



Osher Lifelong Learning Institute
Spring 2015 Course Catalog
www.olliatwvu.org

A Message from Our Director

Welcome to Spring Term and the opportunities and potential of the season.

This is an exciting time for OLLI at WVU. Our technology changes and upgrades implemented for the last term were successful; new staff positions have been approved to provide additional administrative support for our program; and we are branching out to Charleston - find out more information about the kick-off on page 46. As interest in OLLI at WVU grows, we continue to seek out opportunities to collaborate with other universities, with other lifelong learning programs, and with organizations in our community and state who value the joy of learning. These collaborations help us to increase our resources, broaden our perspectives and course offerings, and reach our membership goals. If you belong to a group or organization that could benefit from learning more about OLLI at WVU, please let me know.



Our Board of Directors is listed on page 8 and the Committee Chairs and descriptions are on page 9. Please consider volunteering! We currently need an Office Assistants Committee Chairperson, and members for our PR and Membership Committee. Please contact our Nomination Committee if you would like to be considered to be put on the ballot for our elections held at our Annual Meeting on June 10th.

Do you have friends who ask a lot of questions, are curious, or love learning? Please invite them to our Preterm Showcase on April 1st or to join you for a class (please get a voucher from the office).

I look forward to seeing everyone this Spring Term. There are 56 courses to choose from, with many new instructors and topics, such as zip lining and scuba diving, as well as some classes from our Winter Term repeated by request. Together this will be a great season of learning!

Angela Faulkner-Van Deysen, Executive Director
ACFaulkner@hsc.wvu.edu

“Behold, my friends, the spring is come; the earth has gladly received the embraces of the sun, and we shall soon see the results of their love!”
-Sitting Bull

WWW.OLLIATWVU.ORG
(304) 293-1793

Who We Are

The Osher Lifelong Learning Institute at West Virginia University, known as OLLI at WVU, provides programs and educational opportunities designed for adults 50 and over.

OLLI at WVU is a membership organization within the School of Public Health at West Virginia University that recognizes the unique experiences, capabilities, and wisdom of mature members of the community. OLLI at WVU emphasizes the sharing of ideas through peer learning, member participation, and collaborative leadership.

During four terms each year, OLLI at WVU offers day and evening courses, lectures, seminars and field trips in such areas as music, literature, art, science, politics, nature, history, health, medicine, and economics. Live drama, movies, and special interest groups add to the choices.

Courses are developed and taught by volunteers from the community who are passionate about their topics, avocations, and interests, and love to share their ideas.

Most Morgantown courses are taught in the OLLI classrooms at the Mountaineer Mall. Others are held at different locations within the Mall or at off-campus locations. Charleston courses are taught at the West Virginia University Building on the CAMC Campus.

Come and renew your enthusiasm for learning in a relaxed environment that is supportive and filled with humor, wisdom, diversity, and insight. Courses are entirely free of the pressures of grades and exams and you may choose as many as you like.

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OLLI at WVU Spring Term Showcase

Wednesday, April 1, 2015
1:30 pm to 3:00 pm
Mountaineer Mall Atrium

Learn about current courses, meet instructors, become a member, register for classes, and more!
Friends welcome!

A special *Thank You* to
Bobbie Brandt
for our catalog cover artwork.



Spring Courses begin
April 13, 2015

Looking Ahead

- ◆ **April 14, 2015 - Charleston Kick-off Reception**
- ◆ **April 28, 2015 - Instructor Proposals Due**
- ◆ **May 8, 2015 - Letter of Acceptance to Instructors**
- ◆ **May 16, 2015 - Instructor Commitment Forms due**
- ◆ **Annual Meeting - June 10, 2015 at The Pines**
- ◆ **June 17, 2015 - Summer Term Showcase**
- ◆ **Summer Term 2015 — July 6 - August 14, 2015**

Frequently Asked Questions

Can we register online?

- ⇒ Yes! **Once you are a member**, go to the website (www.olliatwvu.org) and fill out the online Course Registration Form. You will receive an e-mail copy of your registration.

Will I receive a confirmation of courses in the mail?

- ⇒ **Confirmations will not be mailed.** You will be notified if a class is full and you are waitlisted. Please keep a copy of the *Schedule at a Glance* to know when and where each class meets. The catalog is also on the website: www.olliatwvu.org

May I bring a friend to class?

- ⇒ Yes. Ask at the office for a class voucher to attend a single class. We welcome the opportunity to showcase OLLI and to entice others to join. Please consider sharing the joy of OLLI with a gift membership certificate.

Is there an age requirement?

- ⇒ No, but our programs are designed for those over 50.

What is a facilitator and what does he/she do?

- ⇒ Each course needs a facilitator to introduce the instructor, welcome members, distribute course materials, collect instructor feedback forms, and assist as needed.
⇒ No technical expertise is required.

If you would like to join an OLLI committee, fill out this form and send it in with your registration form to OLLI.

Name: _____ Ph: _____

E-mail: _____

Opportunities to serve: Curriculum Facilities/Technology
 Special Events Membership/Publicity Finance
 Office Assistant Facilitator Nominating History
 Other _____

M ___
TM ___
DB ___
Office use only

Membership Application

Name _____

Address _____

City _____ State _____ Zip code _____

Phone # _____ E-Mail _____

Emergency Contact: _____ Relationship: _____

Phone # _____

Check one: New member _____ Renewal _____

Please check if you are interested in volunteering with OLLI _____

Do you wish to receive the catalog in the mail _____ online _____

If you are a new member, how did you learn about OLLI?

Annual Membership Dues: July 1, 2014 - June 30, 2015.

Annual members may participate in unlimited courses and activities.

- **Full Member** _____ **\$100.00.** (includes voting rights)
- **Faculty Member** _____ **\$40.00.** Instructors who have taught at least one course with three or more classes during the prior fiscal year are eligible to receive a discounted membership.
- **Honor Roll Member** _____ **Free.** For instructors who have taught at least ten courses of three or more classes.
- **Term Membership Dues: Term Only** _____ **\$50.00.**
- **Trial Membership Dues: Term Only** _____ **\$25.00.** For people who have *never* been an OLLI at WVU member to try a term.
- **Scholarships** are available for those needing them. Ask for a confidential application or fill out the form on our website.
- **Contributions** are always welcome and appreciated.

Send your check (payable to the WVU Foundation) and this form to:

OLLI at WVU
Mountaineer Mall, Unit D-9
PO Box 9123
Morgantown, WV 26506-9123

Spring 2015 Course Registration Form

**Once you have paid your dues, you may register on-line at
www.olliatwvu.org.**

Name _____

Phone _____ E-mail _____

Emergency Contact—Name and Phone _____

**Contact the office or instructor if your plans change
(particularly if the course has limited enrollment).**

To register, enter the course number, title and day.

Course #	Title	Day
<i>Ex. #40</i>	<i>How to Register 101</i>	<i>Sunday</i>
	Please attach sheet for additional courses.	

Please check here if you are willing to serve as class facilitator _____

Please return this form and any needed payment (payable to the
WVU Foundation) to: **OLLI at WVU**

**PO Box 9123, Mountaineer Mall D-9
Morgantown, WV 26506-9123**

Supporters

OLLI at WVU continues to grow as an organization with the unwavering commitment and generosity of our patrons and supporters. We acknowledge and thank the following:

- ◆ The Bernard Osher Foundation
- ◆ West Virginia University, President's Office
- ◆ WVU School of Public Health (SPH)
- ◆ Our Distinguished Instructors
- ◆ Committee Members and Volunteers
- ◆ OLLI Members
- ◆ OLLI \$100K Club

Staff

Angela Faulkner-Van Deysen, Executive Director

Jessica White, Professional Technologist

Diane Cale, Assistant

Sonja Jewell Kelley, Assistant

OLLI Board of Directors

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- ◇ Hope Covey, Secretary
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OLLI Board of Advisors

- ◇ Mary Ellen Brady
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- ◇ Roger Dalton
- ◇ Ann Davidson
- ◇ Phil Faini
- ◇ Suzanne Gross
- ◇ Betty Maxwell
- ◇ Art Pavlovic

JOIN AN OLLI COMMITTEE!!!

Curriculum

Co-Chair: Barbara Howe
Co-Chair: Carolyn Nelson

Members help plan and develop course offerings and recruit faculty.

Facilities and Technology

Chair: Anne Nardi

Members assist in the planning and maintenance of the OLLI facilities and technology resources.

Special Events

Chair: Hope Covey

Members organize the receptions for each term, the holiday social, and the annual meeting.

Membership and Publicity

Chair: Nancy Wasson

Members assist in the growth of OLLI by planning and developing marketing strategies, events and assisting with receptions.

Finance

Chair: Jim Held
Vice Chair: Connie McCluskey

Members review reports, revenue and expenses and develop an annual budget.

Irving Goodman Annual Aging Lecture Series

Chair: Art Jackowitz

Members select topics and speakers for this event.

History

Chair: Carole Boyd

Members help preserve the history of ALL and OLLI.

Office Assistants

Chair: Vacant

Members volunteer in the OLLI office, where they perform various vital duties.

Nominating

Chair: Ann Davidson

Members propose a slate of candidates from the membership for election to the OLLI Board.

Course Facilitator Volunteers

Each course needs a facilitator to introduce the instructor and to distribute course materials.

OLLI \$100K Club

Chair: Linda Jackowitz

Members assist with this specific fundraising campaign.

SCHEDULE AT A GLANCE

Day of the week/ Time	Sessions	Date	Room
<u>Monday 10:00 AM - 11:50 AM</u>			
01. <i>The New Yorker</i>	6	April 13, 20, 27, May 4, 11, 18	A
02. Music of Lap Dulcimer	6	April 13, 20, 27, May 4, 11, 18	B
<u>Monday 1:00 PM - 2:50 PM</u>			
03. Stock Options	4	April 13, 20, 27, May 4	A
04. The Knit and Purlers	6	April 13, 20, 27, May 4, 11, 18	B
<u>Monday 3:00 PM - 4:50 PM</u>			
05. Guitar 101	6	April 13, 20, 27, May 4, 11, 18	BR
<u>Monday and Wednesday 3:30 PM - 4:30 PM</u>			
06. History of Earth	10	April 13, 15, 20, 22, 27, 29, May 4, 6, 11, 13	B
<u>Monday 6:00 PM - 7:50 PM</u>			
07. C.O.R.E.	3	April 13, 27, May 4	A
08. Responsible Investing	1	May 18	B
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<u>Tuesday 10:00 AM - 11:50 AM</u>			
09. House History	1	April 14	A
10.1. Cystic Fibrosis	1	April 14	B
10.2. Keeping Fit	1	April 21	B
10.3. Generic Drugs	1	April 28	B
10.4. Stroke	1	May 5	B
10.5. Ophthalmology	1	May 12	B
10.6. Depression	1	May 19	B
11. Healing with Yoga	6	April 14, 21, 28, May 5, 12, 19	MDS
12. The Battle of Midway	1	April 21	A
13. Rajasthan	2	April 28, May 12	A
<u>Tuesday 1:00 PM - 2:50 PM</u>			
14. Theatre History IV	6	April 14, 21, 28, May 5, 12, 19	A
15. Write Six-Poem Sequence	6	April 14, 21, 28, May 5, 12, 19	B
<u>Tuesday 2:00 PM - 4:30 PM</u>			
16. Basic Watercolors	6	April 14, 21, 28, May 12, 19, 26	MAAG
<u>Tuesday 3:00 PM - 4:50 PM</u>			
17. Lyme Disease	1	April 14	A
18. Russian	1	April 14	B
19. Outlook & Opportunities	1	April 21	A
20. Yiddish	2	April 21, 28	B
21. Investment Perspectives	1	April 28	A
22. Roth IRA's	1	May 5	A

SCHEDULE AT A GLANCE

Day of the week/ Time	Sessions	Date	Room
<u>Wednesday 10:00 AM - 11:50 AM</u>			
23. WV/NASA Archeology	6	April 15, 22, 29, May 6, 13, 20	B
24. Ready for Breakfast	1	April 22	A
25. Personal & Family History	2	May 6, 13	A
<u>Wednesday 1:00 PM - 2:50 PM</u>			
26. Wheel of Nursing	1	April 15	A
27. The Living Journal	4	April 15, 22, 29, May 6	B
28. Smarter than?	1	April 22	A
29. Flatt and Scruggs	3	April 29, May 6, 13	A
30. RetireWise	2	May 13, 20	B
<u>Wednesday 3:00 PM - 4:50 PM</u>			
31. International Films	3	April 15, May 20, June 17	A
32. Harp Music	4	April 22, 29, May 6, 13	A
<u>Monday and Wednesday 3:30 PM - 4:30 PM</u>			
06. History of Earth	10	April 13, 15, 20, 22, 27, 29, May 4, 6, 11, 13	B
<u>Wednesday 6:00 PM - 7:50 PM</u>			
33. Harp Music	4	April 22, 29, May 6, 13	A
34. Intro to Elder Law	1	April 22	B
<hr/>			
<u>Thursday 10:00 AM - 11:50 AM</u>			
35. Wildflower Identification	1	April 16	A
36. Writing Retreat	6	April 16, 23, 30, May 7, 14, 21	B
37. Spring Wildflowers	2	April 23, 30	A
<u>Thursday 1:00 PM - 2:50 PM</u>			
38. Blandings Castle	6	April 16, 23, 30, May 7, 14, 21	A
39. Alzheimer's Disease	2	April 16, 23	B
40. Jim Benner Salon	2	April 23, 30	Other
<u>Thursday 3:00 PM - 4:50 PM</u>			
41. Companion Animals	3	April 16, 23, 30	A
42. Marketing/Advertising	1	April 30	B
43. 3-D Printing	1	May 7	B
44. Ireland's River Shannon	1	May 14	B
45. Try Scuba	1	May 14	Other
<u>Thursday 3:30 PM - 5:20 PM</u>			
46. Help for Your Electronics	1	April 23	B
<u>Thursday 6:00 PM - 7:50 PM</u>			
47. 3-D Printing	1	May 7	B
48. Ireland's River Shannon	1	May 14	B
49. Try Scuba	1	May 14	Other

SCHEDULE AT A GLANCE

Day of the week/ Time	Sessions	Date	Room
<u>Friday 10:00 AM - 11:50 AM</u>			
50. Assistive Technology	1	April 17	A
51. Learn to Play Bridge	6	April 17, 24, May 1, 8, 15, 22	B
52. Vacationing with Volcanos	2	April 24, May 1	A
53. John Philip Sousa	1	May 8	A
<u>Friday 1:00 PM - 2:50 PM</u>			
54. <i>The National Parks</i>	6	April 17, 24, May 1, 8, 15, 22	A
55. <i>The Templars' Secret Island</i>	3	April 17, 24, May 1	B
<u>Saturday 2:00 PM - 4:30 PM</u>			
56. WVU Zip Canopy Tour	1	May 2	Other

Classroom location may change due to technology needs and enrollment. Watch for signs.

Classroom Key

A – The classroom next to the OLLI Office

B – The classroom across from the Nail Salon

Back Room (BR) - Behind Main Office

CL - Computer Lab is the first door on left down the hallway that is next to Classroom B

MAAG - Morgantown Art Association and Gallery

MDS - Morgantown Dance Studio

Other - See description for location

OLLI at WVU Open Policy:

- OLLI members are personally responsible for their own safety and must exercise good judgment when making traveling choices in inclement weather.
- When West Virginia University or Monongalia County Schools are closed for inclement weather, all OLLI activities are cancelled.
- The decision to cancel weekend activities due to weather is at the discretion of the instructor. Registered participants will be notified.
- County school delays do not affect OLLI activities.
- When the county calls an early dismissal due to weather, the decision to cancel activities will be at the discretion of the Director.
- The OLLI office observes WVU holidays.

SPECIAL INTEREST GROUPS

On the **first Monday** of each month, for individuals who enjoy
good conversation with friends,

The Carl Taylor Chat 'n Chew,

meets at the *New Shoney's* in Sabraton at 9:00 AM

The New Yorker Discussion Group

On Mondays from 10:00 AM - 11:50 AM

Discuss a range of topics from recent issues of *The New Yorker*.

**Meeting between terms will be
announced in Friday's Bulletin.**

Knit & Purlers

On Mondays from 1:00 PM - 2:50 PM in Classroom B,
join others to share ideas, patterns, workshop information and to
support each other in knitting.

Watercolor

On Tuesdays from 2:00 PM - 4:30 PM at the
Morgantown Art Association and Gallery.
Be creative and paint with watercolors.

On the **3rd Wednesday** of each month
at 3:00 PM in Classroom A

the OLLI Independent Film Group

meets and watches a film.

Check out the Friday Bulletin for details.

OLLI Writing Interest Group

This open, flexible group offers a quiet, nurturing atmosphere for
writing your stories and memoirs. Get your ideas out of your
head and into a more permanent format.

This group coordinated by Dave Ornick (lead) and Cathy
Samargo (back up) will meet in Classroom B
Thursdays, from 10:00 AM – 11:50 AM

*Special Interest Groups typically meet between terms
unless otherwise determined by the class.*

PRE-TERM

Classroom A/V Equipment Training

Instructor: Jessica White

Email: jewwhite@hsc.wvu.edu

Friday, April 10

Contact office to set up time



Course Description: This hands-on class is open to all instructors, lecturers, facilitators, and members who are interested in learning the operational procedures for all classroom technology equipment. New ideas are welcome as we develop quick reference sheets and instruction manuals. Contact the office to schedule an appointment.

Instructor's Background: Jessica White is a web developer for the WVU School of Public Health. She provides information technology support and develops and maintains various websites and databases.



This icon indicates that the instructor is an **OLLI at WVU Honor Roll Member** and has taught at least 10 courses of three or more classes. If more than one instructor is listed, the Honor Roll member is in ***bold italics***.

Courses that are also **Special Interest Groups** are marked with an asterisk * following the title.

CLASSROOM TEMPERATURE

Please note: To save energy the classroom thermostats are set to specific temperatures. Make sure to dress in layers to help make your class environment comfortable.

IT IS IMPORTANT TO REGISTER

Please be respectful of the time and efforts put in by our volunteer instructors and register accordingly. It is particularly necessary for the courses with limited enrollment.

MONDAY

01. *The New Yorker* Discussion Group*

Instructors: *Margot Racin* and Kris Cooper

E-mail: mbracin@comcast.net

Monday 10:00 AM - 11:50 AM

Classroom: A

April 13, 20, 27, May 4, 11, 18

Maximum Enrollment: 20



Course Description: Come join us to discuss a range of topics from recent issues of *The New Yorker*. Members of the group choose articles, fiction, and topics to be discussed each week. All viewpoints welcome! A subscription to *The New Yorker* is not required.

Instructors' Backgrounds: Margot Racin is retired after 30 years in the WVU English Department. She has coordinated these discussions in previous terms and looks forward to even more stimulating discussions Spring Term. Kristen Cooper is a publicist with experience in the publishing industry at magazines including *The New Yorker*, *Better Homes & Gardens*, *Travel & Leisure*, and *House & Garden*.

02. Enjoying the Music of the Lap Dulcimer

Instructor: Judy Werner

E-mail: judywerner@frontier.com

Monday 10:00 AM - 11:50 AM

Classroom: B

April 13, 20, 27, May 4, 11, 18,

Maximum Enrollment: 20



Course Description: Explore the history of and listen to music featuring the lap dulcimer. This course will be hands-on, learning to play several simple songs. Instruments will be provided for use during class. Each week will feature different types of tunes: old-time fiddle, gospel, waltzes, rounds and harmony, Irish, and West Virginia songs. The instructor invites you to try the first class if you are not sure, but no previous music experience is necessary. Come and enjoy this traditional Appalachian instrument.

Instructor's Background: Judy Werner taught special education in public schools, and worked for WVU Special Education Department. She has played the lap dulcimer for 10 years,

performs with local groups, and has taught workshops on the dulcimer, bowed psaltery, and tin whistle. Judy and her husband Ed Werner direct the Worley Gardner Winter Music Festival.

03. Beginning Stock Options Trading

Instructor: Raymond Crist

E-mail: raymond_crist@yahoo.com

Monday 1:00 PM - 2:50 PM

Classroom: A

April 13, April 20, April 27, May 4

Maximum Enrollment: 15



Course Description: This course will examine how stock options make money quickly, how to place a trade, how to sell the options, and how to find a mentor for the process.

Instructor's Background: Raymond Crist served 13 years as a Marine officer and pilot. He has attended several seminars on this subject and studied on his own. He has been personally trading about two years.

04. The Knit and Purlers*

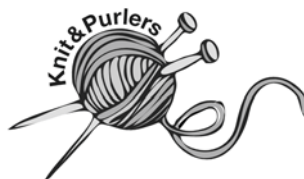
Instructors: Judy Minor, Joann King and
Joyce Moore

E-mail: bminor404@comcast.net

Monday 1:00 PM - 2:50 PM

Classroom: B

April 13, 20, 27, May 4, 11, 18



Course Description: This course is an interest group for knitters who would enjoy being with other knitters to share ideas, patterns, and workshop information to support each other in knitting. *(Please note if you are a member of the interest group, you still must register each term for this course.)*

Instructors' Backgrounds: Judy Kelley Minor, Joann King, and Joyce Moore all have different skill levels of knitting and share a sincere love for both the art of knitting and sharing their expertise. They are willing to assist members with their projects and skills or find someone who can. Cecilia Graves, owner of the Needlecraft Barn, will also be a resource.

Learners@hsc.wvu.edu

05. Guitar 101

Instructor: Raymond Crist
E-mail: raymond_crist@yahoo.com
Monday 3:00 PM - 4:50 PM
Classroom: BR
April 13, 20, 27, May 4, 11, 18
Maximum Enrollment: 15



Course Description: Guitar instructions for all ages. Learn to play songs. A limited number of rental guitars are available for \$5 per month.

Instructor's Background: Raymond Crist has been playing the guitar for over 50 years.

06. History of Earth: Recent History

Instructor: Dr. Richard Smosna
E-mail: rsmosna@wvu.edu
Monday and Wednesday
3:30 PM - 4:30 PM
Classroom: B
April 13, 15, 20, 22, 27, 29,
May 4, 6, 11, 13



Course Description: This course will be a discussion of the nature and cause of the Ice Age, and the evolution of humans and our pre-human ancestors.

Instructor's Background: Richard Smosna has been teaching geology at WVU for 35 years.

07. C.O.R.E.

Instructor: Theresa Twigg
E-mail: ttwigg1987@gmail.com
Monday 6:00 PM - 7:50 PM
Classroom: A
April 13, 27, May 4
Maximum Enrollment: 30



Course Description: This course will give an overview of what organ donation is, the process, and other facts about donation. The instructor will discuss many current medical advancements in this field. There will be special guests joining the class on the first and last nights.

Instructor's Background: Theresa Twigg, a Morgantown native, has received two transplants. She is a volunteer with C.O.R.E., and enjoys working with others and helping in any way possible.

08. Socially Responsible Investing

Instructors: Rachel Wood and William Wolf

E-mail: rwood@metlife.com

Monday 6:00 PM - 7:50 PM

Classroom: B

May 18



Course Description: Are you concerned about the environment, social issues, and the world? Do you want your investments to make a meaningful difference while delivering positive returns? This course will explore what Socially Responsible Investing (SRI) is and how it is applied to traditional investing. Included will be a discussion on SRI themes and investment options.

Instructors' Backgrounds: Rachel M. Wood is a Senior Financial Planner with 17 years of retirement planning experience. William D. Wolfe is a Senior Financial Planner with 24 years of retirement planning experience.

TUESDAY

09. Researching House History

Instructor: Barbara Rasmussen

E-mail: brasmu47@gmail.com

Tuesday 10:00 AM - 11:50 AM

Classroom: A

April 14



Course Description: What can you learn from your house? This course will help your walls talk! From deeds to construction details, study the history of your house.

Instructor's Background: Barbara Rasmussen has taught at Fairmont State and WVU since 1990. She is the past president of the City Landmarks Commission and Monongalia Historical Society.

10. Med School 103

Coordinator: Bob Craig

E-mail: ccraig@hsc.wvu.edu

Tuesday 10:00 AM - 11:50 AM

Classroom: B

April 14, 21, 28, May 5, 12, 19



Course Description: There will be six sessions by current or retired faculty of the WVU Health Sciences Center on topics of their interest and expertise.

Instructor's Background: Bob Craig has been active in setting up the "Med School" series of courses as OLLI. He is a past President of the OLLI Board of Directors.

10.1. Cystic Fibrosis: End of the Beginning

Instructor: Dr. Katherine Moffet-Bradford

E-mail: kmoffett@hsc.wvu.edu

Tuesday 10:00 AM - 11:50 AM

Classroom: B

April 14



Course Description: The course will describe the signs and symptoms of Cystic Fibrosis and its progression. The instructor will also discuss new treatments for this serious chronic disease.

Instructor's Background: Kathy Moffett-Bradford, MD, is Professor of Pediatrics, Section Chief of Pediatric Diseases, and served as Director of the Mountain State Cystic Fibrosis Center for over 16 years, until 2015. She received her MD degree from Penn State University. She is the Infectious Diseases module leader for the Tropical Medicine Course held at WVU. She has practiced medicine in Zimbabwe and in Bangladesh.

Please check your calendar when registering for classes to be sure you are available to attend.

We miss you when you do not show up.

10.2. Keeping Fit as We Age

Instructor: Billy Carlton

E-mail: bcarlton@hsc.wvu.edu

Tuesday 10:00 AM - 11:50 AM

Classroom: B

April 21



Course Description: This session will be “hands on” in that students will learn a variety of exercises that can be carried out at home to help keep muscles functioning and help in maintaining balance.

Instructor’s Background: Billy Carlton retired in 2006, as Professor, Department of Community Medicine, WVU School of Medicine, after 28 years of service. He is now out of retirement and working as a Trainer, WVU Recreation Center. Although he grew up in Virginia, he is related to both the Hatfields and the McCoys from Southern West Virginia. Billy received his EdD degree from the University of Tennessee, Knoxville.

10.3. Are Generic Drugs Good for Your Health and for Your Healthcare?

Instructor: Allie Karshenas

E-mail: alkarshenas@hsc.wvu.edu

Tuesday 10:00 AM - 11:50 AM

Classroom: B

April 28



Course Description: This session will discuss what generic drugs are and how they relate to the branded pharmaceuticals in regards to efficacy, safety, and cost.

Instructors’ Background: Allie Karshenas, PhD, CLDir (ASCP), SS/BB, is an Associate Professor in the School of Pharmacy and Director of the WVU Clinical & Pharmacologic Research Center.

10.4. Stroke

Instructor: Dr. Matthew Smith

E-mail: mssmith@hsc.wvu.edu

Tuesday 10:00 AM - 11:50 AM

Classroom: B

May 5



Course Description: This session will be a discussion on strokes and will include prevention, the experience of having a stroke, and subsequent treatment.

Instructor's Background: Matthew Smith, MD, is Director of Neurocritical Care, West Virginia University Hospitals, and Assistant Professor of Neurology and Assistant Professor of Neurosurgery, WVU School of Medicine.

10.5. Ophthalmology for the Golden Years

Instructor: Dr. Kenneth Mitchell
E-mail: mitchellk@wvuhealthcare.com
Tuesday 10:00 AM - 11:50 AM
Classroom: B
May 12



Course Description: This session is a presentation that will describe an assortment of eye diseases and the treatments for some conditions that occur in the Golden Years. There will be ample time for questions.

Instructor's Background: Kenneth Mitchell, MD, is a specialist in the treatment of glaucoma. He is currently Medical Director and Associate Professor of the WVU Eye Institute. He is a Fellow of the American Academy of Ophthalmology and a member of the American Glaucoma Society.

10.6. Recognition and Treatment of Depression

Instructors: Janie Howsare and
Dr. Dilip Chandran

Email: jhowsare@hsc.wvu.edu;
dchandran@hsc.wvu.edu
Tuesday 10:00 AM - 11:50 AM

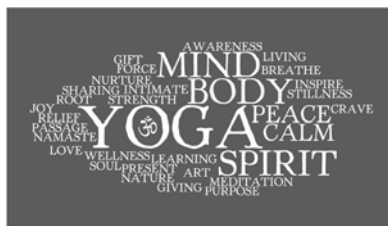
Classroom: B
May 19



Course Description: This session, led by a physician and a therapist, will examine depression from the perspective of the physician and from the perspective of psychotherapy.

Instructors' Backgrounds: Janie Howsare is an Assistant Professor in the Department of Behavioral Medicine & Psychiatry, WVU School of Medicine, with the Faculty Staff Assistance Program. She received her MSW and MPA degrees from WVU. Dilip Chandran, MD, is Medical Director of the CRC Day Hospital and Assistant Professor the Department of Behavioral Medicine & Psychiatry. He received his MD degree from WVU.

11. Healing with Yoga*
Instructor: Eva Hnizdo
E-mail: evahnizdo@gmail.com
Tuesday 10:00 AM - 11:50 AM
Classroom: MDS
April 14, 21, 28, May 5, 12, 19
Maximum Enrollment: 30



Course Description: This beginner yoga class is designed to renew vital energy and create physical and mental well-being through yoga poses that stretch, strengthen, and relax through meditation. Practicing yoga has a holistic impact on the body.

Instructor's Background: Eva Hnizdo, PhD in Epidemiology, has been a Registered Yoga Teacher since 2006 and teaches yoga at NIOSH and Lakeview. She has practiced the Iyengar style of yoga since 1976. This yoga style focuses on correct body alignment and is well-suited for senior practitioners.

12. The Battle of Midway: WW2

Instructor: Leo Horacek
E-mail: leo_horacek@yahoo.com
Tuesday 10:00 AM - 11:50 AM
Classroom: A
April 21



Course Description: Early in WW2, the Japanese, aiming to destroy US sea power, planned an attack on Midway. The objective was to bring the US carrier fleet to battle and destroy the American naval power. The Japanese forces were greatly superior in every respect. They had the advantage of choosing the time and place of battle and had every reason to expect a great victory. Instead, it was a disaster from which the Japanese Navy never recovered. This lecture will consider the details of the event and try to pinpoint the reasons for this outcome.

Instructor's Background: Leo Horacek is professor emeritus of music at WVU. He is also a former Naval WW2 pilot and later a civilian flight instructor.

Facilitators Needed!

To volunteer, please check the box on your class registration or contact the office.

13. Rajasthan: Land of the Kings

Instructor: Sumitra Reddy
E-mail: smreddy@mail.wvu.edu
Tuesday 10:00 AM - 11:50 AM
Classroom: A
April 28, May 12



Course Description: Rajasthan in Western India is a unique and colorful state famous for its numerous forts, palaces, "havelis"(mansions), desert, wildlife, art, music, fairs & festivals, and the "Palace on Wheels". This class will take you through various places in Rajasthan.

Instructor's Background: Sumitra Reddy is a faculty member in the Lane Department of Computer Science and Electrical Engineering at WVU. She and her husband enjoy traveling around the world. A native speaker of Bengali, she was brought up in Calcutta, India. She has interest and experience in various natural and devised computer languages.

14. Theatre History IV: Spanish and English Renaissance

Instructor: James Dylan Held
E-mail: jim.held@mail.wvu.edu
Tuesday 1:00 PM - 2:50 PM
Classroom: A
April 14, 21, 28, May 5, 12, 19



Course Description: This course will focus on the Renaissance in Spain and England, the period of the four Phillips in Spain and Elizabeth I and Shakespeare in England. It will explore how the stage developed and viewed Marlowe's *Dr. Faustus* in its Globe Theatre production. The class will also discuss two of Spain's most beloved plays, *Life is a Dream* and *Fuente Ovejuna*.

Instructor's Background: James Held retired from WVU in May, 2013, after 33 years teaching stage design, theatre history, world theatre, and drama. He directed or designed many productions, most recently, scenery for *The Cherry Orchard*. This is his 25th class with OLLI.

Courses that are also **Special Interest Groups** are marked with an asterisk * following the title.

15. Writing a Six-Poem Sequence

Instructor: Susan Shaw Sailer
E-mail: susansailer@gmail.com
Tuesday 1:00 PM - 2:50 PM
Classroom: B
April 14, 21, 28, May 5, 12, 19
Maximum Enrollment: 10



Course Description: In each session the class will write a poem, each of which will be linked to the previous one. This is done through repeating the final line of one poem as the first line of the next poem.

Instructor's Background: Susan Shaw Sailer taught in the English Department at WVU from 1989-2000. Her poems have appeared in national and regional journals. She has published two books.

16. Basic Watercolors*

Instructor: Susan Hall Witt
E-mail: knitwit1120@yahoo.com
Tuesday 2:00 PM - 4:30 PM
Classroom: MAAG
April 14, 21, 28, May 12, 19, 26



Course Description: This course will explore how watercolors work and will apply that knowledge to small paintings, greeting cards, and "failed art" bookmarks.

Instructor's Background: Susan Hall Witt is a stained glass and watercolor artist. She teaches stained glass for the community schools program and continues to take classes and workshops to improve her skills.

17. Lyme Disease: What You Need to Know

Instructor: Jill A. Ross
E-mail: jillross@westco.net
Tuesday 3:00 PM - 4:50 PM
Classroom: A
April 14



Course Description: Lyme Disease is the fastest growing vector-borne illness in the US, infecting 300,000 people a year. This course will inform participants about the risks of tick-borne

illnesses and provide tick-bite prevention techniques. The award-winning documentary *Under Our Skin: A Health Care Nightmare* will be shown.

Instructor's Background: Jill Ross is a Certified Health and Wellness Coach. She founded the North Central West Virginia Lymn Community in 2013 to support Lyme patients and educate the community.

18. Languages of the World: The Russian Language and the Russian-speaking World

Instructor: Natalya Kuznetsova

E-mail: nkuznets@mix.wvu.edu

Tuesday 3:00 PM - 4:50 PM

Classroom: B

April 14

Maximum Enrollment: 15



Course Description: This course provides a glimpse of the Russian-speaking world, its culture, and the language. Members will master some survival Russian phrases and try to get at the riddle of the mysterious Russian soul.

Instructor's Background: Natalya Kuznetsova has been a Russian language instructor for six years at WVU. She holds an MA degree in Linguistics/TESOL and is currently working towards her doctorate in education at WVU. Being a native speaker of Russian, she has had extensive experience teaching it and sharing her knowledge and first-hand experiences about the language and culture.

19. Outlook & Opportunities: The Game Plan Hasn't Changed

Instructor: Brian Kurcaba

E-mail: brian.kurcaba@edwardjones.com

Tuesday 3:00 PM - 4:50 PM

Classroom: A

April 21

Maximum Enrollment: 15



Course Description: This course explores the economic outlook, inflation and interest rates, the opportunities and risks of international investing, and investing in today's stock market.

Instructors' Background: Brian Kurcaba is a lifelong resident of Morgantown and graduated with a MS in Industrial Relations from WVU. He has 12 years of experience as a financial advisor for Edward Jones.

20. Languages of the World: The Joy of Yiddish

Instructor: Zalman Gurevitz

E-mail: shnazg@gmail.com

Tuesday 3:00 PM - 4:50 PM

Classroom: B

April 21, 28



Course Description: Yiddish is a wonderfully rich language, a window into a world that was. This course will give you the opportunity to get a taste of speaking and understanding Yiddish. If you've ever wanted to be more acquainted with this colorful language and enjoy a deeper connection with past generations-this course is for you!

Instructor's Background: Zalman Gurevitz was born in Brooklyn, NY and has studied in Israel, Manchester, UK, and at the Chabad headquarters in NYC. He is the Co-director of the Rohr Chabad Jewish Student Center at WVU.

21. Investment Perspectives

Instructor: Brian Kurcaba

E-mail: brian.kurcaba@edwardjones.com

Tuesday 3:00 PM - 4:50 PM

Classroom: A

April 28

Maximum Enrollment: 15



Course Description: This course will examine The Edward Jones Perspective which discusses timely market topics and potential investment strategies. This seminar is updated on a monthly basis to align with the Edward Jones Perspective Newsletter.

Instructor's Background: Brian Kurcaba is a lifelong resident of Morgantown and graduated with a MS in Industrial Relations from WVU. He has 12 years of experience as a financial advisor for Edward Jones.

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22. Roth IRAs: Retirement Can be Less Taxing

Instructor: Brian Kurcaba

E-mail: brian.kurcaba@edwardjones.com

Tuesday 3:00 PM - 4:50 PM

Classroom: A

May 5

Maximum Enrollment: 15



Course Description: This course discusses the differences between a traditional IRA and a Roth IRA. Attendees will also learn how a Roth IRA can offer greater flexibility to meet retirement income needs and whether converting from a traditional IRA to a Roth IRA makes sense for the individual's retirement goals.

Instructor's Background: Brian Kurcaba is a lifelong resident of Morgantown and graduated with a MS in Industrial Relations from WVU. He has 12 years of experience as a financial advisor for Edward Jones.

WEDNESDAY

23. Recent WV and NASA Archaeology Projects

Instructor: Pamela McClung Casto

E-mail: pam.casto@ivv.nasa.gov

Wednesday 10:00 AM - 11:50 AM

Classroom: B

April 15, 22, 29, May 6, 13, 20



Course Description: NASA's development of remote sensing equipment to study planets has helped revolutionize archaeology. This course will examine three recent archaeology excavations in WV that have contributed to our knowledge of the past, including Kern's Fort, a Morgantown historical site. It will also examine three international sites in which NASA was involved.

Instructor's Background: Pam Casto is a NASA Education Specialist and FSU faculty member. As an archaeology field tech, she has 13 years of experience in the USA, England, and Scotland.

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24. Ready for Breakfast: It's the Most Important Meal of the Day!

Instructor: Liz Quintana

E-mail: equintana@hsc.wvu.edu

Wednesday 10:00 AM - 11:50 AM

Classroom: A

April 22



Course Description: There is intriguing evidence that eating breakfast can improve weight control, reduce the risk of heart disease and type 2 diabetes, and produce better cognitive performance. This course will focus on translating recent research to develop a nutritious breakfast pattern.

Instructor's Background: A faculty member in the WVU School of Medicine, Liz Quintana has worked with older patients undergoing rehabilitation. She is the nutritionist for the Dr. Dean Ornish Program for Reversing Heart Disease.

25. Personal and Family History Writing Projects

Instructor: Rae Jean Sielen

E-mail: rsielen@populore.com

Wednesday 10:00 AM - 11:50 AM

Classroom: A

May 6, 13



Course Description: Topics for this course will include strategies for organizing your material and considerations as you compile, write and produce your work (e.g., sources, voice, truth, scope, photographs, printing/binding). Participants will be able to begin identifying approaches suitable for their own goals, materials, audience, and budget. Handouts will be provided and examples of many completed projects shared. Topics related to commercial publishing ventures such as how to sell manuscripts, find agents, and negotiate contracts will not be covered.

Instructor's Background: Rae Jean Sielen is the co-founder/owner of Populore Publishing Company in Westover. For 20 years she has helped individuals, families, organizations, and businesses with a wide variety of publishing projects. She is especially passionate about encouraging others to preserve their personal and family stories.

26. Wheel of Nursing - WVU Nursing Students

Instructor: Nursing Students
Wednesday 1:00 PM - 2:50 PM
Classroom: A
April 15



Course Description: Join WVU nursing students in an *interactive* game of "Wheel of Nursing", along with presentations on new and interesting topics focused on health literacy, medical terminology, medications, patient rights, and common acute illnesses.

27. The Living Journal

Instructor: E. Jane Martin
E-mail: elmartin@hsc.wvu.edu
Wednesday 1:00 PM - 2:50 PM
Classroom: B
April 15, 22, 29, May 6



Course Description: The Living Journal will teach a method of journaling that is designed to help participants access the wisdom that resides within them. It is a tool for evoking their inner life. This course will cover the six "moves" that make up this method with additional time for journaling. Students will also be expected to journal between classes.

Instructor's Background: Jane Martin has an MA in English and a PhD in psychiatric-mental health nursing. She has taught for over 50 years, supervised clinical work, and functioned as a therapist during that time.

28. Are You Smarter than a Nursing Student?

Instructor: Nursing Students
Wednesday 1:00 PM - 2:50 PM
Classroom: A
April 22
Maximum Enrollment: 20



Course Description: Join WVU nursing students in a fun and interactive game of "Are You Smarter Than A Nursing Student", and other health focused activities, such as playing fitness games with the Wii (Nintendo Gaming System). The class will be split into two halves and each group will participate in each activity. Nursing students will be available to take blood pressure and calculate BMI.

29. Spotlight on Flatt and Scruggs

Instructor: Joseph Paull
E-mail: jpaull921@comcast.net
Wednesday 1:00 PM - 2:50 PM
Classroom: A
April 29, May 6, 13



Course Description: Flatt and Scruggs and the Foggy Mountain Boys were the most influential bluegrass band of the golden age of bluegrass music. Their music and other contributions will be examined using DVDs and CDs.

Instructor's Background: Joe Paull began teaching in the public schools and has taught in the graduate school at WVU.

30. RetireWise

Instructor: Bart Edmunds
E-mail: plansmart_midatlantic@metlife.com
Wednesday 1:00 PM - 2:50 PM
Classroom: B
May 13, 20



Course Description: This course covers a range of important topics delivered by a specially trained financial professional who will help you clarify your goals and identify the steps you can take to achieve them. Participants will receive a helpful resource guide that is yours to keep.

Instructor's Background: J. Barton Edmunds, CPA, CFP®, is a well-known financial services representative and financial planner in Roanoke, VA.

OLLI at WVU has undergone organizational restructuring, adoption of new technology, and expansion of our geographic and demographic audience. With the assistance of WVU Public Administration Capstone Students- Dustin Blankenship, Erin Franklin, and Kaitlyn Shaffer, OLLI at WVU is revising our Policy Manual and incorporating these new developments.

Come Learn How OLLI at WVU Works and Why!

The Policy Manual Orientation will be held on

April 7, 2015 at 10:00am in Classroom A

with an OLLI Volunteer Appreciation Lunch to follow in Classroom B.

Please RSVP to the office by April 6, 2015.

31. International and Independent Films Interest Group*

Instructor: Sharon Goodman

E-mail: sharonjgoodman@comcast.net

Wednesday 3:00 PM - 4:50 PM

Classroom: A

April 15, May 20, June 17



International
& Independent
Films



Course Description: This interest group presents an international and/or independent film on the 3rd Wednesday of each month.

Instructor's Background: Sharon Goodman is a lifelong film freak!

32. Latin American Harp Music

Instructor: John Lozier

E-mail: jl@harpingforharmony.org

Wednesday 3:00 PM - 4:50 PM

Classroom: A

April 22, 29, May 6, 13



Course Description: This course will showcase the rich traditions of harp music in Latin America, focusing on Mexico, Venezuela, Colombia, and Paraguay. The Instructor will provide live harp demonstrations, and speak of his travels in Venezuela since 2005, and in Colombia in 2014. This repeats the Winter Term course but will include new selections as well as some encore video and audio items.

Instructor's Background: After a lifetime of different roles and careers (among them anthropologist, small businessman, bureaucrat, agricultural educator, father, and grandfather), John Lozier is primarily a "harper for harmony" and a K-12 substitute public school teacher in West Virginia.

CLASSROOM TEMPERATURE

Please note: To save energy the classroom thermostats are set to specific temperatures. Thermostat temps will not be changed.

Make sure to dress in layers to help make your class

06. History of Earth: Recent History

Instructor: Dr. Richard Smosna

E-mail: rsmosna@wvu.edu

Monday and Wednesday

3:30 PM - 4:30 PM

Classroom: B

April 13, 15, 20, 22, 27, 29,

May 4, 6, 11, 13



Course Description: This course will be a discussion of the nature and cause of the Ice Age, and the evolution of humans and our pre-human ancestors.

Instructor's Background: Richard Smosna has been teaching geology at WVU for 35 years.

33. Latin American Harp Music

Instructor: John Lozier

E-mail: jl@harpingforharmony.org

Wednesday 6:00 PM - 7:50 PM

Classroom: A

April 22, 29, May 6, 13

Repeat of Course 32



Course Description: This course will showcase the rich traditions of harp music in Latin America, focusing on Mexico, Venezuela, Colombia, and Paraguay. The Instructor will provide live harp demonstrations, and speak of his travels in Venezuela since 2005, and in Colombia in 2014. This repeats the Winter Term course but will include new selections as well as some encore video and audio items.

Instructor's Background: After a lifetime of different roles and careers (among them anthropologist, small businessman, bureaucrat, agricultural educator, father, and grandfather), John Lozier is primarily a “harper for harmony” and a K-12 substitute public school teacher in West Virginia.

34. Introduction to Elder Law

Instructor: Brent Van Deysen, Esq.

E-mail: brent@wvelderlaw.com

Wednesday 6:00 PM - 7:50 PM

Classroom: B

April 22



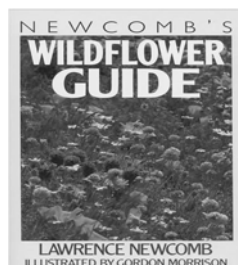
Course Description: Learn how to qualify for Medicaid paid nursing home care while protecting assets for your spouse, children and heirs. Learn how to qualify for the Veterans Administration Pension benefit for war-era veterans and their surviving spouses. Also, learn how to use this benefit to pay for in-home care, assisted living care, and nursing home care.

Instructor's Background: Brent Van Deysen received his BS from Fairmont State College and his JD from the WVU College of Law.

THURSDAY

35. Wildflower Identification Using *Newcomb's Wildflower Guide*

Instructor: Zachariah Fowler
E-mail: zfowler@mail.wvu.edu
Thursday 10:00 AM - 11:50 AM
Classroom: A
April 16
Maximum Enrollment: 15



Course Description: Learn how to identify flowering plants! *Newcomb's Wildflower Guide* is a popular, easy-to-use book for identifying blooming plants in this area. Participants will learn how to use this book and will practice identifying plants that grow in the Morgantown area.

Instructor's Background: Zach Fowler is the new Director of the WVU Core Arboretum and a Clinical Assistant Professor of Biology at WVU. He has a PhD in biology focused on forest ecology. He has a passion for learning about nature in a scientific fashion and for sharing his knowledge with others.

36. Writing Retreat*

Instructor: Rae Jean Sielen
E-mail: rsielen@populore.com
Thursday 10:00 AM - 11:50 AM
Classroom: B
April 16, 23, 30, May 7, 14, 21



Course Description: Having a hard time finding time to work on your life story, novel, poetry, journal, or letters? Come write in a quiet, comfortable, supportive environment. Bring paper, pen, laptop, etc. There will be at least 1.5 hours of quiet writing time

each session. At the last session, if there is interest, we will stay an extra hour or so to talk about what we've been working on and to share (optional) some of our writing.

Instructor's Background: Rae Jean Sielen is the co-founder/owner of Populore Publishing Company in Westover. For 20 years she has helped individuals, families, organizations, and businesses with a wide variety of publishing projects. She is especially passionate about encouraging others to preserve their personal and family stories.

37. **Spring Wildflowers of the WVU Core Arboretum**

Instructor: Zachariah Fowler
E-mail: zfowler@mail.wvu.edu
Thursday 10:00 AM - 11:50 AM
Classroom: A
April 23, 30
Maximum Enrollment: 15



Course Description: Participants will learn about the spring ephemeral wildflowers of the WVU Core Arboretum. The first session will be a classroom discussion about what spring ephemeral wildflowers are and an introduction to species that occur in the Arboretum. The second session will be an optional field trip to the Arboretum, where we will observe these flowers in their natural setting. The WVU Core Arboretum has an unrivaled display of spring ephemeral wildflowers!

Instructor's Background: Zach Fowler is the new Director of the WVU Core Arboretum and a Clinical Assistant Professor of Biology at WVU. He has a PhD in biology focused on forest ecology, and has a passion for learning about nature in a scientific fashion and for sharing his knowledge with others.

38. ***Blandings Castle: The Comic Contrast to Downton Abbey***

Instructor: Joanna Ham
E-mail: richardham8@gmail.com
Thursday 1:00 PM - 2:50 PM
Classroom: A
April 16, 23, 30, May 7, 14, 21



Course Description: In the first part of the 20th century, before Julian Fellowes made *Downton Abbey* a world-wide success on TV, humorous and eccentric Peregrine (P.G.) Wodehouse imagined the very different family and servants of Clarence, 9th Earl of Emsworth, at Blandings Castle in Shropshire. This course will view a BBC filmed series titled *Blandings*, starring Timothy Spall, Jennifer Saunders, and a very large pig, filmed on location at a crumbling shabby house in England.

Instructor's Background: Un-noted British eccentric Joanna Ham, former English teacher, taught a previous class on English eccentric P.G. Wodehouse's stories featuring Jeeves and Wooster. She needs a break from the Henry James and Thomas Hardy courses that she taught last year.

39. Alzheimer's Disease: What the Latest Research Shows

Instructor: Will Reilly
E-mail: wjreilly99@yahoo.com
Thursday 1:00 PM - 2:50 PM
Classroom: B
April 16, 23



Course Description: After a brief introduction to this devastating and exponentially growing disease, the bulk of the course will focus on recent research results, which may be surprising! The urgency of intensified research and preventive and beneficial measures will be emphasized.

Instructor's Background: Will Reilly holds a PhD in physics from Yale and has taught college-level science for 25 years. He is ABR certified in Radiation Therapy Physics, and has worked clinically at centers such as University of Pittsburgh and WVU Hospitals.

40. Jim Benner Salon

Instructor: Dr. Jim Benner
Thursday 1:00 PM - 2:50 PM
Classroom: See description
April 23, 30
Maximum Enrollment: 12



Course Description: The "Jim Benner Salon" is an opportunity for attendees to enjoy listening

to Dr. Benner talk about his experiences and the opportunity to ask him questions. This will be held at the Village at Heritage Point

Instructor's Background: James Benner is Professor Emeritus in the Division of Music at WVU. He was a noted pianist and vocal coach in New York City before joining the faculty of WVU. At WVU, he prepared, directed, and conducted 34 different operas.

41. Companion Animals and the Law

Instructor: Susan Hunter
E-mail: libertree@aol.com
Thursday 3:00 PM - 4:50 PM
Classroom: A
April 16, 23, 30



Course Description: This course will discuss state and federal laws governing companion animals. Topics will include recognizing animal cruelty and what to do about it, gaps in the laws, especially concerning cats, and laws recently passed by the WV legislature but not yet in effect.

Instructor's Background: Susan Hunter earned a PhD in public policy with an emphasis on environmental policy from Ohio State University in 1984. She taught in the Political Science Department at WVU and retired in 2012. She has been involved in canine rescue efforts since 1992. She is currently president of the Monongalia County Humane Society and has a forthcoming book from Purdue University Press with co-author Richard Brisbin on companion animal politics and policy in the US and Canada.

42. Techniques and Tricks of Marketing and Advertising

Instructor: Ed Johnson
E-mail: wbgva35@aol.com
Thursday 3:00 PM - 4:50 PM
Classroom: B
April 30



Course Description: Take a fun, informal, and interactive trip into marketing and advertising. This course will explore some basic theories of marketing and advertising and consider numerous classic and historic examples of each.

Instructor's Background: Ed Johnson received his BS in Marketing and MBA from WVU. He was an Associate Professor and Division Chair at WVU-Parkersburg for 12 years, a cast member at Walt Disney World, and an adjunct faculty at Waynesburg University. He is the Founder of MH3WV program (MH3WV.org) to aid teaching of WV Studies in 8th grade.

43. 3-D Printing

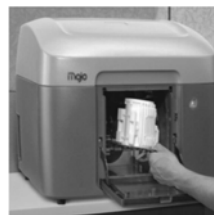
Instructor: Wallace Venable

E-mail: wallace.venable@mail.wvu.edu

Thursday 3:00 PM - 4:50 PM

Classroom: B

May 7



Course Description: Much of what we hear about 3-D printing is "visionary" at best, but it also has a practical use. The instructor will demonstrate and describe what can be done at home today on a table top.

Instructor's Background: Wallace Venable, Emeritus Associate Professor of Mechanical & Aerospace Engineering at WVU, taught students in all four years of mechanical engineering and had the privilege of seeing how their problem-solving skills evolved. He has degrees in physics, engineering, and education.

44. Cruising Ireland's River Shannon

Instructor: Wallace Venable

E-mail: wallace.venable@mail.wvu.edu

Thursday 3:00 PM - 4:50 PM

Classroom: B

May 14



Course Description: The instructor rented a self-drive boat in Ireland from a French firm, dodged German fisherman, and looked for footprints of the Celtic Tiger. Come hear about this multi-national adventure.

Instructor's Background: Wallace Venable, Emeritus Associate Professor of Mechanical & Aerospace Engineering at WVU, taught students in all four years of mechanical engineering and had the privilege of seeing how their problem-solving skills evolved. He has degrees in physics, engineering, and education.

45. Try Scuba

Instructor: Melody Metz

E-mail: mydiveshop@yahoo.com

Thursday 3:00 PM - 4:50 PM

Classroom: Other

May 14

Maximum Enrollment: 8

Cost: \$25.00 per person
(cost of equipment and pool rental)



Course Description: This course is a beginner's class for those who wish to try scuba diving without the time requirements of certification. The course will examine the basics of the gear, how to put it together, and the function of each piece. Then the class will enjoy the experience of feeling weightless and breathing underwater. This course will be held at Lakeview.

Instructor's Background: Melody Metz is a local dive shop owner and a certified Open Water Scuba Dive Instructor. She has been diving for eight years along with most of her family. She loves to bring the beauty of the underwater world to new divers.

46. Intergenerational Help with Your Electronics and Software

Instructor: Jake Mullet

E-mail: jakemullettwv@gmail.com

Thursday 3:30 PM - 5:20 PM

Classroom: B

April 23

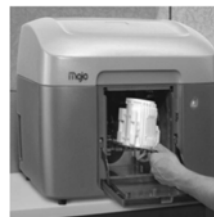


Course Description: Teens will be available during this workshop to help you navigate Facebook, upload photos to the web, sync your email onto your phone, learn to Skype, stream movies, etc. You tell us what you need!

Instructor's Background: Jake Mullett is a high school senior who has spoken to OLLI before about violence and videogames. He interned in Washington, DC, last summer with the Entertainment Software Association. His interests include computer science, physics, and football.

47. 3-D Printing

Instructor: Wallace Venable
E-mail: wallace.venable@mail.wvu.edu
Thursday 6:00 PM - 7:50 PM
Classroom: B
May 7
Repeat of course 43



Course Description: Much of what we hear about 3-D printing is "visionary" at best, but it also has a practical use. The instructor will demonstrate and describe what can be done at home today on a table top.

Instructor's Background: Wallace Venable, Emeritus Associate Professor of Mechanical & Aerospace Engineering at WVU, taught students in all four years of mechanical engineering and had the privilege of seeing how their problem-solving skills evolved. He has degrees in physics, engineering, and education.

48. Cruising Ireland's River Shannon

Instructor: Wallace Venable
E-mail: wallace.venable@mail.wvu.edu
Thursday 6:00 PM - 7:50 PM
Classroom: B
May 14
Repeat of course 44



Course Description: The instructor rented a self-drive boat in Ireland from a French firm, dodged German fisherman, and looked for footprints of the Celtic Tiger. Come hear about this multi-national adventure.

Instructor's Background: Wallace Venable, Emeritus Associate Professor of Mechanical & Aerospace Engineering at WVU, taught students in all four years of mechanical engineering and had the privilege of seeing how their problem-solving skills evolved. He has degrees in physics, engineering, and education.

WWW.OLLIATWVU.ORG
Learners@hsc.wvu.edu

49. Try Scuba

Instructor: Melody Metz

E-mail: mydiveshop@yahoo.com

Thursday 6:00 PM - 7:50 PM

Classroom: Other

May 14

Maximum Enrollment: 8

Cost: \$25 per person

(cost of equipment and pool rental)

Repeat of course 45



Course Description: This course is a beginner's class for those who wish to try scuba diving without the time requirements of certification. The course will examine the basics of the gear, how to put it together, and the function of each piece. Then the class will enjoy the experience of feeling weightless and breathing underwater. This course will be held at Lakeview.

Instructor's Background: Melody Metz is a local dive shop owner and a certified Open Water Scuba Dive Instructor. She has been diving for eight years along with most of her family. She loves to bring the beauty of the underwater world to new divers.

FRIDAY

50. Assistive Technology in our Lives

Instructor: Patty Boyce

E-mail: pboyce1@hsc.wvu.edu

Friday 10:00 AM - 11:50 AM

Classroom: A

April 17



Course Description: Everyone uses some form of Assistive Technology in their homes and communities to make their lives easier, from an electric can opener to a remote control. But for some, assistance is a necessity. Participants will be introduced to both low-tech and high-tech assistive devices. They will learn about assistive technology to encourage independence and choice in all areas of life.

Instructor's Background: Patty Boyce is an Assistive Technology Specialist for the WV Assistive Technology System. She creates awareness about individuals with disabilities and provides access to assistive technology. She has an MA in Social Work. She

provides device demonstrations, information and referral services, and public awareness and trainings at the local, state and national level.

51. Learn to Play Bridge

Instructor: Raymond Crist

E-mail: raymond_crist@yahoo.com

Friday 10:00 AM - 11:50 AM

Classroom: B

April 17, 24, May 1, 8, 15, 22

Maximum Enrollment: 24



Course Description: This course will be hands-on learning and playing Bridge.

Instructor's Background: Raymond Crist has been playing Bridge for over 65 years.

52. Vacationing with Volcanos

Instructor: Eb Werner

E-mail: ebwerner@frontier.com

Friday 10:00 AM - 11:50 AM

Classroom: A

April 24, May 1



Course Description: This course will cover a basic summary of volcanos, where and how they form with respect to the Earth's structure, and general characteristics of volcanos. Some volcanic areas are of particular interest because they have developed in isolation. The presentation will include slides showing volcanic and associated features created by the volcanic-based environments of Hawaii, Iceland and the Galapagos Islands.

Instructor's Background: Eb Werner has spent about 45 years working on projects in various aspects of geology, including several years of college level teaching.

Office Assistants Needed!

We need your help to make coffee and copies, answer phones, and more. To volunteer, please contact the office.

53. John Philip Sousa: His Life and Marches

Instructor: Leo Horacek

E-mail: leo_horacek@yahoo.com

Friday 10:00 AM - 11:50 AM

Classroom: A

May 8



Course Description: The "March King", John Philip Sousa, was a man of many talents. His concert band gave pleasure for decades, touring all over the US. The marches he wrote are among the best in the world. This class will consider his life and will listen to some of his marches to identify the characteristics that make them so admired.

Instructor's Background: Leo Horacek is professor emeritus of music at WVU.

54. *The National Parks* by Ken Burns

Instructor: Clyde Hurst Richey

E-mail: crichey3735@gmail.com

Friday 1:00 PM - 2:50 PM

Classroom: A

April 17, 24, May 1, 8, 15, 22



Course Description: This award-winning documentary turns Ken Burn's insight and cameras to the history and breathtaking splendor of America's national parks. The words of early naturalists and modern advocates accompany panoramas of Yosemite, Glacier, Redwood, and other parks. Ken Burn's team of writers and directors have produced a truly moving film experience.

Instructor's Background: Clyde Richey has viewed numerous early outstanding American films, as well as movies set in other countries and cultures. He has done college-level teaching and has written and directed outdoor historic productions.

Facilitators Needed!

To volunteer, please check the box on your class registration or contact the office.

55. *The Templars' Secret Island*

Instructor: Rev. Julia Wilson

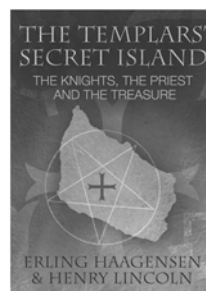
E-mail: jrww3055@tidewater.net

Friday 1:00 PM - 2:50 PM

Classroom: B

April 17, April 24, May 1,

Copies of book can be purchased from instructor for \$4.00 each.



Course Description: In the 12th century the Templars constructed churches on the Baltic Sea Island of Bornholm that are points in a complicated geometric design. Among topics in the book by Erling Haagenesen that will be examined are Templar history, sacred geometry, the fascinating history of land measurement and relationships between these churches and the soon to be built great cathedrals. This is a repeat of the winter course.

Instructor's Background: Rev. Julia Wilson is a member of the New England Conference of the United Methodist Church and recently retired from active ministry. She finds this convergence of history, religion and mathematics to be uniquely fascinating and looks for people with similar interests.

Did you know?

- OLLI at WVU has a scholarship fund and accepts donations and applications for funds all year long!
- Members may use the OLLI computers during business hours to practice their skills, check email, digitize their files and register for classes. Help is available!
- Dues for the year are \$100 for full membership, or \$50 per term to a maximum of \$100.
- OLLI at WVU is on Facebook.

“Friend” us at:

Osher Lifelong Learning Institute at WVU

SATURDAY

56. WVU Zip Canopy Tour at Coopers Rock

Coordinator: Barb Howe

E-mail: barbara.howe@mail.wvu.edu

Saturday 2:00 PM - 4:30 PM

Classroom: Other

May 2

Maximum Enrollment: 16

Cost: \$42.40 per person trip cost



Course Description: In support of its educational and developmental mission at WVU, Adventure WV has recently collaborated with the WVU Division of Forestry and Natural Resources to create a canopy tour facility. Believed to be the first university-owned and operated canopy tour in the US, the Adventure WV Canopy Tour will be used to train practitioners, host research, and to provide fun educational experiences for the WVU community! The canopy tour is comprised of four zip-lines, an aerial bridge, and a tandem rappel station to exit the course. After exiting the course, participants will hike from the base of the final tree back to the starting point. Participants must: (1) be comfortable with heights from 16' to 40', (2) be able to pull themselves along cables, slow themselves using a glove and walk one mile, (3) wear comfortable clothes and closed toe shoes, (4) weigh between 70 to 250 pounds, and (5) must sign an Acknowledgement of Risk and Assumption of Responsibility Form. Visit <http://adventurechallenge.wvu.edu/canopy-tour> for more information.

Coordinator's Background: Barbara Howe taught American Women's History at WVU and has published articles on the subject.

A special appreciation event is being planned for spring 2015 for our OLLI at WVU \$100K Club members!

OLLI at WVU \$100K Club

Special Recognition!



The \$100K Club was a fundraising campaign started to sustain OLLI's operations, support the future expansion of classes and technology, and keep OLLI at WVU sustainable without a significant increase in dues.

We would like to recognize and thank those members who have contributed to this fund to affirm the contribution of lifelong learning in our community, and experience the satisfaction of helping to support OLLI today and in the future.

Joyce B. Allen
John & Bonnie Ashton
Paul Atkins
Betty Bailey
Lee Ann Beaumont
James Benner
Carole Boyd
John R. Brand
Elaine Burrell
In Memory of Bob Burrell
Jo Anne Cook
Tom & Hope Covey
Bob & Margaret Craig
Roger & Charlotte Dalton
Lloyd Davis & Ann Davidson
Mary Lucille DeBerry
In Memory of Bess Pearl DeBerry
Ruby de la Mata
In Honor of Solero & Eylocina Nieves
Judith Dinsmore
Jill Eastman
James & Alice Frost
Sharon Goodman
Don & Suzanne Gross
Mary Jane Hamilton
James Held/ Jack Held/ Bonnie Brown
In Honor of Jack Preston Held
Charles Hylton III
Richard & Therese Iammarino
Art & Linda Jackowitz
Michael & Royce Keller
Emory & Janet Kemp
George Lilley & Mavis Grant-Lilley

Karen Long
In Memory of Dane W. Moore, Jr.
Kathleen Marsland
Donald & E. Jane Martin
Betty Maxwell
Steve & Connie McCluskey
Joseph McFall
In Honor of Avi Goodman
Donald & Mary Ellen Morrison
Anne H. Nardi
In Memory of Gabe Nardi
Ralph "Butch" Neal
In Memory of Margo Neal
Joseph Paull & Eleanor Grubbs-Paull
John Pearson
Ed & Clay Pytlik
Y.V. & Sumitra Reddy
In Honor of the Volunteers
Alan & Gwen Rosenbluth
Anne Selinger & Nyles Charon
Georgian Steinhardt
Judith Stitzel
Annette Tanner
Rita Tanner
Penny Thomas
George Trapp
Bill Weiss
Arthur & Barbara Weldon
Stephen & Patricia Wetmore
Judith Wilkinson
Ronald Wilkinson
In Memory of Dr. Molly Albrink
Carolyn Zinn

**OLLI at WVU at Charleston!
Kick-Off Lecture & Reception
April 14, 2015**

5:00pm-7:00pm

**The West Virginia University Building on the
CAMC Campus**

**West Virginia University / Charleston
3100 MacCorkle Avenue SE, Charleston, WV 25304**

**Enjoy 3 mini-lectures, refreshments and
learn how you can be a part of OLLI at
WVU, Charleston,
*“For the Joy of Learning”***



Richard "Dick"
Daugherty
will present
*Tips for Buying a
Good Used Car.*



David P. Elliott,
PharmD,
will present
*Medication Safety,
What you don't know
can hurt you!*



Brent Van Deysen,
Attorney-at-Law,
will present
*The Legal Documents
Everyone Needs
and Why.*

**The pilot Spring Term for *OLLI at WVU, Charleston* will be
April 29-May 22, 2015.**

**For this term, courses will be held at
The West Virginia University Building on the CAMC Campus
West Virginia University / Charleston
3100 MacCorkle Avenue SE, Charleston, WV 25304**

*"The way to get started is to quit talking and begin doing."
Walt Disney*

The Metropolitan Opera

Presents its final production for the Live in HD Series
at the Regal Theatre in
University Town Centre, Granville
Mascagni's *Cavalleria Rusticana* /
Leoncavallo's *Pagliacci*
Starring Marcello Alvarez
Saturday April 25, 2015 at 12:30 PM
Encore: Wednesday, April 29, 2015 at 6:30 PM

OLLI goes to the WVU School of Theatre and Dance

MAINSTAGE SEASON
2014-2015

Coordinator: Stan Cohen

- Sunday, April 26, 2015 - *MOTHER COURAGE AND HER CHILDREN* By Bertolt Brecht

The WVU School of Theatre and Dance presents another exciting series of performances. (<http://theatre.wvu.edu/>) Cost of ticket is \$10.00 for each performance. **Please make checks payable to Stan Cohen.**

Payment through the OLLI office is required no later than the Monday preceding the date of the performance. Changes and updates will be posted in the Friday Bulletin.

PITTSBURGH OPERA

- Sunday, May 10, 2015 - *DAUGHTER OF THE REGIMENT* By Donizetti

Please note that OLLI Opera Trips are still to be determined. More information on individual trips will be posted in the Friday Bulletin and in the office.



***Spain's Classics
and Portugal***
October 14 - 27, 2015

For more information: <https://gateway.gocollette.com/link/657547>

Spotlight on Rome
November 3 - 9, 2015



For more information: <https://gateway.gocollette.com/link/651434>

For more information contact
Angela Faulkner-Van Deysen
OLLI at WVU
(304) 293-1793
ACFAULKNER@hsc.wvu.edu

Please check the OLLI Office Board for information on opportunities to participate in a variety of research studies that incorporate relaxation techniques, swimming, physical activity, meditation, and others.

And the Legal Details.....

Media Releases are available and kept on file in our office. Please be sure to fill one out and let us know if you do not want to be shown in OLLI photographs and media.

Membership Upgrade Policy

A Trial Member has the option of becoming Full Member for an additional \$75.00 within the same fiscal year, or a Trial Member may pay \$50.00 for one additional term.

A Term Member is considered a Full Member once he/she has paid for two terms.

Liability Disclaimer

Individuals acknowledge and assume any and all risk associated with participation in OLLI at WVU activities. OLLI at WVU makes no representation regarding the appropriateness of any activity for an individual. OLLI at WVU disclaims any and all liability for each individual's participation in any activities. If a course involves physical activity, participants are responsible for wearing the proper attire and using the proper equipment (if applicable). It is highly recommended that participants consult their physician before participating in physical activity.

Non-Discrimination Statement

West Virginia University is an Equal Opportunity/Affirmative Action Institution. The University does not discriminate on the basis of race, sex, age, disability, veteran status, religion, sexual orientation, color, or national origin in the administration of any of its educational programs, activities, or with respect to admission or employment.

Check out the OLLI Friday Bulletin for upcoming events from these partners!



universityclub.wvu.edu

Email uniclub@mail.wvu.edu or call (304) 293-4252 for more information.



SAVE THE DATE
September 9, 2015
for the
9th Annual Irving Goodman
Aging Lecture Series
Guest Lecturer: Dr. Graham Rowles

Graham D. Rowles is a Professor in the Graduate Center for Gerontology with joint appointments in Nursing, Behavioral Science, Geography and Health Behavior at the University of Kentucky. His research, in the field of environmental gerontology, focuses on the lived experience of aging in different contexts. A central theme of this



work is exploration, employing qualitative methodologies, of the changing relationship between elders and their environments with advancing age and the implications of these relationships for health and wellbeing. He has conducted in-depth ethnographic research with elderly populations in urban (inner city), rural (Appalachian), and nursing facility environments. More information and his full curriculum vitae can be found at <http://www.uky.edu/publichealth/about/faculty-and-staff-directory/graham-d-rowles>.

If you are interested in teaching

OLLI welcomes your skill, talent, and passion.

Terms run for six weeks with weekly, approximately two-hour presentations. Some instructors choose to offer shorter courses or a one-time presentation.

Summer Term 2015 is July 6 - August 14, 2015, with **instructor proposals due April 28, 2015**.



 West Virginia University

Mountaineer Mall Unit D-9

PO Box 9123

Morgantown, WV 26506-9123

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Morgantown, WV
Permit No. 230

**Spring Term Begins
April 13, 2015!**

Phone: 304-293-1793

Fax: 304-293-4779

Website: www.ollivwv.edu

Email: learners@hsc.wvu.edu