

Keynote Speaker

Dr. Lauren Chandler is a clinical neuropsychologist at the Veterans Affairs Medical Center in Martinsburg, WV. Dr. Chandler received her Bachelor in Arts degree the College of William and Mary and Masters in Science and Doctorate in Psychology degrees from Loyola University Maryland. She completed her pre-doctoral psychology internship at the Maryland VA Health Care System and University of Maryland Consortium in Baltimore, MD. She also completed a two-year postdoctoral fellowship in neuropsychology in the Neurology Department of the University of Virginia. Dr. Chandler provides neuropsychological assessment and treatment to veterans with a variety of cognitive and neurological deficits and has particular interest in working with neurodegenerative and memory disorders. She is licensed to practice psychology in Virginia.

Morning Plenary Speaker

Jennifer Taylor is a native of Fairmont, WV. She received Associate and Bachelor's degrees from Fairmont State University and her JD degree from the WV College of Law. She served with the WV House of Delegates and as Assistant General Counsel to the WV State Treasurer's Office and as General Counsel to the WV Department of Health and Human Resources. She worked as a litigation attorney for several law firms before starting her own practice in Charleston, WV. Jennifer's private practice includes civil rights, abuse and neglect, estate planning, real estate, personal injury, and general litigation. She is also an administrative hearing examiner and certified mediator. Jennifer joined Legal Aid of WV in November, 2013, as a part-time Ombudsman Attorney and Special Projects Coordinator, where she focused on financial exploitation and guardian and conservatorship issues.

9th Annual Aging Well Workshop Memory, Legacy, and Remembrance

Presented by the Departments of Psychology
And Social Work at Shepherd University

Wednesday, May 10th 2017 - 9:00 AM - 4:15 PM

Byrd Center for Legislative Studies - (Connected to the Library)

Shepherdstown, WV

Funded by WV Bureau of Senior Services



Workshop Presenters:

Rachel Meads is a native West Virginian who has taught courses in Appalachian culture for more than twenty years at Shepherd University. She is founder of Shepherd University's Appalachian Heritage Festival, a member of the Appalachian Studies Advisory Board, and recently served as Program Chair of the 2016 Appalachian Studies Association national conference. Her full-time job is as Shepherd's Director of Student Activities and Leadership where she works to help students engage and develop their potential as leaders.

Carolyn Rodis J.D., M.A., is President of Shepherdstown Area Independent Living (SAIL). Carolyn is a retired mediator, trainer and attorney. She is an adjunct professor at Shepherd University, and taught at Anne Arundel Community College and the College of Notre Dame of Maryland. A former public interest attorney, Carolyn served in the Office of the Attorney General of Maryland and the Legal Aid Bureau of Maryland.

Mary O'Hara is a member of Shepherd Village, chair of the finance team and team member of the HOA and legal teams. She is a Returned Peace Corps Volunteer (Indonesia 2012-14) where she taught English as a Foreign Language in East Java. She is a retired California high school English teacher. She holds a Masters in Education from LaVerne University and a B.S. in Speech from Northwestern University.

Kim Cumbie, LICSW, graduated from the University of Kentucky School of Social Work and has 10 years of professional social work experience working with older veterans. She currently works as a senior social worker in the V.A.'s Geriatrics and Long-Term Care Rehabilitation Unit and the V.A.'s Outpatient Geriatric Evaluation and Management Clinic. Kim also serves on the faculty's ethics committee, the social workers professional standards board and several other professional endeavors.

Agenda

9:00-9:30 Registration
9:30-9:45 Welcome & Introductions

9:45-10:45
Keynote Address-
Normal Aging and
Autobiographical Memory
Lauren Chandler, Ph.D.
Neuropsychologist, Martinsburg V.A.

11:00-12:00
Morning Plenary Session
Guarding the Guardians

Jennifer Taylor

As baby boomers age, so rises the prevalence of financial exploitation, often by the least suspected agents. This seminar will enable you to better protect yourself, clients, and loved ones from this devastating trend.

12:00-1:00 Lunch Break
Lunch will be provided on campus
(in the Storer Ballroom)

1:00-2:30 Workshop Series I
A1 Preparing for the Tough Topics
Through Mediation
Jennifer Taylor

A2 Appalachian Remembrance
Rachel Meads

2:30-2:45 Break

2:45- 4:15 Workshop Series II
B1 SAIL & Shepherd Village
Carolyn Rodis & Mary O'Hara

B2 Life Review
Kim Cumbie

Workshop Descriptions

A1. Preparing for the Tough Topics Through Mediation

Aging issues, which may include medical, financial, and lifestyle decisions, can cause great stress among all parties who want what's best for the aging person, but often have difficulty in agreeing what is best. Mediation can help in seeing everyone's perspective and help come to an agreeable resolution about what is best for the aging individual.

A2. Appalachian Remembrance: "Only Remembered"

Join Rachel Meads for a discussion of memory-making and legacy in Appalachia. While the lessons are rooted in our regions, the themes will be universal.

B1 SAIL: Shepherdstown Area Independent Living

Learn about this group of Shepherdstown area residents who want to stay in this beautiful community for their remaining years. They have organized to form a non-profit corporation whose purpose will be to assist them with the unforeseen problems that are bound to come up. They also would like to identify and get to know others in the community with similar interests, hobbies, and educational and cultural goals.

Shepherd Village: a 55+ Co-Housing Community and Culture that Nourishes the Whole Person

Learn about cohousing, a growing segment of the housing market, which is designed to embrace the interrelated dimensions of wellness: social, physical, occupational, intellectual, spiritual, and emotional.

B2 Life Review will evaluate reminiscence and structured life review as effective counseling techniques in working with adults, especially dementia patients and veterans. Practice sessions are included in the workshop.

This day-long workshop presents themes related to: the nature of memory and how it is formed as well as can be improved & best maintained; deciding how we want to live until we die, creating a legacy; and answering the question: how do we want to be remembered? It offers 6 continuing education units for social workers and is also open to members of the community, including elders and their families.

REGISTRATION FORM

May 5th Deadline.

Name: _____

Organization: _____

Email: _____

Tel #: _____

Are you registering for CEUs?

Yes (\$50) No (\$25)
(includes lunch)

Make check payable to:

Shepherd University

Mail to:

ATTN: Sharon G. Earl

School of Business & Social Sciences

P.O. Box 5000

Shepherd University

Shepherdstown, WV 25443

Workshop Options [Please choose a
workshop option from each series]

Series I 1:00 - 2:30

A1 Preparing for the Tough Topics

A2 Appalachian Remembrance

Series II 2:45 - 4:15

B1 SAIL & Shepherd Village

B2 Life Review

For further information contact:

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