

Social Work Online CE Institute

Anxiety and Social Angst: Approaches to Manage Aging, Chronic Illness, and Disability

1.5 hours (GPC approved for Physiological Processes and Health in Older Adults or Psychosocial Processes and Mental Health in Older Adults)

Workshop Description: This interactive discussion explores functional consequences of aging, chronic illness and disability. It considers internal and external influences on successful coping and explores practical mechanisms to enhance clients' strengths and social support. Participants also explore the need for both collaborative and institutional approaches to manage personal anxiety and social angst.

Good Grief: Logo Therapy and Other Strategies to Help Clients Cope With Loss

1 hour (GPC approved for Psychosocial Processes and Mental Health in Older Adults or Counseling)

Client grief is one of the clinical areas that social workers indicate is most uncomfortable to address. In this workshop you will learn techniques from Logo Therapy, developed by the renowned psychiatrist and Holocaust survivor Victor Frankl to help clients cope with loss. Other topics covered include: Stages of Grief and the Role of the Social Worker; Addressing Unspeakable and Ambivalent Losses; The Use of Art, Music and Storytelling as Non-traditional approaches to Grief Work, and Utilizing the Termination Phase of Counseling as Grief Work.

Demystifying Social Security Benefits

1 hour (GPC approved for Social Policy and Aging)

Social Security benefits such as SSI (Supplemental Security Income) and SSDI (Social Security Disability Insurance) can be complex, confusing, and difficult to obtain. Many people aren't able to apply on their own, and social workers can play an important role in helping their clients navigate this system. This workshop will provide general information about the different programs and an overview of the application process; highlight successful models such as the SOAR Model and the DBS program in WI; and cover lessons learned at Dane County's pilot Community Benefits Specialist program to assist homeless individuals with mental illness.

Promoting the Principles of Successful Aging in Clinical Practice

2.5 hours (GPC approved for Physiological Processes and Health in Older Adults or Psychosocial Processes and Mental Health in Older Adults or Counseling)

Description:

This audio course presents what researchers and clinicians have learned about promoting the process of "successful aging" in both older and younger clients. Recommendations for operationalizing these principles in clinical practice are offered.