BRIDGET C. BAILEY, PhD, MSW, LICSW

Tel. 412-613-8580; Email: bridgetbailey798@gmail.com

344 Birch Ave. Pittsburgh, PA 15228

# EDUCATION

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**Ph.D.,** Ohio State University, College of Social Work, Columbus, OH 2020

*Doctorate of Philosophy*

Specialization: Mental health intervention and translational research; Mood disorders

Dissertation Title: *Comparing psychotherapy with and without medication in treating adults with bipolar II depression: A post-hoc analysis*

Chair: Theresa Early, MSW, Ph.D.

Committee: Tamara Davis, Ph.D., Alicia Bunger, Ph.D., Natasha Slesnick, Ph.D.

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| **MSW,** Ohio State University, College of Social Work, Columbus, OH  *Masters of Social Work*  Concentration: Clinical practice/mental health | 2010 |
| **B. Phil,** University of Pittsburgh, Honors College and School of Social Work, Pittsburgh, PA  *Bachelor Philosophy in Social Work*  Concentration: Psychology | 2009 |

Thesis Title: *Acute interpersonal psychotherapy for major depressive disorder: treatment predictors in relation to treatment specificity*

Thesis Adviser: Helen Petracchi, Ph.D., Thesis Committee: Ellen Frank, Ph.D., Holly Swartz, MD, Catherine Greene, Ph.D., Nancy Grote, Ph.D.

# ACADEMIC APPOINTMENTS

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# Assistant Professor 2022- Present

# School of Social Work

# West Virginia University, Morgantown, WV

# Assistant Director 2022- Present

# Rural Integrated Behavioral Health training Program

# West Virginia University, Morgantown, WV

# Adjunct Clinical Assistant Professor 2022- Present

# Department of Behavioral Medicine & Psychiatry, School of Medicine

# West Virginia University, Morgantown, WV

# Assistant Clinical Professor 2020-2022

Department of Behavioral Medicine and Psychiatry, School of Medicine West Virginia University, Morgantown, WV

# AWARDS & SCHOLARSHIPS

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**Award for Distinction in Mentoring Undergraduates in Research** (*finalist*) 2024

Office of Undergraduate Research, West Virginia University

**Best Poster** (*finalist*) 2022

15th Annual Conference on the Science of Dissemination and Implementation in Health

**Best Posters Award** 2021

International Society of Bipolar Disorders Annual Conference

**Best Posters Award** 2020

International Society of Bipolar Disorders Annual Conference

**Merriss Cornell Scholarship for Outstanding Dissertation Proposal** 2020

College of Social Work, Ohio State University

**Anna Marie Robinson Scholarship for Mental Health Research** 2009-2013; 2018-2020

College of Social Work, Ohio State University

**University Honors College Scholarship** 2006-2007

University Honors College, University of Pittsburgh

**Brackenridge Fellowship** 2005

University Honors College, University of Pittsburgh

# PEER REVIEWED PUBLICATIONS

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| **\****Indicates mentorship of a student in the publication process*  **Bailey, B. C.,** Early, T. J., Williams-Sites, K. E.,\* Dyson, B.,\* & Swartz, H. A. (2025). Effects of interpersonal and social rhythm therapy on suicidal ideation in adults with bipolar II depression. *Journal of Clinical Psychiatry, 86*(4), 24m15768. <https://doi.org/10.4088/JCP.24m15768>  **Bailey, B. C.,** Tabone, J. K., Early, T. J., Wen, S., Leber, A.\*, & Swartz, H. A. (2025). Is there a gap between improved symptoms and restored functioning in adults with bipolar II disorder? *Journal of Affective Disorders, 392,* 120121. <https://doi.org/10.1016/j.jad.2025.120121>  **Bailey, B. C.,** Sweeney, H. A., Winstanley, E. L., & Potts, L. (2024). Physicians attitudes towards patients with opioid use disorder and use of medications for opioid use disorder vary by training. *Substance Use & Addiction Journal, 46*(1): 45-53. <https://doi.org/10.1177/29767342241265902>  **Bailey, B. C.**, Cox S., Terris L., van Oppen D.\*, Howsare J., Berry J. H., Winstanley, E. L. (2023) Rural health care worker wellness during COVID-19: Compassion fatigue, compassion satisfaction & utilization of wellness resources. *PLoS ONE*, *18*(12): e0295020. [https://doi.org/10.1371/journal.pone.0295020](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fdoi.org%2F10.1371%2Fjournal.pone.0295020&data=05%7C02%7Cbridget.bailey%40hsc.wvu.edu%7C9e0bf0e2938747b11e7908dbfb2a5606%7Ca2d1f95f851044248ae15c596bdbd578%7C0%7C0%7C638379932100668349%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=yE1ZhjMITZ3eYniSnC0%2FIfjELXaMO6psWhZvLTJwKV0%3D&reserved=0) |

**Bailey, B. C.,** Tabone, J., Smith, B.\*, Monnin, J., Hixon, B.\*, Williams, K.\*, & Rishel, C. (2023). State of the evidence of attachment regulation and competency framework and adaptions in the United States: A rapid scoping review. *Journal of Child and Adolescent Trauma*.  doi: 10.1007/s40653-023-00575-5. PMID: 38938964; PMCID: PMC11199419.

**Bailey, B. C.,** Novick, D., Boyce, K.,\* & Swartz, H. (2023). Psychosocial treatment of co-occurring borderline personality disorder and bipolar disorder**.** *American Journal of Psychotherapy,* published online.<https://doi.org/10.1176/appi.psychotherapy.20230006>

**Bailey, B. C.**, & Davis, T. (2012). Mental health parity legislation: Implications for children and youth with serious emotional disturbance. *Social Work in Mental Health, 10*(1), 12-33. <https://api.semanticscholar.org/CorpusID:58295794>

Goldstein, T. R., Goldstein, B. I., Mantz, M. B., **Bailey, B. C.,** & Douaihy, A. A. (2011). Brief motivational intervention for preventing medication-associated weight gain among youth with bipolar disorder: treatment development and case report. *Journal of Child and Adolescent Psychopharmacology, 21*(3), 275-28. doi: [10.1089/cap.2010.0104](https://doi.org/10.1089%2Fcap.2010.0104)

# BOOK CHAPTERS

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# Novick, D.M., Bonfils, K.A., Bailey, B. C., & Swartz, H.A.  (2024).  Interpersonal and social rhythm therapy.  In T. Richardson (Ed.), Psychological Therapies for Bipolar Disorders.  Cambridge: Cambridge University Press.

# MANUSCRIPTS UNDER REVIEW

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**Bailey, B. C.,** Merranko, J., Williams, K.,\* … Goldstein, T.R. (under review: *Bipolar Disorders journal).* Does emotional dysregulation persist between mood episodes among youth with bipolar spectrum disorder?

**Bailey, B. C.,** Christensen, M. Williams, K.,\* Gandy, M., Bravo-Peterec, S.\* & Mazza, J. (under review: *Journal of American College Health***)**. Pilot Feasibility Trial of “Wellness and Resilience Course for College” (WRC).

Rishel, C., **Bailey, B.**, Cook, E.,\* & Brown, S. (under review: *Journal of Social Work Education)* Addressing Behavioral Health Workforce Shortages in Rural Areas: Evaluation of a Hybrid Training Model

Gentzler, A., Izadinia, K., Pool, J., Batra, A., Ruiz, I., & **Bailey, B.** (under review: *Journal of Applied Developmental Psychology).* Adolescents’ Social Media Use and Depressive Symptoms: Risk and Protective Factors

# MANUSCRIPTS IN FINAL PREPARATION FOR SUBMISSION

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Irish, A., **Bailey, B, C.,** Fabbri, M., Gandy, M., Weirich, M., Payne, F., Mesar, J., Zink, S., Rinehart, L., Schaarschmidt, L.\* (*abstract accepted for a special issue of Journal of Social Work Education* on Impact of Anti-Racism Diversity Equity and Inclusion Policy due in November 2025). The Impact of Anti-DEI legislation on Social Work Students Field Education Experiences.

**Bailey, B. C.,** Williams, K.,\* Bravo-Peterec, S.,\* & Christensen, M. (*in final preparation***).** Wellness and Resilience for the Helping Professions and Beyond: Development of a Dialectical Behavior Therapy Skills Based Course for Social Work Education. Target journal: *(Journal of Social Work Education)*

**Bailey, B. C.,** Williams, K.,\* Zink, S., Monnin, J., Dyson, B.,\* … Rishel, C. (*in final preparation).* Effectiveness of Dialectical Behavior Therapy Skills in Schools and Barriers and Facilitators to Implementation a Rapid Scoping Review. Target journal*: (School Mental Health)*

**Bailey, B. C.,** Markis, P.,\* Rischel, C., & Boyce, K. (*in final preparation).* Utilizing artificial intelligence in a course assignment for practice application: MSW student perceptions. Target journal: (*Journal of Social Work Education).*

# GRANTS

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Rishel, C., **& Bailey, B. C. (Co-Investigator).** *Rural Integrated Behavioral Health Training (RIBHT) program – Competing Continuation*.Funding awarded June 27, 2025 by the U.S. Department of Health and Human Services, Health Resources and Services Administration (HRSA) for a four-year project period with total projected project award of $2,344,120.

Rishel, C., **& Bailey, B. C. (Co-Investigator).** *Rural Integrated Behavioral Health Training (RIBHT) program – Competing Continuation*.Funding awarded September 1, 2021 by the U.S. Department of Health and Human Services, Health Resources and Services Administration (HRSA) for a four-year project period with total projected project award of $1,571,583. **Completed**

**Bailey, B.C.** **(Principal Investigator).** *Dialectical Behavior Skills in West Virginia Schools.* Funding awarded May 1, 2024 for a one year grant period by the Sisters of Saint Joseph Health and Wellness Foundation Grant. Awarded $20,000. **Completed**

**Bailey, B.C.** Jarrett, T. Dino, G. et al. **(Principal Investigator).** *A pilot feasibility study of Dialectical Behavior Skills in rural/Appalachian schools.* Funding awarded May 1, 2023 for a one year grant period by the Sisters of Saint Joseph Health and Wellness Foundation Grant. Awarded $50,000. **Completed**

**Bailey, B.C.** & Christensen, M. (2023). **(Primary Investigator).** *Pilot Feasibility Trial of a Dialectical Behavior Therapy Skills Based Social Work Course “Wellness and Resilience for College” (WRC).* Funding awarded June 1, 2023 for a one year grant period by the West Virginia University, Office of Research. Awarded $14,973. **Completed**

**Bailey, B.C.** (2023). **(Primary Investigator).** *External Funding Preparation Grant: National Institute of Mental Health (NIMH) K-01 Early Career Mentoring Grant.* Funding awarded May 1, 2023 for a one year grant period by the West Virginia University, School of Social Work. Awarded $7,000. **Completed**

**Bailey, B.C.** Jarrett, T. Dino, G. et al. **(Principal Investigator).** *A pilot of Dialectical Behavior Skills Training for Social and Emotional Problem Solving for Adolescents in a rural/Appalachian middle school.* Funding awarded May 1, 2022 for a one year grant period by theSisters of Saint Joseph Health and Wellness Foundation Grant. Awarded $50,000. **Completed**

# GRANTS IN PREPARATION

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| Gentzler, A., **& Bailey, B. C. (Co-Investigator).** *Project SOCIAL (Step Out, Connect In-person, Abandon Likes): Targeting Adolescents’ Social Media Use and Real-time Conversations to Improve Well-being.* (Submitting October 5, 2025).Funding to be awarded for a five-year project period with total projected project award of $2,000,000.  **Bailey, B. C. (PI).** *Klingenstein Third Generation Foundation Fellowship*.(Due December 15th 2025) Funding to be awarded June 2026 for a two-year project period with total projected project award of $100,000. This fellowship supports junior faculty (supported by a mentoring team) investigating the causes, prevention, and treatment of children and adolescents with depression, especially those from low-income families and under-resourced communities, or other minoritized populations that may have limited supports and resources and especially projects with high potential of leading to future federal funding. |

# CONFERENCES/PRESENTATIONS

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**Bailey, B.C.,** Rishel, C., Zink, S.**,** Williams-Sites, K., Cook, E.(accepted for October, 2025*). Dialectical Behavior Therapy Skills in College Scoping Review: A Multi-tiered Approach*. Paper accepted for the Council of Social Work Education Annual Conference. Denver, CO.

**Bailey, B.C.,** Rishel, C., Makris, P., & Boyce, K(accepted for October, 2025). *Utilizing Artificial Intelligence: MSW Student Perceptions of a Course Assignment for Practice Application*. Poster accepted for the Council o Social Work Education Annual Conference. Denver, CO.

Izadinia, K., Gentzler, A., **Bailey, B.,** Fisher, K., Pool, J., Creasy, B. (2025, May 1-3) *Adolescents’ Social Media Use and Depressive Symptoms* – *Identifying Risk and Protective Factors* [Conference poster]. Poster presented at the Society for Research in Child Development 2025 Biennial Meeting, Minneapolis, MN, USA.

Williams, K., **Bailey, B.C.,** Zink, S. **…** & Rishel, C. (January, 2025). *Effectiveness of Dialectical Behavior Therapy Skills in Schools and Barriers and Facilitators to Implementation a Rapid Scoping Review*. Poster presented at the Society of Social Work and Research Conference. Seattle, WA.

**Bailey, B.C.,** Williams, K., Bravo-Peterec, S. & Christensen, M. (2024, October**)**. *Pilot Feasibility Trial of “Wellness and Resilience Course for College” (WRC).* Poster presented at the Council on Social Work Education 2024 Annual Program Meeting. Kansas City, MO.

Rishel, C., **Bailey, B.**, Cook, E. & Brown, S. (2024, October**)**. *Addressing Behavioral Health Workforce Shortages in Rural Areas: Evaluation of a Hybrid Training Model.* Poster presented at the Council on Social Work Education 2024 AnnualProgram Meeting. Kansas City, MO.

**Bailey, B.** **C.,** Tabone, J., & Swartz, H. (September 2024). *Is There a Gap Between Improvement in Symptoms and Functioning in Adults with Bipolar II Disorder?* Brief oral presentationpresented at the International Society of Bipolar Disorders. Reyjavik, Iceland.

**Bailey, B.** **C.,** Early, T., & Swartz, H. (March 2024). *Treatment of suicidal ideation for adults with bipolar II depression*. Brief oral presentationpresented at the International Society of Interpersonal Psychotherapy. New Castle, England.

**Bailey, B. C.,** Novick, D., Boyce, K. & Swartz, H. (March 2024). *Psychosocial treatment of co-occurring borderline personality disorder and bipolar disorder***.** Brief oral presentationpresented at the International Society of Interpersonal Psychotherapy. New Castle, England.

**Bailey, B. C.** (March 2024). *Dialectical Behavior Therapy Informed School Counseling: Skills and Strategies*. Presentation at the West Virginia School Counselors Association Conference*.*Stonewall, WV.

**Bailey, B.C.,** Williams, K., Jarrett, T. & Dino, G. (January 2024) *A community engaged approach to implementing dialectical behavior therapy skills training for emotional problem solving for adolescents (STEPS-A) in rural West Virginia: Phase one.* Poster presented at the Society for Social Work and Research 2024 Annual Conference. Washington, DC.

**Bailey, B.C.,**Tabone, J, Smith, B., Monnin, J., Hixon, B., Williams, K., & Rishel, C. (2023, October**)**. *State of the evidence of attachment regulation and competency framework and adaptions: A rapid scoping review.* Poster presented at the Council on Social Work Education 2023 Annual Program Meeting. Atlanta, GA.

**Bailey, B.C.,** Merranko, J., Teresi, G. Niedermeyer, J. Birmaher, B. … Goldstein, T.R. (2023, June). *Does emotional dysregulation persist between mood episodes among youth with bipolar spectrum disorder?* Poster presented at the International Society for Bipolar Disorders Annual Conference. Chicago, IL.

**Bailey, B.C.,** Early, T., & Swartz, H. (2023, January). *Impact of psychotherapy on occupational functioning for individuals with bipolar disorder at different stages of illness progression.* Poster presented at the Society for Social Work and Research 2023 Annual Conference. Phoenix, AZ.

# Bailey, B.C. (2022, December). *Are lack of training and physician attitudes barriers to dissemination of medication assisted treatment for opioid use disorder?* Poster presented at the 15th Annual Conference on the Science of Dissemination and Implementation in Health. Washington DC.

**Bailey, B.C**., & Doyle, A. (2022, November). *Treating bipolar disorders with dialectical behavior therapy.* Poster presented at the International Society for the Improvement and Teaching of Dialectical Behavior Therapy 27th Annual Conference 2022. New York, NY (Virtual).

**Bailey, B.C.,**& Doyle, A. (2022, November**)**. *Dialectical behavior therapy for bipolar disorders: Biosocial theory revisited*.Poster presented at the Council on Social Work Education 2022 Annual Program Meeting. Anaheim, CA.

**Bailey, B. C. B.,** Early, T., & Swartz, H. A. (2022, June). *Individuals with bipolar II disorder: Does stage of illness progression predict functional outcomes?* Poster presented at the International Society for Bipolar Disorders 2022 Annual Conference. (Virtual)

**Bailey, B.C.,**& Doyle, A. (2022, June). Theoretical rationale for applying dialectical behavior therapy to individuals with bipolar disorders. Poster presented at the *International Society for Bipolar Disorders 2022 Annual Conference.* (Virtual)

**Bailey, B.C.,** Early, T., & Swartz, H. (2022, January). *Treatment considerations for recovery in*

*bipolar II disorder.* Poster presented at the Society for Social Work and Research 2022

Annual Conference (Virtual)

**Bailey, B.C.,** Early, T., & Swartz, H. (2021, May). *Functional recovery in bipolar II disorder.*

Poster presented at the International Society for Bipolar Disorders 2021 Annual Conference, Chicago, IL. (Virtual)

**Bailey, B.C.,** Early, T., & Swartz, H. (2020, June). *Treatment considerations for symptomatic,*

*syndromal, and functional recovery in bipolar II disorder.* Poster presented at the International Society for Bipolar Disorders 2020 Annual Conference, Chicago, IL. (Virtual)

**Bailey, B.C.,** Early, T., & Swartz, H. (2020, June*). Treatment of suicidal ideation for adults with bipolar II disorder.* Poster presented at the International Society for Bipolar Disorders 2020 Annual Conference, Chicago, IL. (Virtual)

**Bailey, B. C.**, Sweeney, H.A., & Potts, L. (2020, January). *How training and stigma interplay in Buprenorphine prescribing in the treatment of opioid use disorder*. Poster accepted for the Society for Social Work and Research 2020 Annual Conference. Washington, DC.

**Bailey, B. C.**, Sweeney, H.A., & Potts, L. (2019, August). *Stigma Associated with Buprenorphine prescribing in the treatment of opioid use disorder.* Paper presented at the Global Conference on Addiction Medicine and Behavioral Health. London, England.

**Bailey, B. C.** (2019, March). *How training and stigma interplay in Buprenorphine prescribing in the treatment of opioid use disorder*. Paper presented at Edward F. Hayes Graduate Research Forum, Columbus, OH.

**Bailey, B.C.,** Bunger, A. C., & Cao, Y. (2013, January). *Preparing for implementation: Finding*

*good fit between practice innovation and organizational context.* Poster accepted for the

Society for Social Work and Research 2013 Annual Conference. San Diego, CA.

**Bailey, B. C.** (2009, March). *Acute Interpersonal Psychotherapy for major depressive disorder: treatment predictors in relation to treatment specificity*. Paper presentation at the Third International Conference on Interpersonal Psychotherapy: Global Update. Columbia University Teachers College, New York, NY.

# CONFERENCES/PRESENTATIONS (State Level)

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**Bailey, B.C.** (2025, September 29th). *Dialectical Behavior Therapy Skills in West Virginia Schools: WV SKILLS: School Kids Invested in Learning Life Skills.* One day webinar (*free to public*) sponsored by West Virginia Behavioral Health Force Training Center. (online) WV.

**Bailey, B.C.** (2025, September 23rd & 24th). *Dialectical Behavior Therapy Skills in West Virginia Schools: WV SKILLS: School Kids Invested in Learning Life Skills.* Two day training (*free to public*) sponsored by West Virginia Behavioral Health Force Training Center. Wheeling, WV.

**Bailey, B.C.** (2025, August 14th& 5th). *Dialectical Behavior Therapy Skills in West Virginia Schools: WV SKILLS: School Kids Invested in Learning Life Skills.* Two day training (*free to public*) sponsored by the West Virginia Behavioral Health Force Training Center. Flatwoods, WV.

**Bailey, B.C.** (2025, May 6th). *Dialectical Behavior Therapy Skills: NOT the therapy, just the SKILLS.* One day training *(free to public)* sponsored by the Sisters of Saint Joseph Health and Wellness Foundation. Morgatown, WV.

**Bailey, B.C.** (2025, July). *Teaching Distress Tolerance: Helping Student Handle Tough Moments Without Making it Worse.* Seminar presented at the West Virginia Student Success Conference, Charleston, WV.

**Bailey, B.C.** (2025, May). *Dialectical Behavior Therapy Skills: NOT the therapy, just the SKILLS.* Seminar sponsored by the Sisters of Saint Joseph Health and Wellness Foundation. Morgatown, WV.

**Bailey, B.C.** (2025, July). *Teaching Distress Tolerance: Helping Student Handle Tough Moments Without Making it Worse.* Seminar presented at the West Virginia Student Success Conference, Charleston, WV.

**Bailey, B.C.** (2025, May). *Dialectical Behavior Therapy Skills: NOT the therapy, just the SKILLS.* Seminar presented at the Partners in Prevention Conference. Stonewall, WV.

Rishel, C. W., **Bailey, B.C.**, & Brown, S., Cook, E. with cohort of MSW students – round table discussions (2025, April). *Addressing Behavioral Health Workforce Shortages in Rural Areas: A Hybrid Training Model*. Seminar presented at the West Virginia Chapter of NASW Continuing Education Conference for Social Workers, Charleston, WV.

**Bailey, B.C.** (2024, July). *Dialectical Behavior Therapy Skills in Schools.* Seminar presented at the West Virginia Student Success Conference, Charleston, WV.

**Bailey, B.C.,** Williams, K., Bravo-Peterec, S., & Dyson, B. (2024, April*). Dialectical Behavior Therapy Skills in Schools: An Upstream Preventative Approach to Youth Mental Health*. Seminar presented at the West Virginia Chapter of NASW Continuing Education Conference for Social Workers*,* Charleston, WV.

**Bailey, B.C.,** Williams, K., & Dyson, B. (2024, April). *Demystifying Bipolar Disorders*. Seminar presented at the West Virginia Chapter of NASW Continuing Education Conference for Social Workers, Charleston, WV.

Rishel, C. W., **Bailey, B.C.**, & Brown, S. with cohort of MSW students – round table discussions (2024, April). *Rural Integrated Behavioral Health Service Delivery in WV: Round table discussions 2024*. The West Virginia Chapter of NASW Continuing Education Conference for Social Workers, Charleston, WV.

Nicely, A. **& Bailey, B.C.** (2023, July). *BRIDGE to Success: Transition back to School.* Seminar presented at the West Virginia Student Success Conference, Charleston, WV.

Nicely, A. **& Bailey, B.C.** (2023, June). *BRIDGE to Success: Transition back to School.* Seminar presented at the SAMSHA funded West Virginia Project AWARE (Advancing Wellness and Resiliency in Education) Conference, Summersville, WV.

**Bailey, B.C.** (2023, June). *Evidence-based Suicide Assessment, Prevention, and Intervention in Schools.* Seminar presented at the SAMSHA funded West Virginia Project AWARE (Advancing Wellness and Resiliency in Education) Conference, Summersville, WV.

**Bailey, B.C.** (2023, April). *Interpersonal Psychotherapy for Depression and More*. Seminar presented at the West Virginia Chapter of NASW Continuing Education Conference for Social Workers, Charleston, WV.

Rishel, C. W., **Bailey, B.C.**, & Brown, S. with cohort of MSW students – round table discussions (2023, April). *Rural Integrated Behavioral Health Service Delivery in WV: Round table discussions 2023*. Seminar presented at the West Virginia Chapter of NASW Continuing Education Conference for Social Workers, Charleston, WV.

Potts, L. & **Bailey, B. C.** (2018, June*),* Ohio opioid treatment needs assessment and gap analysis. Paper presentation at *Ohio’s 2018 Opioid Conference*. Columbus, OH.

# RESEARCH INTERESTS

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Integrated behavioral health; Bipolar/mood disorders; Suicide prevention; Functional recovery; trauma informed care; Student success; Mental health and well-being; Health disparities; Low-resourced and vulnerable populations; Community engaged research; Implementation science; Mixed methods research.

# PRE-DOCTORAL AND PRE-TENURE TRACK RESEARCH EXPERIENCE

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**Co-Investigator** 2021-22

West Virginia University, Department of Behavioral Health and Psychiatry, Morgantown, WV

*Pilot Study of Implementation of the Ask Suicide-Screening Questions (ASQ) Toolkit in Rural Outpatient Youth Behavioral Health*

PI: Mary Christensen, Ph.D.

**Co-Investigator/Research Intern** 2017- 2019

Ohio Department of Mental Health and Addiction Services, Columbus, OH Concentration/Topic: *Opioid Use Disorder Treatment Needs Assessment and Gap Analysis* Co-PI: Helen Anne Sweeney, MS

# Graduate Research Associate 2013

The Ohio State University College of Social Work, Columbus, OH Concentration/Topic: *Hospital to Community Trauma Informed Continuity of Care* PI: Theresa Early MSW, Ph.D.

**Graduate Research Associate** 2012-2013

The Ohio State University College of Social Work, Columbus, OH Concentration/Topic: *LGBTQQ Wellness Study in College Students* Co-PI: Tamara Davis MSW, Ph.D.

**Research Assistant** 2012-2013

The Ohio State University College of Social Work, Columbus, OH

Concentration/Topic: *Readiness for Community Mental Health Centers to Implement TF-CBT*

PI: Alicia Bunger, MSW, Ph.D.

**Study Coordinator** 2011-2012

The Ohio State University Department of Psychiatry, Columbus, OH Concentration/Topic: *Adolescent Multi-Family Group Psycho-educational Psychotherapy (MF-PEP) for Mood Disorders*

PI: Mary Fristad, Ph.D., ABPP

**Graduate Research Associate** 2010-2012

The Ohio State University Department of Psychiatry, Columbus, OH

Concentration/Topic: *Longitudinal Assessment of Manic Symptoms*

PI: Mary Fristad, Ph.D., ABPP

**Graduate Research Associate** 2010-2011

The Ohio State University College of Social Work, Columbus, OH Concentration/Topic: *Parent Sense of Involvement in Their Child’s Mental Health Care & Inequities in Mental Health Treatment for Racial and Ethnic Minority Youth*

Co-PI: Tamara Davis MSW, Ph.D.

**Graduate Research Assistant** 2009-2010

The Ohio State University College of Social Work, Columbus, OH

Concentration/Topic: *Continuity of Care in Children and Adolescent Mental Health Services*

PI: Cynthia Fontanella, Ph.D.

**Study Coordinator** 2007-2008

Western Psychiatric Institute and Clinic, Pittsburgh, OH

Concentration/Topic: *Motivational Interviewing as an Intervention for Psychotropic Medication Related Weight Gain in Patients with Pediatric Bipolar Disorder*

Co-PI: Tina Goldstein, Ph.D.

**Research Assistant** 2006-2008

Western Psychiatric Institute and Clinic, Pittsburgh, PA Concentration/Topic: *Treatment process and outcome of mood disorders* PIs: Ellen Frank, Ph.D. and Holly Swartz, MD

# Research Assistant 2007

# University of Pittsburgh School of Social Work, Pittsburgh, PA

# Concentration/Topic: *Social work student's attitudes towards poverty*

# PIs: Rafael Engel, Ph.D. and Helen Petracchi, Ph.D.

**TEACHING/MENTORING EXPERIENCE**

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| Role | Institution | Course | Term/ Year |
| Primary Instructor | West Virginia University School of Social Work | SOWK 370 Wellness and Resilience for the Helping Professions (*Hybrid*) | Fall 2025 |
| Primary Instructor | West Virginia University School of Social Work | SOWK 650 Practice with Families and Groups | Fall 2025 |
| Primary Instructor | West Virginia University School of Social Work | SOWK 682 Advanced Field Practice | Spring 2025 |
| Primary Instructor | West Virginia University School of Social Work | SOWK 650 Practice with Families and Groups | Fall 2024 |
| Primary Instructor | West Virginia University School of Social Work | SOWK 370 Wellness and Resilience for the Helping Professions (*Hybrid*) | Fall 2024 |
| Primary Instructor | West Virginia University School of Social Work | SOWK 322 Methods II: Families & Groups | Spring 2024 |
| Primary Instructor | West Virginia University School of Social Work | SOWK 650 Practice with Families and Groups | Fall 2023 |
| Primary Instructor | West Virginia University School of Social Work | SOWK 627 Advanced Clinical Practice in Integrated Healthcare(*Online*) | Fall 2023 |
| Primary Instructor | West Virginia University School of Social Work | SOWK 293A Wellness and Resilience | Fall 2023 |
| Primary Instructor | West Virginia University School of Social Work | SOWK 322 Methods II: Families & Groups | Spring 2023 |
| Primary Instructor | West Virginia University School of Social Work | SOWK 650 Practice with Families and Groups | Fall 2022 |
| Lecturer | West Virginia University Behavioral Medicine and Psychiatry | “Rational Emotive Behavior Therapy”Psychotherapy Series (PGY 3 Residents) | Spring 2022 |
| Lecturer | West Virginia University Behavioral Medicine and Psychiatry | “Trauma Treatment for Children and Adolescents”Psychotherapy Series (PGY 3 Residents) | Spring 2022 |
| Lecturer | West Virginia University Behavioral Medicine and Psychiatry | “Interpersonal Psychotherapy”Masters Social Work and Counseling Didactic Series | Spring 2022 |
|  | West Virginia University Behavioral Medicine and Psychiatry | “Dialectical Behavioral Therapy”Masters Social Work and Counseling Didactic Series | Fall 2021 |
| Lecturer | West Virginia University Behavioral Medicine and Psychiatry | Basic Principles of Psychotherapy Series (PGY1 Residents) | Fall 2021 |
| Lecturer | West Virginia University Behavioral Medicine and Psychiatry | Addiction Medicine Psychotherapy Series | Fall 2021 |
| Lecturer | West Virginia University Behavioral Medicine and Psychiatry | Interpersonal Psychotherapy Seminar (PGY3 Residents) | Fall 2021 |
| Lecturer | West Virginia University Behavioral Medicine and Psychiatry | “Trauma Treatment for Children and Adolescents”Psychotherapy Series (PGY 3 Residents) | Spring 2021 |
| Lecturer | West Virginia University Behavioral Medicine and Psychiatry | “Common Element of Psychotherapy”Psychotherapy Series (PGY 3 Residents) | Fall 2020 |
| Lecturer | West Virginia University Behavioral Medicine and Psychiatry | “Rational Emotive Behavior Therapy”Psychotherapy Series (PGY 3 Residents) | Fall 2020 |
| Lecturer | West Virginia University Behavioral Medicine and Psychiatry | “Dialectical Behavioral Therapy”Masters Social Work and Counseling Didactic Series | Fall 2020 |
| Lecturer | West Virginia University Behavioral Medicine and Psychiatry | Interpersonal Psychotherapy Seminar (PGY3 Residents) | Fall 2020 |
| Guest Lecturer | University of Washington School of Social Work | Dialectical Behavioral Therapy-Chain Analysis | Fall 2020 |
| Primary Instructor | Ohio State University College of Social Work | SWK 3201: Social and Economic Justice (*Online*) | Spring 2020 |
| Primary Instructor | Ohio State University College of Social Work | SWK 3597: Adolescent Parenthood and Sexuality: An International Perspective (*Online*) | Spring 2018 |
| Primary Instructor | Ohio State University College of Social Work | SWK 3597: Adolescent Parenthood and Sexuality: An International Perspective (*Online*) | Fall 2017 |
| Primary Instructor | Ohio State University College of Social Work | SWK3101: Professional Values and Ethics (*Online*) | Spring 2017 |
| Primary Instructor | Ohio State University College of Social Work | SWK 1120: Social Welfare | Fall 2013 |
| Primary Instructor | Ohio State University College of Social Work | SWK 1120: Social Welfare | Spring 2013 |
| Primary Instructor | Ohio State University College of Social Work | SWK 3401: Discovering Evidence | Fall 2012 |

# MENTORING

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| Mentee/Research Lab Member Name | Type/Training Period | Project/Thesis Title | Role |
| Kaylee Burhammer | Undergraduate Research Apprenticeship Program, Fall 2025- present | Why is Suicidality a Neglected Outcome in Psychosocial Treatment of Bipolar Disorders: A Scoping Review | Mentor |
| Elease Cook | PhD student, GRA | Effectiveness of Dialectical Behavior Therapy Skills Training for Emotional Problem Solving for Adolescents (DBT-STEPS-A) in Schools and Barriers and Facilitators to Implementation a Rapid Scoping Review | Supervisor |
| Damiola Owolabi | MSW student lab volunteerFall 2025-present | Psychotherapy Monotherapy for Bipolar II Disorder: The Role of Number of Previous Mood Episodes | Mentor |
| Leah Peck | MSW student lab volunteerFall 2025-present | Dialectical Behavior Therapy WV SKILLS “School Kids Invested in Learning Life Skills” | Mentor |
| Audrianna Shifflett | Undergraduate Research Apprenticeship Program, Fall 2024- present | Scoping review of suicidality, functioning and quality of life as an outcome in psychotherapy randomized controlled trials of bipolar disorders | Mentor |
| Alanna Leber | Undergraduate Research Apprenticeship Program, Fall 2024- present | There a Gap Between Improvement in Symptoms and Functioning in Adults with Bipolar II Disorder | Mentor |
| Bailey Dyson | MSW StudentUndergraduate Research Apprenticeship Program, Fall 2023- present | Treatment of suicidal ideation for adults with bipolar II depression& Scoping review of Dialectical Behavior Therapy in schools | Mentor |
| Barbara Burton | Field placement, Fall 2024- Summer 2025 | Dialectical Behavior Skills in West Virginia Schools | Supervisor |
| Emma Carte | GRAField placement, Fall 2023- present | Dialectical Behavior Skills in rural/Appalachian schools | Co-mentor-Supervisor |
| Sarah Miller | Masters Thesis, Department of Psychology, 2023- present | Childhood adversity and sexual risk taking in college: Pathways through alcohol use | Committee Member |
| Kathryn Williams | GRAField Placement, Study Coordinator, Lab Coordinator, Fall 2022 – Summer 2024 | A pilot feasibility study of Dialectical Behavior Skills in rural/Appalachian schools | Mentor |
| Sara Bravo-Peterec | Graduate Research Assistant, Fall 2023 & Spring 2024 | Pilot Feasibility Trial of a Dialectical Behavior Therapy Skills Based Social Work Course “Wellness and Resilience for College” (WRC) | Supervisor |
| Jordan Taylor | Volunteer in lab, Fall 2023 & Spring 2024 | A pilot feasibility study of Dialectical Behavior Skills in rural/Appalachian schools | Mentor |
| Joshua Niedermeyer | Undergraduate Research Apprenticeship Program, Fall 2022- Summer 2023 | Is affective lability a core feature of pediatric bipolar disorder independent of mood episode? | Mentor |
| Emily Royer | Research Rotation Undergraduate Public Health, Fall 2022 | A pilot of Dialectical Behavior Skills Training for Social and Emotional Problem Solving for Adolescents in a rural/Appalachian middle school | Co-mentor |
| Madison Witmer | Undergraduate Research Apprenticeship Program, Fall 2021-Spring 2022 | Rural focused suicide risk screening and assessment for adolescents | Co-mentor |
| Jared Arguto | Undergraduate Research Apprenticeship Program, Spring 2021 | A systematic review of randomized controlled trials of psychotherapy for the treatment of suicidality in adults with bipolar disorder | Co-mentor |
| Courtney Kisamore | MSW Field Placement, Fall 2021-Spring 2022 | N/A | Field instructor |
| Bailey Hixon | ResidentFall 2021-Spring 2022 | State of the Evidence of Attachment Regulation and Competency Framework and Adaptations: A Scoping Review | Mentor |
| Brittany Smith | PhD Student, Directed Study Fall 2021-Spring 2022 | State of the Evidence of Attachment Regulation and Competency Framework and Adaptations: A Scoping Review | Instructor |
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# CLINICAL EXPERIENCE

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**West Virginia University School of Medicine** 2022-

**Department of Behavioral Health & Psychiatry**

Morgantown, WV

***Adjunct Clinical Assistant Professor***

**West Virginia University School of Medicine** 2020-2022

**Department of Behavioral Health & Psychiatry**

Morgantown, WV

***Clinical Assistant Professor/Therapist***

**Central Ohio Mental Health Center** 2014-2017

Delaware, OH

## Clinical Therapist

# Directions for Youth and Families 2014

# Columbus, OH

## Outreach Social Worker

# Nationwide Children’s Hospital Child and Adolescent Psychiatry 2009-2010

# Columbus, OH

## Intern

# OSU Harding Hospital Adolescent Inpatient Unit 2009-2010

# Columbus, OH

## Intern

# Allegheny County Office of Children Youth and Families 2006-2007

# Pittsburgh, PA

## Caseworker Intern

# Strawberry Fields Incorporated 2005

# State College, PA

## Psychiatric Rehabilitation Counselor

# Skills of Central Pennsylvania 2005

# State College, PA

## Residential Rehabilitative Counselor

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| CLINICAL SUPERVISION EXPERIENCE  |  | | --- | |  |   **MSW Interns** 2021-2022  West Virginia University, Department of Behavioral Medicine & Psychiatry  *Courtney Kisamore*  *Olivia Bach*  **PGY3 Psychiatry Residents** 2021-2022  West Virginia University, Department of Behavioral Medicine & Psychiatry  *Sarah Almasari, MD*  *Christian Skinner, MD*  **Child and Adolescent Psychiatry Fellows** 2020-2021  West Virginia University, Department of Behavioral Medicine & Psychiatry  *Stephen Deci, MD* |  |

# PROFESSIONAL AND COMMUNITY SERVICE

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***UNIVERSITY SERVICE***

**Eberly College of Arts and Sciences Curriculum Committee** 2025-

*Member*

**Anti-Racism, Equity, and Inclusion Committee** 2023-

*Member*

**PhD Program Committee** 2022-

*Member*

**MSW Application Review Committee** 2022-

*Member*

**West Virginia Prevention Research Center** 2021-

*Affiliated faculty*

**Faculty Evaluation Committee** 2023-2024

*Member*

**Eberly College Community Health Collaborative** 2022-2024

*Member*

**Honors College Diversity Series** 2023

*Guest Speaker*

Topic: LBGTQ+ Youth Suicide Prevention and Intervention

**Resident Psychotherapy Education Committee** 2020-2022

**Department of Behavioral Medicine & Psychiatry, West Virginia University**

*Co-Chair*

**Diversity, Equity, and Inclusion Committee** 2021-2022

**Department of Behavioral Medicine & Psychiatry, West Virginia University**

*Member*

**Service Committee** 2020-2022

**Department of Behavioral Medicine & Psychiatry, West Virginia University**

*Member*

**Ambulatory Committee**

**Department of Behavioral Medicine & Psychiatry, West Virginia University** 2020-2022

*Member*

**Healthy Healers Committee** 2020-2022

**Department of Behavioral Medicine & Psychiatry, West Virginia University**

*Member*

***PROFESSIONAL SERVICE***

**International Society of Interpersonal Psychotherapy** 2022-

***Special Interest Group for Interpersonal and Social Rhythm Therapy***

*Secretary*

**Ad hoc Reviewer**

*Journal of Child and Adolescent Trauma*

*Substance Abuse*

*Plos One*

*Journal of Substance Abuse Treatment*

*Families and Society*

***COMMUNITY SERVICE***

**Marshall University Behavioral Health Training Center** 2025-

*Consultant*

**Coalition for Suicide Prevention in WV Schools** 2023-

*Chair*

Monthly workgroup of statewide stakeholders, (moved to quarterly in September 2024)

Currently working on a state-wide needs assessment

**Communities in Schools of Greenbrier County** 2022-

*Consultant*

Greenbrier, WV.

Monthly workshop series (Sept.-May)

**West Virginia Clinical and Translational Science Institute Project ECHO Psychiatry Series** 2023

Guest Speaker

Topic: Treating Patients who Self-injure with Dialectical Behavioral Therapy

**Bridge to Success Initiative, Contributor & Presenter** 2021-

(*4 presentations to educators and clinical providers in West Virginia both virtually and at state conferences*)

**Dialectical Behavior Therapy in Schools Workshop Series** 2022-

Communities in Schools of Green brier County (monthly)

Greenbrier County Achievement Academy (one day training)

**Lunch and Learn Series, Guest Speaker** 2020-24

West Virginia University, School of Social Work

*Interpersonal Psychotherapy for Depression and More*

*Advanced Dialectical Behavior Therapy: Beyond Skills Training*

*Dialectical Behavior Therapy: Not Just for Borderline Personality Disorder*

*Bipolar Disorders: Differential Diagnosis and Treatment*

*Trauma in Children and Adolescents*

*Wellness and Resilience in Social Work Education and Practice*

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| |  | | --- | | **Social Welfare Action Alliance**  **College of Social Work, Ohio State University, Columbus, OH** | | *Member*    **National Alliance on Mental Illness Ohio State, Franklin County and Ohio Chapters**  *Volunteer and Treasurer*  **LiFE Sports Youth Leadership Academy, Columbus, OH**  *Mentor*  **Central Ohio Vocational Services, Columbus, OH**  *Volunteer* | |  |   **Mental Health America, Columbus, OH**  *Volunteer* | 2009-2020  2010-2020  2009-2019  2017-2018  2014-2016 |

# PROFESSIONAL AFFLIATIONS

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# Society for Social Work Research

# Council on Social Work Education

International Society for Bipolar Disorders International Society of Interpersonal Psychotherapy