



West Virginia University

Mountaineer Mall Unit D-9

PO Box 9123

Morgantown, WV 26506-9123

Address Service Requested

Nonprofit
Organization
U.S. Postage
Morgantown, WV
Permit No. 230

***Celebrating 20 years of
Lifelong Learning in our
community
1993-2013***

Phone: 304-293-1793

Fax: 304-293-4779

Website: www.olliatwvu.org

Email: learners@hsc.wvu.edu



**Osher Lifelong Learning Institute
Spring 2014 Course Catalog
www.olliatwvu.org**

Who We Are

The Osher Lifelong Learning Institute at West Virginia University, known as OLLI at WVU, provides programming and educational opportunities designed for adults, 50 and older, who wish to stay mentally alert and active through mental and cultural stimulation, and social interaction.

OLLI at WVU is a membership organization, housed within the School of Public Health at West Virginia University, that recognizes the unique experiences, capabilities and wisdom of mature members of the community. OLLI at WVU emphasizes the sharing of ideas through peer learning, member participation and collaborative leadership.

During four terms each year, OLLI at WVU offers day and evening courses, lectures, seminars, and field trips with course selections in music, literature, art, sciences, politics, nature, history, health, medicine, economics and many more. Live drama, movies, and special interest groups add to the choices.

Courses are developed and taught by volunteers from the community who are passionate about their topics, avocations, and interests and love to share their skills.

Most courses are taught in the OLLI classrooms at the Mountaineer Mall. Others are held at off-campus locations, such as the Morgantown Dance Studio, the Village at Heritage Point and the Morgantown Art Association and Gallery.

Come and renew your enthusiasm for learning in a relaxed environment that is supportive and filled with humor, wisdom, diversity and insight. Offerings are entirely free of the pressures of grades and exams and you may choose as many as you like.

WWW.OLLIATWVU.ORG
304.293.1793

LOOKING AHEAD

(Dates subject to change)

Annual Meeting: June 8, 2014 (*WVU Health Science Center*)

2014 Summer Term: July 7 - August 1, 2014

April: Solicit proposals for Summer
April 28: Instructor proposals due
May 16: Instructor commitment forms due
June 25: Pre-term reception

2014 Fall Term: September 22 – October 31, 2014

May/June: Solicit proposal for fall
July 7: Instructor proposal due
July 15: Instructor Commitment Forms due
September 10: Pre-term Reception
Irving Goodman Annual Aging Lecture

Holiday Reception: December 10, 2014

Are you missing out?

Call the office (304.293.1793) or send an email
(learners@hsc.wvu.edu)

if you are not receiving the OLLI Friday
E-bulletin in your email.

It is also posted in the office and
we can make copies for you!

West Virginia PUBLIC THEATRE
Morgantown, WV

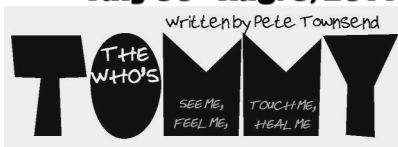
PRESENTS FOR
2014 SUMMER SEASON



Show Times:
Wednesdays **2:00 PM** &
7:30 PM
Thursdays **2:00 PM** &
7:30 PM
Friday 7:30 PM
Saturday 7:30 PM
Sunday **2:00 PM**

Use code
OLLI14
for special
discount!

July 30 - Aug. 3, 2014



Visit www.wvpublictheatre.org
or CALL 877.999.9878



A Message from Our Director



OLLI Members and Friends,

OLLI at WVU is such a success because of the many volunteers who serve on the Board of Directors and on our many Committees. These people are your friends and colleagues, neighbors and fellow lifelong learners, and we'd like you to be familiar with who they are. They deserve recognition, praise and honor! Our members of the Board of Directors are listed on page 5 and Committee Chairs and descriptions are on page 9. Please consider joining a committee or contacting our nomination committee if you would like to be considered to be put on the ballot for our elections held at our Annual Meeting in June.

Spring Term has a record-breaking selection of 58 courses to choose from, with many new instructors and topics as well as some classes carried over from our Winter Term.

Do you have friends who ask a lot of questions, are curious or love learning? Please invite them to our preterm reception or to join you for a class (please get a voucher from the office) as we continue celebrating our 20th year of lifelong learning in this area.

Angela Faulkner-Van Deysen, Executive Director
ACFaulkner@hsc.wvu.edu

Open Policy: When Monongalia County Schools are closed for inclement weather, there will be no OLLI classes. Two hour delays will not affect OLLI classes. We observe WVU holidays.

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Save the Date
May 8, 2014



Populore will host a "show and tell for adults" at OLLI.
Plan to join the fun!
Watch for details in upcoming Friday bulletins.



OLLI at WVU Spring Term Reception

Wednesday, March 26, 2014
1:30 pm to 3:00 pm
Mountaineer Mall Atrium

Become a Member! Register for Classes!
Friends Welcome!

Celebrating 20 years of Lifelong Learning in the Morgantown Area --1993-2013

If you have stories to share about ALL or OLLI, the
History Committee asks that you please bring them or
send them to the office.

A special *Thank You* to
Peggy Isaack
for our catalog cover artwork.



Spring Classes begin
April 7, 2014

Summer Term: July 7 – August 1, 2014

- March/April: Solicit proposals for Summer Term
- April 28: Instructor proposals due
- May 16: Instructor commitment forms due
- June 25: Pre-term reception

June 8, 2014 OLLI at WVU Annual Meeting

Orphée
Pittsburgh Opera
Benedum Center
May 4, 2014



THE LIFE OF AN ARTIST, BETWEEN WORLDS OF THE LIVING AND THE DEAD

The myth of Orpheus and Eurydice gets a “lyrical, even
seductive” (*Washington Times*) makeover from Philip Glass, via
French visionary Jean Cocteau: the poet Orphée becomes involved
with a mysterious Princess. Love eventually triumphs...but not
without a price.

Bus leaves from the Mountaineer Station at 10:30 am.
Lunch is on your own. (Min. 14 attendees for large bus use)

.....
Registration for *Orphée*, May 4, 2014
Last day to register: April 18, 2014

Name _____

Phone _____

Email _____

Orchestra seats (\$75.00) _____ Number of tickets _____

First Tier seats (\$60.00) _____ Number of tickets _____

Bus trip only (\$30.00) _____

Amount enclosed _____

Mail check payable to: WVU Foundation, Inc., to:
OLLI at WVU
Mountaineer Mall Unit D-9
PO Box 9123
Morgantown, WV 26506-9123

West Virginia University Club

uniclub@mail.wvu.edu

APRIL 19, 2014 SCOTTISH & CELTIC FESTIVAL:

This family oriented festival at the Parkersburg City Park Pavilion features Celtic culture, history and merchandise. Expect bagpipes, men in kilts, Scottish and Irish music, dancing, storytelling, children's games, all kinds of crafts, food, artisans, and genealogical assistance.

MAY 17, 2014 ANNUAL DINNER:

Join us for an evening of good food, warm company, and great fun! This is an opportunity to network with others from the University community, offer suggestions for the upcoming year, congratulate scholarship recipients, and meet the officers while enjoying a fantastic dinner. The annual report will be presented, and door prizes will be given.

Liability Disclaimer

Individuals acknowledge and assume any and all risk associated with participation in OLLI at WVU activities. OLLI at WVU makes no representation regarding the appropriateness of any activity for an individual. OLLI at WVU disclaims any and all liability for each individual's participation in said activities.

If a course involves physical activity, participants are responsible for wearing the proper attire and using the proper equipment (if applicable). It is highly recommended that participants consult their physician before participating in physical activity. OLLI at WVU disclaims any and all liability for each individual's participation in any course.

Non-Discrimination Statement

West Virginia University is an Equal Opportunity/Affirmative Action Institution. The University does not discriminate on the basis of race, sex, age, disability, veteran status, religion, sexual orientation, color, or national origin in the administration of any of its educational programs, activities, or with respect to admission or employment.

Supporters

OLLI at WVU continues to grow as an organization with the unwavering commitment and generosity of our patrons and supporters. We acknowledge and thank the following:

- ◆ The Bernard Osher Foundation
- ◆ West Virginia University, President's Office
- ◆ WVU School of Public Health (SPH)
- ◆ Our Distinguished Instructors
- ◆ Committee Members and Volunteers
- ◆ OLLI Members

Staff:

Angela Faulkner-Van Deysen, Executive Director
Jessica White, Professional Technologist

OLLI Board of Directors

- ◆ E. Jane Martin, President
- ◆ Anne Nardi, Vice President
- ◆ George Trapp, Secretary
- ◆ Connie McCluskey, Treasurer
- ◆ Linda Rudy, SPH Rep.
- ◆ George Chittum
- ◆ Hope Covey
- ◆ Ruby de la Mata
- ◆ James Dylan Held
- ◆ Linda Jacknowitz
- ◆ Royce Heiskell Keller
- ◆ Karen Long
- ◆ Carolyn Nelson
- ◆ D. Byron Witt

OLLI Board of Advisors

- ◆ Mary Ellen Brady
- ◆ Bob Craig
- ◆ Roger Dalton
- ◆ Ann Davidson
- ◆ Phil Faini
- ◆ Suzanne Gross
- ◆ Mary Jane Hamilton
- ◆ Betty Maxwell
- ◆ Art Pavlovic

M _____
TM _____
DB _____
Office use only

Membership Application

Name _____

Address _____

City _____ State _____ Zip code _____

Phone # _____ E-Mail _____

Emergency Contact: _____ Relationship: _____

Phone # _____

Check one: New member _____ Renewal _____

Please check if you are interested in volunteering with OLLI _____

Do you wish to receive the catalog in the mail _____ online _____

How did you learn about OLLI? (radio, newspaper, banner, friends etc.) _____

Annual Membership Dues: July 1, 2013 - June 30, 2014.

Annual members may participate in unlimited courses and activities.

- **Full Member** _____ **\$85.00.** (includes voting rights)
- **Faculty Member** _____ **\$40.00.** Instructors who have taught at least one course with three or more classes during a fiscal year are eligible to receive a discounted membership the next year.
- **Honor Roll Member or Spouse** _____ **Free.** For instructors (and their spouses) who have taught at least ten courses of three or more classes.
- **Term Membership Dues: Spring Term Only** _____ **\$45.00.**
- **Trial Membership Dues: Spring Term Only** _____ **\$25.00.** For people who have never been an OLLI at WVU member to try a term.
- **Scholarships** are available for those needing them. Ask for a confidential application or fill out the form on our website.
- **Contributions** are always welcome and appreciated.

Send your check (payable to the WVU Foundation) and this form to:

OLLI at WVU

Mountaineer Mall, Unit D-9, PO Box 9123

Morgantown, WV 26506-9123

La Bohème

Pittsburgh Opera

Benedum Center

April 6, 2014



ROMANCE, FRIENDSHIP, AND A STRUGGLE FOR SURVIVAL IN THE CITY OF LIGHTS

It's Christmas Eve in Paris, and a young poet meets the love of his life. Their time together is a poignant picture of poverty and illness, shared by friends. The entrancing set captures the charm and vigor of 19th-century Paris.

Bus leaves from the Mountaineer Station at 10:30 am.

Lunch is on your own. (Min. 14 attendees for large bus use)

Registration for *La Bohème*, April 6, 2014

Last day to register: March 28, 2014

Name _____

Phone _____

Email _____

Orchestra seats (\$75.00) _____ Number of tickets _____

First Tier seats (\$60.00) _____ Number of tickets _____

Bus trip only (\$30.00) _____

Amount enclosed _____

Mail check payable to: WVU Foundation, Inc., to:

OLLI at WVU

Mountaineer Mall Unit D-9

PO Box 9123

Morgantown, WV 26506-9123

OLLI at WVU \$100K Club

*One Hundred Members,
One Gift at a Time!*



The \$100K Club is a fundraising campaign to sustain OLLI's operations, support the future expansion of classes and technology, and keep OLLI at WVU sustainable without a significant increase in dues.

\$100K Club Member Benefits

- **Be recognized** with a nameplate on the \$100K Club plaque and in OLLI's print media.
- **Receive** a special OLLI lapel pin and an invitation to a \$100K Club event.
- **Affirm** the contribution of lifelong learning in our community
- **Experience** the satisfaction of helping to support OLLI today and in the future.

There are many ways to become a member of the \$100K Club by donating or pledging a gift of \$1,000 or more.

A one-time gift can be made via credit card by visiting www.mountaineerconnection.com/givetoOLLI. In the designation, please select '100K Club'.

Please contact Angela for more information or if you are interested in helping with this campaign.

100% of all contributions will be deposited in the OLLI \$100K Club, fund # 2W769, established at the WVU Foundation, Inc., and are accessible for the immediate and long-term benefit of the Osher Lifelong Learning Institute at West Virginia University.

Spring 2014 Course Registration Form

Once you have paid your dues, you may register on-line at:
www.olliatwvu.org.

Name _____
Phone _____ E-mail _____
Emergency Contact—Name and Phone _____

Please be respectful of the time and efforts of our volunteer instructors and register accordingly. Contact the office or instructor if your plans change.

To register, enter the course number, title and day.

Course #	Title	Day
<i>Ex. #40</i>	<i>How to Register 101</i>	<i>Sunday</i>
	Please attach sheet for additional courses.	

Please check here if you are willing to serve as class facilitator _____

Please return this form and any needed payment (payable to the WVU Foundation) to: **OLLI at WVU**
PO Box 9123, Mountaineer Mall D-9
Morgantown, WV 26506-9123

Frequently Asked Questions

Can we register online?

- ⇒ Yes! Once you are a member, go to the website (www.olliatwvu.org) and fill out the online Course Registration Form. You will receive an e-mail copy of your registration.

What is a facilitator and what does he/she do?

- ⇒ Each course needs a facilitator to introduce the instructor, welcome members, distribute course materials, collect feedback forms, and assist as needed.

Will I receive a confirmation of courses in the mail?

- ⇒ **Confirmations will not be mailed.** You will be notified if a class is full and you are waitlisted. Please keep a copy of the *Schedule at a Glance* to know when and where each class meets. (The catalog is also on the website: www.olliatwvu.org).

May I bring a friend to class?

- ⇒ Yes. Ask at the office for a class voucher to attend a single class. We welcome the opportunity to showcase OLLI and to entice others to join. Please consider sharing the joy of OLLI with a gift certificate.

Is there an age requirement?

- ⇒ Our programs are specifically designed for those over 50. We welcome the mature members of the community with a curious mind and a love of learning.

If you would like to join an OLLI committee, fill out this form and send it in with your registration form to OLLI.

Name: _____ Ph: _____

E-mail: _____

- Committees:** Curriculum Facilities/Technology
 Special Events Membership/Publicity Finance
 Office Course Assistant Nominating History
 Other _____

SUNDAY



OLLI goes to the WVU School of Theatre and Dance

Coordinator: Stan Cohen

- Sunday, March 23, 2014 - ***THE GLASS MENAGERIE***,
by Tennessee Williams, Gladys G. Davis Theatre
- Sunday, April 27, 2014 - ***HENRY IV***,
by William Shakespeare, Gladys G. Davis Theatre

Course description: The WVU School of Theatre and Dance (<http://theatre.wvu.edu/>) presents another exciting series of performances. OLLI members can purchase group tickets for the last matinee performance of the play at reduced rates. You can attend any or all of the plays in the series.

Additional cost to students: Cost of ticket (\$10.00) for each performance.

Payment through the OLLI office is required no later than the Monday preceding the date of the performance.

Please make checks payable to Stan Cohen.

Tickets will become available at the WVU CAC box office prior to the day of the performance.

Further details and informational web links will become available in the OLLI Friday Bulletin.

Coordinator's background: Stan Cohen taught a variety of psychology courses at WVU from 1972 to 2008.

SPECIAL INTEREST GROUPS

On the **first Monday** of each month, for individuals who enjoy good conversation with friends,
The Carl Taylor Chat 'n Chew,
 meets at Eat-n-Park at 9:00 am.



On the **second Wednesday** of the month
 at 5:00 pm in Classroom B
 the ***OLLI Independent Film Group***
 meets and watches a film.

Check out the Friday E-Bulletin (also posted on the office door)
 for details on this well attended group.



OLLI Writing Interest Group

This open, flexible group offers a quiet, nurturing atmosphere for writing your stories and memoirs. Get your ideas out of your head and into a more permanent format.

This group coordinated by Dave Ornick (lead) and Cathy Samargo (back up) will meet in Classroom B **on Thursdays**,
 from 10:00 am – 11:50 pm,
between OLLI terms.



Watercolor

On Tuesdays from 2:00 pm - 4:30 pm at the Morgantown Art Association and Gallery.

Be creative and paint with watercolors.

between OLLI terms.



Knit & Purlers

On Mondays from 1:00 pm - 2:50 pm in the Back Room,
 join others to share ideas, patterns, workshop information and to support each other in knitting,

between OLLI terms.

JOIN AN OLLI COMMITTEE!!!

Curriculum

Chair: Marian Conner
Vice Chair: Barbara Howe

Members help plan and develop course offerings and recruit faculty.

Facilities and Technology

Chair: George Chittum
 Members assist in the planning and maintenance of the OLLI facilities and technology resources.

Special Events

Chair: Hope Covey

Members organize the Open House for each term, receptions, and the Annual Meeting.

Membership and Publicity

Co-Chairs: Nancy Wasson
Suzanne Gross

Members assist in the growth of OLLI by planning and developing marketing strategies.

Finance

Chair: Connie McCluskey
Vice Chair: Rita Bajura

Members review reports, revenue and expenses and develop an annual budget.

Office Assistants

Chair: Janet Kemp
Vice Chair: Delores Jewell

Members volunteer in the OLLI office, where they perform various vital duties.

History

Chair: Carole Boyd

Members help preserve the history of ALL and OLLI.

Nominating

Chair: Ann Davidson

Members propose a slate of candidates from the membership for election to the OLLI Board.

Course Assistant Volunteers

Each course needs a facilitator to introduce the instructor and to distribute course materials. Many courses also require technology assistants.

20th Anniversary

Chair: Royce Heiskell Keller

Members plan the events of the OLLI 20th Celebration

OLLI \$100K Club

Chair: Linda Jacknowitz

Members assist with this specific fundraising campaign.

Irving Goodman Annual Aging Lecture Series

Chair: Art Jacknowitz
 Members select topics and speakers for this event.

SPRING SCHEDULE AT A GLANCE

Day of the week/ Time	Sessions	Date	Room
<u>Monday, 10:00 - 11:50 AM</u>			
01. Impact of Railroads	4	Apr. 7,14,28, May 5	A
02. <i>The New Yorker</i>	6	Apr. 7,14,21,28, May 5,12	B
<u>Monday, 1:00 - 2:50 PM</u>			
03. Christology	3	Apr. 7,14,21	B
04. The Knit and Purlers	6	Apr. 7,14,21,28, May 5,12	BR
05. Kitty Hawk to the Moon	3	Apr. 14,21,28	A
<u>Monday, 3:00 - 4:50 PM</u>			
06. Ken Burns: The Civil War	6	Apr. 7,14,21,28, May 5,12	A
<u>Monday/Wednesday, 3:30 - 4:30 PM</u>			
07. Earth Through Time	12	Apr. 7,9,14,16,21,23,28,30, May 5,7,12,14	B
<u>Monday, 6:00 - 7:50 PM</u>			
08. Facebook Demystified	3	Apr. 7,14,21	CL
09. Slash Your Phone Bills	3	Apr. 28, May 5,12	B
10. Retirement Planning	2	May 5,12	A
<u>Tuesday, 10:00 - 11:50 AM</u>			
11. The World of APU	2	Apr. 8,15	A
12. Med School 103	6	Apr. 8,15,22,29, May 6,20	B
13. Healing Yoga	6	Apr. 8,15,22,29, May 6,20	MCR
14. Tunisia: A Melting Pot	1	Apr. 22	A
15. Languages 101-Sanskrit	1	Apr. 29	A
<u>Tuesday, 1:00 - 2:50 PM</u>			
16. <i>Long Day's Journey</i>	6	Apr. 8,15,22,29, May 6,20	A
17. Water Quality Trends	1	Apr. 15	B
18. Hospice 101	2	Apr. 22,29	B
<u>Tuesday, 2:00-4:30 pm</u>			
19. Intro to Watercolor	6	Apr. 8,15,22,29, May 6,20	MAAG
<u>Tuesday, 3:00 - 4:50 PM</u>			
20. Motown: The Sound...	6	Apr. 8,15,22,29, May 6,20	A
21. The 4th Dimension	1	Apr. 15	B
22. Saving Fallingwater	1	Apr. 29	B
<u>Tuesday, 6:00 - 7:50 PM</u>			
23. God's Pharmacy	1	Apr. 15	A
24. Charitable Planning	1	Apr. 22	B

58. Wine Tasting and Winery Operation

Instructor: Jerry Deal

Friday, 3:00 – 4:50 PM

Classroom: Forks of Cheat Winery

Apr. 11

Cost: \$5.00 Payable to the Instructor



Course Description: Jerry Deal began the Forks of the Cheat Winery on the Stewartstown Road over twenty years ago. He will explain the operation of the growing grapes and making wine while pouring samples of different wines for the participants.

Instructor's Background: Who would have thought that getting caught stealing grapes would lead Jerry Deal to ownership of one of West Virginia's foremost wineries? Well, that's just what happened! When a neighbor chastised Jerry for eating grapes from her vines (on his side of the fence), he planted his own. In no time at all, the grape vines were so prolific that eating them all was out of the question. Wine making was the next choice. After several years of home wine making, recognition in amateur competitions, and the support of his friends, Jerry Deal decided to turn his hobby into a business. And so, Forks of Cheat Winery was established in July of 1990.

**Once you have paid your dues,
you may register for courses online
or send in the Registration Form.
www.olliatwvu.org**

56. For Richer or Poorer: Marriage, Money and Treachery in the Novels of Henry James

Instructor: Joanna E Ham

Email: richardham8@gmail.com

Friday, 1:00 – 2:50 PM

Classroom: A

Apr. 11, 25, May 2, 9, 16, 23



Course Description: Participants will read one short story and view three films based on the novels of Henry James: *Washington Square*, *Portrait of a Lady* and *The Wings of the Dove*. The

instructor will try to entertain and arouse interest in reading or re-discovering the complex yet rewarding stories of "The Master."

Instructor's Background: Whilst an 18 year old undergraduate, Joanna Ham discovered a complete collection of Henry James' works in an obscure East London library. She read her way through, to the detriment of course work! So began a lifetime fascination with his stories and novels and his mysterious personality.

57. Italian

Instructor: Karen Norwood King

Email: karenking@frontiernet.net

Friday, 1:00 – 2:50 PM

Classroom: B

Apr. 11, 25, May 2, 9, 16, 23



Course Description: This course is a basic introduction to reading, writing and speaking the Italian language.

Instructor's Background: Karen Norwood King learned the Italian language primarily while living, studying and working in Florence, Italy, during five years. She taught Italian at WVU for several years and at OLLI in 2011.

SPRING SCHEDULE AT A GLANCE

Day of the week/ Time	Sessions	Date	Room
<u>Wednesday, 10:00 - 11:50 AM</u>			
25. Guitar I	7	Apr. 9, 16, 23,30, May 7,14, 21	B
26. Personal History	2	Apr. 30, May 7	A
<u>Wednesday, 1:00 - 2:50 PM</u>			
27. Discover Islam	1	Apr. 9	A
28. Moving from XP to Win8	1	Apr. 9	B
29. Assistive Technology	1	Apr. 16	A
30. Hearing Loss	1	Apr. 23	A
31. Central America	4	Apr. 23, 30, May 14, 21	B
32. Cajun Music	1	Apr. 30	A
<u>Wednesday, 3:00 - 4:50 PM</u>			
33. Advisory Programs	1	Apr. 9	A
34. Script Your Future	1	Apr. 16	A
35. Outlook/Opportunities	1	Apr. 23	A
36. Handling Anger	2	Apr. 30, May 7	A
<u>Monday/Wednesday, 3:30 - 4:30 PM</u>			
07. Earth Through Time	12	Apr. 7, 9,14,16, 21, 23, 28,30, May 5,7,12,14	B
<u>Wednesday, 6:00 - 7:50 PM</u>			
37. Great Opera Singers	3	Apr. 9, 16,23	A
38. The WV Mine Wars	6	Apr. 9,16,23,30, May 14,21	B
39. Moving from XP to Win8	1	May 7	A
<u>Thursday, 10:00 - 11:50 AM</u>			
40. <i>La Bohème</i>	2	Apr. 10,17	A
41. Writing "Retreat"	6	Apr. 10,17,24, May 1,8,15	B
42. <i>Orphée</i>	2	Apr. 24, May 1	A
<u>Thursday, 1:00 - 2:50 PM</u>			
43. The Music of Cash	5	Apr. 10,17,24, May 1,8	A
44. The Amazing Honey Bee	1	Apr. 10	B
45. Nature Photography	2	Apr. 17,24	B
46. Languages 102	3	May 1,8,15	B
<u>Thursday, 3:00 - 4:50 PM</u>			
47. Hydrofracturing	4	Apr. 10,17,24, May 1	A
48. Turn Back the Clock	1	Apr. 10	B
49. Aspects of the Brain	3	Apr. 24, May 1,8	B
<u>Thursday, 6:00 - 7:50 PM</u>			
50. European Rivers Cruise	2	Apr. 10,17	B
51. Mon. County Ferries	1	May 1	B

SPRING SCHEDULE AT A GLANCE

Day of the week/ Time	Sessions	Date	Room
<u>Friday, 10:00 - 11:50 AM</u>			
52. Carrier Warfare WW2	1	Apr. 11	A
53. Mon. County Ferries	1	Apr. 11	B
54. Bernstein Mass	1	Apr. 25	A
55. European Rivers Cruise	2	May 2,9	B
<u>Friday, 1:00 - 2:50 PM</u>			
56. For Richer or Poorer	6	Apr. 11,25, May 2,9,16,23	A
57. Italian	6	Apr. 11,25, May 2,9,16,23	B
<u>Friday, 3:00 - 4:50 PM</u>			
58. Wine Tasting	1	Apr. 11	B

Classroom Key

A – The classroom next to the OLLI Office

B – The classroom across from the Nail Salon

Back Room (BR) - Behind Main Office

CL - Computer Lab, enter door from hallway just before Classroom B

MAAG - Morgantown Art Association and Gallery

MCR - Mall Community Room

We want your ideas!

The Curriculum Committee is
looking for new courses and instructors.

Send your ideas to:
learners@hsc.wvu.edu

54. A Look at the Bernstein Mass

Instructor: Leo Horacek

Email: corkycanning@yahoo.com

Friday, 10:00 – 11:50 AM

Classroom: A

Apr. 25



Course Description: Leonard Bernstein was important as conductor and composer, writing original works in a wide range of styles. This course will explore one of his last works titled "A Mass" which was commissioned by Jacqueline Kennedy.

Instructor's Background: Leo Horacek is professor emeritus of music at WVU. He is on the OLLI at WVU Honor Roll, and this is his 57th OLLI course.

55. European Rivers Cruise

Instructors: Wallace and Norma Venable

Email: wallace.venable@mail.wvu.edu

Friday, 10:00 – 11:50 AM

Classroom: B

May 2, 9



Course Description: In March, Wally and Norma will cruise from Amsterdam to Vienna. This class will describe the 20th Century canal which makes this possible, how they booked a "half-price" cruise and some unusual accommodations in Amsterdam.

Instructors' Background: Wally Venable is a WVU mechanical and aerospace engineering emeritus faculty member. Since he has retired he has had time to study local history, glass, and music. He and his wife Norma are authors of the Arcadia book *Around Morgantown*. Wally is on the OLLI at WVU Honor Roll.

FRIDAY

52. The Nature of Carrier Warfare in WWII

Instructor: Leo Horacek

Email: corkycanning@yahoo.com

Friday, 10:00 – 11:50 AM

Classroom: A

Apr. 11



Course Description: Perhaps every war is unique in some ways. This course will explore several aspects of WWII which had not been seen before or since that time.

Instructor's Background: Leo Horacek is professor emeritus of music at WVU. He is on the OLLI at WVU Honor Roll, and this is his 56th OLLI course.

53. Monongalia County Ferries

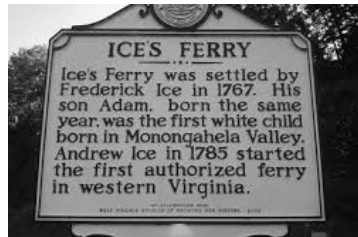
Instructor: Wallace Venable

Email: wallace.venable@mail.wvu.edu

Friday, 10:00 – 11:50 AM

Classroom: B

Apr. 11



Course Description: Collins Ferry, Ices Ferry, and Evans Ferry: where were they and how did they work? This class will present information on locations, history, and technology of this long-gone history.

Instructor's Background: Wally Venable is a WVU mechanical and aerospace engineering emeritus faculty member. Since he has retired he has had time to study local history, glass, and music. He and his wife Norma are authors of the Arcadia book *Around Morgantown*. Wally is on the OLLI at WVU Honor Roll.

Did you know?

- Members may use the OLLI computers during business hours to practice their skills, check email, digitize their files and register for classes.
- Dues for the upcoming year will be \$100 for full membership, or \$50 per term.
- OLLI at WVU is on Facebook.

Friend us at: *Osher Lifelong Learning Institute at WVU*

Please check the OLLI Office Board for information on opportunities to participate in a variety of research studies that incorporate relaxation techniques, swimming, physical activity or meditation.

MONDAY

01. Impact of Railroads on Wars

Instructor: Kenton Colvin

Monday, 10:00 – 11:50 AM

Classroom: A

Apr. 7, 14, 28, May 5



Course Description: This course presents the overall history of how the railroads were used in the war effort from the Civil War to the Vietnam War. There will be documentaries of war trains with exciting railroad action along with lecture and discussion. The focus will be on the importance of the railroads in fighting the nation's wars.

Instructor's Background: Kenton Colvin retired from WVU three years ago. Before WVU, he worked 26 years for several companies in manufacturing management. He presently is an adjunct instructor in Industrial Engineering at WVU. He is a member of The Mon Valley Historical Railroad Society and has been a railroad enthusiast and model railroader since childhood.

02. *The New Yorker* Discussion Group

Instructor: Margot Racin

Email: mbracin@comcast.net

Monday, 10:00 – 11:50 AM

Classroom: B

Apr. 7, 14, 21, 28, May 5, 12



Course Description: Come join us to discuss a range of topics from recent issues of *The New Yorker*. Members of the group choose articles, fiction, and topics to be discussed each week. All viewpoints welcome! A subscription to *The New Yorker* is not required.

Instructor's Background: Margot Racin is retired after 30 years in the WVU English Department. She has coordinated these discussions in previous terms and looks forward to even more

50. European Rivers Cruise

Instructors: Wallace and Norma Venable

Email: wallace.venable@mail.wvu.edu

Thursday, 6:00 – 7:50 PM

Classroom: B

Apr. 10, 17



Course Description: In March, Wally and Norma will cruise from Amsterdam to Vienna. This class will describe the 20th Century canal which makes this possible, how they booked a "half-price" cruise and some unusual accommodations in Amsterdam.

Instructors' Background: Wally Venable is a WVU mechanical and aerospace engineering emeritus faculty member. Since he has retired he has had time to study local history, glass, and music. He and his wife Norma are authors of the Arcadia book *Around Morgantown*. Wally is on the OLLI at WVU Honor Roll.

51. Monongalia County Ferries

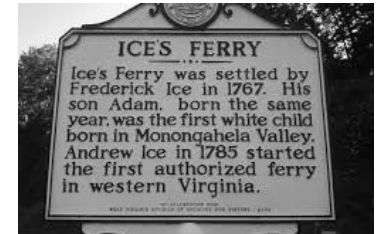
Instructor: Wallace Venable

Email: wallace.venable@mail.wvu.edu

Thursday, 6:00 – 7:50 PM

Classroom: B

May 1



Course Description: Collins Ferry, Ices Ferry, and Evans Ferry: where were they and how did they work? This class will present information on locations, history, and technology of this long-gone history.

Instructor's Background: Wally Venable is a WVU mechanical and aerospace engineering emeritus faculty member. Since he has retired he has had time to study local history, glass, and music. He and his wife Norma are authors of the Arcadia book *Around Morgantown*. Wally is on the OLLI at WVU Honor Roll.

48. Turn Back the Clock: Lifestyle, Nutrition, and Aging

Instructor: Liz Quintana

Thursday, 3:00 – 4:50 PM

Classroom: B

Apr. 10



Course Description: The aging process depends on a combination of both genetic and environmental factors. Discussion will focus on the impact of lifestyle and nutrition on disease and the aging process. How can we turn back the clock?

Instructor's Background: Liz Quintana is a Registered Dietitian and certified Diabetes Educator at WVU School of Medicine. She conducts the nutrition modality of the Dr. Dean Ornish Program for Reversing Heart Disease.

49. Positive Aspects of the Aging Brain

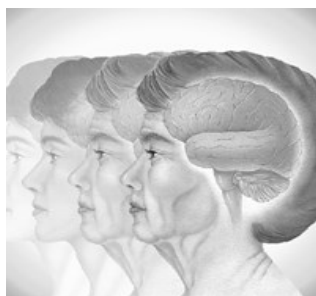
Instructor: John Oughton

Email: john.oughton@mail.wvu.edu

Thursday, 3:00 – 4:50 PM

Classroom: B

Apr. 24, May 1, 8



Course Description: We will investigate both the areas of cognitive decline and the surprisingly positive aspects of the aging brain that researchers have uncovered. In addition, we'll discuss what researchers are learning about the ways in which individuals can help maintain a healthy brain as they age.

Instructor's Background: Dr. John Oughton is a Teaching Assistant Professor in the Department of Curriculum & Instruction in West Virginia University's College of Education and Human Services. He is interested in how people learn most effectively and the effects of aging on humans' mental capacities.

stimulating discussions Spring Term. Margot is on the OLLI at WVU Honor Roll.

03. Christology: The Humanity and Divinity of Jesus of Nazareth

Instructor: Freya Swanson

Email: freyaswa@gmail.com

Monday, 1:00 – 2:50 PM

Classroom: B

Apr. 7, 14, 21



Course Description: This course is a continuation of the Winter Term, and will examine the historical evolution of Christian belief regarding the nature of Jesus, and Christianity's separation into different denominations.

Instructor's Background: Freya Swanson is an ordained Universalist Minister. She had so much fun teaching the World Religions class, she wanted to create another! Taking the suggestion to focus on one religion, this class is constructed to focus on Christianity.

04. The Knit and Purlers

Instructor's: Judy Kelley Minor, Joan King and Joyce Miller

Email: bminor404@comcast.net

Monday, 1:00 – 2:50 PM

Classroom: BR

Apr. 7, 14, 21, 28, May 5, 12



Course Description: This course kicks off an interest group for knitters who would enjoy being with other knitters to share ideas, patterns, workshop information and support each other in knitting.

Instructors' Backgrounds: Judy Kelley Minor, Joan King and Joyce Moore, who all have different skills levels of knitting, share a sincere love for the art of knitting and a desire to share both that love and desire with others. They are willing to assist members with their projects and skills or find someone who can. Cecilia Graves, owner of the Needlecraft Barn, will also be a resource.

05. Kitty Hawk to the Moon

Instructor: James J. Snyder aka Jim Slade

Email: sladejim@aol.com

Monday, 1:00 – 2:50 PM

Classroom: A

Apr. 14, 21, 28



Course Description: This course is a series of lectures, beginning with a flight to the moon illustrated by pictures taken by the astronauts themselves. Then, the class will go back to Dayton and Kitty Hawk, into the development of commercial aviation, WW 2 technology which led to jets and rockets, and the dramatic race to space.

Instructor's Background: James Slade worked at the network level at Westinghouse Broadcasting, Mutual Broadcasting System and ABC TV and Radio. He also produced work for CNN, Fox Radio, PBS and USAF.

06. Ken Burns: *The Civil War*

Instructor: Clyde Hurst Richey

Email: hurstrichey@gmail.com

Monday, 3:00 – 4:50 PM

Classroom: A

Apr. 7, 14, 21, 28, May 5, 12



Course Description: This documentary is often considered to be award winning film maker Ken Burns' masterpiece. It depicts the strategies and action of famous Civil War Battles and stories of generals, field soldiers, politicians, heroes, and a beleaguered president. One of the six sessions will be devoted to some other aspects of the Lincoln presidency.

Instructor's Background: Clyde Richey has viewed numerous early outstanding American films, as well as movies set in other countries and cultures. He has done college-level teaching and has written and directed outdoor historic productions. Clyde is on the OLLI at WVU Honor Roll.

She taught German at GSU from 1965 –1969, was a German and English teacher at Morgantown High School for 22 years and a part-time lecturer at WVU in French and Italian.

46.3. French

Instructor: Kathie Labys

May 15



Course Description: French is one of the most widely-spoken and influential languages in the modern world. This course will look at its history, its sound system, grammatical features, and its importance. Students will be exposed to a few French expressions.

Instructor's Background: Kathie Labys majored in French in college and taught high school French. She and her husband spend summers in the French Alps.

47. Hydrofracturing – The Technology and Process Explained

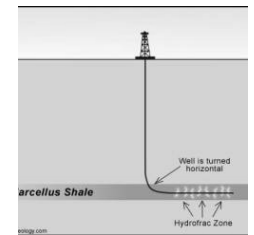
Instructor: Lloyd English

Email: lloydenglish@comcast.net

Thursday, 3:00 – 4:50 PM

Classroom: A

Apr. 10, Apr. 17, Apr. 24, May 1,



Course Description: The public perception of hydrofracturing has been formed by many opinions and little data. This course will explain hydrofracturing procedures including well design, well completion, fracturing procedures, and post-fracturing operation.

Instructor's Background: Lloyd English spent his research career investigating ways to capture and use methane gas. Working for Conoco, he received specialty training in well drilling, well completion, and hydrofracturing.

46. Languages of the World 102

Coordinator: Barb Howe
Thursday, 1:00 – 2:50 PM
Classroom: B
May 1, 8, 15

Please register for each session separately.



46.1. Modern Japanese

Instructor: Takeko Minami
Email: minamitakeko@hotmail.com
May 1



Course Description: This course will offer the cultural and historical background of the modern Japanese language – both spoken and written. The students will learn the Japanese sounds, Zodiac, and will learn to recognize some written characters (Kanji).

Instructor's Background: Born and raised in Japan, Takeko Minami majored in English literature in war-torn Japan. She came to America in 1954 and taught in Boston and upstate New York prior to coming to WVU.

46.2. German

Instructor: Gertraud Irwin
Email: girwin@comcast.net
May 8



Course Description: The course will give an overview of the history and structure of the German language and explores the common roots between German and English. Foreign words that entered the German language and influenced its structure at different times in history will be reviewed and a few basic German words and expressions will be covered.

Instructor's Background: Born in Germany and retired since 2006, Gertraud Irwin has a Degree in English and French from University of Erlangen and was a Fulbright Exchange scholar at Georgia State University, in Atlanta.

07. Earth Through Time: Early Life

Instructor: Dr. Richard Smosna
Email: rsmosna@mail.wvu.edu
Monday/Wednesday, 3:30 – 4:30 PM
Classroom: B
Apr. 7,9,14,16,21,23,28,30, May 5,7,12,14



Course Description: This course examines the origin and early history of Planet Earth and early life forms.

Instructor's Background: Dr. Richard Smosna has been teaching geology at WVU for 35 years.

08. Facebook Demystified

Instructor: Dee Quaranto
Monday, 6:00 – 7:50 PM
Classroom: CL
Apr. 7, 14, 21



Course Description: This introduction to the social network will cover the nuts and bolts of using the site, with an emphasis on safety and security.

Instructor's Background: Dee Quaranto has a Master's degree in social work and an A+ computer technician's certification. She has been building and fixing computers and buying and selling online since 2001, and has over 1400 online sales.

**Once you have paid your dues,
you may register for courses online
or send in the Registration Form.
www.olliatwvu.org**

09. Slash Your Phone and Cable Bills

Instructor: Dee Quaranto

Monday, 6:00 – 7:50 PM

Classroom: B

Apr. 28, May 5, 12



Course Description: Learn how the instructor saves thousands of dollars a year on cable, landline and cell phone expenses. We'll look at Roku and Magic Jack devices, and the best cell phone deals in our area.

Instructor's Background: Dee Quaranto has a Master's degree in social work and an A+ computer technician's certification. She has been building and fixing computers and buying and selling online since 2001, and has over 1400 online sales.

10. Retirement Planning – Living Retirement on your own terms

Instructors: Rachel Wood and Bill Wolf

Email: rwood@metlife.com

Monday, 6:00 – 7:50 PM

Classroom: A

May 5, 12



Course Description: Instructors will discuss the impact of future taxes on retirement decisions and explain how to create your retirement income stream through multiple funding options.

Instructors' Background: Rachel Wood is a Senior Financial Planner with 16 years of retirement planning experience. Bill Wolf is a Senior Financial Planner with 23 years of retirement planning experience.

For Our OLLI at WVU Members

Healing Yoga with Eva Hnizdo will continue between terms on Tuesday mornings from 10:00am – 11:50 am in the Mountaineer Mall Community Room.

45. Nature Photography

Instructor: Karel Schubert

Email: karel.schubert@gmail.com

Thursday, 1:00 – 2:50 PM

Classroom: B

Apr. 17, 24



Course Description: The instructor will cover the basic operation of the camera and principles of photography using examples from his nature and landscape photography. Topics will include focus, depth of field, composition, lighting, exposure, editing, printing, and presentation. Students should bring their own camera with any questions they have on its use.

Instructor's Background: Karel Schubert, a certified Master Gardener, a naturalist, and an award-winning nature photographer, grew up in Morgantown and received his BS degree from WVU. He has been taking photos his entire life in his work and travels. His primary interests are in nature and landscape photography with special emphasis on the Appalachian Highlands of West Virginia and surrounding region.

We are thankful that spring is here!

If you are new to OLLI at WVU and became a **trial member or a term member** during the Winter Term, the OLLI Board of Directors has voted to ***extend your membership throughout the Spring Term*** with no additional cost. Winter Term had an unusual amount of weather related class cancellations and course changes. Many of the classes were moved to the Spring Term and we want you to enjoy OLLI at WVU without the snow.

43. The Music of Johnny Cash

Instructor: Joseph A. Paull
Email: jpaul1921@comcast.net
Thursday, 1:00 – 2:50 PM
Classroom: A
Apr. 10, 17, 24, May 1, 8



Course Description: Johnny Cash is a legend in the music business. He was one of the original rockabillys and in a career spanning 50 years, he created a body of work that is appreciated today.

Instructor's Background: Joe Paull taught in the public schools and also in the graduate school at WVU. He has taught at least ten OLLI classes in the past.

WWW.OLLIATWVU.ORG

44. The Amazing Honey Bee

Instructor: David Davis
Email: dedavis@mail.wvu.edu
Thursday, 1:00 – 2:50 PM
Classroom: B
Apr. 10



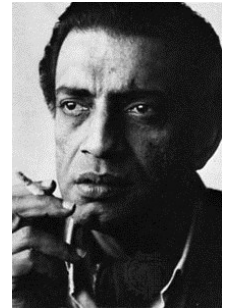
Course Description: This course discuss honey bee anatomy, the importance of pollinating agricultural crops, the hobby of beekeeping, honey bee products, and the current threats that could affect our food supply.

Instructor's Background: Dr. Dave Davis has been a visiting Assistant Professor at WVU for five years. He managed two apple orchards for eleven years which required honey bees for pollination. He has also taught twelve different horticultural related courses at WVU and Virginia Tech.

TUESDAY

11. *The World of Apu: A Satyajit Ray Film*

Instructor: Sumitra Reddy
Email: smreddy@mail.wvu.edu
Tuesday, 10:00 – 11:50 AM
Classroom: A
Apr. 8, 15



Course Description: *The World of Apu* ("Apur Sansar" in Bengali) is the last of Ray's internationally acclaimed Apu Trilogy films. The story set in 1920's is about adult Apu, a hopeful writer who drops out of graduate studies in Calcutta for lack of money. He accompanies his friend Pulu to a village to attend the wedding of Pulu's cousin Aparna. The bridegroom turns out to be mentally ill and Apu is talked into marrying beautiful Aparna. They come back to Apu's apartment in Calcutta. Their marital bliss is short-lived....

Instructor's Background: Sumitra Reddy is a faculty member in the Lane Department of Computer Science and Electrical Engineering at WVU. She and her husband enjoy traveling around the world.

12. Med School 103

Coordinator: Charles (Bob) Craig
Email: ccraig@hsc.wvu.edu
Tuesday, 10:00 – 11:50 AM
Classroom: B
Apr. 8, 15, 22, 29, May 6, 20



PLEASE REGISTER FOR EACH SESSION THAT YOU PLAN TO ATTEND.

Course Description: There will be six sessions by current or retired faculty of the WVU Health Sciences Center on topics of their interest and expertise.

Instructor's Background: Bob Craig retired from WVU as Professor Emeritus in the School of Medicine after 42 years on the faculty.

12.1. Current Diagnostic Advances and Therapeutic Options in the Treatment of Epilepsy and Other Seizure Disorders

Instructor: Adriana Palade, MD

Apr. 8



Course Description: Dr. Palade will discuss recent advances in diagnosis and treatment of epilepsy and other seizure disorders. Seizures commonly begin in childhood and persist throughout a person's life. Historically, epilepsy has been very difficult to treat and is among the most debilitating of chronic diseases. There have been significant advances in the past few years that make the outlook for seizure patients much more hopeful today.

Instructor's Background: Adriana Palade received her MD degree from the University of Medicine and Pharmacy in Romania. She completed a residency in neurology at the Allegheny General Hospital in Pittsburgh, PA and a fellowship in clinical neurophysiology from Duke University Medical Center. She is currently certified by the American Board of Psychiatry and Neurology in Clinical Neurophysiology, Neurology, and Sleep Medicine. Dr. Palade is Director, Comprehensive Epilepsy Program and Associate Professor in the Department of Neurology at the WVU School of Medicine.

12.2. Clinical Pathological Conferences (CPC) and the Role of Pathologists in the Health Care Process.

Instructors: Carole Boyd, M.D. and Ruby de la Mata, M.D.

Apr. 15



Course Description: This program, conducted by two pathologists who are OLLI members, is back by popular demand. They will conduct a clinical pathological conference based on cases from the literature and from their own extensive experiences illustrating the valuable contribution of pathology to the field of medicine.

Instructors' Background: Dr. Boyd received her undergraduate and graduate degrees in Michigan before coming to Morgantown to teach and practice pathology at WVU School of Medicine. After retirement, she has enjoyed OLLI as an instructor and a volunteer.

41. Writing "Retreat"

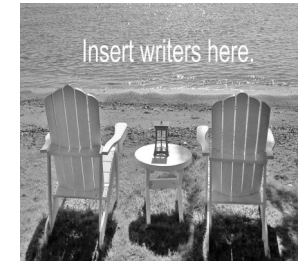
Instructor: Rae Jean Sielen

Email: rsielen@populore.com

Thursday, 10:00 – 11:50 AM

Classroom: B

Apr. 10, 17, 24, May 1, 8, 15



Course Description: Having a hard time finding time to work on your life story, novel, poetry, journal, or letters? Come write in a quiet, comfortable, supportive environment. Bring paper, pen, laptop, etc. There will be at least 1.5 hours of quiet writing time each session. At the last session, if there is interest, we will stay an extra hour or so to talk about what we've been working on and to share (optional) some of our writing.

Instructor's Background: Rae Jean Sielen is the co-founder/owner of Populore Publishing Company in Westover. For nearly 20 years she has helped individuals, families, organizations, and businesses with a wide variety of publishing projects. She is especially passionate about encouraging others to preserve their personal and family stories. Rae Jean is on the OLLI at WVU Honor Roll.

42. *Orphée*

Instructor: Byron Nelson

Email: bnelson2@mail.wvu.edu

Thursday, 10:00 – 11:50 AM

Classroom: A

Apr. 24, May 1



Course Description: The Pittsburgh Opera is producing Philip Glass's *Orphée* in Spring 2014. This course will provide an in-depth discussion of this opera.

Instructor's Background: Byron Nelson taught English (Shakespeare, Milton, Bible as Literature) at WVU for forty years. He is also teaching this year's opera classes for OLLI.

39. Moving from Windows XP to Windows 8 – 5 important tricks

Instructor: Wallace Venable

Email: wallace.venable@mail.wvu.edu

Wednesday, 6:00 – 7:50 PM

Classroom: A

May 7



Course Description: Microsoft support for Windows XP will end on April 8, 2014. After that date the use of a Windows XP computer on the internet poses an unknown hazard. Users of XP will find their first attempts to use Windows 8 is like hitting a brick wall unless they learn 5 tricks about where the holes in the wall are. This class is essentially a repeat of the "Windows 8 – Is it Really that Bad?" class offered in the Winter Term.

Instructor's Background: Wally Venable is a WVU mechanical and aerospace engineering emeritus faculty member. Since he has retired he has had time to study local history, glass, and music. He and his wife Norma are authors of the Arcadia book *Around Morgantown*. Wally is on the OLLI at WVU Honor Roll.

THURSDAY

40. *La Bohème*

Instructor: Byron Nelson

Email: bnelson2@mail.wvu.edu

Thursday, 10:00 – 11:50 AM

Classroom: A

Apr. 10, 17



Course Description: Giacomo Puccini's *La Bohème* is set in Paris where a young poet meets the love of his life. Their time together is a poignant picture of poverty and illness, shared by friends.

Instructor's Background: Byron Nelson taught English (Shakespeare, Milton, Bible as Literature) at WVU for forty years. He is also teaching this year's opera classes for OLLI.

Dr. de la Mata received her undergraduate, graduate, and medical training in Manila, the Philippines, and her specialty medical training in Hartford, Connecticut. She recently retired from Monongalia General Hospital. She is an avid supporter of Women's Studies at WVU and has been on the OLLI Board of Directors since 2012.

12.3. Centering Prayer

Instructor: E. Jane Martin, Ph.D.

Apr. 22



Course Description: We all need a way to quiet ourselves and access our inner wisdom as we attempt to live as healthful a life as possible. This session will provide insight into the practice of Centering Prayer. Jane will provide an introduction to the topic that will be followed by a video presentation. After the video, there will be adequate time for questions and answers.

Instructor's Background: As a Commissioned Presenter by Contemplative Outreach, Jane Martin has offered orientation workshops as well as weekly group meetings for the practice of Centering Prayer. She is a founding member of the American Holistic Nursing Association and committed to holistic health and self-help principles. Jane has personally practiced mediation for many years. Jane is current President of the Board of Directors of OLLI. Among her many responsibilities at WVU, she was Dean of the School of Nursing at the Health Sciences Center.

12.4. Oral Health and General Systemic Health: Causal or Casual?

Instructor: David A. Felton, DDS, MS

Apr. 29



Course Description: In most people's minds, dental care is totally dissociated from general health. Dr. Felton will discuss why this is not the case and will report of the relationship between poor oral health and general systemic health. In addition, he will discuss ways to improve dental health using sound medical practices and,

conversely, make medical health better using sound dental procedures.

Instructor's Background: Dr. Felton is Dean of the WVU School of Dentistry. He received his dental training at the University of North Carolina School of Dentistry in Chapel Hill. His special interests are Crown and Bridge, Complete Dentures, Esthetic Dentistry, Implant therapy, outcomes of dental care, and Prosthodontics.

12.5. A Consideration of Sleep Disorders

Instructor: Jack Parker, MD

May 6



Course Description: Many people have difficulties falling asleep and staying asleep. Many also have more serious sleep disorders that may require medical or surgical treatment. Dr. Parker will discuss current options that are available that can markedly improve our sleep.

Instructor's Background: Jack Parker, M.D. is Professor and Section Chief, Pulmonary and Critical Care Medicine Section, WVU School of Medicine. He received his M.D. degree from Wayne State University and subsequently completed a fellowship at NIOSH and WVU. His practice specialties are pulmonary and critical care medicine, asthma, sleep disorders, and lung cancer. He is recognized as an outstanding lecturer and has given several outstanding talks to students at OLLI.

12.6. Current Status of Breast Cancer Detection and Treatment

Instructor: Ginger Layne, MD

May 20



Course Description: Dr. Layne is presently serving as Director of the Betty Puskar Breast Cancer Center at WVU Health Sciences Center. She will discuss the current status of detection and treatment of breast cancer and will also provide insight into the facilities at the Betty Puskar Center.

37. Great Opera Singers of the 20th & 21st Centuries

Instructor: Sharon Sullivan

Email: sullivan.sharonj@gmail.com

Wednesday, 6:00 – 7:50 PM

Classroom: A

Apr. 9, 16, 23



Course Description: This course will be part lecture/discussion/ multi-media and is designed to highlight opera singers. It will explore trends in opera, the great voices of each generation, and how they affect the listener.

Instructor's Background: Sharon Sullivan, soprano, holds a Master of Music degree from WVU. She has studied and performed classical music since the age of 13.

38. The West Virginia Mine Wars 1900–1922

Instructor: Douglas Estep

Email: coalcountrytours@gmail.com

Wednesday, 6:00 – 7:50 PM

Classroom: B

Apr. 9, 16, 23, 30, May 14, 21



Course Description: This course is a survey of the WV mine wars including the 1902 New River Strike, the Baldwin Felts Detectives, Mother Jones, the 1912–13 Cabin Creek strike, the 1920 Mingo strike, the Matewan Massacre, the assassinations of Sid Hatfield & Ed Chambers, the Battle of Blair Mountain, and the 1922 Charles Town treason trials. (Special WV Mine War Tour, June 7–9.)

Instructor's Background: Doug Estep is the grandson of a Mingo County coal miner who entered the mines at age 14 in 1910. Estep studied history at WVU, graduating in 1978. He is an ardent student of the history of WV coal and the mine wars and owns Coal Country Tours. He lives in Shenandoah, Virginia, with his wife Carol and was named one of "27 Visionaries" by *The Appalachian Voice*.

35. Outlook and Opportunities

Instructor: Brian Kurcaba
Email: brian.kurcaba@edwardjones.com
Wednesday, 3:00 – 4:50 PM
Classroom: A
Apr. 23



Course Description: This seminar explores current market conditions and how the political, economic and cultural forces shaping our markets can affect you as an investor

Instructor's Background: Brian Kurcaba is a lifelong resident of Morgantown and graduated with a M.S. in Industrial Relations in 2000 from WVU. He has 11 years experience assisting people as a financial advisor with Edward Jones in Morgantown.

36. Handling Anger without Hurting Feelings

Instructor: Ginger Brookover
Email: fsa00253@mail.wvnet.edu
Wednesday, 3:00 – 4:50 PM
Classroom: A
Apr. 30, May 7



Course Description: This course is designed to demonstrate specific skills for expressing anger in a nonthreatening way.

Instructor's Background: Ginger Brookover has two decades teaching communication studies at Fairmont State University. She was a recipient of the University Outstanding Teaching Award.

Please check your calendar when registering for classes to be sure you are available to attend. We miss you when you do not show up.

Instructor's Background: Dr. Layne received her BS from Marshall University and her MD from WVU School of Medicine. She completed a residency in Diagnostic Radiology at WVU and a fellowship in Breast Imaging at Allegheny General Hospital in Pittsburgh. She is certified by the American Board of Radiology in Diagnostic Radiology. Dr. Layne's special interests include mammography.

13. Healing Yoga

Instructor: Eva Hnizdo
Tuesday, 10:00 – 11:50 AM
Classroom: MCR
Apr. 8, 15, 22, 29, May 6, 20

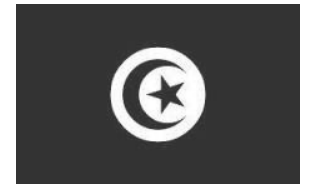


Course Description: This beginner yoga class is designed to renew vital energy and create physical and mental well-being through yoga poses that stretch, strengthen, and relax through meditation. Practicing yoga has an impact on the whole body.

Instructor's Background: Eva Hnizdo, PhD in Epidemiology, has been a Registered Yoga Teacher since 2006 and teaches yoga at NIOSH and Lakeview. She has practiced the Iyengar style of yoga since 1976. This yoga style focuses on correct body alignment and is well suited for senior practitioners.

14. Tunisia: A Melting Pot on the Mediterranean

Instructor: Sumitra Reddy
Email: smreddy@mail.wvu.edu
Tuesday, 10:00 – 11:50 AM
Classroom: A
Apr. 22



Course Description: This course explores Tunisia, an ancient North African country on the Mediterranean. It has unforgettable natural beauty and sites of Carthagian, Roman and Islamic origins.

Instructor's Background: Sumitra Reddy is a faculty member in the Lane Department of Computer Science and Electrical Engineering at WVU. She and her husband enjoy traveling around the world.

15. Languages of the World 101: Sanskrit

Instructor: Sumitra Reddy
Email: smreddy@mail.wvu.edu
Tuesday, 10:00 – 11:50 AM
Classroom: A
Apr. 29



Course Description: Sanskrit words like avatar, guru, karma, mantra, and yoga have already found their way into English. Highlights such as the history, alphabets and scripts, grammatical features and various uses of this Indo-European language will be presented in the class.

Instructor's Background: Sumitra Reddy learned Sanskrit in school and continues to use it. She has taught Natural Language Processing by computers in courses on Artificial Intelligence.

16. Long Day's Journey into Night

Instructor: James Dylan Held
Email: Jim.Held@mail.wvu.edu
Tuesday, 1:00 – 2:50 PM
Classroom: A
Apr. 8, 15, 22, 29, May 6, 20



Course Description: Eugene O'Neill's most famous play is rightly considered by theater historians and critics the best American play of the 20th century. In this course, we'll dig deeply into this heart wrenching autobiographical drama, viewing the complete Stratford Festival production and seeing clips from 2-3 other versions while we discover the history of the play and O'Neill's personal hell in its composition.

Instructor's Background: James Held retired from WVU in May, 2013 after 33 years teaching stage design, theatre history and world theatre and drama. He directed or designed many productions, most recently, scenery for *The Cherry Orchard*. He is a member of the OLLI at WVU Honor Roll.

33. Advisory Programs: A Disciplined Approach to Investing

Instructor: Brian Kurcaba
Email: brian.kurcaba@edwardjones.com
Wednesday, 3:00 – 4:50 PM
Classroom: A
Apr. 9



Course Description: This seminar outlines the features and benefits of creating and maintaining a diversified portfolio.

Instructor's Background: Brian Kurcaba has been a Financial Advisor with Edward Jones in Morgantown since 2003. He is on the OLLI at WVU Honor Roll

34. Script Your Family's Future

Instructors: Brian Kurcaba and Josh Rogers
Email: brian.kurcaba@edwardjones.com
Wednesday, 3:00 – 4:50 PM
Classroom: A
Apr. 16



Course Description: This information can help individuals understand the important role that a well-executed estate plan can play in ensuring their family's financial future.

Instructors' Backgrounds: Brian Kurcaba is a lifelong resident of Morgantown and graduated with a M.S. in Industrial Relations in 2000 from WVU. He has 11 years experience assisting people as a financial advisor with Edward Jones in Morgantown. Josh Rogers is an attorney in the Corporate Department of Dinsmore and Shohl, whose practice focuses on family wealth and asset protection planning, probate, and profit and nonprofit business formation.



31. Central American Travels

Instructors: Byron and Susan Witt

Email: bwitt26@comcast.net

Wednesday, 1:00 – 2:50 AM

Classroom: B

Apr. 23, 30, May 14, 21



Course Description: This course provides a summary of the Instructor's travels to the Amazon, Costa Rica, Guatemala, and Panama.

Instructors' Background: Byron and Susan Witt are avid travelers, and enjoy experiencing different cultures and foods, while engaging with the local population. They relish sharing these experiences with others and are active OLLI members. Susan Witt has been an OLLI instructor for several years.

32. Cajun Music

Instructor: Joseph A. Paull

Email: jpaul1921@comcast.net

Wednesday, 1:00 – 2:50 PM

Classroom: A

Apr. 30



Course Description: Cajun music will be presented using a combination of video and recorded music. The history and social context of the music will be presented. Prospective students may contact the instructor directly by email to obtain a course description.

Instructor's Background: Joseph Paull began teaching in the public schools and has taught in the graduate school at WVU. He has taught other OLLI classes in the past.

Learners@hsc.wvu.edu

17. Water Quality Trends in Upper Ohio Basin and implications for Human Health

Instructor: Paul F. Ziemkiewicz, PhD

Tuesday, 1:00 – 2:50 PM

Classroom: B

Apr. 15



Course Description: In view of the recent contamination of water in the Charleston, WV, area, the quality of the water we drink has become a timely topic. Dr. Ziemkiewicz will discuss water quality and its implications for human health.

Instructor's Background: Paul Ziemkiewicz (Zim'kevich) is the Director of the West Virginia Water Research Institute (WVWRI). He holds a Bachelor's degree in Biology, a Master's degree in Range Ecology and a Doctorate in Forest Ecology. A Pittsburgh native, Dr. Ziemkiewicz worked for the Alberta Department of Energy for ten years prior to joining West Virginia University in 1988.

18. Hospice 101 and Advance Care Planning

Instructor: Carrie W. O'Neil MSW

Email: coneil@hospicecarecorp.org

Tuesday, 1:00 – 2:50 PM

Classroom: B

Apr. 22, 29



Course Description: This course will provide an in depth overview of hospice services, with a special focus on palliative end of life care for not only patients but also their families. It will also provide an overview of advance care planning, its importance, and how it affects the end of life.

Instructor's Background: Carrie O'Neil is a Morgantown native and WVU Alumni with Bachelor's and Master's degrees in Social Work with specialization in Aging and Health Care. She has worked for Hospice Care Corporation for 12 years. Carrie will also have an RN, chaplain and bereavement counselor with her as presenters.

19. Introduction to Basic Watercolor Techniques

Instructor: Susan Hall Witt
Email: knitwit1120@yahoo.com
Tuesday, 2:00–4:30 pm
Classroom: MAAG
Apr. 8, 15, 22, 29, May 6, 20



Course Description: This course will explore how watercolors work and will apply that knowledge to small paintings, greeting cards, and “failed art” bookmarks.

Instructor’s Background: Susan Hall Witt is a stained glass and watercolor artist. She teaches stained glass for the community schools program and continues to take classes and workshops to improve her skills.

20. Motown: The Sound of Young America – 50 Years Ago

Instructor: Barry Wendell
Email: wendell.barry@aol.com
Tuesday, 3:00 – 4:50 PM
Classroom: A
Apr. 8, 15, 22, 29, May 6, 20



Course Description: The history of Motown Records: The Miracles, The Temptations, The Supremes, The Jackson 5 and many other pop acts of the last 40 years of the 20th century will be presented.

Instructor’s Background: Barry Wendell has a BA in Humanistic Studies from Johns Hopkins University. He has been collecting recorded music since he first got an allowance at age seven.

Our instructors invest a great deal of time and energy preparing for and teaching classes for OLLI. Please be respectful, register responsibly, and arrive on time.

29. Assistive Technology and Aging in the Workplace

Instructor: Patty Boyce
Email: pboyce1@hsc.wvu.edu
Wednesday, 1:00 – 2:50 PM
Classroom: A
Apr. 16



Course Description: As workers continue to age, they can develop disabilities or existing disabilities can present more of a problem. Assistive Technology can be a solution to many of the problems. This workshop will provide information that will help you locate and provide the necessary tools for yourselves, and/or your clients that want to continue working or to obtain employment .

Instructor’s Background: Patty Boyce is an Assistive Technology Specialist for the WV Assistive Technology System. She has a Master’s Degree in Social Work. She provides device demonstrations, information and referral services, public awareness, and trainings at the local, state and national level.

30. Coping with Hearing Loss

Instructor: Stacia DeMoss
Email: sdlewis13@gmail.com
Wednesday, 1:00 – 2:50 PM
Classroom: A
Apr. 23



Course Description: This course will provide a basic review of hearing loss with a focus on coping strategies.

Instructor’s Background: Stacia DeMoss, Au.D., CCC–A, received her Doctor of Audiology in May 2012 from WVU. She practices at Hearing Central in the Sabraton Plaza and focuses on the adult population.

Did you know that OLLI at WVU has a scholarship fund? We accept donations and applications for funds all year long!

27. Discover Islam

Instructor: Francisco Pena-Ariet

Email: arietpatxi@yahoo.com

Wednesday, 1:00 – 2:50 PM

Classroom: A

Apr. 9



Course Description: This course will be an introduction to the history and beliefs of Islam, starting with pre-Islamic Arabia and ending with the Shia-Sunni split.

Instructor's Background: Francisco Pena-Ariet is a 26 year old Fairmont State University student. He is currently studying Psychology and Sociology and is active with the local Mosque, the Islamic Center of Morgantown.

28. Moving from Windows XP to Windows 8 – 5 important tricks

Instructor: Wallace Venable

Email: wallace.venable@mail.wvu.edu

Wednesday, 1:00 – 2:50 PM

Classroom: B

Apr. 9



Course Description: Microsoft support for Windows XP will end on April 8, 2014. After that date the use of a Windows XP computer on the internet poses an unknown hazard. Users of XP will find their first attempts to use Windows 8 is like hitting a brick wall unless they learn 5 tricks about where the holes in the wall are. This class is essentially a repeat of the "Windows 8 – Is it Really that Bad?" class offered in the Winter Term.

Instructor's Background: Wally Venable is a WVU mechanical and aerospace engineering emeritus faculty member. Since he has retired he has had time to study local history, glass, and music. He and his wife Norma are authors of the Arcadia book *Around Morgantown*. Wally is on the OLLI at WVU Honor Roll.

21. The 4th Dimension of Design

Instructor: George Longenecker

Email: clifside@comcast.net

Tuesday, 3:00 – 4:50 PM

Classroom: B

Apr. 15



Course Description: This course will provide a visual presentation of the many different impacts of time on the environment.

Instructor's Background: George Longenecker has taught courses on landscape architectural design, planting design, ecology, plant identification and more. He has photographed many different changes that occur in our environments. Some changes require years, others mere seconds.

22. Saving Frank Lloyd Wright's Fallingwater

Instructor: George Longenecker

Tuesday, 3:00 – 4:50 PM

Classroom: B

Apr. 29



Course Description: This course will be based upon Kenneth Love's film *Saving Fallingwater* covering a recent major restoration project. There will be additional information about the ongoing efforts to maintain the naturalness of the site.

Instructor's Background: George Longenecker has worked with summer landscape interns at Fallingwater for 26 years.

Items for the Friday E-Bulletin need to be submitted to learners@hsc.wvu.edu by Thursday at 4:00 pm. for that Friday's edition.

23. God's Pharmacy

Instructor: Jennie Powell
Email: jpowellrph@gmail.com
Tuesday, 6:00 – 7:50 PM
Classroom: A
Apr. 15



Course Description: For centuries, those in the healing arts have studied and derived benefit from naturally occurring therapeutic and supportive food, herbs and spices. Dr. Powell will present an overview of these natural health supports and superfoods.

Instructor's Background: Dr. Jennie Powell completed her BS in Pharmacy in 1994 and PhD in Pharmaceuticals Sciences in 2003. She has served as Director of Pharmacy for Beverly Healthcare, a multi-state nursing home company, and is a former owner/manager of the Morgantown office of Right at Home.

24. Charitable Planning

Instructor: Barry Fasenmyer
Email: bfasenmyer@metlife.com
Tuesday, 6:00 – 7:50 PM
Classroom: B
Apr. 22



Course Description: This course will discuss both basic and advanced concepts for assisting non-profit organizations in the area of charitable giving.

Instructor's Background: Barry Fasenmyer is the Agency Sales Director for Metlife in the Western PA/ WV region. He has spent the last 34 years working to assist and educate the non-profit world on matters of finance and fundraising.

WEDNESDAY

25. Guitar I

Instructor: Ray Crist
Email: bigday84@yahoo.com
Wednesday, 10:00 – 11:50 AM
Classroom: B
Apr. 9, 16, 23, 30, May 7, 14, 21



Course Description: Proceeding from guitar basics taught in the Winter Term, this class will study more advanced music and guitar techniques.

Instructor's Background: Ray Crist has been playing the guitar for over 50 years.

26. Personal and Family History Writing Projects

Instructor: Rae Jean Sielen
Email: rsielen@populore.com
Wednesday, 10:00 – 11:50 AM
Classroom: A
Apr. 30, May 7



Course Description: Topics for this course will include strategies for organizing your material and considerations as you compile, write, and produce your work (e.g., sources, voice, truth, scope, photographs, printing/binding). Participants will begin identifying approaches suitable for their own goals, materials, audience, and budget. Handouts will be provided and examples of many completed projects shared. Topics related to commercial publishing ventures such as how to sell manuscripts, find agents, and negotiate contracts will not be covered.

Instructor's Background: Rae Jean Sielen is the co-founder/owner of Populore Publishing Company in Westover. For nearly 20 years she has helped individuals, families, organizations, and businesses with a wide variety of publishing projects. She is especially passionate about encouraging others to preserve their personal and family stories. Rae Jean is on the OLLI at WVU Honor Roll.