

*“Looking for the Future of Aging and Caregiving”*

5<sup>th</sup> Annual Partner Summit – November 20, 2014 at the University of Charleston – Rigglesman Hall

Speaker Biographical Information (Brief version)

- **Dr. Robert Applebaum** is Professor of Gerontology in the Department of Sociology and Gerontology and Director of the Ohio Long-Term Care Project at the Scripps Gerontology Center, Miami University, Oxford, Ohio. He holds degrees from Ohio University (BA), the Ohio State University (MSW), and the University of Wisconsin-Madison (Ph.D.). He has been involved in the development and evaluation of long-term care programs across the United States for more than thirty years. He has worked with a number of states on innovations in long-term care service delivery, and completed a series of state and national studies on long-term care quality.

Dr. Applebaum has been a frequent speaker at national and state conferences on long-term care. He has authored more than 85 articles and monographs, and four books on long-term care.

Dr. Applebaum has been active in serving the Gerontological Society of America and the American Society on Aging. He has chaired the Social Research Planning and Practice Section of the Gerontological Society and has been a member of the Board of Directors of the American Society on Aging and Chair of the Editorial Board for the Society's journal, *Generations*.

- **Nancy Tyler, J.D.M.S.W.** holds a Masters in Social Work from West Virginia University and a Juris Doctorate from the University of Denver's School of Law. She is the former Counsel for the WV House of Delegates' Committee on Finance (2000-2007) and the Committee on Health & Human Resources (2007 – current), focusing on health issues. Ms. Tyler is a private healthcare consultant working in the Charleston area. Prior to July 1st of 2012, Nancy worked as Counsel for the House Health Committee for the West Virginia Legislature for five years and as Counsel for the House Finance Committee of the Legislature for seven years. She was primarily responsible for all health related bills for the Legislature. She also participated on a variety of committees as a liaison to the legislature. Ms. Tyler's background includes a variety of health related duties including the following: Director of the Office of Health Facilities Licensure and Certification in the Dept. of Health and Human Resources, Director of WV Operations for United Health Care, Deputy Attorney General, Executive Director of Boulder Valley Women's Health Center, Health Policy Analyst for the Sunrise/Sunset Committee of the CO Legislature and other positions in the health arena. She also has worked for United Cerebral Palsy, and Shawnee Hills Community Behavioral Health Center and has had a long term commitment to people with disabilities and enabling complete integration with the community. More recently she has provided consulting services to many organizations including the WV Partnership for Elder Living, the Perinatal Partnership, Cabin Creek Health Systems and the Center for Rural Health Development to name a few. She received her Bachelor of Arts in Family Services from Auburn University, her Masters in Social Work from West Virginia University and her Law Degree from the University of Denver.
- **Gaylene Miller** is the State Director of AARP-WV. Gaylene has worked in the field of aging programs and services for many years and is a tireless advocate on behalf of West Virginians 50 and over. She currently serves as the State Director for AARP in West Virginia.

A native West Virginian, Gaylene was educated in West Virginia public schools. She received her undergraduate degree from West Liberty State College and attended graduate school at West Virginia University.

Committed to community service, Gaylene is Past President of the Charleston Vandalia Rotary Club and the Alzheimer's Association - WV Chapter Board of Directors. She is also an active member of the Capitol Market Board of Directors.

Prior to coming to the AARP West Virginia State Office, she served as the Commissioner of the WV Bureau of Senior Services. Gaylene and her husband reside in the Charleston area. She is an avid West Virginia University Mountaineer fan and enjoys the great outdoors.

- **Jane Marks** retired in 2012 after 12 and 1/2 years as Executive Director of the Alzheimer's Association, WV Chapter. She is a published author of multiple journal articles on aging and Alzheimer's disease, as well creator of multiple training curriculum for both long-term care and in-home dementia care workers. She is a sought after speaker on caregiving and dementia topics. In March of this year Jane completed training and received her certification from the National Council of Certified Dementia Practitioners, as a Certified Dementia Practitioner. She is the Co-Chair of the Advisory Panel of the WV Partnership for Elder Living and is a member of the WV Geriatric Society. In July of 2014, Jane presented an academic poster at the Alzheimer's Association, International Conference. Jane now spends her time as a consultant, speaking, training, writing a blog on caregiving and managing her website, [www.sandwichcaring.com](http://www.sandwichcaring.com), which is dedicated to those "sandwiched" between their own lives and the task of caring for aging parents.
- **Alice Ruhnke**, Alice Ruhnke is the founder and owner of The Grant Advantage. The Grant Advantage is a progressive, innovative consulting business devoted to helping organizations unleash their strengths to embrace tomorrow's opportunities. Located in Charleston, West Virginia, The Grant Advantage offers grant writing and editing services, funding searches, qualitative evaluation, program development, Appreciative Inquiry facilitation, and workshops, trainings and webinars.

Over the past decade, Alice has worked with hundreds of nonprofit organizations to help them increase their organizational capacity and secure funding. She has raised over \$5 million writing federal, state, foundation, and corporate grants and has been in charge of awarding and monitoring federal funds to nonprofit organizations throughout West Virginia. If Alice is not at her computer writing, she can usually be found facilitating trainings for individuals and organizations. Some of her workshops include Strength Based Grant Writing for Nonprofit Organizations, Accessing Federal Funds, Finding Funds, Grant Fundamentals, Planning Grant Applications, Foundations of Fundraising, Outcome Measurement, Developing a 501(c)(3), and Developing a Successful Grantseeking Strategy. Alice successfully planned and implemented two "Funding Conferences" to teach nonprofit organizations a myriad of strategies and techniques to develop organizational sustainability.

Alice received both her Bachelor of Science degree in Human Development and Family Relations and Master of Arts degree in Education/Counseling Psychology from the University of Connecticut. A native of Omaha, Nebraska, Alice is married to Tim and has two amazing sons, Michael and Luke.

- **Janie Lou Jenkins White, MSG** is Executive Director of Preston County Senior Citizens, Inc. and AT HOME, Inc. in Kingwood, West Virginia. She received Master of Science in Gerontology from University of Southern California. She has worked as a technical writer for the National Clearinghouse on Aging, Social Gerontology Resource Center, was a professional development conference coordinator with the NASUA & N4A, and served as Executive Director at Marion County Senior Citizens, Inc. She established admissions counseling and unified care plan development at Montgomery Elderly Care, and was Assistant Director of the Area Agency on Aging, Region VI PDC. Ms. White coordinated interdisciplinary Rural Health Outreach Grants in Preston County while serving as Director of Case Management and Social Services at Preston Memorial Hospital. Ms. White established the in-home personal care services at Preston Memorial Hospital and Preston County Senior Citizens, Inc. Prior to her present position she was the Grants Management Specialist, oversaw the Buckwheat Express Rural Public Transportation safety & employee education, and coordinated the Senior Community Service Employment Program. She is a member of the West Virginia Directors of Senior and Community Services, West Virginia Public Transit Association, and serves on the Region VI WorkForce Investment Board. She is an active member of Wesley United Methodist Church, Beta Sigma Phi, Xi Tau Chapter, the Preston Community Recreation, and the Preston Community Arts Center.
- **Dr. Daniel Stevenson Foster** was born, raised and educated in Oak Ridge, Tennessee. He received his B.A., magna cum laude in Biochemical Sciences from Harvard College in 1970, and his M.D. from the Stanford University School of Medicine in Stanford, CA in 1974. He completed his surgical residency at Tulane University Associated Hospitals in New Orleans, LA from 1974 through 1979.

Dr. Foster operated a private practice of General and Vascular surgery, the Charleston Surgical Group, from 1979 through 2001. He has been an Administrator for the Charleston Area Medical Center since 2002.

- **Karen Jacobson** is the Executive Director of the Randolph County Housing Authority. In addition to executive duties at RCHA, she serves on the boards of two local nonprofit housing groups and the regional membership group, FAHE. Karen has an MBA from Boston University and recently graduated the Achieving Excellence in Community Development program at Harvard's JFK School of Government. Her past experience includes leadership roles in the fields of community economic development and social services. Karen loves to cross-country ski, climb and hike in the high Alleghenies.
- **Mary Aldred-Crouch, MSW, LICSW, AADC** is Director of Clinical Development and Addiction Services with Starlight Behavioral Health Services. She holds a Master's degree in Clinical Social Work and will complete a Master's degree in Public Health in December of 2014. She is a licensed independent clinical social worker and an advanced alcohol and drug counselor. Mary holds degrees from both Marshall University as well as West Virginia University.

Mary has been in the fields of addiction and behavioral health for upwards of 20 years and has worked for six years in two FQHC primary care sites as well as for a licensed behavioral health center. Mary worked for the State of West Virginia for 3 years in the Bureau for Behavioral Health and Health Facilities as the Director of Programs, overseeing the state and federally funded mental health, substance abuse and intellectual and developmental disabilities services state-wide. Mary also spent over 3 years serving as the West Virginia State Opioid Treatment Authority.

Mary serves on the Board of Directors for both the West Virginia Association of Alcoholism and Drug Abuse Counselors and The Healing Place of Huntington.

- **Julie Hicks Patrick (PhD)** received her PhD in Applied Developmental Psychology / Cognitive Aging from The University of Akron (OH). She held research positions in Cleveland Ohio and Peoria Illinois before becoming a faculty member in Life Span Developmental Psychology at West Virginia University. She has held grants from the National Institute on Aging, the National Cancer Institute, and the American Psychological Association. Her research focuses broadly on successful aging, including physical, psychological, social, cognitive, and spiritual domains.
- **Phillip A. Schenk** is a native of the Midwest (Illinois and Wisconsin) who came to West Virginia in 1978. He became the news director of a rural radio station in Preston County where he also was a part-time farmer. In 1990 he went to work for Preston Memorial Hospital as a community relations specialist and has been working in various aspects of the health field since. He has held state-level positions as the Director of the WV DHHR Division of Primary Care and the Executive Director of the WV Primary Care Association. He has also been a policy analyst for the WV House of Delegates Committee on Health. Currently, he is the Director of the West Virginia Partnership for Elder Living. Phil has a B.A. in theatre direction and an M.S. in organizational psychology.