  
10:00 - 11:50 a.m. Classroom: A



Participants should bring their own copy of *Newcomb's Wildflower Guide*.

Learn how to identify flowering wild plants! *Newcomb's Wildflower Guide* is a popular, easy to use book for identifying blooming plants in this area. Participants will learn how to use this book and practice identifying plants that grow in the Morgantown area.

**About the Instructor:** Zach Fowler is Director of WVU Core Arboretum and Clinical Assistant Professor of Biology at WVU. He has a passion for learning about nature in a scientific fashion and for sharing his knowledge with others.

**Tuesday,  
April 11**

## **Classroom AV Training**

Sonja Kelleysljewellkelley@hsc.wvu.edu  
10:00 - 11:50 a.m.



Hands-on workshop open to all instructors and members interested in learning how to operate the classroom equipment. New ideas are welcome as we develop quick reference sheets and instruction manuals.

Want to teach or facilitate a course, and concerned about the technical side? **This workshop is for you!**

## **OLLI Goes to the Theatre**

The WVU School of Theatre and Dance presents another exciting series of performances during the 2016-17 season. Join your fellow OLLI members for matinee performances at the Creative Arts Center. Special group ticket prices are available. Mark your calendars now for the following performances and watch the OLLI website and the Friday eBulletins for more details about the productions and corresponding events.

Stan Cohen, Coordinator



### **WVU School of Theatre and Dance 2016-17 Season**

#### ***Pericles***

by William Shakespeare  
Sunday, March 19, 2017

#### ***The Pirates of Penzance***

by Arthur Sullivan and W.S. Gilbert  
Sunday, April 9, 2017

## **Other Important Dates**

March 17	Spring registration begins
March 20	OLLI Member Meeting (11:00 a.m., Mountaineer Mall)
March 22	Taste of OLLI Open House
April 17	Spring term begins
April 17	Summer instructor proposals due
June 19	Summer registration begins
June 21	Annual Member Meeting
July 10	Summer term begins Fall Proposals Due

# Spring 2017 Schedule at a Glance

Page #	Day, Time	Sessions	Date(s)	Location
<b><u>Monday, 10:00 a.m. - 11:50 a.m.</u></b>				
14	<i>The New Yorker</i> Discussion Group* (Racin, Cooper)	6	April 17 - May 22	A
14	Moving on with the Lap Dulcimer - Dulcimer 201 (Werner)	6	April 17 - May 22	B
<b><u>Monday, 1:00 p.m. - 2:50 p.m.</u></b>				
12	Coal Mining in WV, Then and Now (Colvin)	3	April 17 - May 1	A
18	Knit and Purlers, Crocheters Too* (Minor, King, Moore)	6	April 17 - May 22	B
<b><u>Monday, 3:00 p.m. - 4:50 p.m.</u></b>				
17	Scam-Proof Your Life 2.0 (Bunn, Streetstone)	1	April 17	A
14	Morgantown Historic Landmark Commission (Grimm, et al)	1	April 24	A
<b><u>Mondays &amp; Wednesdays, 3:30 p.m. - 4:50 p.m.</u></b>				
18	Dangerous Earth (Smosna)	7	April 17 - May 8	B
<b><u>Tuesday, 10:00 a.m. - 11:50 a.m.</u></b>				
9	Classroom AV Training (Kelley)	1	April 11	All
17	Yoga for Wellness (Hnizdo)	6	April 18 - May 23	MDS
16	Experiences in Public Health (Pearson)	4	April 18 - May 9	B
13	An Introduction to Self-Publishing (Sielen)	1	April 25	A
<b><u>Tuesday, 1:00 p.m. - 2:50 p.m.</u></b>				
12	Edward Albee, Part II (Held)	4	April 18 - May 9	A
13	New Horizons Band* (Williams, Weimer)	6	April 18 - May 23	B
<b><u>Tuesday, 1:30 p.m. - 4:00 p.m.</u></b>				
12	Basic Watercolors* (Witt)	6	April 18 - May 23	MAAG
<b><u>Tuesday, 3:00 p.m. - 4:50 p.m.</u></b>				
14	Religious Prophets (Swanson)	5	April 18 - May 16	A
12	Glass from Morgantown (Venable)	6	April 18 - May 23	B
<b><u>Tuesday, 6:00 p.m. - 7:50 p.m.</u></b>				
15	Protecting Your Assets...Nursing Home Care (Van Deysen)	1	April 18	A
12	Glass from Morgantown (Venable)	6	April 18 - May 23	B
<b><u>Wednesday, 10:00 a.m. - 11:50 a.m.</u></b>				
8	Everyday is Whole Grains Day (Gay)	1	March 29	A
12	Arguing with God (Hample)	6	April 19 - May 24	A
19	Magic Math and Math Magic (Reddy)	1	April 19	B
14	Personal and Family History Writing Projects (Sielen)	2	April 26 - May 3	B
<b><u>Wednesday, 1:00 p.m. - 2:50 p.m.</u></b>				
15	Theatre History, Part VI: French Classicism (Held)	6	April 19 - May 24	A
18	Great Inventions #2: The History of the Computer Age (Melby)	3	April 19 - May 3	B
19	Understanding Forest Fires (Tomkowski)	1	May 10	B
20	Wines of the Southern Hemisphere (Craig)	1	May 24	B

\* Denotes Special Interest Groups.

## Spring 2017 Schedule at a Glance

Page #	Day, Time	Sessions	Date(s)	Location
<b><u>Wednesday, 3:00 p.m. - 4:50 p.m.</u></b>				
16	Healthy Living for Your Brain and Body (Green)	1	April 26	A
12	Film Forum* (Held)	7	March 1, 15, April 5 April 19, May 3, 17, June 7	A
<b><u>Wednesday, 6:00 p.m. - 7:50 p.m.</u></b>				
19	Help Solve a Cold Case! (Ayers, Noble)	3	April 19 - May 3	B
<b><u>Thursday, 10:00 a.m. - 11:50 a.m.</u></b>				
15	Writing Retreat* (Ornick)	6	April 20 - May 25	B
13	History of the Czech Republic, Part III (Hnizdo)	4	April 20 - May 11	A
<b><u>Thursday, 10:00 a.m. - 4:00 p.m.</u></b>				
20	Adventure WV - Kayaking (Adventure WV)	1	April 20	Other
<b><u>Thursday, 1:00 p.m. - 2:50 p.m.</u></b>				
13	Here Come the Folksies, Again (Paull)	6	April 20 - May 25	A
18	Grafting Apple Trees (Burnworth, Longenecker)	1	April 20	B
15	<i>Song of the Little Road</i> (Reddy)	2	April 27 - May 4	B
<b><u>Thursday, 3:00 p.m. - 4:50 p.m.</u></b>				
16	West Virginia Economic Outlook (Deskins)	1	May 4	A
<b><u>Thursday, 6:00 p.m. - 7:50 p.m.</u></b>				
16	CORE - Center for Organ Recovery and Education (Twigg)	2	April 20 - 27	A
<b><u>Fridays, 10:00 a.m. - 11:50 a.m.</u></b>				
9	Wildflower Identification using <i>Newcome's Wildflower Guide</i> (Fowler)	1	April 7	A
20	Exploring Social Media (Kelley)	3	April 21 - May 5	B
19	Spring Wildflowers...WVU Core Arboretum Pres. (Fowler)	1	April 21	A
19	Spring Wildflowers...WVU Core Arb... Field Trip (Fowler)	1	April 28	Other
20	Exploring Your Electronics (Kelley)	3	May 12 - May 26	B
<b><u>Fridays, 1:00 p.m. - 2:50 p.m.</u></b>				
17	A New Paradigm for Exercise as You Age (Pascoe, Cunningham)	3	April 7 - 21	Other
16	Alzheimer's Disease: What Current Research Shows (Reilly)	3	April 21 - May 5	B
13	The Great Hits of 1963 (Wendell)	6	April 21 - May 26	A
<b><u>Saturdays, 10:00 a.m. - 11:50 a.m.</u></b>				
17	Introduction to Tai Chi* (Myers)	5	April 22 - May 20	B
<b><u>Saturday, 10:00 a.m. - 4:00 p.m.</u></b>				
20	Adventure WV - Kayaking (Adventure WV)	1	April 29	Other
<b><u>Saturday, 2:00 p.m. - 5:00 p.m.</u></b>				
18	Forensic Science - Case Applications (Bily)	1	May 6	Other

*“For many folks, OLLI is a second alma mater”*  
- OLLI Member

# Spring 2017 Courses

## The Arts and Humanities

---

### Arguing with God

Rabbi Joe Hample    rabbi.joe.wv@gmail.com  
6 Sessions            Classroom: A  
Wednesdays, April 19 - May 24, 10:00 - 11:50 a.m.

Sarah argued with God about fertility; Abraham argued with God about retribution. Moses, Jeremiah, and Jonah resisted the call to prophecy; Job scolded God for letting the righteous suffer. The rabbis and their wives hassled God even more, as God had inexplicably allowed the destruction of the Temple. We will explore the colorful history of arguing with God, a well-worn path to spirituality.

**About the Instructor:** Rabbi Joe Hample was born in Buffalo, educated at Harvard, and long employed at Wells Fargo Bank in California. Ordained in 2009, he worked as a full-time prison chaplain before coming to Morgantown in 2012. Now the spiritual leader at Tree of Life Congregation on South High Street, Rabbi Joe seeks to make Judaism accessible to everyone.

### Basic Watercolors\*

Susan Hall Witt  
6 Sessions (Term members)  
Year Round (Full members)

Classroom: MAAG  
Tuesdays, April 18 – May 23, 1:30 - 4:00 p.m.

The class will explore how watercolors work and will apply that knowledge to painting greeting cards and small works. No experience is needed and no supplies are necessary for the first couple of lessons. Participants from previous sessions are welcome as we will expand our knowledge and apply it to more advanced work.

**About the Instructor:** Susan Hall Witt is a stained glass and watercolor artist. She teaches stained glass for the community schools program and continues to take classes and workshops to improve her skills.

### Coal Mining in WV, Then and Now

Kenton Colvin            kenton.colvin@mail.wvu.edu  
3 Sessions            Classroom: A  
Mondays, April 17 - May 1, 1:00 - 2:50 p.m.

Explore the history of coal mining in WV from the early days to the present time. Early history will focus on mining towns, miners and their families, coal companies, mine wars, and government interaction. Learn about the coal mining process and the transportation (hauling) of coal via trucks and railroads through the years.

**About the Instructor:** A retiree of WVU and currently adjunct instructor in Industrial Engineering, Colvin spent 15 of 26 years in manufacturing management making underground coal mining equipment. He has taught several OLLI courses

### Edward Albee, Part II

Jim Held            jim.held@mail.wvu.edu  
4 Sessions            Classroom: A

Tuesdays, April 18 - May 9, 1:00 - 2:50 p.m.

We'll complete the second half of the class offered last fall, including material about Albee's greatest works, viewing and discussing his play, *A Delicate Balance*, as well as *Who's Afraid of Virginia Woolf*, shown in the fall.

**About the Instructor:** Jim is Emeritus Professor of Theatre History and Design at WVU, where he taught for 36 years. He regularly directed or designed productions for the School of Theatre & Dance. He claims that everything he knows he learned from the movies.

### Film Forum\*

Jim Held            jim.held@mail.wvu.edu  
7 Sessions            Classroom: A

Wednesdays, March 1 - June 7, 3:00 - 4:50 p.m.

The theme for spring is "The Pursuit of Happiness." Films will be presented on the first and third Wednesdays of each month beginning on March 1 with *Strictly Ballroom* and continuing with *The Pursuit of Happiness*, *Enchanted April*, *A Little Chaos*, *Stranger Than Fiction*, *Moonrise Kingdom*, and *Hugo*. Each film will be followed by a brief discussion of the film, its themes, characters and plot points.

**About the Instructor:** See above.

### Glass from Morgantown

Wally Venable    wallace.venable@mail.wvu.edu  
6 Sessions            Classroom: B

Tuesdays, April 18 - May 23,  
Section 1: 3:00 - 4:50 p.m.    Section 2: 6:00 - 7:30 p.m.

Since 1896 Morgantown has been home to about 80 businesses producing glass products. This course will explore the history of glass production in Morgantown and some of its social effects on the community. It will provide an overview of glass production in America between 1890 and 2000 in the "hand glass" industries. The course will increase your general understanding of the actual techniques used in manufacturing glass tableware and related products, and help you understand how a particular piece of glass may have been made.

**About the Instructor:** Since retiring from teaching engineering Professor Venable has been studying glass, both in a historical context and as a hands-on craft.

## The Great Hits of 1963

Barry Lee Wendell    wendell.barry@aol.com  
6 Sessions            Classroom: A  
Fridays, April 21 - May 26, 1:00 - 2:50 p.m.

This was the last year in pop music before that quartet from England changed all the rules. We'll hear all the great songs of the year, including *Sugar Shack* by Jimmy Gilmer and the Fireballs, the number one song of the year. Come and enjoy the music from "those thrilling days of yesteryear." Be ready to sing along.

**About the Instructor:** Barry Lee Wendell has taught classes about the songs of 1960 to 1962, as well as classes about The British Invasion, Motown, The Beach Boys and The Brill Building. Barry holds a bachelor's degree in humanistic studies from Johns Hopkins University.



## Here Come the Folkies, Again

Joseph Paull            jpaull921@comcast.net  
6 Sessions            Classroom: A

Thursdays, April 20 - May 25, 1:00 - 2:50 p.m.

Trace the rise of folk music from the early days with Woody Guthrie to its peak in the 1960s with the Kingston Trio and the Brothers Four. Hear the music of these legends, plus Pete Seger and the Limelighters. See early videos of Bob Dylan and Joan Baez. There will be an opportunity to sing along in most sessions.

**About the Instructor:** Dr. Paull has been a teacher in the public schools and in the graduate school at WVU. He has taught many OLLI courses.

## History of the Czech Republic, Part III

Vladimir Hnizdo  
4 Sessions            Classroom: A  
Thursdays, April 20 - May 11, 10:00 - 11:50 a.m.

We will continue to explore the history of the Czech Republic, picking up at the end of WWII, with a look at modern Czechoslovakia and the Czech Republic. Czech history will be discussed in the context of European and world history: the rise and fall of Communism, the times of the Cold War, and the creation of the Czech Republic and its integration into the European Union.

**About the Instructor:** Vladimir Hnizdo, Ph.D. in physics, worked in NIOSH as a research scientist. He grew up in Czechoslovakia where he completed his undergraduate education. He has always been interested in history, not only of his native country and Europe, but also of the rest of the world.



## An Introduction to Self-Publishing

Rae Jean Sielen        rsielen@populore.com  
1 Session            Classroom: A  
Tuesday, April 25, 10:00 - 11:50 a.m.

Do you have a novel, poetry book, nonfiction work, family history, travel journal, or memoir "in you" or already written that you'd like to see in print? In recent years, thanks to the Internet, self-publishing has become more accessible and popular. This course is designed for individuals who have wondered about self-publishing a book—for a private or public audience. Come get some big picture information to help you understand the options and what's involved. Main topics areas: 1) what is self-publishing? and 2) how does it work? The course will include Q&A, sample works, and a resource listing.

**About the Instructor:** Rae Jean Sielen is the co-founder/owner of Populore Publishing Company in Westover. For 20 years she has helped individuals, families, organizations, and businesses with a wide variety of publishing projects. She is especially passionate about encouraging others to preserve their personal and family stories.

## Mon River New Horizons Band\*

Lindsey Williams, Krissie Weimer  
lindsey.williams@mail.wvu.edu  
6 Sessions (Term members) Year Round (Full members)  
Classroom: B  
Tuesdays, April 18 – May 23, 1:00 - 2:50 p.m.

The organization's motto, "It's never too late," means that one is never too old to make music. OLLI New Horizons Band members are adults of all ages who once played band instruments but did not continue later in life. Instruments became dusty, life continued, yet the love of music persisted. Now these musicians have an outlet and a way to make music again. There are also opportunities for those who've never played a band instrument and for current members to try new instruments.

**Course Materials:** *Essential Elements Method* book, music stand. Participants must provide their own instrument.

**About the Instructors:** Dr. Lindsey Williams joined the Music Education faculty at West Virginia University in fall 2015 where he founded and directs the MonRiver New Horizons Band. Prior to his appointment at WVU, he was the director of the Roeland Park (KS) New Horizons Band from 2006-2015. He has presented on music with senior adults and lifelong learning at international, national, and state conferences. Krissie Weimer is a Ph.D. candidate in Music Education at Penn State. She earned her B.S. and M.M. degrees, both in Music Education, at West Virginia University.



# The Arts and Humanities

## Morgantown Historic Landmark Commission: Collaborative Local Preservation Initiatives

Jeanne Grimm, Jenny Boulware, Michael Gioulis,  
Kyle Rothemich jgrimm@grnjean.com  
1 Session Classroom: A  
Monday, April 24, 3:00 – 4:50 p.m.

The Morgantown Historic Landmark Commission (MHLC), authorized in the Morgantown City Code, relies on partners to carry out its program goals which are dictated by federal and state regulations. This workshop will describe those goals and MHLC's collaborative partnership with the WVU History Department. MHLC surveys and local community history projects provide students with an opportunity for practical application of learning experiences. Students strengthen their historical research and field work skills while assisting MHLC to achieve its program goals. The workshop will use the recently completed New Deal Stone Resources Architectural Survey to demonstrate how this collaborative partnership works.

**About the Instructors:** Jeanne Grimm is a member of the Morgantown Historic Landmark Commission (MHLC), which collaborates on local preservation projects with Jenny Boulware, WVU Instructor and Associate Coordinator of the Cultural Resource Management Program; historic preservation consultants such as Michael Gioulis; and WVU graduate students in public history such as Kyle Rothemich. The team collaborates on local neighborhood historical surveys and other projects funded through grants from the WV State Historic Preservation Office. They also tackle local preservation projects brought to the MHLC by community members.

## Moving on with the Lap Dulcimer: Dulcimer 201

Judy Werner judywerner@frontier.com  
6 Sessions Classroom: B  
Mondays, April 17 - May 22, 10:00 - 11:50 a.m.  
Maximum Enrollment: 15

This class will focus on dulcimer players who know the basics of playing but wants to extend their skills and library of songs. Each week we will focus on different types of songs, learning the skills connected with the songs. We will learn different types of playing such as using the noter and fingerpicking. We will also learn the three basic chords used in the key of D. The class does not require extensive experience with the dulcimer but participation in the beginning class or knowledge of where the frets are on the dulcimer would be helpful. For those who do not have their own dulcimer, there will be some available to borrow during the class.

**About the Instructor:** Judy Werner taught special education in public schools and also taught in the WVU Department of Special Education. She has played the lap dulcimer for 12 years, teaches a weekly local dulcimer

group, performs with local groups, and has taught workshops on the dulcimer, bowed psaltery and tin whistle. Judy, with her husband Eb Werner, directs the Worley Gardner Winter Music Festival.



## The New Yorker Discussion Group\*

Margot Racin, Kristen Cooper  
mbracin@comcast.net  
6 Sessions Classroom: A

Mondays, April 17 – May 22, 10:00 - 11:50 a.m.

Join us to discuss a range of topics from recent issues of *The New Yorker*. Members of the group choose articles, fiction, and topics to be discussed each week. All viewpoints welcome! A subscription to *The New Yorker* is strongly recommended.

**About the Instructors:** Margot Racin is retired after 30 years in the WVU English Department. She has coordinated these discussions in previous terms and looks forward to even more stimulating discussions. Kristen Cooper is a publicist with experience in the publishing industry at magazines including *The New Yorker*, *Better Homes & Gardens*, *Travel & Leisure*, and *House & Garden*.



## Personal and Family History Writing Projects

Rae Jean Sielen rsielen@populore.com  
2 Sessions Classroom: B

Wednesdays, April 26 - May 3, 10:00 - 11:50 a.m.

Topics for this course will include strategies for organizing material and considerations as you compile, write and produce your work (e.g., sources, voice, truth, scope, photographs, printing/binding). Participants will be able to begin identifying approaches suitable for their own goals, materials, audience, and budget. Handouts will be provided and examples of many completed projects shared. Topics related to commercial publishing ventures such as how to sell manuscripts, find agents, and negotiate contracts will not be covered.

**About the Instructor:** See page 13.

## Religious Prophets

Freya Swanson freyaswa@gmail.com  
5 Sessions Classroom: A  
Tuesdays, April 18 - May 16, 3:00 - 4:50 p.m.

A prophet is an individual who has claimed to have been contacted by the supernatural or the divine, and to speak for them, serving as an intermediary with humanity, delivering this newfound knowledge from the supernatural entity to other people. This course will examine the role of prophets, focusing on Judaism, Christianity, and Islam before branching out beyond the Abrahamic faiths.

**About the Instructor:** Freya Swanson is an ordained Universalist Minister.

## ***Song of the Little Road (Pather Panchali)***

**A 1955 classic film by Satyajit Ray**

Sumitra Reddy smreddy@mail.wvu.edu

2 Sessions Classroom: B

Thursdays, April 27 & May 4, 1:00 – 2:50 p.m.

*Song of the Little Road (Pather Panchali)* is the first of the Apu Trilogy directed by the Indian film maker Satyajit Ray. The series is considered to be one of the most perfect cinematic examples of the Bildungsroman genre. Set in the early 20th century in rural Bengal, the film is about a little boy named Apu who was born to a poor Brahmin priest family. Apu and his elder sister Durga share an intimate bond with each other. Music is by Ravi Shankar. The background of the movie and related material will be discussed in the class.

**About the Instructor:** Sumitra Reddy grew up in Kolkata (then Calcutta) and came to the US for graduate studies in Physics. She has taught a number of classes at OLLI including Artificial Intelligence, Magic Math, classic Bengali movies, international travel in various countries, Tabla drums (her hobby), and World languages of Sanskrit and Bengali. She likes to watch good movies in any language.



## **Theatre History, Part VI:**

### **French Classicism**

Jim Held jim.held@mail.wvu.edu

6 Sessions Classroom: A

Wednesdays, April 19 - May 24, 1:00 - 2:50 p.m.

Continuing our survey of the history of the Western Theatre, we'll focus on France during its classic period, the age of Louis XIII and XIV and playwrights Racine, Corneille, Hardy and Moliere. From the Hotel Bourgogne to the Comedie Francais, we'll see how the architecture of the stage affected the presentation of drama as we moved into the Age of Enlightenment and the modern era. We'll view and discuss at least two plays, pending availability of video sources.

**About the Instructor:** See page 12.

## **Writing Retreat\***

David Ornick, Cathy Samargo

david.ornick@ymail.com

6 Sessions (Term Members)

Year-Round (Full Members) Classroom: B

Thursdays, April 20 - May 25, 10:00 - 11:50 a.m.

Having a hard time finding time to work on your life story, novel, poetry, journal, or letters? Come write in a quiet, comfortable, supportive environment. Bring paper, pen, laptop, etc. There will be at least 1.5 hours of quiet writing time each session. At the last session, if there is interest, we will stay an extra hour or so to talk about what we've been working on and to share (optional) some of our writing.

**About the Instructor:** Dave Ornick is a graduate of WVU in music education. He encourages the preservation of personal and family stories. He is currently documenting his many unconventional relatives.

## **Economics, Business, and Retirement Planning**

### **Protecting Your Assets From the High Cost of Nursing Home Care**

Brent Van Deysen brent@wvelderlaw.com

1 Session Classroom: A

Tuesday, April 18, 6:00 - 7:50 p.m.

By understanding the options under the Medicaid law available to seniors who are facing a long-term stay in a nursing home, you will learn how you can protect your assets.

**About the Instructor:** Brent Van Deysen is a graduate of the WVU College of Law. He is a member of the National Academy of Elder Law Attorneys (NAELA). He is also a member of the WV State Bar. Mr. Van Deysen's law practice caters primarily to senior citizens and elder law issues, including Medicaid planning and Medicaid applications for long-term care services.

## **Help Us Make the OLLI Experience the Best It Can Be!**

OLLI is seeking volunteers for a variety of roles and tasks vital to the success of the program. Whether it's serving on a committee or as a class host, staffing the member lounge, or just lending a hand on an as-needed basis, we have something to fit your schedule. For more information, contact the OLLI office at 304-293-1793.

## West Virginia Economic Outlook

John Deskins

1 Session Classroom: A

Thursday, May 4, 3:00 - 4:50 p.m.

The course will begin with a review of recent trends in the West Virginia economy relating to key indicators such as employment, unemployment, income, output, population, etc. We will then review some of the economic challenges that West Virginia faces and discuss possible solutions.

**About the Instructor:** Dr. Deskins is the Director of the Bureau of Business and Economic Research, Associate Professor of Economics, and Assistant Dean for Outreach and Engagement for the College of Business and Economics at WVU. He received his Ph.D. in Economics in 2005 from the University of Tennessee. Deskins' research has focused on U.S. state economic development, small business economics, and government tax and expenditure policy, primarily at the U.S. state level. His work has appeared in such outlets as *Public Finance Review*, *Economic Development Quarterly*, and *Small Business Economics*, as well as *Taxing Corporate Income in the 21<sup>st</sup> Century*, published by Cambridge University Press.

## Health and Wellness

---

### Alzheimer's Disease:

#### What Recent Research Shows

Wilfred Reilly wjreilly99@yahoo.com

3 Sessions Classroom: B

Fridays, April 21 - May 5, 1:00 - 2:50 p.m.

After an introduction to this devastating and exponentially growing disease, the course will focus on recent research results. The importance of international research and searches for environmental causes will be emphasized, as well as the urgency of expanded research and the search for preventive and beneficial measures.

**About the Instructor:** With a Ph.D. in physics from Yale University, Will Reilly has taught college-level science for 25 years. ABR-certified in Radiation Therapy Physics, he has worked at centers including Cleveland Clinic, Pittsburgh and WVUH. Passionate in studying AD research, he welcomes sharing these results with others.

## CORE - Center for Organ Recovery and Education

Theresa Twigg

ttwigg1987@gmail.com

2 Sessions

Classroom: A

Thursdays, April 20 - 27, 6:00 - 7:50 p.m.

Learn more about the importance of organ donation, the process of donation, and how to sign up to donate. Discussion will include examining some of the myths surrounding organ donation.

**About the Instructor:** Theresa Twigg began working with CORE in 2007, following her first transplant. She goes into middle schools, high schools, and work forces to educate on organ donation. She is a graduate of Fairmont State University with a bachelors degree in Criminal Justice.

## Experiences in Public Health

John Pearson docjpearson@yahoo.com

4 Sessions Classroom: B

Tuesdays, April 18 - May 9, 10:00 - 11:50 a.m.

Public health is the science and practice of protecting and improving the health of a community – *The American Heritage Stedman's Medical Dictionary*. Public health professionals work to prevent illness and injury by promoting wellness, education, and safety. A doctor shares his experiences from his long career in public health in the U.S. and around the world, including educating people about polio vaccines in New England, serving as an army doctor in Germany and working with family doctors in China.

**About the Instructor:** Dr. John Pearson holds MD, MPH and MA degrees from Cambridge and Yale Universities. He has taught in China and Mozambique and was the Chair of Community Health at WVU from 1976-96.

## Healthy Living For Your Brain and Body:

### Tips from the Latest Research

Charlotte Green, Samantha Gift

charlotte@rahcares4u.net

1 Session Classroom: A

Wednesday, April 26, 3:00 - 4:50 p.m.

Maximum Enrollment: 12

For centuries we've known that the health of the brain and the body are connected. But now, science is able to provide insights into how to optimize our physical and cognitive health as we age. This workshop shares research in areas of diet and nutrition, exercise, cognitive activity and social engagement, and use of hands-on tools to help you incorporate these recommendations into a plan for healthy aging. We will discuss the challenges of being an adult caregiver and present a needs assessment worksheet, home safety checklist, and info for the special care situations.

**About the Instructors:** Charlotte Green is an RN serving Right at Home as their Clinical Liaison. She supervises a large staff of caregivers providing non-medical care for clients and families in five counties. She received her AD in Nursing from FSU. She was previously a State Director for Social Services for the Board of Health/Children with Special Health Care Needs in Morgantown and Charleston. Samantha Gift is the Program Coordinator at the Alzheimer's Association. She oversees the helpline and facilitates support groups and workshops in several of the 13 counties for which she is responsible. She is a double alumna of WVU, receiving her undergraduate B.A. in Social Work as well as a masters degree.

### **Introduction to Tai Chi\***

Doug Myers [culturalepidemiologist@gmail.com](mailto:culturalepidemiologist@gmail.com)  
5 Sessions (Term Members) or  
Year Round (Full members) Classroom: B  
Maximum Enrollment: 18  
Saturdays, April 22 - May 20, 10:00 - 11:50 a.m.

This course is an introduction to Tai Chi as developed and taught by Cheng Manching, a modified version of Yang Style Tai Chi.

**About the Instructor:** Dr. Myers has studied Tai Chi and other Chinese Martial Arts for 12 years. While living in North Carolina, he studied with Frank Wong, a student of Cheng Manching.

### **A New Paradigm for Exercise as You Age**

Julie Pascoe, Jacob Cunningham  
[julie@fitfuturewv.com](mailto:julie@fitfuturewv.com)  
3 Sessions Classroom: Fit Future,  
1389 Saratoga Ave, Star City  
Fridays, April 7 - 21, 1:00 - 2:50 p.m.  
Maximum Enrollment: 20

When it comes to exercise and aging, more often than not, more of the same does not offer the same benefits. In this course, you will learn some simple ways to increase your mobility and stability for a better life now and a better life down the line. Emerging paradigms for exercise, health, and movement in the second half of life will be discussed in the first hour of each class. Simple exercises will be taught in the second hour. Participants must be able to get up and down from the floor (a chair can be used to assist in the process). Please wear clothing you can move in comfortably.

**About the Instructors:** Julie Pascoe is the owner of Fit Future, where she offers semi-private training sessions and small group exercise programs specially designed for those 50 and older. She has a Bachelor's Degree in Physical Education, a Master's Degree in Educational

Psychology, and is certified by the American Council on Exercise as a Personal Trainer and by the Functional Aging Institute as a Functional Aging Specialist. In addition she is a Level One Certified Meeks Method Osteoporosis Exercise Specialist and Restorative Exercise Specialist. Cunningham is a licensed massage therapist and coach at Fit Future.

### **Scam-Proof Your Life 2.0 - Avoiding Cyber Hackers and Protecting Your Medical Identity**

Linda Bunn, Rich Stonestreet [lbunn@aarp.org](mailto:lbunn@aarp.org)  
1 Session Classroom: A  
Monday, April 17, 3:00 - 4:50 p.m.

**\*New Class\*** Scam-Proof Your Life with the AARP Fraud Watch Network with this new deep dive into fraud prevention. Learn how you can safeguard yourself and your family from cyber attacks and scams and how to avoid a deadly new twist on identity theft - Medical Identity Theft. You will also gain access to real time fraud alerts and warnings, learn how scammers think and find out how you can take part in local and national campaigns to fight ID theft and fraud.

**About the Instructors:** Linda Bunn is Associate State Director for Community Outreach for AARP West Virginia. Prior to coming to AARP, Bunn worked for the Office of the WV Attorney General. She holds a bachelor's degree and a law degree from the University of Santa Clara in Santa Clara, California. Rich Stonestreet, AARP West Virginia State President, is a retired educator and labor relations professional. He has an undergraduate degree from West Liberty State College and a master's degree from the University of Tennessee.

### **Yoga for Wellness\***

Eva Hnizdo [evahnizdo@gmail.com](mailto:evahnizdo@gmail.com)  
6 Sessions Classroom: MDS  
Tuesdays, April 18 - May 23, 10:00 - 11:50 a.m.  
Maximum Enrollment: 20

The regular practice of yoga has a holistic impact on the body. Yoga poses can increase strength and flexibility of the body and help to relax the mind through controlled breathing and meditation. This beginner yoga class is focused on correct body alignment, well-suited for senior practitioners, and designed to teach participants how to renew vital energy and create physical and mental well-being through regular practice of appropriate yoga poses.

**About the Instructor:** Eva Hnizdo, Ph.D. in epidemiology, is an Experienced Registered Yoga Teacher (E-RYT). Since 2006, she has taught yoga in NIOSH, where she also worked as a research scientist, and in Lakeview Fitness Center. She has been a practitioner of the Iyengar style of yoga since 1976.



## Grafting Apple Trees

Scott Burnworth, George Longenecker  
seburnworth@outlook.com  
1 Session Classroom: B  
Thursday, April 20, 1:00 - 2:50 p.m.  
Maximum Enrollment: 10

The course will begin with a lecture about the history of apples and the reason for grafting. Participants will then learn how to graft a scion and rootstock to produce a desired tree. Participants may bring their own scion or select from a variety provided by the instructor. Instructions for aftercare of the grafts will be included in a booklet provided.

**Course Fee:** \$4.00 for rootstock

**About the Instructors:** Scott Burnworth has been grafting fruit trees for over 45 years. He provides assistance to Monongalia County WVU Extension Service. His current projects include propagation of Heirloom Apples for a local museum and working with the West Virginia American Chestnut Foundation. George Longenecker retired as professor of landscape architecture at WVU. He currently provides nonprofit organization management for the West Virginia Botanic Garden and Fallingwater.

## Knit and Purlers, Crocheters Too\*

Judy Minor, **Joann King**, and Joyce Moore  
6 Sessions (Term Members) or  
Year Round (Full members)  
Classroom: B  
Mondays, April 17 – May 22, 1:00 – 2:50 p.m.

Knit and Purlers, Crocheters Too continues with instructions for both knitters and crocheters in a variety of stitches and is expanding to a lace knit-along to develop those skills. Members may choose to participate in our instructional programs, knit and crochet together, discuss different methods and patterns, learn from each other informally and formally, or develop continued confidence in their skills. Come and learn new skills, advance your current skills, complete unfinished projects or seek answers to questions you might have. New members are welcome regardless of skill level.

**About the Instructors:** Judy Kelley Minor, Joann King and Joyce Moore all have different skill levels and share a sincere love for knitting, crocheting and sharing their expertise. They are willing to assist members with their projects and skills or find someone who can. Cecilia Graves, owner of the Needlecraft Barn, also serves as a resource.



## Dangerous Earth

Richard Smosna smosna@wvu.edu  
7 Sessions Classroom: B  
Mondays and Wednesdays, April 17 - May 8,  
3:30 - 4:50 p.m.

Geologic processes affect every inhabitant of Earth every day and many of these activities pose serious risks that negatively affect human interests, activities, and health. To understand these processes and assess the risks and impacts, we turn to geology, the scientific study of Earth. During this OLLI term, the course concentrates on three particular geological hazards: volcanoes, landslides, and floods.

**About the Instructor:** Richard Smosna is an emeritus professor at WVU who has taught geology for over 35 years, presenting courses in environmental hazards, history of Earth, dinosaurs, human evolution, oceanography, and petroleum.

## Forensic Science - Case Applications

Chris Bily Chris.Bily@mail.wvu.edu  
1 Session Classroom: WVU Crime Scene Complex  
Saturday, May 6, 2:00 - 5:00 p.m.  
Maximum Enrollment: 16

**Prerequisite:** *This class is open only to members who attended all or most of the fall 2016 class. Please call the OLLI office at 304-293-1793 to register.*

This class is a follow-up to the forensic science series taught during the OLLI fall term. Students will be given the opportunity to apply their cumulative knowledge to mock crime scenes staged in one of the houses in the WVU Crime Scene Complex. Students will be expected to document, collect, and analyze the physical evidence associated with their scenes.

**About the Instructor:** Chris Bily is the Instructional Coordinator for the Next Generation Forensic Science Initiative at West Virginia University.



## Great Inventions # 2 - The History of the Computer Age

Earl Melby emelby1@gmail.com  
3 Sessions Classroom: B

Wednesdays, April 19 - May 3, 1:00 - 2:50 p.m.

The most significant development of the last 50 years has been the advent of the computer age. We will cover the many inventions that have led to the age of computers. Many important inventors are not familiar to the general public, people such as George Boole, Alan Turing, Douglas Engelbart, and Bob Taylor. Without these individuals, developments of more famous people like Bill Gates and Steve Jobs wouldn't have occurred. We will show that not one person made this happen, but



individual after individual and decade after decade until the time was right for the advent of the computer age.

**About the Instructor:** Earl Melby, Ph.D., is an organic chemist who worked in universities and industry for many years. He has previously taught OLLI courses on polymers, adhesives, safety of plastics, Vikings, Normans, Kings of England and the French Revolution.

### Help Solve a Cold Case!

Kelly Ayers, Alexandra Noble

Kelly.Ayers@mail.wvu.edu

3 Sessions Classroom: B

Wednesdays, April 19 – May 3, 6:00 - 7:50 p.m.

Maximum Enrollment: 20

West Virginia University recently signed a memorandum of understanding with the Cold Case Investigative Research Institute (CCIRI) based in Atlanta, GA. CCIRI has provided the Department of Forensic and Investigative Science with a case to work each academic semester. The instructor will bring the case and the students will bring their knowledge, experience, and creativity to develop a team action plan to submit to CCIRI. All backgrounds encouraged to participate!

**Suggested Reading:** *Delayed Justice: Inside Stories from America's Best Cold Case Investigators* by Jack Branson and Mary Branson, 2011 *Fatal Vows: The Tragic Wives of Sergeant Drew Peterson* by Joseph Hosey, 2008.

**About the Instructors:** Kelly Ayers is Director of the Forensic Science Academy for Professionals and is a Clinical Instructor within the Department of Forensic and Investigative Science (FIS). She holds bachelor of science degrees in philosophy, biology, and forensic identification as well as a Master of Science in Forensic Science Administration. Prior to WVU, Kelly was a crime scene technician for the Asheville, NC, Police Department and is the only Certified Senior Crime Scene Analyst in the state of West Virginia. She has been working with the CCIRI team since May 2015. Alexandra Noble is a first year FIS graduate student.

### Magic Math and Math Magic

Sumitra Reddy smreddy@mail.wvu.edu

1 Session Classroom: B

Wednesday, April 19, 10:00 - 11:50 a.m.

Want to entertain your young children or grandchildren with some magic tricks? The instructor will demonstrate fun math magic tricks involving only simple arithmetic calculations.

**About the Instructor:** See page 15.

### Spring Wildflowers of the WVU Core Arboretum Presentation

Zach Fowler zfowler@mail.wvu.edu

1 Session Classroom: A

Friday, April 21, 10:00 - 11:50 a.m.

The WVU Core Arboretum has an unrivaled display of spring ephemeral wildflowers! Learn what spring ephemeral wildflowers are and discover the species that occur in the Arboretum. You may also want to sign up for the field trip to the Arboretum, where we will observe these flowers in their natural setting.

**About the Instructor:** Zach Fowler is Director of WVU Core Arboretum and Clinical Assistant Professor of Biology at WVU. He has a passion for learning about nature in a scientific fashion and for sharing his knowledge with others.

### Spring Wildflowers of the WVU Core Arboretum Field Trip

Zach Fowler zfowler@mail.wvu.edu

1 Session Classroom: WVU Core Arboretum

Friday, April 28, 10:00 - 11:50 a.m.

Maximum Enrollment: 20

Please dress for the weather and for hiking.

See the unrivaled display of spring ephemeral wildflowers of the WVU Core Arboretum up close! Participants will meet at the arboretum, to hike and observe spring wildflowers in their natural setting. The terrain is hilly, but the pace will be slow, with lots of discussion. Participants are encouraged to also attend the classroom presentation a week earlier on April 21.

**About the Instructor:** See above.

### Understanding Forest Fires

Anthony Tomkowski atomkows@wvu.edu

1 Session Classroom: B

Wednesday, May 10, 1:00 - 2:50 p.m.

Maximum Enrollment: 25

Learn about the types of forest fires, why we have fire seasons, factors that dictate how a fire spreads, how professionals try to control fires, and what you can do to protect your building(s) from a forest fire and the forest from a dwelling fire (the urban/wildland interface).

**About the Instructor:** Tony Tomkowski, Professor Emeritus of the Davis College at WVU, taught the Forest Fire Protection course for over twenty years in the School of Natural Resources.

### Exploring Your Electronics

Sonja Kelley sljewellkelley@hsc.wvu.edu  
3 Sessions Classroom: B  
Fridays, May 12 – 26, 10:00 – 11:50 a.m.  
Maximum Enrollment: 15

The best skill you can learn regarding your electronics is where to find help. How can you “Google” it? Participants have to be ready to delve into the “How to” of how to. This course will also cover settings, accounts, security and more. Bring your phone, tablet and laptop to explore more. iPhones and Macs are welcome, but instructor is more versed in Android and Windows based items.

**About the Instructor:** Sonja Kelley is the on-site OLLI Professional Technologist. She provides information technology support and develops and maintains various websites and databases.

### Exploring Social Media

Sonja Kelley sljewellkelley@hsc.wvu.edu  
3 Sessions Classroom: B  
Fridays, April 21 – May 5, 10:00 - 11:50 a.m.  
Maximum Enrollment: 15

Have you ever wondered what Pinterest is? Or what about Instagram, LinkedIn, Twitter? Yes, these are real social media sites and there are many more. This course will explore social media, online security, and their possible benefits. Hands on assistance will be available to participants. Bring your phone, laptop or tablet and get ready to make your presence known!

**About the Instructor:** see above.

## *Be an OLLI Ambassador!*

**Our members are our best recruiters.  
Share your OLLI experience with a friend.**

- Bring a friend to a class  
*(please pick up a guest pass from the office)*
- Offer a catalog
- Suggest a membership\*
- Give a gift certificate  
*(available in the OLLI office)*

Trial memberships are available for  
only **\$25** for a term.

\*If you refer a friend who purchases a new membership, you will be entered in a drawing to receive a **\$25 gift certificate from Barnes and Noble**. The referral must be confirmed by the new member.

### Adventure WV - Kayaking

Adventure WV – Outdoor Rec Center  
1 Session, offered twice  
Location: WVU Outdoor Recreation Center/Student Recreation Center  
Thursday, April 20, 10:00 a.m. - 4:00 p.m.  
Saturday, April 29, 10:00 a.m. – 4:00 p.m.  
Maximum Enrollment: 10 in each session

Explore a beautiful local river or lake and learn the basic skills of kayaking. The adventure will include an introduction to gear and techniques, practice time closer to the put-in and a tour with the boats. Distance and destination will depend on participant abilities and location, either Cheat Lake, Tygart Lake or the Big Sandy River. Low physical difficulty. Beginner skill level.

**Class Fee:** \$35 Fee includes transportation, boats, accessories (paddles, personal flotation device, dry bag), first aid kit, instruction (two instructors) and cold water clothes if necessary.

**About the Instructors:** This class will be led by members of the Adventure WV staff.



### Wines of the Southern Hemisphere

Bob Craig ccraig@hsc.wvu.edu  
1 Session Classroom: B  
Wednesday, May 24, 1:00 - 2:50 p.m.

Many of today’s most interesting wines come from countries south of the equator. We will explore the regions, grapes, and wines of Australia, New Zealand, Chile, Argentina, and South Africa. A knowledge of these wines provides an interesting diversion, as well as a source of wine bargains.

**Class Fee:** \$15 for wine tasting. Wine will be provided by Ron Porter, Wine Consultant, Kroger, 500 Suncrest Town Center.

**About the Instructor:** Bob is continuing to look at wines throughout the world. He is interested in wine and traveling and has found this to be a way to satisfy both interests. Bob has taught several courses at OLLI since retiring from the faculty at the WVU Health Sciences Center.

# Spring Film Forum - The Pursuit of Happiness

## March 1 - *Strictly Ballroom*

From creative director Baz Luhrmann comes this romantic comedy of a championship ballroom dancer who's breaking all the rules, and his ugly duckling dancing partner. How they make their dreams come true is a hilarious and magical journey that proves it was never about winning or losing. This Australian film, which was Luhrmann's first, is the first in his *The Red Curtain Trilogy* of theatre-motif-related films; it was followed by *Romeo + Juliet* and *Moulin Rouge!* The film plays with clichés and stereotypes, mocking and embracing them at the same time. Luhrmann has also commented that the film revolves around stories like *David and Goliath*, *Cinderella* and *The Ugly Duckling*. - 1992, 94 minutes.

## March 15 - *The Pursuit of Happiness*

A 2006 American biographical drama film based on entrepreneur Chris Gardner's nearly one-year struggle being homeless. Directed by Gabriele Muccino, the film features Will Smith as Gardner, a homeless salesman. Smith's son Jaden co-stars, making his film debut as Gardner's son, Christopher Jr. Chris Gardner reportedly thought Smith, an actor best known for his performances in action movies, was miscast to play him. However, he said his daughter Jacintha "set him straight" by saying, "If Smith can play Muhammad Ali, he can play you!" How you respond to this man's moving story may depend on whether you find Mr. Smith's and his son's performances so overwhelmingly winning that you buy the idea that poverty is a function of bad luck and bad choices, and success the result of heroic toil and dreams." [Manohla Dargis] 117 minutes.

## April 5 - *The Enchanted April*

This 1992 film adaptation of Elizabeth von Arnim's 1922 novel, directed by Mike Newell, tells the story of four dissimilar women in 1920s England who leave their rainy, grey environments to go on holiday in Italy. Mrs. Arbuthnot and Mrs. Wilkins, who belong to the same ladies' club but have never spoken, become acquainted after reading a newspaper advertisement for a small medieval castle on the shores of the Mediterranean to be let furnished for the month of April. They find some common ground in that both are struggling to make the best of unhappy marriages. Four women come together at the castle and find rejuvenation in the tranquil beauty of their surroundings, rediscovering hope and love. With Miranda Richardson, Joan Plowright, Alfred Molina, Polly Walker and Jim Broadbent. 95 minutes.

## April 19 - *A Little Chaos*

What...never heard of this one? A 2014 British period drama film directed by Alan Rickman, the story was conceived by Allison Deegan and she co-wrote the screenplay along with Rickman and Jeremy Brock. The film stars Kate Winslet, Matthias Schoenaerts, Alan Rickman, Stanley Tucci, Helen McCrory, Steven Waddington, Jennifer Ehle and Rupert Penry-Jones. After being given responsibility by King Louis XIV of France for designing and building the Gardens of Versailles, André Le Nôtre interviews candidates for the

project, one of whom is a woman with an unconventional sense of gardening, Sabine de Barra. Some of the film's characters are fictional, including Kate Winslet's Sabine de Barra. The film is set in 1682, but André Le Nôtre, began work at Versailles in 1661. Le Nôtre was nearly 70 in 1682, twice the age he appears to be as portrayed by Schoenaerts in the film. A garden much like that in the film exists at Versailles, the Salle de Bal or Bosquet de la Salle-de-Bal. 117 minutes.

## May 3 - *Stranger than Fiction*

A 2006 American fantasy comedy-drama film directed by Marc Forster, written by Zach Helm, and starring Will Ferrell, Maggie Gyllenhaal, Dustin Hoffman, Queen Latifah, and Emma Thompson. The main plot follows Harold Crick (portrayed by Ferrell), a nondescript white-collar worker who begins hearing a disembodied voice narrating his life as it happens – seemingly the text of a novel in which it is stated that he will soon die – and he frantically seeks to somehow prevent that ending. Clarence Helmas, the producer, noted: "There's something very poetic about the understanding of one's place in the universe, but it's far more dramatic when such understanding occurs only days before that life ends." He goes on: "Each of the characters ends up doing little things to save one another. There's an underlying theme that the things we take most for granted are often the ones that make life worth living and actually keep us alive." 113 minutes.

## May 17 - *Moonrise Kingdom*

A splendid film from director Wes Anderson, it was described as an "eccentric, pubescent love story", and featured newcomers Jared Gilman and Kara Hayward in the main roles and an ensemble cast, including Bruce Willis, Edward Norton, Bill Murray, Frances McDormand, Tilda Swinton, Jason Schwartzman and Bob Balaban. *Moonrise Kingdom* received widespread acclaim; review aggregation website Rotten Tomatoes gives the film a rating of 94% based on reviews from 229 critics. The consensus states, "Warm, whimsical, and poignant, the immaculately framed and beautifully acted *Moonrise Kingdom* presents writer/director Wes Anderson at his idiosyncratic best." You simply won't be able to forget this charmer. 94 minutes.

## June 7 - *Hugo*

A 2011 British-American-French 3D historical adventure drama film directed and co-produced by Martin Scorsese and adapted for the screen by John Logan. Based on Brian Selznick's graphic novel *The Invention of Hugo Cabret*, the film is about a boy who lives alone in the Gare Montparnasse railway station in Paris in the 1930s. Roger Ebert of the Chicago Sun-Times gave the film four out of four stars saying "*Hugo* is unlike any other film Martin Scorsese has ever made, and yet possibly the closest to his heart: a big-budget, family epic in 3-D, and in some ways, a mirror of his own life. We feel a great artist has been given command of the tools and resources he needs to make a movie about—movies." A young man trying to restore an automaton and then discovering one of the originators of cinema, Georges Melies, is so utterly magical as to be breathtaking! 126 min.

## Upcoming Travel Opportunities

---

### Collette Travel



#### *America's Music Cities*

Featuring Nashville, Memphis, & New Orleans

**October 13 - 20, 2017**

**Highlights:**

Historic RCA Studio B, Country Music Hall of Fame, Historic Distillery, Grand Ole Opry Show, Ryman Auditorium, Belle Meade Plantation, Graceland, French Quarter, Choice of French Quarter Walking Tour or Panoramic Tour of New Orleans, Swamp Tour, New Orleans School of Cooking

**Reservation & Deposit Due:**

April 6, 2017



#### *Irish Splendor*

**March 3 - 10, 2018**

**Highlights:**

Dublin, Irish Night, Kilmainham Gaol, Blarney Castle, Killarney, Diner's Choice, Dingle Peninsula, Farm Visit, Cliffs of Moher, Whiskey Distillery, Cabra Castle

**Reservation & Deposit Due:**

August 29, 2017

*For more information about these trips and others,  
pick up a brochure in the OLLI Member Lounge or contact the OLLI office at 304-293-1793.*

### Teach for OLLI at WVU

---

OLLI at WVU draws volunteers from all walks of life to teach a wide variety of courses for adults 50 and older. Many OLLI instructors are current and retired teachers, university professors and administrators, business and civic leaders, and other professionals from the community who wish to share their knowledge and passion.

*Experience the joy of teaching free of tests and grades.*

OLLI classes are offered simply for the joy of learning. Members are enthusiastic, engaged, and eager to learn.

Courses are offered during Fall, Winter, Spring, and Summer terms in the areas of the Arts and Humanities; Economics, Business, and Retirement Planning; Health and Wellness; Hobbies and Interests; Science and Math; Technology and Training; and Travel and Adventure. Courses may be from one to six sessions. Most sessions last about two hours.

Most courses are held in the Mountaineer Mall in Morgantown, although OLLI has a branch in Charleston as well.

Interested in teaching for OLLI? Visit our website at [www.olliatwvu.org](http://www.olliatwvu.org) or call the OLLI office at 304-293-1793 for more information.

## **Policies and Procedures**

### **Registration and Attendance Matters**

Please be respectful of the time and efforts of our volunteer instructors. It is important to register for the classes that you wish to attend. If you are unable to attend a class for which you are registered, please notify the instructor or the OLLI office.

### **Classroom Temperature**

To save energy, the classroom thermostats are set to specific temperatures. Please dress accordingly to help make your class experience comfortable.

### **Weather and Holiday Policy**

OLLI members are personally responsible for their own safety and must exercise good judgment when making travel choices in inclement weather. When West Virginia University, Monongalia or Kanawha County Schools are closed for inclement weather, OLLI activities are cancelled. County school delays do not affect OLLI activities. The decision to cancel activities is at the discretion of the Director when a county calls for early dismissal due to the weather. The decision to cancel weekend activities due to weather is at the discretion of the instructor. Registered participants will be notified. The OLLI office observes WVU holidays.

### **Media Releases**

Media releases are available and kept on file in the OLLI office. Please be sure to fill one out and let us know if you do not want to be shown in OLLI photographs and media.

### **Liability Disclaimer**

Individuals acknowledge and assume any and all risk associated with participation in OLLI at WVU activities. OLLI at WVU makes no representation regarding the appropriateness of any activity for an individual. OLLI at WVU disclaims any and all liability for each individual's participation in any activities. If a course involves physical activity, participants are responsible for wearing the proper attire and using the proper equipment (if applicable). It is highly recommended that participants consult their physician before participating in physical activity.

### **Non-Discrimination Statement**

West Virginia University is an Equal Opportunity/Affirmative Action Institution. The University does not discriminate on the basis of race, sex, age, disability, veteran status, religion, sexual orientation, color, or national origin in the administration of any of its educational programs, activities, or with respect to admission or employment.

## **OLLI: A Case for Support**

The Osher Lifelong Learning Institute at West Virginia University is dedicated to providing the highest quality educational, recreational, and social opportunities possible to our members. For many years, we have been able to offer 200 or more classes, workshops, lectures, discussions, and field trips annually.

In order to sustain and grow the program, your financial support is needed. A solid base of financial support from the membership demonstrates a healthy commitment to a program and instills confidence in new members, donors, and potential funding sources that OLLI at WVU is worth their investment. In other words, if those closest to it do not support it financially, why should others invest in it?

Although OLLI at WVU is tremendously fortunate to have a wealth of passionate, qualified members, friends, and others willing to volunteer their time and expertise as instructors, we still have many other annual operating expenses necessary to offer such a program. These include classroom and office rental and maintenance; utilities, technology and internet access; staff compensation; marketing and community outreach; and course materials. Financial support from WVU and earnings from the Osher Endowment cover about 45% of these expenses. Our current membership levels cover another 15%. Therefore, the remaining 40% must be raised through donations, gifts, sponsorships and grants.

Over the next few months, you will begin to see and hear more in the weekly emails, in your classes, and through dedicated campaigns, about giving to OLLI at WVU. With a variety of giving options, members are able to choose the gift that works best for them.

*If you would like to make a donation today, you can add it to the enclosed course registration form, visit our website at [www.olliatwvu.org](http://www.olliatwvu.org), or call the OLLI office at 304-293-1793.*

**Thank you for your continued support of lifelong learning and OLLI at WVU.**





5000 Green Bag Road  
PO Box 9123  
Morgantown, WV 26506-9123

Nonprofit  
Organization  
U.S. Postage  
Morgantown, WV  
Permit No. 230

***Spring Registration begins March 17***

**Phone: 304-293-1793**

**Fax: 304-293-4779**

**Website: [www.olliatwvu.org](http://www.olliatwvu.org)**

**Email: [olli@hsc.wvu.edu](mailto:olli@hsc.wvu.edu)**