



# **11th Annual Certification Program**

**March 26-28, 2015  
Lakeview Conference Center  
Morgantown, West Virginia**



Joint Providership of

West Virginia Geriatric Education Center &  
CAMC Health Education and Research Institute

# WHAT IS AGES?

ification course that increases the competency of all health professionals who care for older adults. The course is evidenced-based and presented in a comprehensive modular format that enhances the skills and understanding of major geriatric syndromes, psychosocial and ethical issues as well as inter-professional models of care.

The overall goal of **AGES** is to promote excellence in the practice, teaching and care of older adults. It extends the understanding of aging while strengthening the professional skills of health professionals who work with older adults.

## Target Audience:

Physicians, Physician Assistants, Pharmacists, Pharmacy Consultants, Nurses, Advanced Practice Nurses, Social Workers, Physical Therapists.

# MATERIALS, TESTING AND CERTIFICATION

Each participant will receive a web link prior to the AGES training containing course chapters and read only modules. Participants are strongly encouraged to review content prior to attending AGES. Material from the course chapters, read only modules and the content presented onsite will appear on the certification exam. The **AGES** Certification requires participants to pass both a written exam and an Interdisciplinary Team Care Exercise. Participants will be asked to apply the knowledge gained from the course when completing the exercise.



## **Objectives for Oral Presentations**

At the completion of this program, the participant will be able to:

- ◆ Identify evidence-based knowledge and skills for advanced geriatric practice, including clinical practice.
- ◆ Explain the major geriatric syndromes (dementia, depression, urinary incontinence, osteoporosis, and delirium) and discuss methods used to manage these problems.
- ◆ Identify psychosocial and ethical issues as they relate to the care of geriatric patients/clients and formulate an approach to these problems.
- ◆ Demonstrate competency in primary care geriatric medicine and understanding of aging processes by passing a written test and an Interdisciplinary Team Care Exercise.

## **Objectives for Read Only Curriculum\***

At the completion of this program, the participant will be able to:

- ◆ Identify evidence-based knowledge and skills in relation to clinical aging.
- ◆ Describe current recommendations for cancer screenings.
- ◆ Describe sexual function and/or dysfunction in the older population.

\*You may receive three (3) additional CE credits by answering questions about the read only modules and submitting an attestation form.

## **Objectives for Interdisciplinary Team Care Exercise (OSCE)**

At the completion of this program, the participant will be able to:

- ◆ Understand the important perspectives interdisciplinary team members bring to the comprehensive care of geriatric patients.
- ◆ Demonstrate effective patient and team communication techniques.
- ◆ Receive direct feedback on your contribution to the care of a complex geriatric patient transitioning through an acute hospitalization from admission through discharge.

# COURSE OUTLINE

## Thursday, March 26, 2015

<b>Time</b>	<b>Topic</b>	<b>Presenter</b>
8:30 – 9:00	Registration	
9:00 – 9:15	Welcome and Introductions	Elliott
9:15 – 9:45	The Variability of Disease Presentation in the Elderly	Neitch
9:45 – 10:30	Psychosocial Aging (Part 1)	Hash
10:30 – 10:45	BREAK	
10:45 – 11:30	Oral Health	Wiener
11:30 – 12:00	Depression	Mankowski
12:00 – 12:45	LUNCH	
12:45 – 1:30	Considerations: Pharmacotherapy	Kline
1:30 – 2:00	Osteoporosis	Goldberg
2:00 – 2:30	Assessment of Driving	Neitch
2:30 – 2:45	BREAK	
2:45 – 3:30	Dementia	Goldberg
3:30 – 5:30	Hands on Dementia Experience Alternating with <i>Alive Inside</i>	Ernst

## Friday, March 27, 2015

8:00 – 8:15	Announcements	Elliott
8:15 – 8:45	Urinary Incontinence	Mulinti
8:45 – 9:30	Optimizing Drug Therapy	Elliott

# COURSE OUTLINE

## Friday, March 27, 2015 Continued

Time	Topic	Presenter
9:30 – 10:00	Levels of Care	DeLaGarza
10:00 – 10:15	BREAK	
10:15 – 11:00	Pressure Ulcers	Kidwiler
11:00 – 11:45	Delirium	Nau
11:45 – 12:15	Alcoholism and Substance Abuse	Rankin
12:15 – 1:00	LUNCH	
1:00 – 2:00	Critical Communication	Nau
2:00 – 3:00	Falls and Dizziness	Mulinti & Gravano
3:00 – 3:15	BREAK	
3:15 – 3:45	Health Literacy	Gainor
3:45 – 4:30	Psychosocial Aging (Part 2)	Korman
4:30 – 5:15	Pain & End of Life Care	Pedraza

## Saturday, March 28, 2015

8:45 – 9:00	Announcements - Signups for Team Exercise
9:00 – 12:00	Testing and Interdisciplinary Team Care Exercise (Formally called OSCE)

Read Only Module	
Title	Instructor
Clinical Aging	Todd H. Goldberg, MD
Cancer Screening	Todd H. Goldberg, MD
Sexual Function in the Elderly	Nancy Daugherty

# PRESENTERS

## **Vincent W. DeLaGarza, MD**

Clinical Professor  
West Virginia University School of Medicine  
Morgantown, WV

## **Nancy Daugherty**

Associate Director  
West Virginia Geriatric Education Center  
Charleston, WV

## **David P. Elliott, PharmD, CGP**

Professor of Clinical Pharmacy  
West Virginia University School of Pharmacy  
Charleston, WV

## **Amy M. Ernst**

Education and Training Specialist  
Alzheimer's Association, West Virginia Chapter  
Morgantown, WV

## **Sara Jane Gainor, MBA**

Director, Bonnie Wells Wilson Mobile Mammography Program (Bonnie's Bus)  
Cancer Prevention and Control, MBRCC, WVU  
Morgantown, WV

## **Todd H. Goldberg, MD, CMD, FACP**

Associate Professor/Director of Geriatrics  
West Virginia University Charleston Division/CAMC  
Charleston, WV

## **Tamara Gravano, PT, DPT, GCS, CEEAA**

Board Certified Specialist in Geriatric Physical Therapy, Assistant Professor &  
Director of Clinical Education, Marshall University  
Huntington, WV

## **Kristina M. Hash, LICSW, PhD**

Associate Professor  
West Virginia University School of Social Work  
Morgantown, WV

## **Rosemary A. Kidwiler, MSN, RNC, WOCN**

Clinical Nurse Educator for CLC  
VA Medical Center  
Martinsburg, WV

## **Jonathan M. Kline, PharmD, CACP, BCPS, CDE**

Clinical Assistant Professor

West Virginia University School of Pharmacy, Eastern Division  
Martinsburg, WV

## **Carma J. Korman, MSW, LICSW**

Clinical Geriatric Social Worker

Robert C. Byrd Clinic  
Lewisburg, WV

## **Mariann Mankowski, PhD, MSW**

Assistant Professor

West Virginia University School of Social Work  
Morgantown, WV

## **Raghavendra Mulinti, MD**

Assistant Professor, Internal Medicine/Geriatrics

West Virginia University Physicians of Charleston  
Charleston, WV

## **Konrad C. Nau, MD, FAAFP, CPE**

Dean

West Virginia University School of Medicine  
Martinsburg, WV

## **Shirley M. Neitch, MD, FACP**

Chief, Section of Geriatrics/General Internal Medicine

Marshall University/JCESOM, Dept. of Internal Medicine  
Huntington, WV

## **Sandra Pedraza, MD**

Assistant Professor

West Virginia University School of Medicine  
Morgantown, WV

## **Eric Rankin, PhD**

Professor and Psychoanalyst

West Virginia University School of Medicine  
Morgantown, WV

## **R. Constance Wiener, DMD, PhD**

Assistant Professor

West Virginia University School of Dentistry and School of Public Health  
Morgantown, WV

# CONTINUING EDUCATION CREDITS

## ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the essentials and standards of the Accreditation Council for Continuing Medical Education through the joint providership of CAMC Health Education and Research Institute and the West Virginia Geriatric Education Center. The CAMC Health Education and Research Institute is accredited by the ACCME to provide continuing medical education for physicians.

**Physicians** - The CAMC Health Education and Research Institute designates this live activity for a maximum of 13.25 *AMA PRA Category 1 Credit(s)*™ with an optional 3-hour Read only pre-conference self-study module. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Osteopathic Physicians** - This program is accepted as Category 2-A credit by the AOA. It is the responsibility of the participant to submit credit hours directly to the AOA.

**Pharmacy** - The CAMC Health Education and Research Institute is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This knowledge based activity provides 5.5 hours on Day 1, March 26 - UAN 0554-9999-15-005-L04-P, 7.75 hours on Day 2, UAN 0554-9999-006-L04-P and an optional 3-hour pre-conference self-study module – UAN 0554-9999-15-007-H04-P. CAMC Institute will report your participation in the program to NABP/CPE Monitor within 6 weeks for all participants who successfully complete the program. Successful completion includes registering your attendance, attending the entire day(s) and completing a program evaluation form.



An application has been submitted to the WVBOP for Consulting CE credits.

**Nurses** - CAMC Health Education and Research Institute is an approved provider of continuing nursing education by West Virginia Nurses Association (AO-212), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This offering has been approved on Day 1 – 3/26/15 for 5.5 hours (PO15-14-14785). Approved Day 2 – 3/27/15 for 7.75 hours (PO15-14-14785). An optional read only pre-conference self-study module is approved for 3 hours (PO15-14-14787). Additionally, this program has been approved for 2 hours each for Day 1 and Day 2 (total 4) of CE credit in pharmacotherapy for Prescriptive Authority.

**Social Workers** - CAMC Health Education and Research Institute is an approved provider of continuing education by the West Virginia Board of Social Work Examiners. This program has been approved for a total of 13.25 hours of social work credit and an optional 3-hour pre-conference self-study module. Approval number #490045.

**Physical Therapy** - The WV Board of Physical Therapy has approved this program for 16.25 contact hours. Approval of this course does not necessarily imply that the West Virginia Board of Physical Therapy supports the views of the presenter or sponsor. Approval Number: CA-F15-01.

**Gerontology Practitioner Certificate (GPC)** - "Approval for Gerontology Practitioner Certificate hours is pending, please contact the number on the registration form for more information." <http://socialwork.wvu.edu/certificate-programs/gerontology-practitioner-certificate>

## DISCLOSURE

It is the policy of the CAMC Health Education and Research Institute that any faculty (speaker) who make a presentation at a program designated for AMA Physician's Recognition Award (PRA) Category I or II credit must disclose any financial interest or other relationship (i.e. grants, research support, consultant, honoraria) that faculty member has with the manufactures(s) of any commercial products(s) that may be discussed in the educational presentation. Program Planning Committee Members must also disclose any financial interest or relationship with commercial industry that may influence their participation in this conference. All faculty and planning committee member's disclosure information, if any, will be available onsite and disclosed from the podium.



# GENERAL INFORMATION

**Dates: March 26-28, 2015**

Thursday (begins at 9:00 AM), Friday (full day), and Saturday (ends at noon)

**Location: Lakeview Golf Resort and Conference Center**

One Lakeview Drive  
Morgantown, WV 26508

## Accommodations:

A limited number of rooms have been blocked for WVGEC at Lakeview Conference Center with a room reservation deadline of March 5, 2015.

The base room rate is \$82 per night (tax not included)

Group Code: WV Geriatrics

Phone: (800) 624-8300 or (304) 594-1111

Please note: Each individual will be responsible for making his/her reservations.

# CONTACT INFORMATION

## WVGEC Staff

David Elliott, Director	(304) 347-1327	delliott@hsc.wvu.edu
Nancy Daugherty, Associate Director	(304) 347-1208	ndaugherty@hsc.wvu.edu
Hanna Thurman, Training & Dev. Manager	(304) 347-1225	hthurman@hsc.wvu.edu
Vanessa Ferrari, Program Assistant	(304) 347-1295	vaferrari@hsc.wvu.edu
Trena McKinney, Admin Assistant	(304) 347-1302	tlmckinney@hsc.wvu.edu

**West Virginia Geriatric Education Center  
Robert C. Byrd HSC@WVU Charleston Division  
3110 MacCorkle Avenue SE  
Charleston, WV 25304**

[www.wvgec.org](http://www.wvgec.org)

[www.facebook.com/wvgec](http://www.facebook.com/wvgec)

## COMMENTS FROM PAST ATTENDEES

*“Definitely will participate in future events! Excellent!”*

*“Great information to share/teach to my nursing students.”*

*“Loved the interactive workshops and interdisciplinary format.”*

*“A lot of practical, useful material.”*

*“Such an important topic: Lively engaging presenter.”*

*“Thank you for this wonderfully challenging adventure.”*

*“I better understand the aging process and needs of older adults.”*

*“Best conference I have ever attended!”*

*“The scenario determinations are a fantastic learning technique.”*

*“Excellent video and role-playing exercises were fun and effective.”*

*“Great program with pertinent topics related to geriatrics.”*

*“Excellent program. I learned a lot.”*

*“Loved the HODE experience and the oral presentation.”*

*“Great program; very informational and interactive, Thank you!”*

To register please select this link: [AGES 2015 Registration](#)

## Registration Deadline March 5, 2015

You may also visit [www.wvgec.org](http://www.wvgec.org) and select the AGES tab for more information.



Questions?  
Contact WVGECE: 304-347-1295  
Email: [wvgec@hsc.wvu.edu](mailto:wvgec@hsc.wvu.edu)

### Course Registration Fees:

Physical Therapists, Nursing and Social Work	\$200.00
Physicians, Pharmacists, Pharmacy Consultants, Physician Assistants and Advanced Practice Nurses	\$300.00
Registration for Fellows/Residents/Students*	Waived

\*Current DKB Scholar or student, fellow or resident call WVGECE at 304-347-1295 for registration instructions.

### Registration Fee Includes:

All presentation materials, continuing education fees, AGES certificate, break snacks, drinks and lunches.

**Please Note:** Each attendee will be responsible for hotel accommodations and other meals.

### Cancellation Policy:

In the event of a cancellation, you may replace your registration with a member of your organization or transfer the funds to a future event within 12 months.

### Payment by Check:

Please contact WVGECE at 304-347-1295.

### Photo Release:

From time to time we use photographs of conference participants in our promotional materials. By virtue of your attendance at AGES 2015 on March 26-28, 2015, WVU or related entity reserves the right to use your likeness in such materials.

# Directions to Lakeview Golf Resort & Conference Center

## Lakeview Golf Resort and Conference Center

One Lakeview Dr, Morgantown, WV 26508

Phone: (304) 594-1111 or toll free: (800) 624-8300

If you're utilizing a GPS for directions, please enter the address:

150 Lakeview Drive Morgantown, WV 26508

Lakeview is located off exit 10 of interstate 68, 10 miles east of the Interstates 79 and 68 on scenic Cheat Lake in Morgantown, WV.



**WEST VIRGINIA  
GERIATRIC  
EDUCATION CENTER**

**West Virginia Geriatric Education Center  
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