



The Alenheim Resource and Referral Center
and
Faith in Action Caregivers, Inc.



FAITH
IN ACTION

Present

**The Memory Bridge:
Creating Meaningful Communication
for
Those Living with
Alzheimer's Disease**

**September 17 - 18, 2013
Troy Theater
Wheeling Jesuit University**

Registration Deadline August 30, 2013
Register online at
www.regonline.com/thememorybridgewheelingwv

WHEELING
JESUIT
UNIVERSITY



Funding provided by
The Community Foundation for
the Ohio Valley

Presenters

Naomi Feil, M.S.W., A.C.S.W, and Certified Diplomat in Clinical Social Work, created Validation Therapy between 1963 and 1980 in response to her dissatisfaction with traditional methods of working with the severely disoriented person. Ms. Feil grew up in the Montefiore Home for the Aged in Cleveland where her father was the administrator and her mother was the head of the Social Service Department. After graduating with a Master's degree in Social Work from Columbia University in New York, she began working with the elderly. Validation is a tested model of practice that helps old disoriented people reduce stress, enhance dignity and improve happiness. Validation accepts the old person who returns to the past. The retreat is not seen as mental illness or disease. It is survival. Ms. Feil has taught these techniques to more than 80,000 health care workers and family caregivers in the United States, Europe, Asia, Australia, South America and Africa. In 1982 she published her first book, *Validation: The Feil Method*. Since then, she has authored numerous articles for professional publications and several other books. She has also authored eleven award-winning film scripts. Ms. Feil is the Executive Director of the Validation Training Institute.

Michael Verde is founder and president of Memory Bridge: The Foundation for Alzheimer's and Cultural Memory. He is an author and holds a master's degree in theology. Memory Bridge creates programs that connect people with Alzheimer's disease and related dementias to family, friends, and other people in their local community. They also create programs that reveal to the general public the depths of memory that dementia does not erase. The goal of Memory Bridge is to create a global community of people who, like us, are learning to listen to people with dementia for what they have to teach us about our own humanity. Mr. Verde was instrumental in the development of the interview guide used by the Library of Congress Veteran's History Project. He also developed and implemented an award winning curriculum and school program called The Memory Bridge Initiative. He produced the PBS documentary *There is a Bridge* and launched an art exhibit titled *Mapping Lives: The Art of Listening*.

Workshop Schedule Tuesday, September 17, 2013

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|------------------------|---|
| 7:00 a.m. to 8:00 a.m. | Participant Check-in Continental Breakfast |
| 8:15 a.m. | Welcome and Opening Remarks |
| 8:30 a.m. to 4:30 p.m. | Validation Therapy with Naomi Feil Breaks and lunch will be included |

Wednesday, September 18, 2013

| | |
|------------------------|---|
| 7:30 a.m. to 8:30 a.m. | Participant Check-in Continental Breakfast Exhibits |
| 8:30 a.m. to 2:30 p.m. | Validation Therapy with Naomi Feil Breaks and lunch included |
| 2:30 p.m. to 4:30 p.m. | The Spiritual Nature of Dementia Care with Michael Verde |

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by
The Community Foundation of the Ohio Valley
and
Wheeling Automobile Club Fund
In-kind support provided
by
Wheeling Jesuit University**

About the Sponsoring Agencies

The Altnheim Resource and Referral Center and *Faith in Action* Caregivers have worked cooperatively on a number of community projects. Their sponsorship of The Memory Bridge offers an opportunity to expand the mission of both organizations. The Altnheim Resource and Referral Center is dedicated to improving the quality of life for seniors and their caregivers through information, education, support and referrals to appropriate agencies. *Faith in Action* Caregivers supports the independent living of older adults and people with disabilities by providing volunteer services through the shared ministry of faith communities. For additional information contact:

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www.faithinactionwheeling.org
www.facebook.com/Faith.in.Action.Wheeling.WV

Lodging Accommodations

For a list of hotels in the Wheeling area, call either the Altnheim Resource and Referral Center at 304-243-0996 or *Faith in Action* Caregivers at 304-243-5420.

The Impact of Alzheimer's Disease

The incidence of Alzheimer's disease is reaching epidemic proportions. It was reported that 44,000 West Virginians had Alzheimer's disease in 2010 – a 10% increase from 2000. Ohio reported 230,000 cases of Alzheimer's in 2010 – a 15% increase from 2000. These are diagnosed / reported cases. Approximately 1:8 persons who are 65 and over have Alzheimer's and nearly half of those 85 and older have Alzheimer's. Every 69 seconds someone is diagnosed with Alzheimer's.

There is no cure for Alzheimer's disease. There are medications that help slow the progression of the disease but we cannot cure, prevent or reverse the disease. The person who has Alzheimer's Disease survives an average of four to eight years after an Alzheimer's diagnosis but many people live longer – much longer. The person with Alzheimer's spends (on average) 40% of their time in the most severe stage of the disease.

As the numbers of those afflicted with the disease grows, more caregivers will be involved. Those providing care will be the unpaid family, friend or volunteer, the paid in-home care provider as well as the facility (nursing home, assisted living) care providers. Those who care for people with Alzheimer's disease will need the skill sets necessary to provide optimal care. Those who need the care will benefit from having caregivers (informal and formal) who are trained and understand the nature of the impairment. In 2010, an estimated 105,464 West Virginia caregivers provided an estimated 120,102,716 hours of unpaid care. (Nationally: 14.9 million caregivers provided 17 billion hours of unpaid care.) Add to this the hours of care provided by formal (paid) in-home caregivers, adult day service programs and respite care providers – programs that help keep the person with Alzheimer's at home.

Many of those with Alzheimer's disease, however, are residents of long term care facilities. It is estimated that 64% of nursing home residents (2008) had some form of cognitive impairment. For those with Alzheimer's, 75% will be admitted to a nursing home by age 80 compared to the general population with a 4% admission at the same age.

Caregivers and care receivers – all who live with Alzheimer's disease – can get lost in the disease. The need for connection (human and spiritual) is critical to the well-being of those involved with the disease. The Memory Bridge: Creating Meaningful Communication for Those Living with Alzheimer's Disease empowers each of us to care for others with compassion, dignity and love.

Workshop Objectives

- Offer the community an opportunity to learn how to compassionately and empathetically relate to a growing segment of our population, many of whom may be family, friends, clients, parishioners – all of those who are living with Alzheimer's disease.
- Improve the participants' understanding of aging, the principals of Validation Therapy and how to improve the quality of life of those who are affected by Alzheimer's disease through understanding the "world of the elderly".
- Enhance the participants' skills in providing empathy, trust, and strength; and, learn to reduce stress and offer well-being to caregivers, care receivers and front line professionals.
- Increase the participants' awareness of Alzheimer's disease and its impact on our community, our state and our nation.
- Help participants learn how they can positively impact the caring culture of our community and improve relationships with our older adult population with Alzheimer's disease / dementia.
- Provide opportunities for faith communities to explore, develop and enhance ministries to those living with Alzheimer's disease.

**The Memory Bridge: Creating Meaningful Communication
for Those Living with Alzheimer's Disease
September 17 - 18, 2013
Registration Form
(Participants Must Attend Both Days)**

Registration Deadline August 30, 2013

Name _____

Mailing Address _____

City/State/Zip _____

Agency _____

Position _____

Email _____

Phone (Day) _____ (Cell) _____

Please indicate your role in caring for those living with Alzheimer's Disease or other forms of dementia:

- | | |
|---|--|
| <input type="checkbox"/> Family caregiver | <input type="checkbox"/> Social Worker |
| <input type="checkbox"/> Volunteer caregiver | <input type="checkbox"/> Clergy |
| <input type="checkbox"/> Nurse | <input type="checkbox"/> Other |
| <input type="checkbox"/> Other Minister (Deacon, Elder, Lay Leader, etc.) | |

Continuing Education Units

- | | |
|--------------------------|--|
| <input type="checkbox"/> | Requested for nursing (Altenheim Resource and Referral Center WV20030431RN) |
| <input type="checkbox"/> | Requested for social work (Bethany College approved provider WV Board of Social Work 490052) |
| <input type="checkbox"/> | None requested |

Payment

September 17-18, 2013 \$50.00 per person _____

Continuing Education Units
(13 units) \$ 5.00 per person _____

Total Enclosed _____

NOTE: If paying by check for more than one person, please include a separate registration form for each person covered by the check. Please enclose all registration forms with the check.

**Make check payable to
Faith in Action Caregivers, Inc.
1359 National Road
Wheeling, WV 26003**

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| <p>Refund Policy Requests for refunds must be made in writing prior to September 3, 2013. Refunds will be given for 75% of the registration fee. There will be no refunds after September 3, 2013.</p> |
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